

The Valley Voice

Vol. I. No. 7. P.O. Box 100. St. Marys. Fri. July 26th. Price 5 cents.
Registered at the G.P.O. Hobart for transmission through the post as a periodical.

EDITORIAL

A CASE FOR CONTINUANCE.

For the first issue of this paper four hundred and fifty copies were printed of which four hundred and forty were sold. Since then the circulation has almost doubled and under existing conditions the eventual sale of one thousand copies is envisaged.

At this point copies are sold in varying numbers from St. Helens to Bicheno on the coast, and as far west as Rossarden.

Business people in all these areas have been most co-operative and it is because of their continuing support in acting as honorary agents and willing advertisers that this paper continues to exist.

However it is the enthusiastic response of the general public, those eight hundred people who buy and read it that make the effort so worth while.

Now out of the non-profit stage, this paper is showing a return and with this we hope gradually to improve presentation. It is still too early to consider professional printing, but in the future even this may become possible. Whether this eventuates or not, this paper intends to carry on while it is serving a community purpose. With this in mind, we further encourage critical and complimentary letters on all aspects of these districts and indeed, any political or controversial subject that may interest our readers.

We would like to point out that in this latest issue a large content has been contributed from outside. This indicates an increased awareness by the community and a notable trend towards increased participation.

With this in mind this Editorial comment is deemed necessary...

In St. Marys it is a regrettable fact that the majority of road edges, vacant lots and town facilities are in a generally disreputable state. No doubt our local council could use more imagination in the allocating of funds for their improvement, but it is unfair to lay all the blame at their door step. If the citizens of a town want a more pleasant place in which to live and a better image to present to visitors, it is ultimately up to the citizens to achieve this end.

Until a Progress or Beautification association is formed in this town it seems St. Marys will always look like the poor relation.



"HEY, CHARLIE, I'VE THOUGHT YOUR BAIT'S GONE?
IT'S BEEN TWO DAYS!"

TOURISM

Two members of our staff visited a remote beach on the East Coast last weekend. They told me they were horrified at the amount of litter left by campers and picnickers. There are so few tranquil isolated spots left in the Southern part of Australia that it seems a pity their beauty should be marred by thoughtless visitors. So let us be proud of our East Coast - take empty bottles home and remember to "burn, bash and bury" cans, cartons, papers, etc.

It happened in Launceston last week. The car driven by a young man with an L plate in full view was having clutch trouble at the traffic lights. After three disastrous stalls the policeman on duty lost patience. He walked across. "What's up son," he said. Haven't you seen a colour you like yet?"

Remember that mistakenly dated issue July 28? It apparently is still causing concern. A couple of leftovers were mixed with a later edition and by error she bought one. Next day she remarked to the storekeeper that as far as she was concerned The Valley
(contd. P. 2.)

ST. MARY'S BAKERY.

PROCERA BREAD*PIES*PASTIES
CAKES. SMALLGOODS.
WHOLESALE AND RETAIL
J. & R. OWENS. PROPRIETORS.

A POSITION VACANT

" AT SILVER SANDS

BICHENO

FOR A TOP QUALITY COOK. "

EXCELLENT CONDITIONS AND SALARY.

WRITE OR PHONE BICHENO 26.



TOUCHE' (contd.)

Voice was all washed up. "This July issue is just the same old news as June", she complained. Fortunately for us he gave her the later copy and set her right.

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LETTERS TO THE EDITOR.

Sir,

I notice that other Councils send a statement to the Press about their decisions so that ratepayers may know what goes on! If our Council even sent out a statement with the rates demands we, the people who pay the rates would know what becomes of our money and how it is spent. Also the Council would probably not be abused so much if we knew how and where our money is spent. I think the Council would also find more co-operation this way though it will take time.

FLORENCE K. LOHMEY,

FALMOUTH.

Sir,

The Fingal Valley. It should be renamed Forgotten Valley as far as our Government and the Liberal Party are concerned. With the exception of Mr. Bay McDonald M.H.A. who is a frequent visitor and a keen and energetic worker for this electorate, little or nothing is seen or heard of other members. But no doubt with the Elections coming up next year an influx of visits can be expected at any time.

