

The Valley and East Coast Voice

24

Vol. 27 No. 10 FRIDAY 13th Sept 1991

Established 1968

Price 40 cents

PROTECT YOUR CHILDREN

CHILDREN NEED PROTECTION:

Know the length of time it takes your child to get home from school. Immediately check any delayed arrival home. Know the safest route to and from school and instruct your child to follow that route. Visit the schools and become acquainted with teachers. You may learn of problem behaviour before it becomes serious. If your child is to arrive home after dark arrange to meet him or her. Know your children's playmates and where they congregate. Be sure any babysitter you use is a responsible person, capable of acting in any emergency.

THE FRIENDLY STRANGER

Inform your child that strangers come in all shapes and sizes. Instruct them to report to you any suspicious person, or attempts to approach them by unknown adults. Warn your child to ignore requests from strangers for assistance.

- Do not allow children to accept rides or gifts from strangers, even ones who tell them that they are friends of the family.

Train your children to check with you before going anywhere with anyone. They should report any suspicious actions of adults or other children in the vicinity of schools or playing areas.

Make sure that you take the time to check on all these things, do not leave it to the child and hope that he or she will do it automatically.

A MESSAGE TO WOMEN FOR YOUR PROTECTION.

PROTECTION IN THE HOME

Check door locks, make sure the lock is adequate, and firmly fixed. Install a door viewer or peep hole in the front door. This will enable you to identify the caller without opening the door.

Install a safety chain on the door - and use it.

Consider a personal alarm system. Avoid making it obvious a female lives alone change mail box and telephone listing from Mary Smith to M. Smith.

Upon returning home enter cautiously. If a door or window has been forced in your absence ring the Police and await their arrival. Have locks fitted to windows.

Request identification from servicemen or repairmen before you permit them to enter the premises. Never admit to callers you are alone.

Make sure blinds are drawn in the bedroom and bathroom before you undress.

Do not leave keys hidden outside, the wrong person often finds them. Respond to your neighbour's need as you have her respond to yours.

Do not hesitate to call Police should you need them, or if you see or hear anything suspicious.

BEFORE GOING OUT AT NIGHT

Determine routes of travel. Estimate time enroute and at places to be visited. Leave word with someone to indicate destination and time of return. Carry identification, also phone numbers you may need. Make sure you lock up before leaving home.

PUBLIC TRANSPORT

Board transport from well lit areas. Remain there until transport arrives. Choose location with most passengers. Observe fellow passengers, change seats if uneasy about their behaviour.

IF ATTACKED: Scream as loud as you can...then Strike back fast, aim for vital spots and make it hurt. Gouge eyes with thumbs, hit temple, nose or Adams apple, use edge of handbag, book etc. Poke umbrella into midriff. Jab knee into groin.

CLASSIFIEDS

CLEARANCE SALE ALL CHEAP & NEGOTIABLE

2 Lounge Suites, Small Antique Table and Chairs, Single, Double & Bunk Beds, Frig, Electric Singer Sewing Machine, Brick Mould, 40 Gal Hot Water Cylinder, Oil Heater, Blender, Mixmaster, Iron Frame Piano, Auto Washer, 10 x 10 Steel Garden Shed, New Ayers Water Filter, 2ft and 3ft square plate glass mirrors, Dressed timber Arcs Barge etc. House Lot, Pine and Hardwood Studs, Baby car seat, 15ft New cyclone gate, 2 small Dozers need drive repair, Bed Spreads.
Phone 722251.

FOR SALE: 160 ltr. New Hot Water Cylinder for comb. stove solar, heater outlets and electric backup. \$900.00 ono Phone. 002 502100 or 722105.

PIANO TUNER, CHEAP RATES Phone 722595

REDLINE COACHES.... Deliver this paper quickly and efficiently. Statewide passenger and parcel service. Phone 722143.

PEAKES BUS SERVICE...ST. MARYS... BICHENO...SWANSEA...PASSENGERS... PARCELS AND PAPER. Phone 722390.

THE FINGAL RIFLE CLUB will be holding "BINGO" every Thursday at 7.30pm. Two "JACKPOTS" plus BINGO tickets. Every one is welcome.

SCOTT'S NEWSAGENCY ST. MARYS

NEW BOOKS JUST ARRIVED
GREAT HOLIDAY READING FOR CHILDREN

Video Packages Available

Don't forget those cards for overseas mailing as some posting dates for Christmas will be closing (check with Post Office)

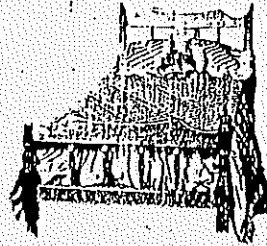
Phone 722 143

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Open 7 days a week with service attendant.

IAN HOLLINGSWORTH

REGISTERED DENTAL MECHANIC

WILL NEXT BE VISITING ST. MARYS ON:
FRIDAY 27th SEPTEMBER

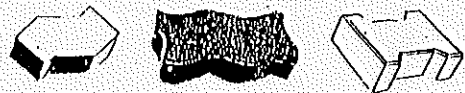
10.00 a.m. - 12 noon

for 7 day a week appointments

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36 Trelolgen Drive, Binalong Bay.

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WHAT'S ON

ANGLICAN CHURCH ST. MARYS.

Sept 15th 10.45am Special Service
for Mothers Union. World Wide Wave of
Prayer. Holy Communion. All welcome.

Sept 17th Vestry Meeting 1.30pm

Sept 18th Soup & Sandwich Luncheon
Morning Tea. Trade Table. All welcome.

