

# The Valley & East Coast Voice

Volume 38 No 22  
Thursday April 13, 2006

Est. 1968  
50 cents

## St Marys lays claim to Commonwealth Gold Medallist!!

It may be by default, but St Marys can at last claim a gold medallist.

Although Christopher Troode does not live here, his parents do and we can all be proud, along with his parents, of Christopher's effort in the 4 x 400m relay at the Commonwealth games.

Dianne and Peter Troode, who have recently moved from Western Australia and purchased Addlestone House B & B, have returned from Melbourne where they saw their 23 year old son, Christopher, competing in the Commonwealth Games. Christopher was a member of the successful 4 x 400m relay team which won a Gold Medal.



*Christopher, pictured left, with his proud parents, Peter and Dianne Troode, and his Gold Medal.*



*Winning Commonwealth Games Gold Medallists in the 4 x 400m Relay.*

*L/r: John Stefensen, Christopher Troode, Clinton Hill and Mark Ormrod.*

Inspired by his love of the sport, and after several years battling injury and illness, Christopher decided 12 months ago to give up his job and concentrate on his athletics.

His dedication and hard work paid off, and as a virtual unknown, he was selected for the Commonwealth Games Team to compete in Melbourne. Previously, Christopher had only competed as a junior, but he is now looking forward to the future and is hoping to be a part of the team for the 2008 Beijing Olympics.

In the meantime, he has returned to Perth where he now combines his training with his part time job as a Fitness Trainer/Gym Instructor.

## St Patricks Head Day Photography Competition

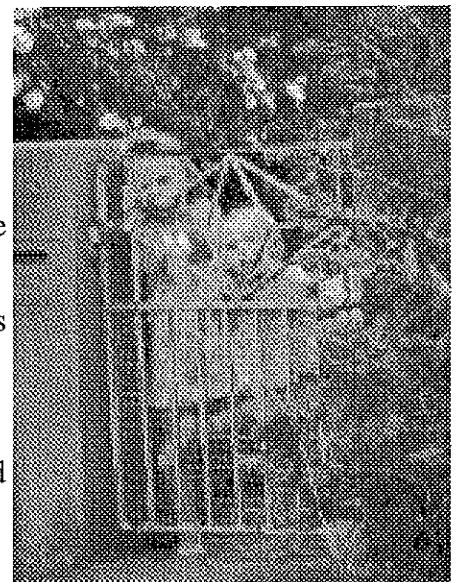
The votes have been counted and this was your 'Peoples Choice'.

Congratulations to Jennifer Heatley for her image 'Waiting for the Postman', and to everyone who entered. It was a close count.

Once again, thank you to all who have helped to make this year's competition a big success.

The photo, right, depicts Maggie and Jane Harriden.

For those who haven't yet done so, your entries may be collected from e.ScApe Café/Gallery.





# Classifieds

## Items for sale

Dark wood, older style, Queen Anne bedhead with dark red velvet insert. Matching side tables with velvet wings, plus winged mirrored dressing table to match. \$450 ono.

Original 1932 Tassie oak plain fire hearth surround. Great condition.

\$30. ono.

3 foot Salt water aquarium, plus stand and full setup. Also top of the range filter. \$550. ono.

Ph: Kim or leave a message. 6372 2267

Bedroom Suite:

Double bed (ensemble) bedhead, 2 side chests, dressing table. In excellent condition. \$350. ono.

Ph: J Kelly, St Marys 6372 2541

Lada Niva 4 x 4, March 2006 Rego.

Goes well. Plus two other whole cars for wrecking. \$1,000. ono the lot.

Ph: 6372 2050

'86 Ford Meteor \$750 ono

Ph: 0419 382 287

Damaged '84 Toyota Corolla sedan. Will restore, or for wrecking. \$100.

Ph: 0427 603 488

Astor fridge, suitable for shack or shed. \$50 PH: 6372 2266

68cm colour TV 'Panasonic' with remote \$200. 1 TV/ video stand, as new. \$15. Contact:

D Floyed, 24 Frank St., St Marys.

Ph: 6372 2176

Double hung window, 3500 x 1200 Excellent condition. \$150

Ph: 6372 2194 (Mon -Fri.)

1986 Barina. Good tyres, goes well 4 months rego. \$700.

Remote control • th scale nitro buggy. Fresh engine. \$200

Ph: 6372 2742 or 0419 322 035

Baby Bath Seat.

In good condition. \$15.00.

Ph: 6372 2846 or 0400 512 845

Full set of Collier's Encyclopedias. 44 books. Very good order. \$80 - lot.

Ph: 6372 2357

1 Victa Viking '96 model MT412T ride-on mower with catcher. Goes well. \$1600. ono.

Ph: Mathinna 6377 1211



## Operation Christmas Child 2006

Last year we received 13,110 shoe box gifts. This was an amazing effort from all who supported this wonderful project and I want to encourage everyone to continue to support Operation Christmas Child 2006.

This year 7 people out of our OCC team in Tasmania, travelled to Thailand, Cambodia and Vietnam on distribution trips, handing out shoe boxes to needy children.

It was wonderful to see the children's faces as they opened their shoe boxes, and to hear their laughter. You certainly make a difference when you pack a shoe box for a needy child.

God Bless, and thank you Tasmania, for the wonderful support you give Operation Christmas Child. On behalf of 13,110 children receiving your shoe boxes. THANK YOU.

Cheryl Cope, Tasmanian State Manager.

East Coast representative:  
Eileen McManus: Ph: 6372 5480

### Please note:

Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday, April 25, 2006.

Classifieds in the Valley Voice are free of charge.

If your articles are not sold after the first entry, we will repeat the ad in the next issue.

Please inform us if your items are sold.

## RATHAB'ZAR

40 Main Street  
St Marys

Ph: 6372 2487

**20% off  
most clothing**

\*Loads of new stock.

\*Jeans, sizes 8 -16  
several styles.

\*Track pants only \$20  
a pair.

\*We are introducing a  
line of classy casual  
and evening wear.

\*Heaps of new jewellery.