For many years St.Marys Ward Councillors have been pressing for improvements to the Tasman Highway through St.Marys so that the local Council can effect improvements to the road verges by sealing and thereby eliminate dust in the summer and mud in the winter; but all requests to the Minister, Mr. Cashion have produced negative results and we are told it will be reviewed next year.

The Tasman Highway leading to the St.Marys High School has barely room for two cars to pass. This has been brought to the notice of the Government requesting a dual lane highway to be formed for approximately 500 yards to make it safe for the many school children who use it several times a day on bicycles. It seems we must wait till a fatal accident occurs before some relief is forthcoming.

The bridge over the Esk Highway at Avoca has a drop on both ends and is dangerous to any motorist who is not aware of this. Furthermore the Esk Highway with its many dangerous bends and narrow seal is apparently too narrow to warrant a white centre line. This leaves much to be desired

EXHIBITION OF TASMANIAN PAINTINGS.

The Scamander Hotel-Motel is to be congratulated on bringing an Art Exhibition to the district.

For Miss Mary Jolliffe of Launceston, who exhibited forty nine of the sixty paintings hung, this was a new venture, as she has previously not exhibited anywhere on the East Coast. One cannot help wondering if she will again, as the paintings were priced from \$35.00 to \$200.00; rather out of the range of the average resident.

"Clearing Fog, Fingal Valley", priced at \$90.00 excited interest, mainly because of the locality, although few people appeared to recognize or were impressed by the subject. This of course, may have been due to the badly arranged light under this particular painting.

Raimonds Bumba, a previous student of Mary Jolliffe's, exhibited an interesting painting entitled "Girl with a Fish" priced at \$100.00. He has since gone to Sydney as his work did not sell very well in Tasmania.

Most people appeared to do full justice to the ample spread of wine and cheese (good value for \$1.00 a head) and here we feel, full credit must go to the Pescotts for their very able management and discreetly good taste in creating an atmosphere more like a private party.

LETTERS contd.

on this foggy, icy road. Again, in other parts of Tasmania much money is granted for sporting events; but in this area dollar for dollar grants to recreation grounds are even curtailed.

Mr. Cashion was quick to report that the state of the Mangana - Rossarden Road was the responsibility of the Fingal Council. I wonder if he will be so quick in accepting responsibility for the state of Public Works roads in this area.

P. J. HINDS,
St.Marys.

Dear Fingal Supporter,

St.Marys Football Team has nothing to do with the running of this paper. The mistake was only a regrettable typographical error. We also regret we cannot publish your letter, as although we publish under a non-de-plume, all letters must be accompanied by the writer's name and address.....Ed.

* Telephone St.Helens 76 *

* ST.HELLENS NURSERY *

* Buy your Winter Shrubs NOW. *

Miss Piffle

 * FOR SERVICE *
 * M. D. WEBB *
 * ELECTRICAL CONTRACTOR *
 * PHONE BICHENO 63. *

At the Exhibition of Tasmanian paintings at the Scamander Hotel-Motel on 20th July last, Miss Mary Jolliffe who exhibited forty nine paintings, looked smart in brown Thai silk.

Mrs. Ian Walker of Fingal, wore a green patterned viyella, featuring a turtle necked collar.

Mrs. H. Ramshaw of St.Marys looked attractive in a white crimpolene frock, which she bought in England on her recent trip.

Mrs. John Roarke wore a daring gown of black lace, with a plunging neckline.

Mrs. D. Pescott of the Scamander Motel, received guests wearing an aqua wool frock smartly checked in black.



Sat. 27th July, Fingal Football Club dinner and cabaret at the Scamander Hotel - Motel.

Sat. 10th Aug. Parents and Friends will hold a dinner and cabaret at the Scamander Hotel-Motel. Bookings to Mrs. H. Ramshaw St.Marys. Phone 156.

A Vogue Party was held at the home of Mr. and Mrs. D. Stevenson of Frodsley Estate on Wed. 17th July. Among those present were Mrs. B. Stuart, Mrs. A.Gillies, Mrs. C. Berwick, Miss D. Stuart, Mrs. B. Lodge and Miss R. Gillies.

Mrs. Tas. Yates held a street stall at Fingal Tues. July 23 for the High School Fair. Takings :- \$ 26.