CORNWALL INDOOR BOWLS TOURNAMENT

Sept 26th 10.00am Onwards
32 Teams participating

RAFFLE 1st \$50 Groceries Sponsored
by "SAMS"

2nd Necklet and Earring Set
Donated by Mr & Mrs
Fairbrother

3rd Towel Set
Canteen operating Community Hall.

ECHO PROGRAMME 1991

August 16 Setting up a business,
marketing etc.

Horticultural opportunities
Peter Lane and an
associate from the Tasmanian
Development Authority.

Cray Drop Inn. 7.30pm

September 21 - Micro Irrigation
Seminar/Field Day as per separate
programme.

October 18 - Aids to production.
Serve-Ag Pty. Ltd. Agricultural
Consultants.

November 16 - Vegetables at the
Douglas River.

Open Field Day, details to be
advised.

December 13 - Post Harvest Handling
Gordon Brown, Post Harvest
Horticulturist, Dept. Primary
Industry.

MICRO IRRIGATION SEMINAR/FIELD DAY

Saturday September 21
10.00am

PROGRAMME

10.00am Morning Tea, meet members
and guest speakers, view displays.

11.00am Designing and irrigation
system, water quality etc.

Ian Bell, Irrigation and
Water Resource Officer, Dept.
Primary Industry.

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care

SPECIAL REDUCTION for aged
pensioners

TRIMS \$9.50 (style cuts
extra)

Pensioners \$8.50

Children \$7.50 (high school
(\$8.50))

NEW LOOK SALON OPEN MON/FRI

11.30am Fertigation. The
application of fertilizers etc.
directly through the irrigation
system.

12.00pm Questions to Guest
Speaker.

12.15pm Lunch. BYO Lunch.
BBQ facilities available.

1.30pm From Water Source to
Header System. Pumping,
filtration, pressure reduction
etc.

Hugh Ross, J.R. Stephenson's.

2.00pm Dripper systems, micro
sprays, jets, piping etc.

Jim Lamont, irrigation wholesalers:

2.30pm QUESTIONS

2.45pm Irrigation wholesalers
and J.R. Stephenson's will have on
display all the equipment being
discussed and all speakers will
be available to speak to those
attending about their particular
interests.

LOCATION: Paul Fearmans, "Woodspen"
Orchard, Upper Scamander Rd,
Upper Scamander.

ST. MARYS SHOE STORE

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- * fashion shoes
- * gumboots
- * blundstone work boots
- * all shoe care products

Main Street, St. Marys.

Phone: 72 2396

CHURCH NEWS

J FINGAL-PORTLAND UNITING CHURCH

Parish Services
 Week 1 2 3 4 5
 Fingal 9.00 9.00 -- 9.00 --
 St Marys -- 11.00 11.00 11.00 --
 Scamander 11.00 9.00 9.00 9.00 --
 St Helens 7.00 7.00 7.00 7.00 7.00
 Sunday School
 Fingal 9.30am
 Kuca Clubs (weekday Sunday School)
 (after school)
 Scamander & St Helens - Monday
 St Marys - Thursday
 Parish Youth Group ring 725 139 or
 761 141
 ALL WELCOME
 Phone 725 139

J THE ANGLICAN PARISH OF ST HELENS

St Pauls Church
 8.00am) Every Sunday
 9.30pm) Every Sunday
 7.00pm 1st, 3rd, & 5th Sundays
 Sunday School
 3.30pm Mondays
 Pyengana
 11.15am 2nd Sunday
 7.30pm 4th Wednesday
 Falmouth
 9.45am 1st & 3rd Sundays
 Scamander (Home for Tea)
 10.30am 4th Tuesday

J ANGLICAN PARISH OF FINGAL VALLEY

First Sunday of Month
 Fingal 8.45am FS
 St Marys 10.45am MP
 Avoca 6.00pm HC
 Second Sunday of Month
 Fingal 8.45am HC
 Avoca 10.45am FS
 St Marys 10.45am FS
 Cornwall 3.00pm HC
 Third Sunday of Month
 Fingal 8.45am FS
 St Marys 10.45am HC
 Mangana 3.00pm HC
 Avoca 6.00pm HC
 Fourth Sunday of Month
 Fingal 8.45am HC
 St Marys 10.45am MP
 Mathina 3.00pm HC
 Avoca 6.00pm EP
 Fifth Sunday of Month
 Fingal 8.45am HC
 St Marys 10.45am HC
 Avoca 6.00pm HC

Rev'd David Le Rossignol
 Fingal 742113

J SALVATION ARMY

CORNWALL - ST. MARYS
 9.30 a.m SUNDAY SCHOOL
 (from 24 FEB)
 11.00 a.m FAMILY WORSHIP
 11.00 a.m TUESDAY LADIES FELLOWSHIP
 12.30 p.m TUES-FRI PRAYER MEETING
 C.O'S AUX CAPT AND MRS. TOLLPUTT
 PH. 725527
 WELFARE: ENVOY & MRS. BETTS
 PH. 722629
 EVERYBODY WELCOME

