

THE VALLEY & EAST COAST VOICE

Volume 37 No. 9

Est. 1968

Thursday 26th August 2004

50 cents

National Meals On Wheels

Day will be celebrated on Monday 1st September and locally it celebrates over 33 years of the Meals on Wheels service in the Fingal Valley. A menu of roast beef or lamb with roast potatoes, yorkshire pudding, cauliflower and broccoli bake and carrot strips, and a dessert of pavlova with banana, cream and passionfruit will be served in most areas to Meals on Wheels recipients.

The first delivery from the St Marys Hospital went out on 28th June 1971. The president then was Mrs Ruth Gill, Secretary Mr G. Hoare and Treasurer Mrs Mary Targett.

Present day secretary Susan Woods would like to give a special thanks to Mr Jack Miller who has been a member of the Meals on Wheels since the committee began in 1971. He took on secretary in 1978 and continued until November 2003 when ill health forced him to resign his position, but he continues to be a valued member of the committee.

Also to Mr Bob Yates who was a member of the committee from 1979 and became president in 1981. Due to illness this year Bob was unable to attend our Annual General Meeting. The committee would like to pass on their warm wishes to Bob and hope to see him home soon.

Thanks and appreciation go to Bob and Jack, as the Meals on Wheels Fingal Valley Group would not be as strong as it is today without the work of these two gentlemen.

Ransley's Appliance SERVICE

P O Box 136 Scamander 7215

- * Washing Machine noisy ?
- * Refrigerator runs too long ?
- * Clothes Dryer blows cold air ?

Then you need the service of our technicians

Ring us on: 6372 5307
Mobile 0428 761 811

Deadline for articles to be included in the next Valley Voice is Tuesday 7 September 2004.

Small communities not immune

The recent tragedy which occurred in St Marys highlights the fact that no community is immune from this type of event. Many of these incidents are difficult and indeed almost impossible to predict or prevent but any positive strategies put in place by the community that assists in some way towards minimising the occurrence of similar incidents or to minimise the trauma suffered afterwards is a positive step.

The strategies I refer to mainly involve cooperative partnership between government and private business but most importantly open communication lines between police and the public.

It has been a difficult and traumatic time for family members and it is essential that as members of our community those most affected receive on going support and understanding as they navigate the difficult times ahead.

Bob Baker Sergeant St Marys Station

Oh, to be in Athens

Jan Sparkes

Sixteen days of Olympics, and some nights too of course, is going to lead to serious withdrawal symptoms come September. Ever since the Melbourne Games in 1956, I've become enamoured with watching the Olympic Games.

In 1956 despite having important exams, I felt The Games came first and was lucky enough to be able to attend a number of track events at the MCG, swimming at the new Olympic pool, gymnastics and fencing at the Exhibition Buildings and of course an exhibition match of basketball on the Myer Emporium, as it was known, rooftop. Melbourne was abuzz with excitement, but the doomsday sayers had also been at work. Yes, things can go wrong, and do sometimes go wrong, but generally it all works well and every four years things have improved, increased and each awarded city pulls out all stops to make it the best; as with Sydney in 2000 and now in Athens with 202 countries competing in a show of fitness, endurance and striving against the physical and psychological pain barrier.

The Opening Ceremony, which had a capacity crowd and an estimated 4 billion TV watchers, looked superb from my lounge room sofa, taking in the ancient to the very modern.

Continued over page

Community notices

TONIGHT: St Marys Tennis Club Annual General Meeting **Thursday 26th August 2004** at 7.30 pm.

St Marys Sports Centre Annual General Meeting **Friday 3rd September**.

St Marys Hospital Auxiliary meeting 2 pm **Monday 6th September** at the St Marys Community Health Centre.

Tasmania Lymphoedema Centre Inc. next meeting 10 am **Monday 20th September**.

North East Bioregional Network next meeting 4 pm **Tuesday 21st September** at St Helens Neighbourhood House.

Conducting research

I, Hannah Rubenach, will be conducting research over the next two months into the effects of deliberately lit fires on volunteer firefighters. This research is in partial completion of my Honors in Sociology Studies at the University of Tasmania.

This is not a study into deliberately lit fires or fire fighters, but simply to analyse and document the experiences and feelings of volunteer firefighters in regard to deliberately lit fires.

Anybody with any concerns regarding this research taking place are asked to contact Hannah Rubenach on 6372 2348, or if you are a volunteer firefighter and would like to participate in this study please let me know.

Harris Funerals

Lindsay & Diane
(D.Bailey & Son) A.F.D.A

Ph/Fax 6376 1153 0418 133 420

Office & Residence: 114 Cecilia St. St. Helens
Chapel: 46 Tully Street St Helens

We are here when you need us to arrange Burial or Cremation. Pre-paid and pre-arranged funeral plans are available.



Oh, to be in Athens *continued*

The story of mankind portrayed by Eros, the god of love, looking upon Hera and husband Zeus, the greatest of the gods, giving birth to a son; later we see the flag bearing runner stumble through the 108 years of the modern Olympics as he comes to the years of the two World Wars when no games events were held.

Ancient Greece gave us not only the Olympic sports of running, wrestling, boxing, horse riding and chariot racing, who can forget Ben Hur, but also some of our greatest ideas in art, mathematics, philosophy and democracy.

Now day 8 of the 28th Olympiad in Athens and the 20 km walk has just finished with a gold medal for Greece and the bronze goes to Australia. A magnificent performance yet again! Its been a week of the full range of emotions for competitors and spectators alike.

Despite all the dire warnings these games are certainly the equal of Sydney, if not the best ever. The venues look superb and the views across Athens and surroundings fabulous.

How I would have given my eye teeth, as the saying goes, to have been there.

Volunteer Resource Centre

'Get up and Go'

Motivational seminars for the Break O'Day community will be happening in St Helens and St Marys on the 20th and 21st October 2004.

Tom O'Toole of Beechworth Bakery fame, Peter Kenyon & Mike O'Meara from the Bank of I.D.E.A.S. and Allana Corbin from Rotor-Lift Helicopters, Tasmania, will be presenting at both venues.