Dennis Sutton of Fingal has been home on two weeks leave from H.M. S. Cerberus, Westernport, Victoria.

Mr. W.A. Neilson, Minister for Education attended a meeting of the Parents and Friends Assoc. at Bossarden on Thursday July 25 re a school bus service to St.Marys High School. We hope to report progress in our next issue.

Mr. Bob. McNeil, his wife Rosemary and 4 children (late of St.Marys) who have been living in Adelaide for 2½ years have now moved to Perth, W.A. Mr. McNeil has been appointed Chief Geologist to a U.S. Coy (Kennicott Explorations).

A Barbecue will be held in the Town area of St.Marys after football Sat. July 27. Proceeds to aid Miss Tasmania Quest entrant Miss Jeanette Niel.

Mrs. Eric Egan has resumed teaching at Fingal School after 6 months long service leave.

Meeting of St.Marys District Hospital Auxiliary will be held in Hospital Recreation Room Monday July 29 at 7.30 pm.

The St.Marys and Fingal Child Health Committee held their Annual Meeting and Dinner at Surfside Motel, Scamander on Thurs. July 25. The meeting was attended by Dr. C. H. Mair - Medical Officer, Child Health Service, Sister D. Batey - Supervisory Sister Child Health Service, Mrs. D. Berriman - State President, and Miss M. Reid - State Secretary. Office bearers elected were President - Mrs. B. Spilsbury Secretary - Mrs. G. F. Dean Treasurer - Mrs. A. Jarvis.

MEMBER - GUIDE SCOUT FAIR. Friday 23rd. August. Afternoon and Evening.

St. Marys Football Club Dinner at Scamander Motel Sat. 3rd August. 7.45 p.m. \$2.50 Contact Kevin Faulkner by 30th July. REPAIRING THE EXANTOMS.

Annual meeting and birthday of P.M.U. Fingal Presbyterian Church Hall - 2.30 p.m. ALL WELCOME

Sat. August 3 Football Club Cabaret at St. Helens Hotel. To aid Jeanette Niel, Miss Tasmania Entrant.

Aug. 11 Examiner Tour of the North. Stay overnight at St. Helens.

Monday 12 August, Tas. Bookmakers Assoc. Convention and Dinner, St. Helens Motel.

 * T. V. AVELY *
 * YOUR FOOTWEAR SPECIALIST *
 * ST. HELENS *

 * SCAMANDER AUTO POST *
 * D. M. & J. E. SMITH *
 * Newsagent *
 * Hot Take Away Foods.... *
 * Milk Bar *
 * WHY GO PAST.....? *

GOING TO THE MAINLAND ?

MOTORING BETWEEN MELBOURNE AND SYDNEY ?

STAY OVERNIGHT AT :- KNIGHT'S BEST MOTEL

1312 Sydney Road, Fawkner, Victoria.

FREE T.V.

ELECTRIC BLANKETS

HERITAGE CORNER

The weather in the Valley has not changed that much...

EXCERPT FROM WALCH'S TASMANIAN ALMANACH 1864

"The district of Fingal is devoted chiefly to Dairy Farming, its distance from market forbidding extensive agricultural operations. The climate of the district is most salubrious, its altitude mitigating the summer heat, while within 25 miles of the coast the influence of the sea breeze is felt in the afternoon, cool and refreshing. During the winter the temperature is sensibly lowered as in other Piedmontese spots, when the mountain of Ben Lomond, 5000 feet above the sea, is covered with snow, and especially when the winds blows from the mountain."

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ST. MARYS RED CROSS

The Annual Meeting of the St. Marys branch of the Red Cross was held Monday July 15th.

Office Bearers elected were:-

- President - Mr. C. Niel
Vice.Pres.- Mr. B. Kinds & Mrs. A. Jarvis
Secretary - Mrs. C. Niel
Treasurer - Mr. J. Spilsbury

The Deputy Chairman of the Tasmanian Division of the Red Cross, Mr. H.C. Ogilvie was guest speaker. He gave an interesting talk on his recent world tour and congratulated the branch on its sound financial position.