J CATHOLIC PARISH OF ST MARYS

FIRST SUNDAY OF THE MONTH
 St Helens Sat. Vigil Mass 6.00pm
 St Marys Sunday Mass 9.00am
 Fingal Sunday Mass 10.30am
 Bicheno Sunday Mass 4.00pm
 SECOND SUNDAY OF THE MONTH
 St Helens Sat. Vigil Mass 6.00pm
 St Marys Sunday Mass 9.00am
 Mangana Eucharistic Serv 11.00am
 Bicheno Sunday Mass 4.00pm
 THIRD SUNDAY OF THE MONTH
 St Helens Sat. Vigil Mass 6.00pm
 St Marys Sunday Mass 9.00am
 Fingal Sunday Mass 10.30am
 Bicheno Sunday Mass 4.00pm
 FOURTH SUNDAY OF THE MONTH
 St Helens Sat. Vigil Mass 6.00pm
 St Marys Sunday Mass 9.00am
 Bicheno Sunday Mass 4.00pm
 Swansea Sunday Mass 6.00pm
 FIFTH SUNDAY OF THE MONTH
 St Helens Sat. Vigil Mass 6.00pm
 St Marys Sunday Mass 9.00am
 Bicheno Sunday Mass 4.00pm
 PRIEST: PAUL CONNOLLY
 ST MARYS PHONE (003) 722 252

J SEVENTH DAY ADVENTIST

Hodgman Street, Scamander
 Sabbath School 10.00am
 Divine Service 11.00am

FOR
 SINCERE DIGNIFIED PERSONAL
 SERVICE
D. BAILEY & SON
 A F D A
 ANYWHERE ANYTIME
 ST HELENS 78 1153
 FUNERAL DIRECTORS

SPORT

FOOTBALL NOTES

31.8.91

SENIORS

St. Marys played Fingal at St. Marys in very wet and slippery conditions. The home team handled the conditions much better, to win comfortably by forty-one points. Final scores: 9.11 - 4.0.

Best for ST. MARYS were D. Burgess, P. Barnes, L. Dakin, M. Viney, J. Miles, R. Salter.

FINGAL: C. Pollington, A. Bryan, R. Hall, P. Duggan.

GOALS: ST. MARYS: R. Salter, R. Hoskinson, J. Miles, G. Murfett 2, A. Viney 1.

FINGAL: A. Bryan, M. Street, W. Gillies, S. Massey 1.

Dale Burgess ruck-roving and Paul Barnes on a wing were superb for St. Marys, and Chris Pollington who marked strongly in defence was probably best on the ground.

These teams line up against each other at Fingal on Saturday and another great game should eventuate.

RESERVES

St. Marys played Campbell Town in this game, and although starting underdogs, attacked the ball with great endeavour to upset the visitors, winning by 18 points after leading at half-time 5.6 - 2 pts. Final Scores were 6.11 - 4.5.

BEST: ST. MARYS: Hard to pick any out of a great team effort. All played well.

CAMPBELL TOWN: G. Laycock (Great game) P. Byers, J. Kerrison, L. Viney, S. Kringle.

GOALS: ST. MARYS: M. Duniam 2, L. Spilsbury, D. Berwick, G. McDonald, C. Davern 1.

CAMPBELL TOWN: D. Brooks, L. Viney, S. Kringle, P. Byers 1.

UNDER 16'S

Campbell Town completely overshadowed a gallant Fingal team to win easily

by 70 points. Final Scores being: 10.17 - 1.1.

Fingal tried hard all day, but were up against a far bigger and better team, who should go on to another premiership.

BEST: CAMPBELL TOWN: B. Donlan, I. Webb, K. Williams, J. Woodcock, S. Wickham, A. Calvert.

FINGAL: P. Webb, D. Brittain, J. Foster, A. Woods, B. Statham, A. Kent.

GOALS: CAMPBELL TOWN: J. Moran 5, I. Webb 3, D. Squires, K. Williams 1.

FINGAL: D. Welsh 1.

St. Marys Under 16's Annual dinner was held at the St. Marys Hotel on August 30, with the Best and Fairest count taking place.

<u>BEST & FAIREST</u> :	M. RADFORD	41
	(Donated by L. & J. Miles)	
<u>RUNNER-UP</u> :	D. Young	35
	(Donated by L. & H. Newman)	
<u>CONSISTANT</u> :	J. FAULKNER	21
	(Donated by P. & M. Spilsbury)	
<u>FIRST YEAR</u> :	J. PEAKE	
	(Donated by Michael Schier)	
<u>CLUB MAN</u> :	N. BIRRELL	
	(Donated by L. Dakin & S. Wiggins)	
<u>CREATIVE</u> :	M. GAMBLE	
	(Donated by B. & K. Nailer)	
<u>HARDEST TRIER</u> :	B. ROBINSON	
	(Donated by G. & L. McDonald)	
<u>UTILITY</u> :	M. GREENWOOD	
	(Donated by J. & B. Haas)	
<u>IMPROVED</u> :	T. SUMMERS	
	(Frank Morris Memorial)	
<u>TRAINING</u> :	H. GREEN	
	(Donated by M. & V. Leedham)	
<u>COURAGEOUS</u> :	R. LUCK	
	(Donated by Sportsline)	

J. Lockhart, C. Lord, T. Mitchell, D. Davern, S. Lynch, S. Robinson, D. Guy, D. Lehner, A. Williams, R. Peake, J. Laycock, M. Donald, D. Wardlaw & D. Morris all received trophies courtesy of Kevin and Jill Faulkner.

Continued page 6.....

W.J. & D.J. COMMUNICATIONS

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St. Marys

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FOOTBALL

Cont'd from page 5.....

The Club Chairman, Mr Len Miles, thanked all players for their efforts, and all trophy donors, and also the coaches, Scott and Stephen for their contributions.