\*Hand crafted leather.

\*Body jewellery.

\*Essential & Fragrant  
oils.

\*Living art.

\*Heaps of reading  
matter.

**Check out our gallery**

## Wanted to buy

Logs. Suitable for firewood.  
Ph: 6372 2107

7 piece dining setting.

In good condition.

Ph: 0400 512 845



### DO YOU WANT TO TRY MOTOCROSS??

The East Coast MX Club are holding a

**"COME 'N' TRY DAY"**

At their Bar 20 track, St Helens

on

**EASTER SATURDAY, April 15,**

This is a FREE day, and any Fees/Licences needed will be  
Supplied by Motorcycling Australia.

Great opportunity for young riders to have a try, to see if they like  
**Motocross.**

For more information please phone Anne on A.H. 6376 1380



## A LITTLE BIT OF HERITAGE: by Jim Haas.

Last week I came across an old edition of The Valley & East Coast Voice dated Friday the 29<sup>th</sup> May 1970. It was, in fact, printed on the Voice's second birthday.

The front page headlines were "The Avoca Shoot". This, of course, referred to the Avoca wallaby shoot, an annual event organized by the Avoca Football Club to raise funds for the club and at the same time cull the wallabies which were in plague proportions on properties in the Avoca area.

Hundreds of shooters would converge on Avoca each year where they would pay an entry fee to the footy club, head into the hills and if we believed the headlines in many mainland papers "mass slaughter would take place" and as the VV report said: "If nothing else, this shoot has, each year, brought quite a deal of fame, or, more to the point, notoriety, to this otherwise sleepy Fingal Valley town and especially to the Avoca Football Club who runs it."

One deputation that approached Tasmanian Senator Reg Wright using words like: cruelty, inhumanity, sadistic and indiscriminate, in relation to the shoot, lobbied him to organize a party to shoot the Avoca Football team. These people, however, were completely out of line and lacking in facts, because the Tasmanian Animal and Birds Protection Board along with the R.S.P.C.A. condoned the shoot as a necessary culling program.

Both of whom saw the shoot as being well organized and a far better alternative than other culling methods such as 1080 poison, where all animals and birds are threatened and the carcasses left to rot. Whereas in selective shooting, only plague animals are targeted and the meat is either taken by the shooters or given to charity.

But at the end of the day, animal lovers got their way; the shoot was stopped and Avoca Football Club folded soon after.

In "Heritage Corner" a report was given on well known visitors to the Break O' Day area in the nineteenth century, one of whom was notorious bushranger Martin Cash who, as a "Ticket of Leave Convict" came and worked as a dairyman on a property near Cullenswood, for a year in 1837.

In "The Eye of the Law", concern was shown in a number of vehicle accidents in recent weeks and the seriousness in which the police take such occurrences, particularly where the consumption of intoxicating liquor is consumed by those involved. The report went on to say that the Government had been reluctant to introduce random breath testing, however, the appalling road toll this year, could well be the turning point for the introduction of such measures.

Complaints to the local Fingal Council were quite prevalent back in 1970; Germantown Road was nothing but a slush heap, pot holes at Mangana, Mathinna, Avoca and Rossarden were overdue to be filled, and the St.Marys tip was in a shocking state, with one writer, obviously female, calling for a woman on Council to straighten it out.

At a meeting of the St.Marys District Progress Association on Monday 26<sup>th</sup> May, Mr. Ron Clarke, manager of the Tasmanian Tourist Council said: "Tourism has the potential to become a new and thriving industry for the Fingal Valley". (We're still working on that one.)

In football notes by "One-eye", the Fingal District Football Association ladder after six rounds was: Fingal 16, St.Helens 16, St.Marys 16, Avoca 4, Rossarden 4 and Swansea 4. "One-eye" reported the match against St.Marys and Swansea the week before was a thriller with St.Marys scraping in by the narrowest of margins. Best players for St.Marys Tigers were: Kevin "Mattie" Leedham, Bob Bye, Tim Wardlaw, Des "Digby" Hayes, Mick Currie, David Dean, Wayne Morris, and Dale Wright's last quarter effort was amazing. For Swansea: Fry, Press, Singline, Amos, Hugo and Cusick were all solid players.

Congratulations were given to Mattie Leedham for winning the Channel 9 handball competition, and a note of regret for the death of long time Association President and St.Marys businessman, Joe Wilson.

Also in sport, best wishes were extended to John Schier, of Falmouth, the Junior Tasmanian Steeplechase Champion, in his attempt to win the Australian Championships in Brisbane.

"Valerie" Voice, the educated, intelligent member of the VV team, who had all the answers, was asked by an ardent reader what she could do about her boyfriend who looked like a "loose rubber mouth" after losing his teeth and refusing to get false ones.

"Valerie's" sophisticated answer was: "Smack him in the mouth and drop him"!!!

Congratulations Valley Voice you are almost forty and like all of us, getting better with age.



## AT THE FRONT

By Slouch Hat

The St Marys R.S.L sub branch Treasurer has resigned from this position as he is leaving the area. We wish John well and he said that he will still remain a member of this Sub Branch. Wendy will take over from John as treasurer.

ANZAC day is not too far away and the dawn service has been organised and we hope to see the old faces and some new ones this time. The Sub Branch is running a competition through the St Marys School. The entries have been collected and judged by a group representing the RSL. The winning essays will be read at the 11:00am ANZAC service. The winning painting and essays will be put on display at the Post Office and Escape Gallery Cafe.

A special mention for an original idea from John Webb. His hand painted bowl came within a whisker of taking the art prize. Well done John.

The Sub Branch is working with the Cornwall Community Group to replace the lost pine trees that were planted honouring the area's troops. It is hoped that this will be completed by Remembrance Day this year.

The Slouch Hat was asked a question from a lady in Evandale and as at the time of writing Slouch Hat has not been able to uncover the answer. The question is "What is the exact date that the RSL sold the hall. " If anyone can answer this I am sure that the lady in question would be grateful.