Topics will cover ways in which we can all become more motivated by the desire to succeed in our chosen field:

- * overcoming personal obstacles
- * engaging our youth
- * creating healthy and sustainable communities.

Registration forms are available from

- * St Helens Neighbourhood House
- * St Marys Online Access Centre
- * Fingal Valley Neighbourhood House
- * or by contacting Terese Tanner on 6372 2846 or 0400 512 845 by 1st October

ST MARYS NEWSAGENCY

Phone 6372 2143

**It's rather scary, but we have
Christmas Cards and 2005 Calendars !!**

Open 7 days a week

CLASSIFIEDS

Stereo player \$100, Dressing table \$30
Kitchen table \$20
Phone 6372 2895

IXL Slow combustion wood stove with flue,
in good order \$300.
6372 2357 or 0408 139 224

NEC Stereo colour 65 cm TV, cabinet & re-
mote control, good order. \$85.
Boer-cross baby goats \$40
Phone 6372 2357

St Marys Bakery -

will be closed from the 3rd September
until the 20th of September.

We are sorry for any
inconvenience this may
cause our customers.
Greg and Evelyn McGee



Fathers Day Lunch

Sunday 5th September

Roast & Sweets \$20

St Marys Hotel
6372 2181
Bookings essential

Valley Voice advertising

Classifieds 25 words or less free.
Community notices free

Small ads. Garage sales, etc. \$6

¼ page \$15. ½ page \$25 Full page \$40

1 year posted subscription \$25

Contacts for Valley Voice

Ron 6372 2105, Audrey 6372 2337

Fax 6372 2172

Please leave written material at the St Marys
Health & Beauty Centre, Main Street St Marys.
or Post: C/- Post Office St Marys Tas 7215

Letters to the Editor

Reminder:

Anonymous correspondence will not be
published. All articles must be accompanied
with the writers name, address and contact
phone number. Name may be withheld and a
pseudonym used if requested.

BUILDING BLOCK WANTED IN MATHINNA
- not over \$12,000

Telephone: 0408 619 572



Congratulations



Happy Birthday to Jessie Barr
who is celebrating her 90th Birthday TODAY
Thursday 26th August.
Birthday wishes from us all

Best wishes from the Pacing Club

Over quite a few years Graham and Karen Saunders have
been great supporters of our club. As is well known, they
are leaving their business and going travelling.
The Pacing Club says thankyou to you both and wish you
safe travelling and all the best for the future.
Drive carefully,
Eric Bean, Secretary St Marys Pacing Club

Passing of Mr D T (Tom) Spencer

Tom Spencer who passed away recently, was for many
years a very active and loyal supporter of our club.
Over a period of about sixty years he served as a committee
member, judge, committee chairman and then in his latter
years as Club Patron. He also owned, trained and drove
many pacers over this period.
Tom was a great family man, tireless worker and overall a
good fellow.
The Pacing Club will miss him very much and offer our
sincere condolences to all his family.
Eric Bean Secretary.

RATHA B'ZAR

40 Main Street St Marys

- × 20% off all new & pre-loved clothing
- × Check out our real Crystal balls
- × Hand made Crystal jewellery chandelier earrings
- × Heaps of chimes & gift ideas
- × Lay-by for Christmas

Value Plus

ST MARYS SUPERMARKET

38 Main Road St Marys
Mark Kate John Roseanne

Phone/Fax 6372 2240

Butcher Ph. 6372 2274

Mon- Fri. 8am - 6pm Sat 8am - 12

In Store Specials:

Sunshine Cream Biscuits 99 cents

Autumn Soft (6 pack) \$1.99

Prestige Camembert \$1.99

New Lines:

Deire Cheeses

Campbells Asian Soups

Cookies Corner Meat Specials

This Week:

Yearling rump \$12.99 kg

Mince \$6.99 kg

FQ Lamb chops \$6.99 kg

Steer rump \$9.99 kg

Next Week:

Porterhouse Steak \$14.99 kg

Blade Roast \$7.99 kg

Oyster Blade Steak \$7.99 kg

BBQ Packs \$7.99 kg

We also stock

Wallaby Trim & Mince

.....

Congratulations to Tamatha &
Shane on your wedding.

We also congratulate Genevieve,
Paul & Lochie on the birth of
your baby daughters & sisters

.....

IN-house Bakery, IN-House Butchery,
Weekly Specials, IN-House Specials

ATM / EFTPOS available

Designer Hair Studio

Main Street St Marys
6372 2108

For all your
hairdressing needs

Do you need Home-based Child Care? Would you like to provide Child Care from a home environment?

Northern Children's Network is looking to expand its Family Day Care and In Home Care services on the East Coast.

These programmes are both Commonwealth funded and cater for children in the 0-13 age range.

Family Day Care is care provided by registered carers in their own homes, for other peoples children. Carers offer a flexible, child focused service where children have opportunities to learn through play and exploration in a small group environment.

Family Day Carers are registered in accordance with State Outcome Standards which stipulate personal requirements and safety criteria.

Family Day Care is available for working or studying parents or parents requiring a break.

In Home Care is care provided by registered carers in the parents homes. The service offers personal care for small groups of children from one family. The programme aims to support families living in rural and regional areas; parents who work shift work or non standard hours; families where parents or children have a disability or illness, or families with two or more children under school age.

Carers providing Family Day Care and In Home care are people who have experience with children and a commitment to meeting children's individual needs and supporting families.

Both Family Day Carers and In Home Carers receive regular visits by Northern Children's Network staff to monitor and support the provision of quality child care. Practical resources; advisory support and training are made available on an ongoing basis.

Families using Family Day Care and In Home Care are eligible to apply for Child Care Benefit. This is a Commonwealth programme which assists families with the cost of child care.

If you would like more information about enrolling your child with either service, or becoming registered as a carer, please contact Jann or Marg on 6341 1555

Boards of Management

Do you belong to a board of management?

Would you like to be clear about your roles and responsibilities as a board member?