Scott thanked all players for their efforts and Stephen for his assistance, and the ladies who supplied the wonderful meal. He also thanked Garry Richards, Kirk McGiveron, Bob Wrangmore, Matty Leedham and all the parents of the players, particularly those from Bicheno and Scamander, who brought their boys to training and on Saturdays, and who were in attendance. He also thought that St.Marys players parents could possibly show a bit more support to their sons.

D.Young and J.Faulkner thanked the coaches Scott and Steve for their efforts, and presented them with a gift each.

Stephen thanked all for their support over the past 3 years.

Len thanked Mike and Nancy Graham, and the ladies who arranged the meal.

7.9.91

SENIORS

Fingal played St.Helens in the preliminary final at Campbell Town. Trailing early, Fingal finished far better to run out winners by 15 pts. Final Scores: 11.15 - 9. 12.

GOALS: FINGAL: S.Curran, M.Street, T.Davis 3, W.Couch, P.Duggan 1.
ST.HELENS: L.Tate 3, T.Clarke 2, N.Vincent, D.Jackson, M.Green, R.Mayne 1.

BEST: FINGAL: C.Woods, A.Bryan, S.Massey, S.Munroe, D.Hoskinson, R.Parsons.

ST.HELENS: M.Green, P.McMaster, J.Leonard, M.Davis, R.Mayne, C.Stoltenberg.

RESERVES

Campbell Town defeated Fingal reserves easily by 120 points 20.26 - 4.2.

BEST: CAMPBELL TOWN: S.Crocker, M.Richardson, J.Kerrison, S.Kringle, H.Leedham, D.Brooks.

FINGAL: M.Cox, S.Francis, A.Webb, F.Burns, M.Johnson, L.Lowe.

GOALS: CAMPBELL TOWN: D.Brooks 5, S.Crocker 4, M.Donnellan 3, S.McCrostie 2, D.burn, P.Jackson, L.Hocking 1.

FINGAL: F.Burns 2, G.Turner, D.Reece 1

UNDER 16'S

Fingal, after trailing early, hit the front with only minutes to go to defeat St.Helens by 5 points. Final Scores: 4.3 - 2. 10.

Saturday the 14th, the Grand Finals will be played at Fingal.

SENIORS: ST.MARYS V FINGAL

RESERVES: ST.MARYS V CAMPBELL TOWN

UNDER 16'S FINGAL V CAMPBELL TOWN

Come along and support your teams, and please keep off the playing field.

RAFFLE RESULTS

Thank you to all those business houses in St.Marys who donated towards the wheel barrow raffle, and to Mr Norm Barnes for his efforts throughout the year for all the wood.

The Wheelbarrow full of goodies was won by Mr Brent Johnson.

The wood raffle was won by Kerry Mails.

The crayfish raffles were won by Kevin Faulkner and Neville Peake.

The meat tray raffle was won by Gary Britton last week and this week by May Izzard.

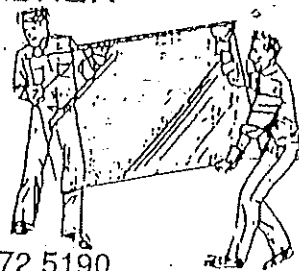
Thank you to Mr Tim Wardlaw for the crayfish and Mr Roy Cooper for the Lamb.

A special thank you goes to Graeme and Karen Saunders of Foodwizard and the two butcheries at St.Marys.

EAST COAST GLASS

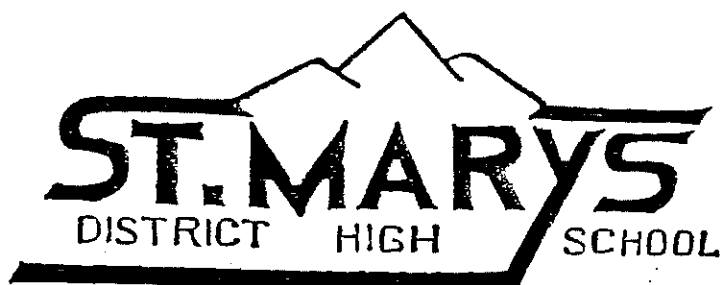
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Thomas Street, SCAMANDER



FAIR PLAY IN SCHOOL SPORT

Participation in sport is an important element of healthy living. It is about the enjoyment and benefit of the participants. It is about being Australian.

School sports has as its foundations the concepts of good sporting values and fair play.

The Codes of Behaviour developed by the Australian Schools Sports Council aim at assisting children in developing strong principles in relation to sporting behaviour. They focus on the importance of rules, the need for co-operation to achieve success and the need to accept the decisions of officials.

These Codes are designed to promote a commitment to fair play by all involved in school sport. Players, teachers, parents, spectators, administrators and the media are all significant contributors in reaffirming the factors that constitute good conduct in sport and the striving for the highest ideals in sporting behaviour.

As patron of the Australian Schools Sports Council, I commend these Codes of Behaviour to all involved in school sport.

R. J. L. Hawke.

FOR PLAYERS

- Be a good sport.
- Play for enjoyment
- Work hard for your team as well as yourself.
- Treat all team-mates and opponents as you enjoy being treated yourself.
- Play by the rules.
- Co-operate with team and game officials.
- Control your behaviour on and off the field.
- Learn to value honest effort, skilled performance and improvement.

FOR TEACHERS AND COACHES

- Set a good example for your players.
- Encourage and create opportunities to develop individual skills.
- Teach a wide range of team skills.
- Ensure that the sport is appropriate for the age group and the skill development level of the players involved.
- Teach your players to be friendly towards officials and opponents.
- Give all interested students a chance to participate in training and in games.
- Remove from the field of play any of your players whose behaviour is not acceptable.
- Keep your own knowledge of coaching and the developments of the game up to date.