The Sub Branch would like to thank the Break' O' Day Woodcraft Guild for the beautiful hand turned salt and pepper mills. These will become part of a raffle in the upcoming months.

### **Out of the Woodwork, by Reon Johns, President. Ph: 6372 2094**

I must have had a senior moment last week, as I forgot to change the date of the next meeting. However thanks to Judy's keen eye this mistake was picked up and corrected. Moment number 2, I advised that the working bee would be on the next Wednesday when in fact it was on last Wednesday. Col was quick to let me know. Well done mate.

Last August the Guild decided to have a "Back to the Valley Day" with all sorts of things to happen in the St Marys area. Well this is in the planning stages. So keep your eye out for more information as it comes to hand.

We have been trying to get the electrician to wire up the shed, but he is busier than a bee in a bottle, so this project keeps getting put on the back burner.

I had a call from a man in Scamander inquiring about the logo competition seems that word of this competition is spreading far and wide.

Here are the rules again for the Guild's logo competition.

1. The design must be on A4 paper.
2. Must be in black and white.
3. Must contain the words "Break'O'Day Woodcraft Guild Inc."
4. The Guild reserves the right to change or alter the winning design.
5. All entries remain the property of the Guild.
6. The competition is open to anyone.
7. You can enter as many times as you like.

All entries can be lodged at the e.ScApe Café. Make sure that you have your name, address and telephone number on each entry.

This competition will close on the 1 July 2006 and the winner announced in the following issue of the Valley Voice. Good luck at all who enter.

The next meeting is Saturday April 29 at 4-00pm in the Goods Shed behind the St Marys Railway Station.

REMEMBER START TIME IS 4 pm

**e.ScApe**  
Tasmanian Wilderness Cafe Gallery

GOOD FRIDAY 4PM

**'EMERGING WILD'  
JOHN GYPSY McCOLL**

The much anticipated first Tasmanian  
exhibition of St Marys sculptor

Renowned in Victoria for his monolithic wood sculptures  
which grace

Apollo Bay's foreshore on the Great Ocean Road.

Featuring live music from  
The Grassy Bottom Singers  
EO Greensticks

Soliloquy

With poetry from the Bohemian Bards

**e.ScApe - Tasmanian Wilderness Café Gallery**  
21 Main Street St. Marys 6372 2444

## Letters to the Editor

### SPRAYING WITH AGRICULTURAL AND OR OTHER POISONS WITHIN RESIDENTIAL AND PUBLIC AREAS.

The above title has been the writer's concern for nearly eight years now and still nothing has changed. This is the tyranny of Government, my dictionary says, "democracy, a form of Government for the people by the will of the majority of the people (based on the conception of the equality of man), so I would ask, do we not have this equality? And do the majority of the population wish to have their children, themselves and their properties sprayed with agricultural chemicals?

I do not remember this question going out to the people in a Referendum. Has a Referendum been done, can anyone enlighten me? I for one cannot see any parent within the community agreeing to having these chemicals within residential and public areas.

Just last week, Thursday 30<sup>th</sup> March, 2006, Equity Labour Services, no doubt contracted to DIER for the spraying of road verges were seen spraying the blackberries around the bridge, known as the school bridge on Gray Road, and this at a time when the children were on their way to school. Persons were seen picking these same berries and eating them during the same day of spraying. Also this is above and around a waterway, i.e. St. Marys Rivulet. People and cattle take water from this stream further down beyond the bridge. Apparently the Department has no concerns re contaminating water courses within Tasmania.

No notices had been placed alongside the roads, nor at both ends of Gray Road indicating that spraying was in progress. As far as the writer knows, the school was not contacted before this spraying was to take place, as the mothers who saw this dastardly operation underway were appalled and unaware, as no notices had been issued from the school either. How could the school inform the parents if they themselves were not informed?

Over the years I have been lobbying all and every Politician I can think of, at all levels of Government, to take up this issue of spraying within residential and public areas, and sadly I have to say there is not one Politician who has taken this issue up in the Parliament. Mr. David Llewellyn did place my letters on the table in Parliament, which means they are listed in Hansard but nothing constructive has come of it as is obvious, as spraying is still going on in residential and public areas with little regard to public health.

I ask, does Government have a Memorandum of Understanding with the large chemical companies such as Monsanto etc for the continued use of these poisonous products within Australia? It would seem so and that the money involved is of more importance than the population of Australia. They also told us that DDT was safe and what did they find out later? Has there been a study of all persons handling DDT at that time and what are the on-going health issues attached to DDT use? It would seem from this issue of continually poisoning the population that the population is the most disposable commodity Government has.

Would/ or could someone out there please be so kind as to answer some questions for me. As all are aware, those handling these chemicals have legislation, regulations and guidelines and O. H and S, as to the handling of these same chemicals for their own safety, and these would not be necessary if these chemicals are not poisons, yet we the general public and our children go unprotected against these poisons. As I have been informed on many occasions from those in authority, these poisons are perfectly safe to be sprayed in residential and public areas, so I ask, how is this, if these poisons are to be handled with the greatest of care by the contractors etc? One year I was even told by a contractor that these chemicals are perfectly safe to spray over the public, even though he had been informed as to his own safety issues in the handling of these same chemicals. What is the standard of education for contractors and or any other persons handling these chemicals for any level of Government?

Someone may be able to answer this.

1. When does a poison become not a poison?
2. Is it at the time of preparation, i.e. with the addition of water?
3. Is it on application that it is no longer poisonous?
4. Is it the size of the droplets that make it non-poisonous?
5. Or maybe it is when the wind disperses it that it is no longer poisonous.

I would be most grateful to hear from someone in authority who can give an answer to the above questions, which would be acceptable to the whole community and to the concerned parents.

Another concern of mine is, are we the general public to be sprayed so that the cancer crisis continues into future generations, for it is most obvious to all that the Medical Fraternity are handling tremendous amounts of money in their efforts to cure those with cancer. Yet the incidence of cancer continues to grow. This is a great money spinner for the Medical profession at large, so that a certain number of Medical practitioners can earn some \$4,000.00 a day and only work 2 days a week. The writer sees this as a disgusting impost on society as a whole, whether the money comes from Medicare, Government Funding from other than Medicare or private pockets.