The workshop will cover:

- ◆ Legal structure of organisations
- ◆ Board of management as a team
- ◆ Individual roles of board members

This free workshop will be held at :

St Marys Community Health Centre Friday 10th September 2004 from 10 am to 12 noon.

RSVP by 7th September to Penny at Break O'Day Volunteer Resource Centre 6376 1545 or 0418 997 010



**J R & M C
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since 1972**



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33 Burnett St. New Norfolk

Ph: 6261 8048

Kindness is the language the dumb can
speak and the deaf can hear and
understand. Nestell Christian

Interested in local history?

St Marys Railway Station has finally been purchased by Michael and Darlene Wright. Two years it has taken to get through the red tape.

On the 20th November 2003 we placed a letter in the local Valley Voice paper, explaining the proposed purchase and intentions of use of the building. Those intentions are firstly to have a history area allocated for St Marys and surrounding valley townships, which I have been working on in the past two years.

History research takes a long time, myself being lucky with much of my material coming from books that have already been published. Other research has been by interviewing elderly residents from Cornwall and St Marys.

We feel that the History Room should be shared with the local community and people who have memories of the Fingal Valley.

The railway building will be privately owned with costs funded by ourselves, with our first major task of painting and renovating. The History Room will have a donation box for entry fee. All money collected will be directed back to covering costs of stationary etc. for the History Room.

We also hope to place in the two small rooms of the building, giftware, new and quality preloved clothing. Outdoor plants and Devonshire Teas are other ideas.

We will be holding a meeting at the St Marys Hotel for people who are interested in finding out more or becoming a part of our History Room project, or you can call it a gathering of local history buffs.

St Marys Hotel Coffee Shop

Saturday 11th September at 2 pm

Darlene Wright. Home phone: 6372 2222 Hotel phone: 6372 2181

White Sands **RESORT**

Four Mile Creek

**Fathers Day Lunch and Fun Day
Sunday the 5th of September 2004**

- * Enjoy lunch on the deck!
- * Facilities will be free to use by Diners
- * Have a hit of tennis, go canoeing or just watch the game in the cinema.
- * Fully licensed
- * Bookings essential
- * **Ph 6372 2228**
- * 21554 Tasman Hwy Four Mile Creek
- * 9 km south of Falmouth



EXPRESSIONS OF INTEREST

are called from interested artists, community groups, businesses and individuals for a number of projects in the pipe-line for Grassy Bottom Regional Arts.

Firstly - The 2005 Winter Solstice

Our committee is in the process of planning for next year's event and due to the popularity of the Winter Solstice event and the growing numbers of people in attendance, Grassy Bottom Regional Arts would like to hear from interested groups, businesses, individuals as to their interest in collaboration and participation in the event. Your group, organisation may wish to showcase some artistic endeavour, performance, or simply be apart of this what we feel has become an integral part of the Break O'Day calendar.

Next - Public Space Sculpture Project

There is opportunity for regional communities to engage professional artists to assist the community in finding innovative and creative ways of expressing the special character of the community. If you are a professional artist who **may be interested** in working as a part of this type of collaboration, please contact us.

Jennifer Binns - 6372 5175

Liz Dean - 6372 2034



The Grassy Bottom Singers have been busy of late with 3 performances in as many weeks.

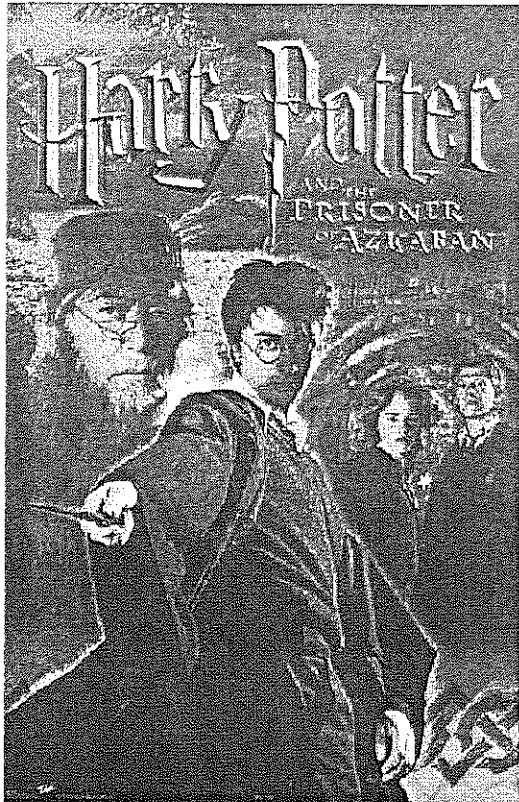
Firstly it was with pleasure that we were able to be a part of Christina Henri's "Departures and Arrivals" Exhibition at the e.ScApe Café Gallery where we performed an east African lullaby and a "hymn to the sea" from the Torres Strait Islands, both relevant pieces for such a moving exhibition.

Next we travelled to Deloraine to perform at the Opening of the 2004 A' Cappella Festival. It was an exhilarating and uplifting experience to be able to share and enjoy song from a variety of groups. Six other groups performed, all a little different. A barber shop quartet, an all male choir, a huge community choir, a soloist (she was very brave!) and another two groups similar to us that get together for the joy of singing.

Then on Sunday afternoon we sang at e.ScApe Café Gallery as part of "Brackets and Jam". Only 5 of us were able to sing on the day but it was still great fun!!! If you would like to sing, please join us any Wednesday - 5pm in the shop next to the Purple Possum.



GRASSY BOTTOM REGIONAL ARTS



HARRY POTTER AND THE PRISONER OF AZKABAN(2004)

FRIDAY SEPTEMBER 3

SCREENING STARTS 6pm

DOORS OPEN 5pm

SATURDAY SEPTEMBER 4

SCREENING STARTS 2pm

DOORS OPEN 1pm

**FREE HOT DOG &
DRINK FOR KIDS!**



ETERNAL SUNSHINE OF THE SPOTLESS MIND(2004)

SATURDAY SEPTEMBER 4

SCREENING STARTS 7:30pm

DOORS OPEN 6:30pm

ETERNAL SUNSHINE OF THE SPOTLESS MIND is an unconventional romance told in the abstract, inventive, and comedic storytelling style of screenwriter Charlie Kaufman. It's a twisty, trippy, yet moving take on love! Like his scripts for ADAPTATION and BEING JOHN MALKOVICH, this plot works off of a relatively complex idea that is easier explained through the language of film than through words. In its most basic description, Joel (Jim Carrey) is undergoing a medical procedure to erase the memory of his ex-girlfriend, Clementine (Kate Winslet). However, while he is unconscious and the procedure is underway, he takes a journey through his mind, reliving moments with Clementine for fear of losing her forever. A brilliant film!