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ROSARY HOUSE SISTERS - LAUNCESTON

A Youth camp will be held at Shouten House, Swansea, weekend 3-4 August. The Sisters will be taking 16 Catholic Secondary School pupils both boys and girls to the youth camp. They will join some 15 teenagers from Campbelltown district. Weekend of discussions, mass, barbecue and social. A Priest from Savio College, Hobart will be there to help.

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COLLECTION OF 2ND HAND CLOTHES AND BAGS BY ST. MARYS GIRL GUIDES - SATURDAY AUGUST 10TH.

ALAN SMITH'S MOBIL SERVICE GARAGE AND BODYWORKS

ST. MARYS PH. 57 24HR. SERVICE

MECHANICAL REPAIRS, PANEL BEATING AND WELDING

AGENCY FOR TRIPNEY PARTY INSURANCE

F. A. I. COMPANY

CLASSIFIED ADS.

WANTED TO BUY.

Camp Oven. In good condition... Apply Matron, St.Marys Dist. Hosp.

OLD OR DECENT AUSTRALIAN COINS OF ANY TYPE OR CONDITION. CONTACT P.S. BOX 100 P.O. ST.MARYS.

3 point linkage 3 or 4 furrow disk plough. Suit Ferguson 35. Ph. St.Marys 17.

FOR SALE.

Choice Dahlia tubas. 25c.ea. Orders taken for delivery late September. Mrs. P. Wright. Phone 73 St.Marys.

SPRAY'n'STAY Junbo.....\$1.10 St.Marys Pharmacy

New breakthrough on slurring Topexin - 6

The Complete Cold Treatment Codral Cold Tablets....75c.

POSITIONS VACANT.

Tawny Owl for St.Marys Brownie Pack. ApplyTo where? To who? To Whit! BROWN OWL.

ST. HELENS DIVISION ST. MARYS DIST. HOSPITAL.

Believing Domestic - 40 hour/week. Holiday relief required approx. 18 weeks per year. 1st. Period October. Apply MATRON - St.Marys 2.

SALE - WHAT OFFERS?

HOUSEHOLD EFFECTS, VARIETY OF FURNITURE, MANTLEPIECES, STRAP HATS, FROSTING HEATERS. ODDS & ENDS & SUPPLIES TOO VARIOUS TO MENTION.

PH 23 ST. MARYS EVENINGS - INSPECT WEEKEND.

WANTED TO BUY

One cot and mattress - Phone St. Marys 46.

GILL'S STORE - ST. MARYS

SPECIALS

- Mutton birds 30c
Phoenix Assort.Sweet Bis. 24c
Tango Oranges 12 for 38c

DID YOU EVER THINK?

Just how good the good old days really were? This is a copy from the Official Rules issued by a Sydney firm of Merchants and Ship Chandlers in 1852.

RULES FOR THE CLERICAL STAFF.

1. Godliness, Cleanliness and Punctuality are the necessities of a good business.
2. On the recommendation of the Governor of this Colony, this firm has reduced the hours of work, and the Clerical Staff will now only have to be present between the hours of 7am and 6pm on weekdays. The Sabbath is for worship, but should any Man-of-War or other vessel require victualling, the Clerical Staff will work on the Sabbath.
3. Daily prayers will be held each morning in the Main Office. The Clerical Staff will be present.
4. Clothing must be of sober nature. The Clerical Staff will not disport themselves in raiment of bright colours, nor will they wear hose, unless in good repair.
5. Overshoes and Top Coats may not be worn in the Office, but Neck Scarves and Headwear may be worn in inclement weather.
6. A stove is provided for the benefit of the Clerical Staff. Coal and wood must be kept in the locker. It is recommended that each member of the Clerical Staff bring 4 pounds of coal, each day, during the cold weather.
7. No member of the Clerical Staff may leave the room without permission from Mr. Ryder. The calls of nature are permitted, and the Clerical Staff may use the garden below the second gate. This area must be kept in good order.
8. No talking is allowed during business hours.
9. The craving for tobacco, wines or spirits is a human weakness, and, as such, is forbidden to all members of the Clerical Staff.
10. Now that the hours of business have been drastically reduced, the partaking of food is allowed between 11.30am and noon, but work will not, on any account cease.
11. Members of the Clerical Staff will provide their own pens. A new sharpener is available; on application, to Mr. Ryder.
12. Mr. Ryder will nominate a Senior Clerk to be responsible for the cleanliness of the Main Office and the Private Office, and all boys and juniors will report to him 40 minutes before prayers, and will remain after closing hours for similar work. Brushes, Brooms, Scrubbers and Soap are provided by the Owners.
13. The New Increased Weekly Wages are as hereunder detailed:
 - Junior Boys (to 11 years) 1/4d.
 - Boys (to 14 years) 2/1d.
 - Juniors, 4/8d.
 - Junior Clerks, 8/7d.
 - Clerks, 10/9d.
 - Senior Clerks (after 15 years with the Owners, 21/-