Or are our Tasmanian authorities saying that agricultural poisons and poisons sprayed into and onto the environment and people are not carcinogenetic, even though the greatest scientific minds throughout the world who are doing the research are saying differently. The onus should be on Government to prove to the population that no harm whatsoever can come from the spraying of these chemicals, not the other way round.

*Con'd next column ►*

## Letters to the Editor

*Con'd from previous column*

None of the Codes of Practice at present available in Tasmania, either protect the public or their properties from spraying or drift from sprays, either by aerial or ground spraying.

It is the writers understanding that if the Codes of Practice have not been entered into Ministerial Orders then they are not mandatory. I ask are the Codes in Ministerial Orders? And if not why not? Where is the protection? It is far too late once the incident of poison contamination has occurred. Where is the O. H and S service for the general public for protection before spraying occurs? What is required is a "Chemical Trespass Bill" yet the Government is loath to have this on the table for debate. Why is that?

If anyone out there feels or knows that they have experienced adverse effects from chemicals, or may do at a future date due to having been sprayed or unknowingly have eaten fruit which has been sprayed under a Government Department's orders to a contractor, then please report your concerns to the following address:-

Dr. Timothy M. Dyke,  
Program Manager,  
Quality Assurance and Compliance, APVMA,  
P.O. Box E240, Kingston, ACT 2604

Perhaps the general public could get a class action together and take a Public Liability claim against all levels of Government. This would be the only way to protect those precious children whom we have in the community today, thus avoiding a repetition of the DDT debacle. Everyone of us within the Community must be effectively engaged with Government at all levels as to that which the community requires from Government. Do we really in truth wish for any child to be sprayed or to eat blackberries which have been sprayed on the roadside verges where they attend school.

PATRICIA O'DONNELL (Mrs.)

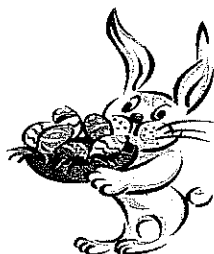
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e.ScApe Café

Three cheers for Anthony and Rod of the Escape Café for having the vision to introduce the St Patrick's Head photography competition. It has not only generated interest in the community but has also brought many locals together who pursue a common interest. I think they also deserve recognition for donating their gallery space at no cost.

Many thanks

Wendy Brennan  
St Marys.



"The Say,

As much as we love St Marys, there is one thing that we can not understand. WHY isn't there any house numbers painted on the kerb in front of every house?

I grew up in a small town in NSW, and we had numbers on the kerb right next to every driveway, in iridescent paint.

We moved here 4 years ago, and in that time, with renovating our home, appointments etc. it has been a battle trying to find people that we had to see.

We have had a huge amount of people that has stopped to ask "where does such and such live, we can not find the street number".

What about all the new volunteers, fire fighters, ambulance drivers, Dr's etc. etc. etc. when they get called out. No one knows where people live.

Just by the council painting your house number on the kerb **COULD SAVE YOUR LIFE.**

Kim Watkins

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The Say,  
STUNT DRIVERS WANTED

These few major renovations for St Marys Pass will only make it more dangerous.

What we have been told, is, the pass is only going to be resealed. What a huge waste of time and money. Does anyone know when this is really taking place? We have been told the 3rd of April, now it seems that it's not until May.

Don't you think we have the right to be warned well ahead of time about any major works that will take place? Instead of finding out that the road is closed when you head off for that appointment to St Helens etc.

Have you seen the very rough resealing job that was done between the pass and Scamander? You can tell it was done in a hurry. They have made the road more narrow by not sealing right to the edge of the existing tar. So not only is it narrower, but there are large drop off points.

If your car wheel happens to go over, you are in trouble, or you will do some damage to your vehicle. Who will pay for that?

Since the pass will be closed for a while, wouldn't it make more sense to take out some of these very dangerous, blind corners, and widen the road? **It can be done**, and considering this is the main road to the coast, it is appalling.

One more thing that could be done, is to put a much wider and straighter road over the very top of the pass. What a beautiful view you must have from there, and with nice landscaped picnic areas it would be a great drive. And you never know, more people might come this way.

Kim Watkins.



## C & D EXCAVATIONS



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St Marys 7215



**John Heron**  
30 years  
experience  
ACA Licence

### Scamander Beach Surf Shop

6 Lagoon Esplanade  
Scamander

Ph: 6372 5529

Scamandersurf.com

Bathers Wetsuits  
Clothing Footwear  
Bodyboards  
Watches Jewellery DVD's

#### Surfboards:

Milch McTavish  
Surftech G'Boards Bic

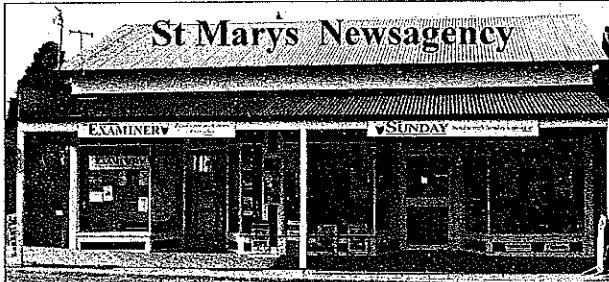


### Bay Surf Shop

2 Pendrigh Place  
St Helens

Ph: 6376 1755

## St Marys Newsagency

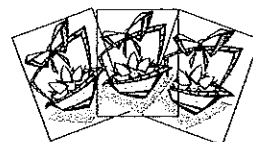


### HAPPY EASTER

Phone: 6372 2143

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OPEN 8AM - 11AM GOOD FRIDAY

GLOSSY PHOTO PAPER  
WAS \$9.99 - NOW \$3.99

Don't forget the.....

COKE ICE CREAMS

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### CONTACT:

33 Burnett St, New Norfolk 7140

Phone: (03) 6261 8048

Fax: (03) 6261 8047

### E-mail:

greens@parliament.tas.gov.au

**www.tas.greens.org.au**

Authorised by Tim Morris MHA,  
Parliament House, Hobart 7000.