SUPPER AVAILABLE

FILM SCREENINGS @ THE ST. MARYS COMMUNITY HALL

ALL TICKETS \$7

SNACK BAR AVAILABLE

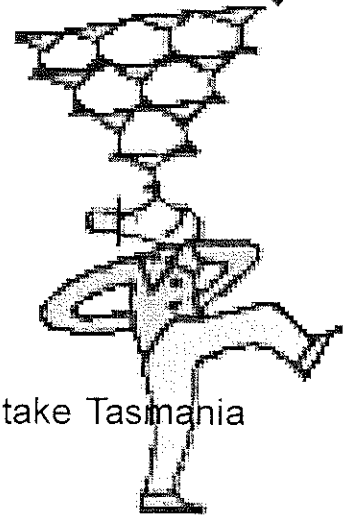
The Circus is coming to town!!

Grassy Bottom Regional Arts



presents

Circus Risqué



Roll up Roll up Prepare for the biggest sensation to take Tasmania by storm, the world premiere of CIRCUS RISQUE.

Home grown Tasmanian based circus at its very best, Circus Risqué is here to give you a night of acrobatic feats, dazzling aerials, hoola hoops that will spin you out, juggling, diablo, rolla bolla, some guy balancing farm implements on his face, hand stands, hoop diving, human pyramids and whip cracking action to take your breathe away.

WITH hilarious physical antics and riotous clowning, sit tight for a rocking night. Circus Risqué aims to create a totally unique form of circus, combining hilarious clowning with exceptional acrobatics, outstanding circus skills, vauderville antics and quirky characters, strung together with true Tasmanian flare.

Four renowned circus and physical theatre artists from Tasmania, South Australia and New South Wales; Beau, Jess, Kane and Eli, have spent the last few years on the national circuit before joining forces in Tasmania to form this new and exciting circus company. From diverse backgrounds, they are ready to take Tasmanian art to another dimension.

St Marys District High School

Gym - 7pm

Tuesday 21st September

Adults - \$12.00

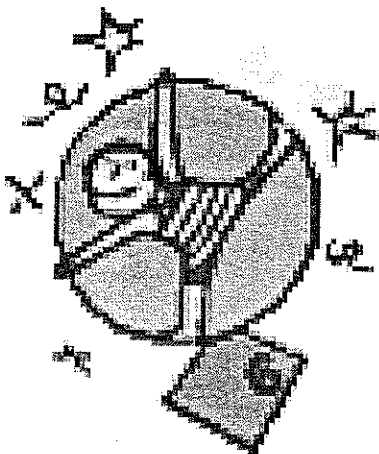
Tas Reg Arts members - \$10.00

Students under 14 - \$8.00

Under 5 - Free

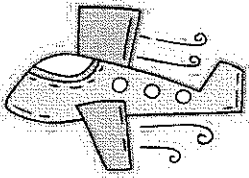
For bookings phone - 6372 2034

or door sales on the night (bookings recommended).



STUDENT WORKS

LONDON CALLING



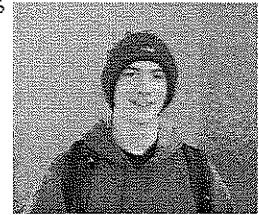
Recently Amber Coleman and Ashley Roberts were selected as part of StudentWorks to take part in a "Learning Choices Expo" in Sydney. They joined 20 other student teams from around Australia, who all made presentations to groups of about 30 educators and administrators. The standard of these presentations were very high, as the winning team would have the chance to travel to London.

Recently the sponsor, Dusseldorp Skills Forum confirmed that Amber and Ashley along with one other student from StudentWorks were the winners of the award.

They will be travelling to London from the 12th - 22nd November 2004 to represent Australia at the Education and Business in Partnership, National Network Forum. While in London they will be staying at the Hilton and will have the opportunity to do some sight seeing around London.

So a big congratulations to both of them from all at St Marys District High.

Micah Kleinert - StudentWorks Coordinator



On the 22nd of June, Ashley, Dean and I jumped on the QANTAS 6.30am flight to Sydney via Melbourne. We arrived in Sydney at about 9.15 met up with the organisers of the conference and made our way to the Sydney Olympic park. We then went to the Ibis Hotel and were shown to our rooms and met our room mates. We were taken to a clearing in the park and met up with all the other students participating in the conference and played "get to know you" games. This is where we made most of our new friends and that night after tea we had a karaoke party.

The next morning was the day of the exhibition. We met heaps of important business people, some who wore suits and ties. We presented our demonstrations of the things we do at Student Works twice. We assembled a change table drawer, twisted metal and served a fruit and sandwich platter and when we finished, we were smothered in compliments. That night we went on a tour of Sydney with no teachers, we saw the Opera House and the Sydney Harbour bridge, they weren't nearly as fun as our trip down Kings Cross, the bus really fired up then!! After that we went to China Town and had dinner, then off to the IMAX cinema which had a huge screen and was in 3D. I sat next to Owen and we couldn't stop laughing at the goofy fly eye glasses we had to wear!

Day 3 we all broke up into small groups and participated in a small course of our choice, I chose retail, we had to do stocktaking and profit margins, pricing and window displays. We said our goodbyes and exchanged hugs and phone numbers with our new friends and boarded the very boring plane trip home to Launceston.

by Amber Coleman.



Do you have concerns about your child's or grandchild's vision or hearing?

Vision and Hearing assessments are available for all primary school children through the Family and Child Health Nurse, Lorraine McGee.