The Owners hereby recognize the generosity of the new labour laws, but will expect a great rise in output of work to compensate for these near Utopian conditions.

 * ST. MARYS BUTCHERY *
 * Toby Spilsbury *
 * FOR QUALITY AND SERVICE. *

HEALTH NOTES.

SCURVY.

"Goodbye - I am not at all afraid of the end but sad to miss many a simple pleasure which I had planned for the future in our long marches... We are in a desperate state - Feet frozen, etc., no fuel and a long way from food, but it would do your heart good to be in our tent and to hear our cheery conversation... we are very near the end... We did intend to finish ourselves when things proved like this but we have decided to die naturally..."

That was the pencilled note which was found beside the bodies of Captain Robert Falcon Scott and companions in the tent in which they died in the Antarctic. Yet they need not have died. Scott's Southern Party did not starve to death. They died of lack of Vitamin C - a condition known as Scurvy. They had been hauling sledges for four months, living on rations completely devoid of Vitamin C.

Vitamin C is found in fresh fruits and vegetables, especially citrus fruits, tomatoes, parsley, berry fruits, green leafy vegetables and potatoes. It is readily destroyed by cooking and storage. It cannot be stored in the body, therefore an adequate daily intake is essential.

Scurvy is still found in the Australian community, mainly in babies.

SYMPTOMS are:- Bleeding gums, cold sores, slow healing of wounds, lassitude, tenderness of the limbs.

The method by which a food is cooked can affect its nutritive value as well as its flavour. The best known example of this is adding sodium bicarbonate (baking soda) to the water in which green vegetables are cooked. This will destroy the Vitamin C.

Vegetables should be prepared just prior to cooking, then placed in a small amount of boiling water. Short rapid boiling with the lid on until the vegetables are just done will ensure the minimum loss of Vitamins. ...Green vegetables 7 - 10 minutes. Root vegetables 10 - 20 minutes.

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 * O. Chapman P.O. 46 *
 * St. Marys Ph. 22 *
 * FOR *
 * ALL *
 * DRAINAGE WORK *
 * Backhoe for Hire *
 * REASONABLE RATES. *

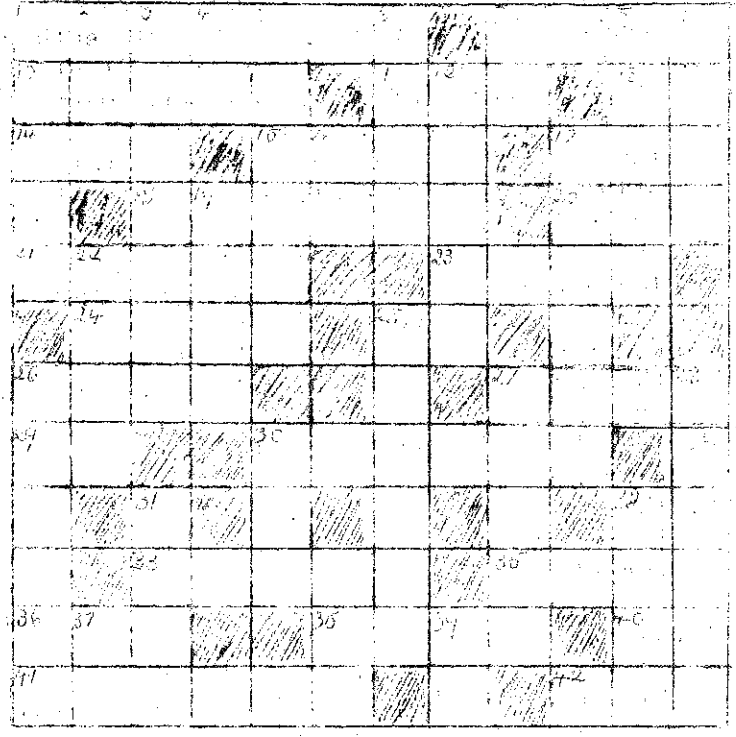
Q. If Ching Chong went to Hong Kong to play ping pong with Ding Dong and died, what would they put on his coffin?