# ST MARYS COMMUNITY HEALTH CENTRE

## GP ROSTER- ON CALL: 6372 2111

Please phone the after hours number for the doctor on call.

Medical Emergencies phone: 000

The Ambulance on:

1800 008 008

GP Assist on:

1300 780 011

## EASTER SURGERY HOURS

THURS 13/4	<u>DR LOEFFLER ONLY</u> - ON CALL
<b>GOOD FRIDAY</b>	<b>NO SURGERY</b> <u>NO</u>
<b>MONDAY 17/4</b>	<b>NO SURGERY</b> <u>DOCTOR</u>
<b>TUESDAY 18/4</b>	<b>NO SURGERY</b> <u>ON CALL</u>
WEDNES 19/4	NORMAL SURGERY
THURS 20/4	NORMAL SURGERY
FRIDAY 21/4	<u>DR LOEFFLER ONLY</u>
<b>TUES 25/4</b>	<b>ANZAC DAY</b> <b>NO SURGERY</b>

## FAMILY FUN GOLF DAY

The staff from the St Marys Community Health Centre extend a **HUGE THANK YOU** to everyone involved in our Family Fun Day.

The Local Businesses who generously donated prizes

The St Marys Golf Club Committee for their participation and help with running the day.

To all the players (over 60!) who braved the weather congratulations!

The bar staff, salad makers, BBQ cooks and those who helped in the Kitchen.

Around \$800.00 was raised on the day and the money will be put towards purchasing a portable bath for the centre.

Hopefully next year the sun will shine, the wind won't blow and we'll get the prize mix right!

## 'WHAT'S ON AT THE CENTRE'

- 13 April Weight Loss with Laughter Therapy  
2pm-4pm, please phone Helen Jennings for further details on 6372 2111
- 14 April Physiotherapist, 10am-11am
- 14 April Alcoholics Anon (AA) Holy Trinity Church St Marys at 8:00pm.  
Please phone 6372 5026 for details.
- 19 April Laurel House Counsellor 10am-2pm  
Margaret. Phone 6334 2740 for appointments
- 19 April Alcoholics Anon (AA),  
Anglican Church St Helens at 8pm every Wednesday evening. Phone 6372 5026 for further details.
- 20 April Laugh It Off Weight Loss Course with Helen Jennings. 2-4pm Fees apply.  
Please phone Helen on 6372 2111 for further details.
- 21 April Physiotherapist, 10am-11am and Weights Class with David Watkins
- 21 April Alcoholics Anon (AA) Holy Trinity Church St Marys at 8:00pm. Please phone 6372 5026 for further details.
- 24 April Lymphoedema General Meeting (TLC)  
10am in the Day Room
- 25 April Child Health Clinic 9am-12noon, with Lorriane McGee. Afternoon appointments are available by phoning 0428 136 381
- 26 April Alcoholics Anon (AA),  
Anglican Church St Helens at 8pm every Wednesday evening. Phone 6372 5026 for further details
- 27 April Laugh It Off Weight Loss Course with Helen Jennings. 2-4pm Fees apply.  
Please phone Helen on 6372 2111 for further details.

## FLU VACCINATIONS AVAILABLE

If you are 65 or **over** make an appointment at the Centre for your Flu Vaccination. If you are **under** 65 make a doctors appointment to collect a script.

\* Indigenous Australians 50+ free script.

Information on this page was submitted by:

St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215



## What's On In St Marys

Contact Rod on 6372 2444 or SMACD to add your event to the calendar


<i>What</i>	<i>Date</i>	<i>Time/s</i>	<i>Where</i>	<i>Who</i>
Exhibition Opening – John McColl	Friday 14/4/06 'til 15/5	4.30pm – 10pm	e.ScApe Gallery	John McColl
ANZAC Day Services	Tuesday 25/4/06	Dawn & 11am	St Marys Cenotaph	St Marys RSL
Classic Car Show (Targa)	Thursday 27/4/06	10am – 2pm	Faulkner's Green St Marys	SMACD
Makers & Growers Market	Saturday 6/5/06	9am - noon	St Marys Town Hall	Grassy Bottom
“Exotica” Quilt Exhibition	2 – 26 <sup>th</sup> May '06	11am – 4pm	Gone Rustic Gallery	Grassy Bottom Regional Arts
Makers & Growers Market	Saturday 3/6/06	9am - noon	St Marys Town Hall	Grassy Bottom
Winter Solstice	Saturday 17/6/06	4pm – 8pm	St Marys Recreation Ground	Grassy Bottom Regional Arts
“The Knitting Room” Exhibition	3 – 30 <sup>th</sup> August	11am – 4pm	Gone Rustic Gallery	Grassy Bottom Regional Arts
“Quilt the Blues” Exhibition	5 <sup>th</sup> – 28 <sup>th</sup> Sept.	11am – 4pm	Gone Rustic Gallery	Grassy Bottom Regional Arts
Maypole Festival	Saturday 4/11/06	10am - onwards	Faulkner's Green	Grassy Bottom Regional Arts
Lions Christmas Parade	Sunday 24/12/06	TBA	Main St St Marys	Lions Club, St Marys
St Marys Pacing Cup	31/12/06	(afternoon)	St Marys Racecourse	St Marys Pacing Club

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## MEALS ON WHEELS ROSTER

April	St Marys	Fingal
Mon 17th	Debbie Barnes	Shirley Parker
Tues 18th	Pat O'Donnell	June Hall
Wed 19th	B & B McAllister	Susan Woods
Thurs 20th	Yvonne Salter	Lynda Bean
Fri 21st	Claire Bean	Mim Woods
Mon 24th	Trish Pike	Karen Lohrey
Tues 25th	Pam Lynch	Tom Brady
Wed 26th	Ruth McGiveron	Patsy Death
Thurs 27th	Gail Gamble	Prev Mills
Fri 28th	Geoff Herrmann	Christine Woods (S)