To arrange a referral please call Lorraine directly 0409 361 005 or contact Susan Miles on 6372 3900.



Red-Herring Pro-Skate Team are coming to St Helens!!

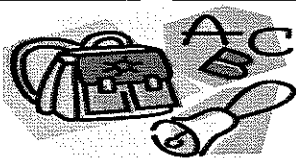
As part of their Rock & Roll tour around Tassie, the **Red Herring Skate team** will be performing at their best at the **St Helens Foreshore skate park** during the school holidays - **Tuesday 14th September** thanks to the Break O'Day Youth Group - "Energiee".

Starting at **1pm**, this will be an awesome day of skate stunts, rockin' music and prizes.

There will be food and drinks available thanks to the St Helens Rotary Club and free health information from the Healthy Community House, ice-cream van and coffee and pie van. But it doesn't end there ... they are bringing their own punk rock band from Hobart "Ball Point" and our own east coast punk "Azerus" will be joining them on stage performing at the Portland Memorial Hall for the Rock Night which will be 7-10pm free of charge for kids of all ages, a non smoking, non alcoholic event.

A bus service will be available free of charge. Contact Cassie Males 6376 5245.

All youth are invited to participate on the day, so grab your skateboard and roll on down.














Back to School

Monday 20th September



AUGUST / SEPTEMBER 2004



Monday	Tuesday	Wednesday	Thursday	Friday
23rd August 	24th August Dentist 	25th August Dentist Soccer after school 	26th August Country Gold Carnival 	27th August Arts-on-Tour Bicheno Country Gold Carnival Playgroup 10am-12noon - Kindy 
30th August  Primary Assembly 11.10am - Hall Literacy Week 	31st August Arts-on-Tour Full Rehearsal Literacy Week P & F meeting 7.00pm - Staff room 	1st September Arts-on-Tour Literacy Week Soccer after school 	2nd September Arts-on-Tour Literacy Week 	3rd September Arts-on-Tour Literacy Week Playgroup 10am-12noon - Kindy 

ST MARYS COMMUNITY HEALTH CENTRE

GP ROSTER- ON CALL:

DR SINGH TUESDAY & THURSDAY

DR SINGH:

Dr Mohan Singh- 6372 2111

DR GENIOLA MONDAY & WEDNESDAY

DR GENIOLA:

Dr Jess Geniola- 6374 2288

Medical Emergencies phone:

000 or

The Ambulance on:

1800 008 008

'WHAT'S ON AT THE CENTRE'

26th Aug **Nutrition for Young Children** 1-3pm in the Day Centre Room with Ms Deb Polglase and Mrs Christine Minchin. Please phone Lorraine on 0428 136 381 to RSVP.

31st Aug **PAMPERING DAY** 10am-12 noon. Cost is free so come along for some good old fashioned pampering.

31st Aug **Tai Chi** 7pm-8pm with Dawn Denholm in the upstairs physio Room CHC. \$5.00/ hr.

31st Aug **Meet & Greet** with Psychology Interns and Stewart Auckland from the UDRH. 2:30pm- 3:00pm.

2nd Sept **Child Health Centre** with Lorraine McGee 9am-12noon. Afternoon appointments are available by phoning 0409 361 005.

3rd Sept **Volunteer Resource Centre** with Penny Clifford. 10:00am-12 noon.

6th Sept **Line Dancing Practice Session** 12:15pm-1:00pm.

7th Sept **Tai Chi** 7pm-8pm with Dawn Denholm in the upstairs physio Room CHC. \$5.00/ hr

8th Sept **Lightfoot Podiatry** with Perry Daly.

9th Sept **BLOOMING NATURAL HEALTH DAY- SEE NEXT PAGE FOR DETAILS.....**

Living Longer Living Stronger IS BACK!!!

St Marys- THURSDAY'S 1:30pm- 2:30pm
(Bookings essential) Down Stairs Physio Room

St Helens- TUESDAY & THURSDAY
10:30am- 11:30am (Bookings essential)
Neighbourhood House Bungalow

STRENGTH TRAINING USING THE FIT BALL
St Marys- TUESDAY EVENINGS 6:30pm-7:30pm
Down Stairs Physio Room

Cost: All classes are \$5.00/hour

Contact: Jacque Geniola on 0407 361 530

ADULT LITERACY TUTOR TRAINING

If you are interested in gaining the necessary qualifications to be an *Adult Literacy Tutor* this session is for you:

Monday 27th September 2004

St Helens NEET Centre

'Cost: FREE'

Contact: Jenny Wells 6376 1366 or Julia Weston on 6372 2111 to register your interest or for further details.

Television has proved that people will look at anything rather than each other. - Ann Landers

Rather than asking 'How is life treating you? - try, 'How are you treating life?'
- J.D. Boatwood.

Information from this page was submitted by:

The St Marys Community Health Centre, Gardiners Creek Rd, St Marys, TASMANIA. 7215

By Marguerite
McWatters

Blooming Natural Health

St Marys Community Health Centre

Presents:

*things you've
wondered about but
may not have been
game to try.....*

Date: 9th of September
Thursday

Time: 10 am to 2.30 pm

In the Large Day Room

RSVP: 63722111

by the 1st September

Gold Coin Donation

Lucky door prize (wine & chocolates)



FOOD

MORNING TEA

LUNCH

FRUIT & VEG JUICES

BREWED COFFEE

INFUSED HERBAL

TEAS

Available for
purchase



FUN

MASSAGE

IRIDOLOGY

FLOWER ESSENCES

REFLEXOLOGY

REIKI

MEDITATION



FROLIC

BELLY DANCING

TAI CHI

LINE DANCING

AEROBICS

YOGA

PERCUSSION

Church Services

Catholic Parish of St Marys

Priest:

Father Bill Egan 6372 2252

Fingal

Every Friday Mass 10am

1st and 3rd Sunday Mass

10.30am

St Marys

Every Sunday Mass 9am

Bicheno

Every Sunday Mass 3pm

St Helens

Every Saturday

Vigil Mass 5pm

Mangana

5th Sunday Mass 11am

Anglican Parish of the Northern Midlands

Services each Sunday

Avoca 8.00am

Fingal 10.00am

Mathinna: 2nd & 4th Sunday

monthly at 11.30 am

Daily Office Reading

Avoca Tuesdays 10am

Anglican Parish - St Helens

6376 1144

St Helens Every Sunday

8am and 10.30am

KANGA Sunday School

10.30 am - 12 noon every Sun-

day for children 5 -12 yrs

St Marys 10am

(No service 5th Sunday)

JAM: Mondays

3.15 pm to 5 pm for children

5-12 yrs

Pyengana 7.30 pm

5th Sunday months only

Break O'Day Uniting Church

Fingal 9.00am

St Helens 11am and 7pm

Seventh Day Adventist

Hodgeman Street Scamander

Sabbath School 10am

Divine Service 11am

Meals on Wheels Roster

Aug/Sept	St Marys	Fingal
Mon 30th	Annette Davey	Susan Woods
Tue 31st	Dawn Lodge	June Hall
Wed 1st	B & B McAllister	Lynda Bean
Thu 2nd	D & V Rice	Maureen Hall
Fri 3rd	Claire Bean	Christine Woods (S)
Mon 6th	Audrey Wright	Carole Woods
Tue 7th	Trish Pike	Tom Brady
Wed 8th	Ester Rubenach	Karen Lohrey
Thu 9th	Liz Rice	Jan Marshall
Fri 10th	N & A Challis	Shirleen Woods

PAINTER

Ray Rosskelly



Phone 6372 2218
St Marys

Rae & Partners Lawyers Barristers & Solicitors

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Ph 6337 5555

Visiting St Marys Community
Health Centre

Alternate Tues. 9 am -10 am

Appointments:
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JOEY SCOUTS

Are you aged 6 - 8 ?

then Joey Scouts is just for you!

St Helens Joey Scouts is for girls and boys
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We play games, do craft, badge work and
go on outings. Joeys is on Tuesday at 3.45
pm for one hour at the St Helens Scout
Hall in St Helens.

So if you have a child who turns six this
year, we would love to hear from you.

Car pooling may be also available.

For more information please contact:

Susan Prior: 6376 1157 or
Victoria Crack: 6376 1283.

COME ALONG AND HAVE FUN

YOGA

St Marys Yoga Room
7 Storey Room

Tuesdays:

6.00 - 7.30 pm: \$9.00 per class

Thursdays:

5.30 - 7.00 pm: \$9.00 per class

Fridays:

0.00 - 11.00 am: \$7.00 per class

Concessionary rates available

For further details, please phone
Jack Foreman 6372 2034

SESQUI CENTENARY

Some years back a terrific conceptual idea was put forward by predominately the Lions Club to consider the possibility of a Mining and Rail Museum for our town, most likely to be situated at the Railway Station. This railway station is an historic place in itself. I for one thought it was a fantastic idea because as great a place as St Marys is in which to live, we could always have more to offer visitors when they stop on their trip through. Just imagine what it would be like on a summer morning with a functional museum History Room in operation there, and the spin off to the town when people might actually make a point of putting a visit to St Marys on their itinerary.

St Helens, Derby and Mathinna have successfully initiated history rooms and there is no logical reason why our own unique history cannot be celebrated in a similar way. We have massive ties with both Irish and German descendants and mining, timber, agriculture, education, major services, religion were and are still a big part of our existence.

This brings me to the point of this article. I believe that in 2007 we turn 150 years of age as a town and what better way to celebrate such a magnificent milestone as to use it as an eventual stepping stone to our own History Room.

Once again Cagerattler's pie in the sky is in the oven I hear you say! That may well be the case but that pie could taste mighty nice because it is certainly achievable and it would be remiss of us if we do not celebrate 150 years.

What we have going for us is enormous. To run such event as a Sesqui Centenary you must have funds and with a view of raising revenue for a worthwhile cause.

I put to you that our own History Room would be that cause and I also believe we have three major groups in St Marys who have fantastic expertise in organisation and fundraising.

These groups are of course St Marys Lions Club, Grassy Bottom Regional Arts and S.M.A.C.D. and I'm sure Break O'Day Council would be a contributor also. If these people do not know how to get the ball rolling, no one does!

You also need a committed steering group that can conceive the concept of 2007 something akin perhaps to Centenary of a Nation in 2001. That was a marvellous thing.

With the cooperation of all our community groups and clubs a vast array of events could be held. For example photographic, artifact and machinery displays, re-enactments of town life, sporting events with history in mind, maybe even music spanning the years including such things as our much vaunted brass band years as well as more contemporary offerings.

There are so many things we could do in 2007 to not only remember the years gone by and the characters that make us who we are, then and now, but to look to what we want to achieve in the next 50 or 100 years.

I'm not sure whether a permanent home can be found for that initial idea of the Lions Club for our own museum but we must as an important duty celebrate our sesqui centenary and we must all do it together.

The scary part is that in August 2004 we are actually only about two and a third years away from the date, so we cannot afford to sit on our hands for too much longer.

In a future Valley Voice (soon I hope) I'd really like to see groups or individuals putting forward ideas on this, just to see what we all think about.

Maybe once the snowball starts rolling it will quickly pick up the pace and lead to a year to look forward to in 2007. What do you think?

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Update of proposed logging of South Sister

A meeting was held between four Forestry officials from Bass, Steve Manson, Paul Rosevear, Andrew Crowden and Jo Field, and seven local residents from Dublin Town, German Town and Gardiners Creek on August 12th 2004 in St Marys.

The purpose of the meeting was to outline concerns that residents have about the proposed logging of South Sister and hear from Forestry about their plan for the mountain.

Concerns include destruction of the local icon which is visited by many residents and tourists for recreational activities such as admiring the magnificent 360 degree views, bushwalking, horse riding and rock climbing. Many tourists coming to St Marys make their way up the South Sister, as they have heard about the beautiful mountain, including numerous small bus tours.