A. A lid.

ACROSS: 1. Elderly 4. nine 7. pike 8. upper 10
 Albert 11. energy 12. land 13. avow 14. depress
 16. Tsar 17. nose 20. van 22. croon 24. loafer
 25. reduce 27. dress 28. was 29. berg.
 DOWN: (notice nos. 17 & 19 were omitted in
 clues) 1. equal 2. depends 3. rare 4. nib 5. ire
 6. nervous 7. ply 9. endeavour 11. agree 13. ash
 15. tire 18. office 19. earwig 21. tow 22. crow
 23. odds 26. ask.

Clues to this weeks Crossword.

ACROSS. 1. Type of twins. 7. Joly 11. Goods 11.
 by way of 13. Negative 14. Finish 15. Biblical
 Character 17. Snake 18. Incompetent 20. Notice
 21. Company 23. Ago 24. Tasmanian Clown 25. Pronoun
 26. Ponder 27. Arab Prince 28. Prep. 29.
 Crown 32. A verb 33. 'Face the...!' 35. Meditate
 36. Current 38. Grant 41. Printers' measure 41.
 Finally 42. Animal.
 DOWN. 1. Confection 2. Boy's name 3. Mark 4. My-
 self 5. Flee 6. Sinful 7. Aust. State 8. Set into
 dress 9. 'rink to excess 10. Absurd 16. Sailor
 17. Usurp 19. Part of face 22. Fetch out 25. Per-
 suade 27. Nurses its young 27. Abscond 28. Negri-
 et 31. Currents 34. Cold 37. Mother 39. Perform.



 * KASPI'S MILK BAR - FURNAL *
 * * * * *
 * BRUSH * * * * *
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 * BY * * * * *
 * * * * *
 * SUNDAY. * * * * *
 * * * * *
 * * * * *
 * Every Body Likes DAWSON... *
 * FOR THE MAN WHO CARES, *
 * TO SEE A FEW SNAGS *
 * WE HAVE THE WIFE THE SNAGS *
 * UP, THE LOT. *
 * WITH THE KNIVES, THE MATCHES *
 * AND SHE SAYS YOU'LL NOT MARCH IT *
 * TO SNAG THEM FOR YOU *
 * B. L. DAWSON. *
 * * * * *
 * STONE'S MILK BAR * * * * *
 * * * * *
 * cone and inspect *
 * THE * * * * *
 * * * * *
 * PHONE WILHELM SCHUEB AS FALL WITH I *
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 * all * * * * *
 * your * * * * *
 * sand * * * * *
 * and * * * * *
 * gravel * * * * *
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 * WE DON'T SLEEP ON THE JOB * * * * *
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kiddies corner



Extract from schoolboy's essay on Adults.
 GROWNUPS. Grown-ups are those people left when school is finished. Teachers are not really grown up, they are just ha-ha spoilt children, who like to have their own way. You know where you are with them. One is strict, another wheezes through his false teeth, a third teaches spelling, and a fourth teaches less, and just wanders about. It is not the same with grown ups, who were always perfect when they were young. e.g. When I was a boy I would not have dared to speak to my father like that.

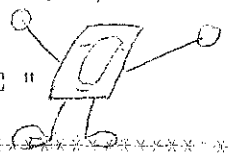
ROSS MALLINSON OF SCAMPTON is 7 years old and sent us this riddle.
 Q. What is one of the hardest things in the world to do?
 A. Milk Arrowroot biscuits.
 RIDDLES.
 Q. What did one telephone say to another telephone?
 A. How did you get engaged with a dial like that.
 Q. What kind of fruit grows on telegraph poles?
 A. Electric currents.