### Church Services

#### Catholic Parish of St Marys Sr. Helen Hickey,

Parish House. Ph: 6372 2252  
Mob: 0427 055 963

#### 1st Week: MASS

St Helens Vigil 6.00pm  
Bicheno 9.00am  
Fingal 11.30am  
Campbell Town 5.00pm

#### 2nd Week LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

#### 3rd Week: MASS

St Helens Vigil 6.00pm  
St Marys 9.00am  
Swansea 11.30am  
Campbell Town 5.00pm  
Bicheno LITURGY 9.00am

#### 4th Week: LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

#### 5th Week: MASS

St Helens Vigil 6.00pm  
Bicheno 9.00am  
St Marys 11.00am  
Ross 5.00pm

#### Anglican Parish of the Northern Midlands

Services each Sunday  
Avoca 8 am  
Fingal 10 am  
Mathinna 2nd & 4th  
Sunday monthly at 11.30am  
**Daily Office Reading**  
Avoca Tuesdays 10 am  
Fingal Tuesdays 12 noon  
Ross Wednesdays 10 am

#### Anglican Parish – St Helens

Ph: 6376 1144  
St Helens Every Sunday  
8 am and 10.30 am  
**Kanga Sunday School**  
10.30 am – 12 noon every  
Sunday for children 5 – 12  
yrs

St Marys 10 am  
(No service 5th Sunday)  
Pyengana 7.30 pm

#### 5th Sunday months only

#### Break O'Day Uniting Church

The Manse St Helens  
Ph: 6376 2405

St Helens 9.00 am  
Fingal 11.15 am

#### Seventh Day Adventist

Hodgeman Street Scamander  
Sabbath School 10 am  
Divine Service 11 am

## Easter Service Times Anglican Parish of St.Helens

Please be advised as listed below.

13/4 7.30pm Maundy Thursday at **St.Helens** church  
14/4 9.30am Good Friday at **St.Marys**  
9.30am Good Friday at **St.Helens**  
15/4 7.30pm Easter Eve (Saturday) at **Pyengana**  
16/4 6am Dawn Service at **Binalong Bay**  
on the Beach  
8am Easter Day at **St.Helens**  
10am Easter Day at **St.Marys**  
10.30am Easter Day at **St. Helens.**

Carole Withers for the Anglican Parish.

## Easter Ceremonies

### **St Marys Catholic Parish East Coast**

Holy Thursday **Campbell Town** only Mass 7.00pm

Good Friday **St Helens**

Stations of the Cross 10.30am  
Celebration of the Lord's Passion

3.00pm

#### **St Marys**

Celebration of the Lord's Passion

3.00pm

#### **Swansea**

Stations of the Cross 11.00am

Holy Saturday **St Helens**

Easter Vigil Mass 6.00pm

Easter Sunday

#### **St Marys**

Mass 9.00am

#### **Bicheno**

Liturgy of the Word  
with Communion 9.00am

#### **Swansea**

Mass 11.30am

Reconciliation **St Helens** Good Friday 10.00am

#### **St Marys**

Good Friday (after 3.00pm Ceremony)

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## The say by Cagerattler

Footy: That other religion practised at Easter by so many devotees. Or it used to be.

As we all know, a few seasons ago the dear old Tigers went into recession at St Marys. The seasons pass, and it seems less and less likely that they will re-form. Why would you bother anyway?

This week I was browsing through the southern paper and came across a story about the Ross Football Club, which is continuing in the O.F.D.A., now consisting (Ross included) of four clubs.

In their first two games they have had well over 400 points kicked against them, whilst scoring a solitary point themselves in the first game.

This said, however, their President, a 51 year old player also, was quoted as saying that they must keep going, simply because if they don't, the O.F.D.A. will go under as well. Last week they started with 16 players and finished with 15, as a broken leg occurred. Good luck to them, and hopefully soon they'll get a couple of extra players from somewhere.

Does all this sound familiar? It sure does to me. Remember about 13 years ago when the century old F.D.F.A. fell over, as teams gradually dropped out, leaving the rest to re-arrange into other comps? We aren't alone either. Several other comps have become defunct, especially over the past quarter century.

Once again, good luck to Fingal, as the sole Fingal Valley Club at the moment, but I'd suggest that as time goes on, fielding teams might become harder and harder to do.

When we were growing up, just about every town had their local seniors, reserves and thirds, or a mini-league. If you wanted to play footy, you could.

Why is it then, that this is happening, probably Australia wide? What can the major senior bodies do to strengthen grass roots footy, and encourage clubs to continue, or re-form. Is it purely a money issue, with the ridiculous amount of costs for insurance and administration fees?

Where does the AFL and AFLTas stand on country football support, or is footy to become a high end of town game as the years go by?

I'd strongly suggest that there is a desire to see footy played all over, judging by our own local Auskick comp.

Take yourself over to the oval on a Sunday morning and watch the little tackers taking part. Also watch the incredible efforts of the St Marys Committee, the parents and many other keen observers, and you'll see what I'm talking about. It restores your faith in local football to a degree. Congratulations to you all.

Then you think this. For many of these kids, footy will become a distant memory after Auskick, because there are less and less teams for them to join after they become too old for this basic form of the game.

Perhaps some of our high falluting senior football officials should think about that, when sitting at Aurora Stadium, Telstra Dome and the MCG.

What do you think?

*Easter greetings to all.*

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## Internet filtering companies offer free trial across Tasmania.

'Every Australian has a fundamental right to access the Internet free from pornography and extreme violence'.

On Wednesday this week at the Hotel Grand Chancellor in Launceston, United States based filtering company **Rulespace** and Sydney based company **Internet Sheriff Technology**, attended a media conference to reveal how they have agreed to trial a free program to block internet pornography across all of Tasmania.

The trial is a first in Australia to cover both public and private internet usage. If it is successful, Senator Guy Barnett will lobby for Internet Service Provider filtering to be implemented across Australia – guaranteeing every Australian access to the internet free from pornography and extreme violence.

The pilot would start mid-year for up to six months. Last November, Senator Barnett authorised a letter to the Prime Minister on this issue, co-signed by 62 of his Coalition colleagues.