In addition, various springs provide water for both domestic (drinking water and production of electricity) and agricultural use for Newman's Creek which is a back up for the St Marys water supply. Forestry propose to use 1080 during the logging which, if finding its way into water supply may have adverse effects on humans, not to mention animals, birds and insects.

In addition, logging operations may result in geological instability of the mountain (South Sister is geologically unstable) leading to possible shifts in springs, hence quantity may also be affected.

The South Sister is also home to rare and endangered species including the blind and giant velvet worms that are only found in this region of Tasmania (Nicholas Range, St Patrick's Head, Mt Elephant, Upper Scamander area). Other species threatened include the rare Eucalyptus brookeriana, euphasia collina deflexifolia and the spotted tailed quoll. Disturbance of these habitats will contribute to long term degradation and loss of biodiversity.

By the time you read this, a public meeting will have been held (Wednesday August 25) to inform local residents of the plan by Forestry. Upgrading of the South Sister road was planned for November 2004 however after pointing out at the meeting that Forestry has provided written confirmation that there would be no works during 2004, it has been verbally promised that works will not start until 2005. The Forest Practice Plan is expected to be completed in the next two months after which time the Forestry intend to brief a small group of local residents (their preference rather than a public meeting).

South Sister needs your help to preserve it now! Logging of this special icon will affect many - not just those who live close to it but those who may depend on water from the South Sister (potentially all of St Marys), businesses who provide services to tourists, those who work in these businesses and farms etc.

For more information on how to help please contact Melanie 6372 2099, Frank 0419 372 192 or Rod 6372 2244.

Frances Daily

Dick Adams MP
Federal Member for Lyons

Web Page: [Http://dickadams.id.au](http://dickadams.id.au)

Email: D.Adams.MP@aph.gov.au

Ph. (03) 6398 1115

Fax. (03) 6398 1120

Local Call Cost 1300 132 689

ST MARYS ONLINE ACCESS CENTRE

23b Main Road
St Marys Tas 7215
Ph/Fax 03 6372 2005

Monday	10 am - 3 pm
Tuesday	10 am - 4 pm
Wednesday	10 am - 4 pm
Thursday	10 am - 3 pm
Friday	10 am - 5 pm
Saturday	11 am - 2 pm

Scamander Beach Surf Shop

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scamandersurf.com



& Bay Surf Shop 2.
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- * SHED SITES CUT
- * LANDSCAPING

Are you one of these lucky kids ?

According to today's regulators and bureaucrats, those of us who were kids in the 50's, 60's and 70's probably shouldn't have survived !!

- * Our baby cots were covered with brightly coloured lead-based paint which was promptly chewed and licked.
- * We had no childproof lids on medicine bottles, or latches on doors or cabinets and it was fine to play with pots and pans.
- * When we rode our bikes, we wore no helmets, just flip flops and fluorescent 'clackers' on our wheels.
- * As children, we would ride in cars with no seat belts or air bags. Riding in the passenger seat was a treat.
- * We drank water from the garden hose and not from a bottle, -tasted the same.
- * We ate dripping sandwiches, bread and butter pudding and drank fizzy pop with sugar in it, but we were never overweight because we were always outside playing.
- * We shared one drink with four friends, from one bottle or can and no one actually died from this.
- * We would spend hours building go-carts out of scraps and then went top speed down the hill, only to find out we forgot the brakes. After running into stinging nettle a few times, we learnt to solve the problem.
- * We would leave home in the morning and play all day, as long as we were back before it got dark. No one was able to reach us all day and no one minded.
- * We did not have Playstations or X-Boxes, no video games at all. No 99 channels on TV, no videotape movies, no surround sound, no mobile phones, no personal computers, no Internet chat rooms. We had friends- we went outside and found them.
- * We played elastics and street rounders, and sometimes that ball really hurt.
- * We fell out of trees, got cut and broke bones and teeth and there were no lawsuits. They were accidents. We learnt not to do the same thing again.
- * We had fights, punched each other hard and got black and blue-we learned to get over it.
- * We walked to friend's homes. We made up games with sticks and tennis balls and ate live stuff, and although we were told it would happen, we did not have very many eyes out, nor did the live stuff live inside us forever!
- * We rode bikes in packs of seven and wore our coats by only the hood.
- * Our actions were our own. Consequences were expected.
- * The idea of a parent bailing us out if we broke a law was unheard of, they actually sided with the law. Imagine that!!

This generation has produced some of the best risk-talkers and problem solvers and inventors, ever. The past 50 years have been an explosion of innovation and new ideas. We had freedom, failure, success and responsibility, and we learned how to deal with it all.

Are you one of these kids who have had the luck to grow up as real kids, before lawyers and governments regulated our lives - for our own good ?

September is Stair Climbing Month !!

It's Fun, Easy and Great for your Health

Join our team & climb South Sister - walls and stairs.

Sunday 12th September at 11 am

Ring Tanya on 6372 2111 or

Online Centre for registration

Prizes for best teams, most distance walked.

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Mothers "CHAT GROUP"

St Marys Community Health Centre August - September

Date	Place	Activity
Thursday 26 Aug. TODAY	St Marys Community Health Centre Meeting Room 1 pm	Nutrition for young children with Lee-Anne Mundy Comm. Dietitian
Thurs 2 Sept.	Venue to be notified	Pram Walk
Date to be decided	St Marys Community Health Centre Meeting Room 1 pm	Windmill Toys

St Marys Child Health Centre
1st and 3rd Thursday of month
with Loraine McGee R.N.
Mobile 0428 136 381
At St Marys Community Health Centre 6372 2111



Soccer News

Soccer players from St Marys and St Helens School travelled to Swansea last weekend for what proved a very successful field day with the east coast team. Swansea had some enthusiastic and talented youngsters in their team. The St Marys Under 12 team played very well and were a good match against their older opponents. The older junior team did well to hang on to a narrow victory and our youngest players also had a run with the Swansea youngsters.

The senior game was an epic and the referee was enjoying the game so much he didn't want to blow the final whistle. The game finished 3-3 after both teams came agonisingly close to clinching victory.