FOR PARENTS

- Encourage participation by your children.
- Provide a model of good sportsmanship for your child to copy.
- Be courteous in your communication with players, team officials, game officials and sport administrators.
- Encourage honest effort, skilled performance and team loyalty.
- Make any new parents feel welcome on all occasions.
- Do not interfere with the conduct of any events.

FOR SPECTATORS

- Demonstrate appropriate social behaviour.
- Remember children play for enjoyment.
- Don't let your behaviour detract from their enjoyment.
- Let game officials conduct events without interference,
- Support skilled performances and team play with generous applause.
- Demonstrate respect for opposing players and their supporters.

FOR ADMINISTRATORS AND OFFICIALS

- Ensure rules, equipment, training schedules and games are safe and match the needs and skill level of the children involved.

- Ensure that equal opportunities for participation in sports are available for all children.
- Involve children in planning, evaluation and decision-making.
- Ensure everyone involved, including parents, understand their responsibilities regarding fair play and appropriate behaviour.
- Encourage a positive attitude towards children's sport

- (i) emphasise fun and enjoyment
- (ii) encourage both teams
- (iii) set a good example

- Be consistent, courteous and helpful toward all participants.
- Use commonsense to ensure that the 'spirit of the game' for children is not lost by overcalling violations.
- Ensure that adequate supervision is provided by qualified and competent coaches and officials capable of developing appropriate sports behaviour and skill technique, and that these officials are given the opportunity to improve their coaching and officiating.
- Remember that children play for enjoyment, downplay the importance of rewards.
- Avoid allowing children's sports programs to become primarily spectator entertainment. Focus on the needs of the participants rather than the enjoyment of the spectators.
- Distribute a Code of Behaviour sheet to spectators, officials, parents, coaches, players and the media, and take other positive steps to ensure people understand their responsibilities regarding fair play in children's sport.

FOR THE MEDIA

- Provide coverage of children's sport as well as reporting adult sport.
- Be aware of the difference between adult sports programs and children's sports programs.
- Children are not miniature professionals and isolated incidents the "highlight" of the event.
- Focus upon children's fair play and their honest effort.
- Identify and report on the benefits of children participating in sport.
- Be aware of the difference between the goals of amateur sports and those of professional sports.

- Make the readers, viewers and listeners aware of these differences. Make it clear that the professional is an entertainer and wage earner and this, on occasions, may be reflected in the professional athlete's behaviour.

EAST NORTH EAST CROSS COUNTRY

Our school was successful in winning Division A in the East North East Cross Country Carnival held at Griffin Park, Mathinna, on Tuesday, 27th August.

Final results were:

1. St. Marys
2. Scottsdale
3. St. Helens
4. Bridport
5. Campbell Town

The carnival was opened by Mr. Kevin MacDonald, Superintendent of the Forester District and the 550 students who participated were cheered on by a crowd of 200 spectators.

Outstanding performers from this school were:

- 8 Year Old GIRLS 1. Jess Baldini
- 10 Year Old GIRLS 1. Clonagh Riley
- 8 Year Old BOYS 1. Tristan Clement
2. Luke Faulkner
3. Tristan Ireland
- 9 Year Old BOYS 1. Matthew Viney
3. Stewart Ireland
- 11 Year Old BOYS 1. Scott Mason
4. Oliver Fearman



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 AVAILABLE.

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 AND PASTIES. CALL IN AND FILL UP WITH
 CHEAP PETROL, AND GET MORE
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 A LARGE STOCK OF NEWSPAPERS AND
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7.30 A.M. TILL LATE WEEK DAYS

AND

9.00 A.M. TILL LATE SUNDAYS

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Sam's cut price



THIS SECTION OF OUR PAPER
 IS SPONSORED BY GEOFF AND
 MARGARETE WHITE, ST. MARYS.

TOFU MAYONNAISE

- 1 Cake Soft Tofu, 8oz.
- 1 Cup Water
- 2 Tablespoons Olive or
Sesame Oil
- 2 Tablespoons Brown Rice
Vinegar
- 2 Tablespoons Fresh Lemon
Juice
- $\frac{1}{4}$ Teaspoon Sea Salt
- $\frac{1}{4}$ Teaspoon Ground Coriander
(optional)

Combine ingredients in a
 blender and puree until
 creamy, stopping blender
 periodically to push
 contents down with a rubber
 spatula. Refrigerate.
 If the mixture separates,
 stir well to combine.

APPLE/ PUMPKIN PIE

- 1 Medium Butternut or what
ever pumpkin available (cubed)
- 4 - 5 Medium Apples (sliced)
- Pinch Sea Salt

Place pumpkin and apples
 in a pot with just enough
 water to lightly cover the
 bottom of the pot. Cover
 and cook until soft. Puree
 in a Foodmill. Place filling
 in partially Baked Pie Shell.
 Bake at 375° degrees F for
 25 - 30 mins. or until crust
 is golden brown. You may
 also place sliced apples or
 sprinkle chopped walnuts
 around the edge of the pie
 filling before baking to
 make a more attractive and
 delicious dish.

Recipes donated by
 Angelika Hall.

ST. MARYS - ST. HELENS COUNTRY AREAS PROGRAM

1992 SUBMISSIONS

The St. Marys - St. Helens Country Education Committee invites submissions from any interested individuals or organisations for Country Areas Program funding in 1991.