### Tasmanian Lymphoedema & Laser Centre Inc. Operating from the St Marys Community Health Centre

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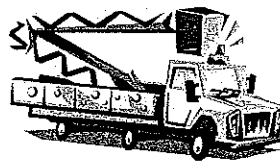
Email: [tlcstmarys@hotmail.com](mailto:tlcstmarys@hotmail.com)

[www.taslymphoedema.asn.au](http://www.taslymphoedema.asn.au)



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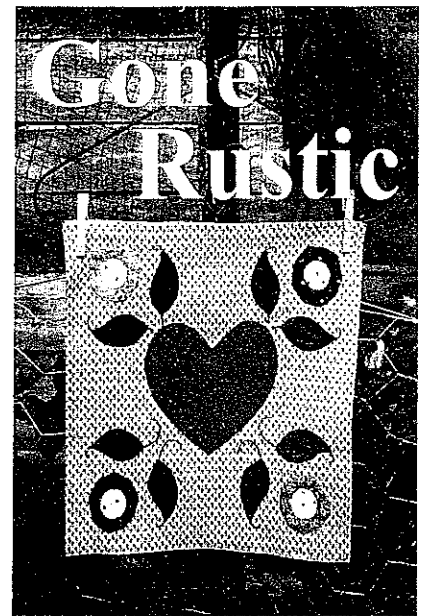
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### Contacts for Valley Voice.

Fax: 6372 2172

PH: Judy: 6372 2155

Email: [j.spilbury@tassie.net.au](mailto:j.spilbury@tassie.net.au)

Accounts: Mary: 6372 2328

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St Marys Tas 7215

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Classifieds: **25 words or less: free.**

Community notices: free

Small ads. Garage sales etc. \$8,

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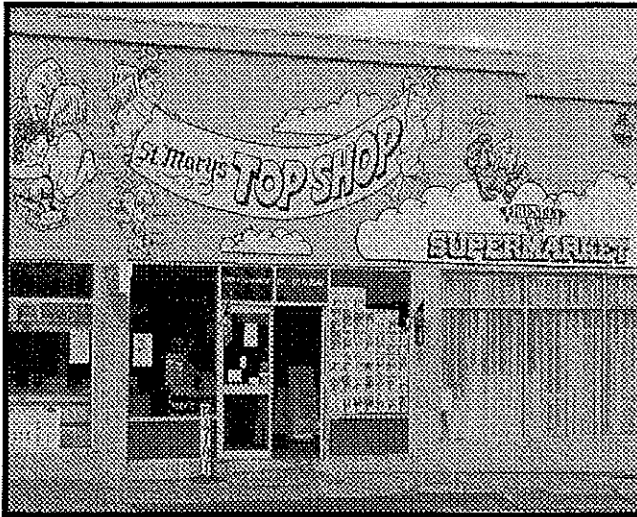
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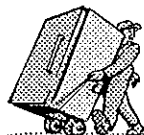
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POLISH DIVORCE

A Polish man moved to the USA and married an American girl.

Although his English was far from perfect, they got along very well until one day he rushed into a lawyer's office and asked him if he could arrange a divorce for him - "very quick."

The lawyer said that the speed for getting a divorce would depend on the circumstances, and asked him the following questions:

LAWYER: "Have you any grounds?"

POLE: "JA, JA, acre and half and nice little home".

LAWYER: "No, I mean what is the foundation of this case?"

POLE: "It made of concrete".

LAWYER: "Does either of you have a real grudge?"

POLE: "No, we have carport, and not need one".

LAWYER: "I mean, what are your relations like?"

POLE: "All my relations still in Poland".

LAWYER: "Is there any infidelity in your marriage?"

POLE: "Ja, we have hi-fidelity stereo set and good DVD player."

LAWYER: "Does your wife beat you up?"

POLE: "No, I always up before her".

LAWYER: "Is your wife a nagger?"

POLE: "No, she white".

LAWYER: "WHY do you want this divorce?"

POLE: "She going to kill me".

LAWYER: "What makes you think that?"

POLE: "I got proof".

LAWYER: "What kind of proof?"

POLE: "She going to poison me. She buy a bottle at drugstore and put on shelf in bathroom. I can read, and it say, 'Polish Remover'".

**Nutrition Facts**

1. Japanese eat very little fat and suffer fewer heart attacks than the Aussies, British or Americans.
2. Mexicans eat a lot of fat and suffer fewer heart attacks than the Aussies, British or Americans.
3. Africans drink very little red wine and suffer fewer heart attacks than the Aussies, British or Americans.
4. Italians drink large amounts of red wine and suffer fewer heart attacks than the Aussies, British or Americans.
5. Germans drink a lot of beer and eat lots of sausages and fats and suffer fewer heart attacks than the Aussies, British or Americans.

**CONCLUSION**

Eat and drink what you like. Speaking English is apparently what kills you.

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# Swimming Carnival

On Wednesday, 22nd March grade 7 to 10 had their swimming carnival. It started off as a rainy day and was close to being postponed to a different day but it soon cleared up and we were soon back on track. We were all pumped and ready to start the relay which really got our blood flowing for the rest of the events lined up for us.