The field day was very enthusiastically received in Swansea and we hope that the teams will get together again next season. Thanks to all the players, drivers and supporters who travelled down and supported the day.

We have the last field day of the season at St Helens this Saturday. Remember the junior game starts at 9.30 am with a senior run at 11 am.

Our last event for the season will be the **St Marys Soccer Carnival** being played on **Saturday October 9th** at St Marys District High School. We have extended a wide invitation to soccer players Tasmania wide, to attend so we hope all local soccer and sports fans will take the opportunity to participate. We will be running six-a-side tournaments for juniors and seniors and you should contact Jack if you wish to form a team. We will also be running soccer skills competitions, so start practising ball juggling, dribbling and shooting!

We still have soccer balls for sale at \$10 if you wish to have extra practice for the soccer carnival.

There will be no organised soccer practice during the school holidays but we will be continuing Wednesday soccer after school up to the soccer carnival.

Jack Foreman (6372 2034)

East Coast Motocross

Sunday September 12th

Interclub Race Day with Launceston Motorcycle Club at Bridport Track, Santereena Park. Be there by 9 o'clock.

September 18th & 19th Saturday & Sunday

Stephen Gall Academy School Training Day at the Bar 20 Goshen

St Marys Sports Centre News *continued*

Special thanks to Jack Wines last week for a big help with a necessary repair job, very much appreciated Jack.

Finally a reminder to you all that on Friday September 3 we hold this years AGM and as well as all the usual matters such as reports, elections and subscriptions, there is a major topic of the re-adjustment of the club financial year to better use the funds at the right time of year. We need a solid consensus on this as well as another look at ways of cementing the clubs future.

Would love to see a great roll-up at the AGM.

Anyway until next time, good hitting and rolling.

St Marys High U/16 Football

We played our final roster game of the season at Fingal against Grammar two weeks ago, a side we had not beaten this year. The wind and rain was *'as cold as a mother in law's kiss'*, it was so cold the goal umpire would not get out of his car without a prod!

The boys braved the rain and the wind and the size of the Grammar boys. In a high standard game they outclassed the opposition 9.11-65 to 2.5-17

Goals:

L.Carr 3, L.Gillies 2, B.Leedham 2, A.Midson 1, R.Maher 1.

Best players:

A.Midson, B.Singline, B.Faulkner, B.Miller, L.Carr, J.Bourke and D.Cooke.

We held our Best and Fairest count after the game. Congratulations to Best & Fairest Winner: Luke Carr, Runner-up: Billy Singline Third: Joel Salter.

This Saturday we play St Pats at Longford in the 2nd Semi-final

GOOD LUCK BOYS

Bus leaves:

Scamander 7.15 am

St Marys 7.30 am

Fingal 7.45 am

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St Marys Sports Centre News

by Kackhander

The past two weeks have been somewhat on the quiet side golf-wise thanks to some shocking weather and with the Scamander Championships being played. However that is all about to change from this week.

Next Saturday and Sunday is the Annual Spring Tournament incorporating the St Marys Open for men and women, the ECTGA Championships and B and C events as well as the Junior and Senior Handicap, whilst on Sunday we will hold Men's, Women's and Mixed Foursomes events.

It is a little unusual this year to have the tournament in August but it is the only date we could secure. Let's hope for a terrific turnout but we need our own members to be big supporters of the event.

The following weekend, this years Club Championships commence over 72 holes. Once again A Grade is going to be highly contested with Dale Ridgers keen to defend the title he won in 2003. In B Grade it will be an open affair with perhaps Todd Spilsbury being a front runner along with Mark Birch and in C Grade like any other year it's a lottery on who could win that. On the first 36 holes it will be the Junior and Senior Championship nett as well.

Thanks to the generosity of the Spilsbury Family, the Annual Spilsbury Trophy will be run in conjunction with the first 36 holes of the Championship and it's hoped that this great event will encourage more entries.

On Day 3 the St Marys Newsagency have kindly sponsored that component of the Championship and we are very appreciative of their help here. The final day on September 12th will be sponsored by the Hobart House of Golf and we are once again extremely grateful for their input into making the 2004 Championships successful.

The entry sheet is available in the clubhouse and like the tournament, it would be greatly appreciated if you could put your name up so that the Day 1 seeded draw is easy to do.

A special mention must go to Jack Viney and Chris Davern securing some substantial sponsorship to allow the bowls ditch refurbishment in the past couple of weeks. An outstanding effort by several members over two days saw the completion of this job which will ensure a much less troubling preparation of the ditches each year from now on. Also the shade cloth completion will soon be done as well. Thanks to you all and we anticipate another good bowls season coming up.

This year during summer there will be a major revamp of golf at the club with the advent of proper competitions from midday each Sunday. Hopefully this will help the club continue to survive.

We will certainly hope for Saturday events if there is enough to support them but there will always be a comp scheduled each Sunday regardless of Saturday outcomes. Most weeks it will be a normal event but every few weeks we will hold a fun event, Canadian, 4BBB Ambrose or other team comp so watch out for that.

Guess what ? St Marys are the new Valley Eightball Association Champions for 2004 and in their first year too ! A big thanks to Greg 'Frog' Cooper as team captain for doing a terrific job in bringing home the trophy and to all the players this year, well done indeed. Could be home of the trophy for a year or two I reckon.

Continued inside back page



The Historic St Marys Hotel

48 Main Street St Marys
Ph 6372 2181 Fax 6372 2184

Fathers Day Lunch Sunday 5th September

Roast & sweets \$20

Bookings essential

Live music at the Pub

Brian Fraser

Saturday August 28

Brian's acoustic solo show is a must! A great guitarist and songwriter who has won many awards for his albums.

\$5 cover charge.

19th September

PD Hale - returning gig.

Played here for the Australia Day Concert. \$5

Saturday 25th September

'CHROME DADDIES'

4 piece Rockabilly / Western swing band hailing from QLD, play a mix of originals & classic 50's covers. Its their official CD release tour, so come on down & expect to boogie! \$10 cover charge

Saturday 2nd October

Back to Tassie, those "**Bloody McKennas**" for a rollicking good time.

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(awesome value)

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