The Country Areas Program is funded by the Commonwealth Government through the Department of Employment, Education and Training. The Program has been operating for the past twelve years, supporting programs in both government and non government schools throughout Australia.

The Country Areas Program is designed to assist children in the Primary, Secondary and Senior Secondary age categories. The program aims to improve the educational participation and achievement of students disadvantaged by restricted access to social, cultural and educational activities and services as a result of geographical isolation. The program also provides a framework whereby schools and isolated communities can work co-operatively to improve the educational opportunities available to country children. The Country Areas Program encourages a high community participation and attempts to capitalise on the strengths of country communities.

The basic objectives of the Program are to find ways of overcoming isolation through sharing resources, broadening students' understanding of occupational horizons, building students' self esteem, making imaginative use of the expertise of local people, providing opportunities for teachers to interact with parents and their community.

It is anticipated that our committee will focus on projects covering four main areas in 1992 - culture, sport, travel and retention.

It is important that the person responsible for the running of a program (Project Manager) is named in the project description section of the submission.

Submissions expenditure is to be itemised fully on a separate page if necessary.

For information, guidelines and submission forms, please contact the committee member in your area or Mrs. Maureen Bushing at St. Marys District High School.

St. Marys	-	Graeme Beswick, Gerald Aulich
St. Helens	-	Jim Fidler, Peter Bunker
Fingal	-	Alvin Cooke, Roxy Cowie
Avoca	-	Gary Sykes, Phillipa Tatchell
Rossarden	-	Barry LeFevre, Karen Foster
Mathinna	-	Mary Hardman, Christine Scott
Bicheno	-	Michael Seymour, Andrea Cole

All submissions should be sent to Maureen Bushing at St. Marys District High School by the closing date - 1st October, 1991.

SPORT

ST. MARYS GOLF NOTES

BY Tee Up's Mate.

Tournament time is here, again, and although the fields are a little disappointing to a degree, it's good to see that they have built up nicely over the past few days. Because all the grand final of the football at Fingal where St. Marys is competing the Saturday section of foursomes is down to what is usual but with a bit of luck post entries will make up for the shortfall. If you wish to enter late the entry will be accepted. Let's hope for good weather.

Congratulations to the new ladies champions who have just won their titles for 1991. in the championships that concluded last week. May Cook has retained the A Grade Championships, Maisy Nolan took out the B Grade championships, Yvonne Davern was successful in C Grade and Norma Mallinson played very consistantly to take the Handicap Championship. Also congratulations to Dianne Field in winning the Limit Markers scratch and handicap titles. May Cook also won the putting event. Well done to you all.

Last weekend saw the Smokey Newman Memorial Trophy with a good field taking part. The winner of the event was new member Tom Hardy who put together a very good round. Well done Tom. Another new member Doc. Wiggins collected the runner-up trophy and Stan Wilmot won the scratch. Just a reminder that the A.G.M. is on Friday 20th Sept. at 7.00pm and a detailed agenda and committee nomination list will be up on Friday 13th Sept.

RESULTS

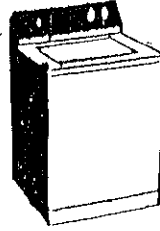
ASSOCIATES CLUB CHAMPIONSHIPS

Day 1. Comp. M. Cook (17) 61
Nearest Pin 7th M. Cook
Putting M. Cook 24

Day 2 Comp. M. Nolan (29) 70
Nearest Pin 7th M. Nolan
Putting I. Francis 30

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Day 3 Comp. Y. Davern (30) 65
Nearest Pin 7th Y. Davern
Putting I. Francis 30

Day 4 Comp. L. Clayton (35) 68 c/b
L. Burness (30) 68
Nearest Pin 7th Di Field
Putting L. Burness 27

OVERALL RESULTS:

A Grade and club champion M. Cook 355
B Grade Scratch: M. Nolan 393
M. King 401
C Grade Scratch: Y. Davern 405
N. Mallinson 413
Handicap Champion: N. Mallinson 273
M. Nolan 277
Limit Marker Scratch: D. Field 471
Handicap: D. Field 327
Putting M. Cook 117

MEMBERS ECLECTIC: D. Bain 27½ c/b
J. Haas 27½, R. Field 28½
Nearest Pin 7th R. Field

MEMBERS SMOKEY NEWMAN MEMORIAL TROPHY

27 HOLES

Winner: T. Hardy 63-36-99 nett
Runner-up: S. Wiggins 70-32½-102½ n
Best Gross: S. Wilmot 78-39-117
Nearest Pin 7th J. Haas

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SELF EXPRESSED - A Touring Exhibition of Sculptural Works at the Old Tasmanian Hotel Community Centre.

For the first time, the National Exhibition Touring scheme, Associated with the Tasmanian Advisory Board and the Visual Arts and Crafts Board of the Australia Council, has organised a touring exhibition of sculptural works around Tasmania with the first stop at Fingal.

The focus of this exhibition is not only to show the sculpture but particularly to give anyone at all interested some encouragement with their own self-expression and even some "hands-on" experience particularly with clay, in a workshop with Kate Larby.

The reason the title "Self - Expressed" was chosen for this exhibition is because many people who have an interest in practising art or craft themselves are initially lured by a promise of achievement through self-expression but lack confidence in their skills to begin with. This exhibition illustrates the point that the smallest observation or comment through any type of art is as valid and important as the most grandiose achievement of the most famous. Expression through arts and crafts is available to all who will take the first step.