Phone
St. Helens 134

BURNS
BRICKS

* BUILD BETTER: BUILD BRICK

ONLY THE LOOK IS EXPENSIVE "



Guide to Hand Feeding by T. J. McManus,
District Veterinary Surgeon.

The usefulness of any feed is determined by its energy content and is measured by the number of Food Units (F.U.) in 100 lbs. For example:- Meat-Meal = 75FU/100lbs. Barley and Wheat = 70, Oats = 60, Chaff = 40, Hay = 35, Pasture and Green Oats = 60 and Turnips = 8.

Meat-meal is distinct from the remainder by being also rich in protein, Pasture is next best.

The daily food requirements of stock are known, and vary throughout the year. Dairy cows in late pregnancy and early lactation (NOW!) need 10 food units per day each. Included in this has to be at least 8lbs of roughage (hay, chaff, cut sags, dried leaves) to assist digestion. Some extra protein is also necessary for the developing calf and/or the cow's milk supply.

This year natural protein (pasture etc) is scarce and should not be wasted. Use your pasture or cereals as a protein supplement by rationing cows to an hour a day, or by strip grazing. Their energy needs can be made up with hay and grain. How is this done?

The easiest way is to start with as much roughage as you can afford and sufficient grain to make the daily intake up to about 9 1/2 FU. Addition of the protein supplement of meat-meal or rationed pasture will bring the total to 10 FU. Some examples -

1. ADEQUATE HAY AND A LITTLE PASTURE.
Good quality hay has 35 FU/100lbs = 0.35FU per lb. Half a bale (28lbs.) = 28 x 0.35 = 9.8 FU. Plus an hour a day on pasture or oats = 10 FU.

2. CHAFF? (GRAIN AND MEAT) MEAL, NO HAY
NEGLECTIBLE PASTURE.
12lbs chaff = 12 x 0.40 = 4.8 FU.
7lbs oats (or 6lb wheat) crushed = 7 x 0.60 = 4.2 FU. 1lb meat meal = 0.75 FU.
A total of 9.75 or near enough to 10 FU.
The chaff provides the roughage and the meat meal provides the protein.

3. VERY LITTLE HAY, SOME PASTURE AND ADEQUATE GRAIN.

4lb cut sags = 0. FU
4lbs. hay 4 x 0.35 = 1.4
13 1/2 lbs crushed oats = 13 1/2 x 0.60 = 8.1 FU
TOTAL = 9.5 FU

Plus 1 hour's grazing a day.
BETTER to add 1% ground limestone to grain. Bush "runs" are only useful as a source of roughage, they supply little if any energy. Avoid them if possible because of the risk of bracken fern poisoning.
APPEARANCE NO GUIDE to health when dealing with cows. Even though they look fat. Cows which are inadequately fed will either become paralysed or milk very poorly unless their energy and protein are met throughout pregnancy and lactation.

SPORT contd. BASKETBALL

On Thursday July 18 at St. Helens Area School, a panel of three selected two basketball teams from primary school children to represent the East North East in B. Division intrastate basketball carnival. The carnival will be conducted by the Southern Midlands and the main venue will be New Norfolk. Billets will be provided for the children at Brighton.

FIRST TEAM

Joanne Chorley	Bingarooma
Delma Williams	Fingal
Cheryl Millwood	Bridport
Cynthia Berwick	Bingarooma
Karen Gouge	St. Helens
Miane Bolsh	Branxholm
Julie Cowen	Fingal

EMERGENCY COACHES - Leanne Bean, St. Marys
Jenny Burr, Gladstone.

SECOND TEAM

Heather Semmons	St. Marys
Helen McKillop	Scamander
Boxanne Clifford	St. Helens
Cynthia Mandy	St. Helens
Sandra Artis	Pioneer
Penny Bremner	Scamander
Judine Parker	Fingal

EMERGENCY COACHES - Roslyn Walsh, Campbelltown.
Vanda Green, Avoca.

IN THE PAST, GOOD FOOD AND FRIENDLY SERVICE HAS ESTABLISHED A REPUTATION FOR

The Fingal Hotel

Today it's modern, the food and service is better.

Call Sometime!

P. TATLOW

FINGAL 19

Sports Page

GOLF NOTES by Tee-up.