The artists in the exhibition are all women who work with clay or wood. Linda Fredheim is a furniture maker who has used her model "The Altercation Seat" to remark on those times when life is less than harmonious in the home. Dawn Oakfort demonstrates a very special humour and observation in her animal tableware - a quoll teapot with accessories and bird and fish coffee sets. Her work is wonderfully decorated and yet still retains its functionality. Elizabeth Glover and Kate Larby are both exhibiting small ceramic sculptures. Both artists see things from a woman's point of view, but their interests lie in different directions. We have had many visitors to the exhibition and an enthusiastic response from school children and their teachers. We hope that this will ensure future travelling exhibitions to areas which are too far from the cities to enjoy the galleries and museums.

JOIN THE CLUB

Just a line to say I'm living
That I'm not amongst the dead
Though I'm getting more forgetful
And mixed up in the head

I've got used to my arthritis
To my dentures I'm resigned
I can cope with my bi-focals
But - ye gods - I miss my mind

Sometimes I can't remember
When I'm standing at the stair
If I should be going up, or
Have I just come down from there

And before the fridge, so often
My mind is full of doubt
Now did I put some food away
Or come to take it out?

If it's not my turn to write dear
I hope you won't get sore
I may think I have written
But don't want to be a bore

So remember I do love you
And wish that you lived near
And now it's time to mail this
And say goodbye my dear

At last I stand beside the mailbox
And my face - it sure is red
Instead of posting this to you -
I've opened it instead!

FUND RAISING HORSE RIDE

to support the work of the
TASMANIAN CANCER COMMITTEE
in cancer research and education



Clarrie
Wrigley

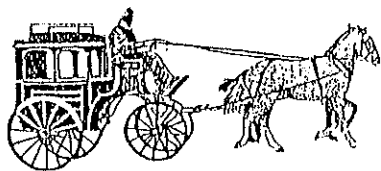
Paul
Jenkins

FALMOUTH - MARGATE
October 3rd to 12th, 1991

Come and join in a Family Barbecue at Falmouth Community Centre on Wednesday Oct. 2nd and help support this worthy cause and meet Clarrie Wrigley and Paul Jenkins. Everybody welcome, bring your own food.
TIME: 5pm.

COACH HOUSE RESTAURANT

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For today's special check Menu Board

SOUP

- Cream of Chicken\$2.00
- Cream of Tomato\$2.00

DEVONSHIRE TEA\$3.00

ASSORTED DISHES

- Schnitzel.....\$6.00
- ½ Chicken \$6.00
- ¼ Chicken\$4.50

SANDWICHES

- Cheese Sandwiches.....\$1.30
- Tomato Sandwiches.....\$1.30
- Ham Sandwiches\$1.30
- Toasted Raisin Bread\$1.60
(extra fillings, 10c each)
(toasted, 20c each)

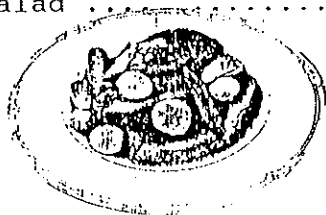
SALADS

- Ham Salad.....\$4.50
- Fresh Garden Salad\$4.50
- Cold Meat Salad\$5.50

GRILLED FINGERS

- Grilled Cheese
- Full serve (6 fingers).....\$3.00
- Half serve (3 fingers).....\$2.00

Extra topping available add 30c
Bacon, tomato, onion, pineapple



QUICK SNACKS

- Spaghetti on toast\$3.00
- Bake Beans on toast.....\$3.00
- Pizza Subs\$0.95
- Open Salad\$4.00

COLD DRINKS

- Tomato Juice.....\$1.20
- Orange Juice.....\$1.20
- Milkshakes\$1.50
- Spiders\$2.00

GRILLS

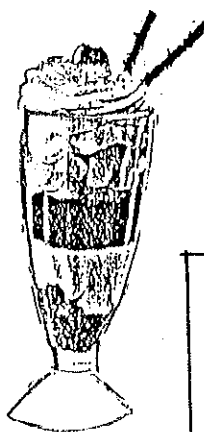
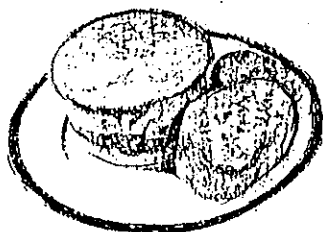
- Grilled Sausage and Bacon\$5.00
- Loin Lamb Chops\$5.50
- Steak\$6.00
- Mixed Grill\$7.00

HOT DRINKS

- Pot of Tea\$2.00
- Cappuino \$1.20
- Hot Chocolate\$1.50

SWEET SELECTIONS

- Banana Splits \$2.80
- Ice Cream and Topping\$1.50
- Continental Cake
(when available)... \$2.50
- Cheese Cake and Cream \$2.50
- Dessert of the Day
(see Menu Board).....\$2.50



TRADING HOURS

- Mon -Wed 9am - 10 pm
- Thur- Fri 9am - 2 am
- Sun - 9am - 10 pm

WHAT'S ON

ST. MARYS TENNIS CLUB

The St. Marys Tennis Club held its Annual General Meeting on Wednesday, 28th August.

The following office bearers were elected:

President: Kevin Faulkner
 Vice President: Olivier Chartrain
 Secretary: Maureen Bushing
 Treasurer: Kaye Nailer
 Club Captain: Olivier Chartrain
 Delegates: Neil Stewart
 Bruce Nailer

Subscriptions will remain the same as the previous year and are payable by 31st October, 1991 at the Health and Beauty Centre.

Family \$20
 Single \$10
 Student \$5
 Court Fees \$1

PENNANT REMINDER:

Names of players intending to be considered for pennant selection must be registered at the clubrooms or the Health and Beauty Centre by MONDAY, 16th SEPTEMBER.

FUN DAY

A FUN DAY WILL BE HELD ON SUNDAY 29th SEPTEMBER TO OPEN THE NEW SEASON.

NAMES TO BE PUT ON LIST AT CLUBROOMS OR LEFT AT THE HEALTH AND BEAUTY CENTRE. MORE DETAILS LATER.

STREET STALL- Outside St. Marys Shoe Shop 10.30am Thursday 26th Sept. St. Marys Hospital Auxiliary are raising funds for the Cardiac Unit Auxiliary in Hobart. Donations of cakes etc. much appreciated.

Hospital Auxiliary Meeting Monday Oct. 7th at 7.30pm to be held in upstairs room in the Hospital.

THE SALVATION ARMY ST MARYS

Main Street, St Marys (RSL Hall)

SERVICES:

Sunday

9.30 a.m. Sunday School
 11.00 a.m. Family Worship
 6.00 p.m. Songs of Praise

Tuesday

10.30 a.m. Ladies Fellowship

Wednesday

7.30 p.m. Bible Study

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 or
 Mr T Pears
 Campbelltown 811167

LETTER TO THE EDITOR

Dear Sir

SUBMISSION DATE FOR SUPER INQUIRY
EXTENDED

The date for submissions to the Senate Select Standing Committee inquiry into the Superannuation industry has been extended to the 18 October 1991.

Treasury estimates that the superannuation industry will be worth \$600 billion by the year 2000. Consequently, this honey pot is becoming an increasingly tempting target for corporate opportunists and public policy strategists.

However, the money is intended to provide financial security and independence for future retirees and therefore the financial interests of the contributors needs to be protected.

At present the controls over these funds and those who manage them are minimal. There are no prescribed qualifications for trustees, and anyone can be appointed. Further, funds are not required to disclose to members where their money is invested.

Therefore, submissions from interested persons are welcomed and should be directed to The Secretary of the Senate Select Standing Committee into Superannuation, Parliament House Canberra.

This will then enable the inquiry to be a major step towards formulating measures to protect fund members contributions so that they are not put at risk or wasted in rash or speculative investments.

John Watson
Senator for Tasmania

CONGRATULATIONS

St Marys District School has won a Greening Australia Award for its successful blackwood tree planting programme.

The school received a certificate and a range of books on trees and tree planting which were gratefully accepted due to the library fire. WELL DONE!!

A reader asks, "why it is necessary to lock the cemetery gate at Cullenswood?" A recent visitor from the mainland was planning to visit a relative's grave.

THE ST MARYS COACH HOUSE



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MUSHROOMS	\$6.00	\$8.50	\$15.00
VEGETARIAN	\$6.00	\$8.50	\$15.00
CHICKEN	\$6.00	\$8.50	\$15.00
PEPPERONI	\$6.50	\$9.00	\$15.50
VOLCANO	\$6.50	\$9.00	\$15.50
ITALIANA	\$7.00	\$10.00	\$16.50
SALAMI	\$6.50	\$9.00	\$15.50
SEAFOOD	\$7.50	\$11.00	\$17.50
THE LOT	\$7.50	\$11.00	\$17.50
Extras	\$1.00	\$1.50	\$2.00
LASAGNE	\$6.50		
SPAGETTI GOLOGNESE	\$6.20		

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FRI - SAT 9am - 2am
SUN 10am - 10pm

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STARDUST

VIRGO Aug 24-Sept 23

If you are involved in a legal dispute, this is a good time to settle on terms favorable to you. Lucky numbers; 13,21,28.

LIBRA Sept 24- Oct 23

Be prepared for the unexpected. It's an important time for all money matters; as quickly as funds come in, they go out. Lucky numbers; 18,20,32.

SCORPIO Oct 24- Nov 22

Impulsiveness and stubbornness in family disputes will not get you anywhere. Children will bring happiness. Lucky numbers; 5,7,29.

SAGITTARIUS Nov 23- Dec 21

Any artistic talents you possess will surface now. You will have a desire to do something different or exciting. Lucky numbers; 8,17,35.

CAPRICORN Dec 22 - Jan 20

Travel, meetings or conferences will bring excellent results, and you may find out more about a person. Lucky numbers; 14,35,40.

AQUARIUS Jan 21- Feb 19

You may now concentrate on the finer things in life. You could get a strong urge to change your job or a relationship. Lucky numbers; 10, 19, 37.

PISCES Feb 20 -Mar 20

Now is a good time to alter your way of life, solve problems or start ambitious ventures. Lucky numbers; 2,9,25.

ARIES Mar 21 - Apr 20

You have the opportunity now to attain a dream, if you work for it. A period of excellent health is indicated. Lucky numbers; 4,11,23.

TAURUS Apr 21 - May 21

Hard work and good organisation will bring you rewards now. Patience will be required when dealing with others. Lucky numbers 27,39,45.

GEMINI May 22-June 21

You may be treading on thin ice now, taking risks that will invalidate your efforts. Ignore any gossip. Lucky numbers; 22,26,43.

CANCER June 22- July 23

Something very important may influence your week if you're in the right place at the right time. Lucky numbers; 3,16,24.

LEO July 24-Aug 23

Travel will be enjoyable, with a touch of luck or romance attached to it. You may be attracted to new trends. Lucky numbers; 1,12,36.

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