MEMBERS STROKES 20-7-68

<u>A. GRADE</u>		
I. Calvert	62	nett
J. Owens	64	"
C. Mitchell	65	"
<u>B. GRADE</u>		
O. Chapman	58	"
Stewart Lind	63	"
Terry Lynch	70	"

Well done A. Grade - All broken handicaps.

A good handicap reduction Mr. Chapman, and what a splendid job Stewart & Terry. Stewart is only 12 and Terry 14, and this is the second time Stewart has broken his handicap.

ASSOCIATES ELECTRIC 20-7-68

Mrs. M. Royle	-	11½ hcp	-	30½
" B. Gill	-	12	"	31
" M. Lind	-	10½	"	22

72 hole Associates Championship.

FINAL ROUND.

A. Grade	-	Mrs. E. Herbert	-	320
B. Grade	-			
C. Grade	-	Miss E. Ryan	-	368

72 HOLE HANICAP

Miss E. Ryan	1st.	259
Mrs. E. Herbert	2nd.	260

With an even tie between Mrs. M. Royle, Mrs. J. Lawson and Mrs. M. Lind.

On the final round a play-off took place on Wednesday.

A fine effort by Mrs. Lind to catch the winning pair with 7 strokes to make up.

A Golf Day for Miss Tasmania Entrant (Miss Jeanette Niel) will be held Sun. July 28. 12.30 pm. start. A Stroke competition for Members and Associates. All Clubs invited to St. Marys Golf Club.

COME along - help our spastic children.

PLAY OFF RESULT.

Mrs. J. Lawson	88	Gross
" M. Royle	90	"
" M. Lind	97	"

STABLEFORT.

Mrs. C. Barnes	34	pts.
" M. King	33	"
" J. Lawson	32	"
" M. Royle	32	"

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Phone 63 After Hours 113

B. & J. Spilsbury

B. P. GANAGE

For 24 hr. towing & breakdown service.

CARTAGE CONTRACTOR

AGENTS FOR

Chain saws - Victa Motor Mowers.

B. P. Petrol, oil and greases.

ST. MARYS.

FOOTY NOTES by Observer.

The struggle for a position in the four continues this week following the final combined game played last Saturday. Interest in the competition has never been higher with major upsets occurring almost weekly. All three games set down for this week are vitally important, with no side appearing to have any clear cut advantage.

Avoca second on the Premiership ladder meet St. Marys third at St. Marys, with the physically stronger Avoca expected to win. Besides the experienced players of the calibre of Muir, Williams, Baxter, Johnstone and Murrell, Avoca have other players who are giving good service to their side. Tim Wardlaw is having his best season with St. Marys and will certainly give the opposing rucks a torrid time. Bye is playing well at present, Cooke, McCarty and Morris continue to win kicks across the centre line, and if ex Bathing star Tony Turner recently signed by St. Marys is fit he will add much needed bite on the forward line.

Fingal are at home to Rossarden and will be keen to add another defeat to the top side's tally. This could be Fingal's day as the home ground advantage is normally worth a couple of goals to any side, and this may be all the Blues will need to notch a victory. Rossarden with Cruikshank and Tapp roving well, and now Basil Williams is back and providing drive from the centre will be all out to prove their recent form all wrong.

Fresh from their last up win against Rossarden, St. Helens are favoured to comfortably down Swansea and thus take a further step in their bid to make the four. Colin Mellor's boys have certainly received a new lease of life, and it's hard to see the bulldogs stopping them this week.

BENEVOLENCE

Sincere sympathy is extended to Swansea coach Michael Chick in the loss of his father last week.

Notes Of Interest.

Congratulations to the Midlands on their 14 point win over the more fancied Fingal Association last Saturday.

Congratulations also to Colin Mellors who was adjudged the best player in combined games this season. He will receive a trophy donated by the Cornwall Hotel.

POSITION OF TEAMS.

Team	Points	Percentage
Bossarden	30	145-4
Avoca	24	153-3
St. Marys	24	120-2
Fingal	20	110-8
Swansea	18	101-7
St. Helens	16	83-5

* W. S. (Bas.) OLIVER *

* Interior and Exterior Painter & Decorator. *

* Quotes given. Ph. ST. MARYS 74 *