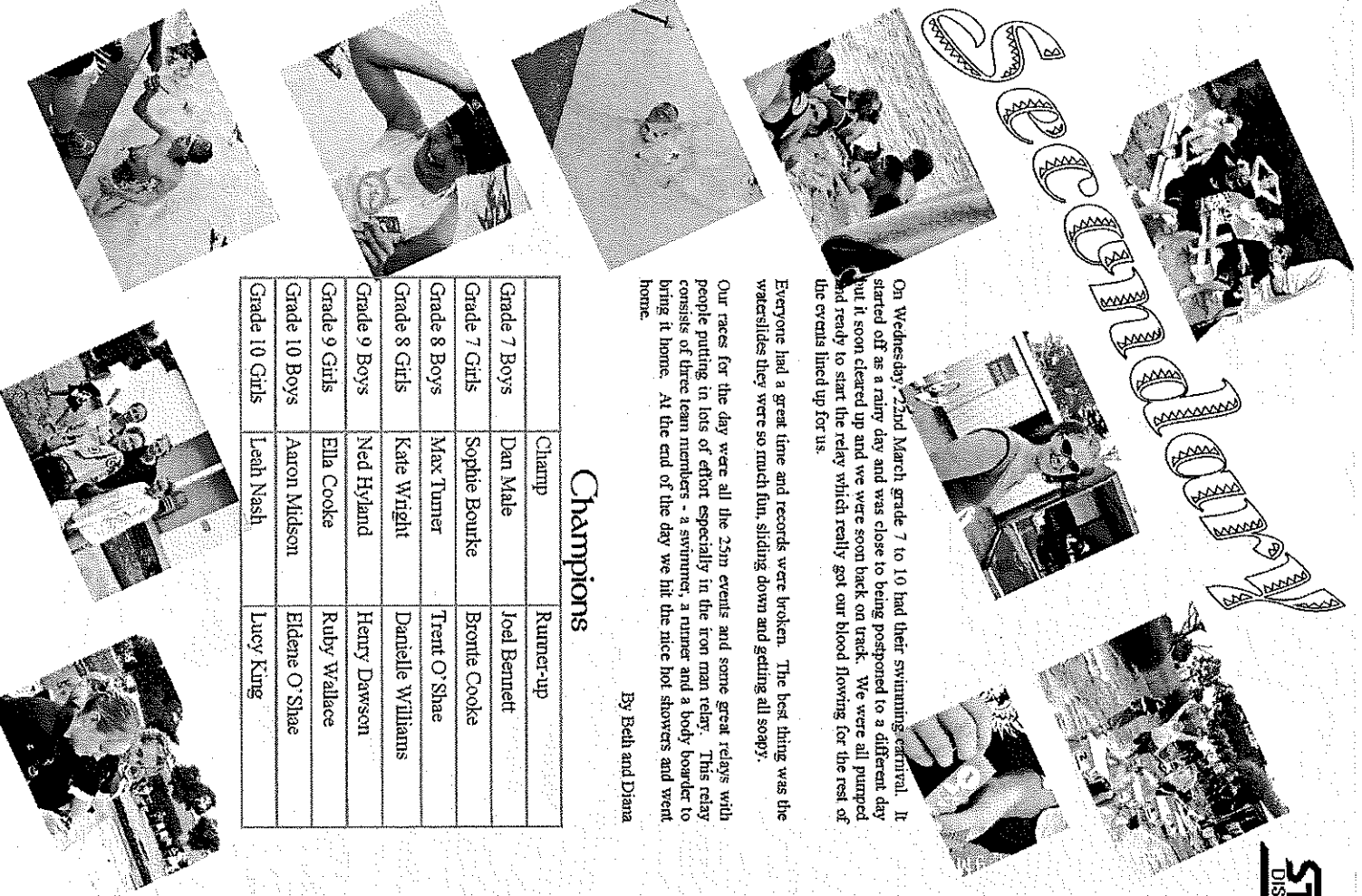
Everyone had a great time and records were broken. The best thing was the waterslides they were so much fun, sliding down and getting all soapy.

Our races for the day were all the 25m events and some great relays with people putting in lots of effort especially in the iron man relay. This relay consists of three team members - a swimmer, a runner and a body boarder to bring it home. At the end of the day we hit the nice hot showers and went home.

By Beth and Diana

## Champions

	Champ	Runner-up
Grade 7 Boys	Dean Male	Joel Bennett
Grade 7 Girls	Sophie Bourke	Bronte Cooke
Grade 8 Boys	Max Turner	Trent O'Shae
Grade 8 Girls	Kate Wright	Danielle Williams
Grade 9 Boys	Ned Hyland	Henry Dawson
Grade 9 Girls	Ella Cooke	Ruby Wallace
Grade 10 Boys	Aaron Midson	Eldane O'Shae
Grade 10 Girls	Lesh Nash	Lucy Kung



## New Records

### Grade 7 Girls

- 25m Butterfly Bronte Cooke 18.64
- 50m Freestyle Sophie Bourke 36.87
- 50m Backstroke Sophie Bourke 48.24

### Grade 8 Girls

- 25m Backstroke Kate Wright 19.91
- 50m Freestyle Kate Wright 36.88
- 50m Backstroke Kate Wright 47.08

### Grade 8 Boys

- 25m Freestyle Max Turner 14.14
- 50m Breaststroke Max Turner 44.05
- 50m Freestyle Max Turner 33.37

## House Points

- 1st Dalmain 773
- 2nd Blackwood 610
- 3rd Duncan 583

# Swimming Carnival



# State Inter-high School Surfing Competition

On Monday 20th March a group of young, fit, elite St Marys District High School students went to a big surfing competition at Clifton Beach, Hobart. It was a long hard day and in the end our school came away with two winners in their divisions. They were Sophie and Matthew Bourke who won their 1st division events. Other credible performances were by Jessica Heron who came 4th in her final and by semi-finalists Ruby Wallace and Rhys Pitstock.

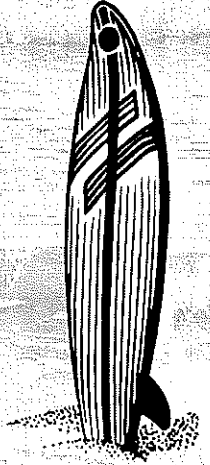
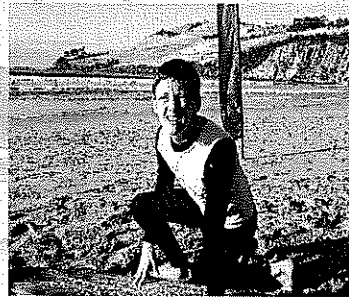
Shaun Cannon made the quarter finals but was unfortunate to break his board during the event. Hazel Buchhorn, Fern Menogue, Allie Spilsbury and Christa McColl also performed well for the school.

These results were great for a school of our size and helped us come 2nd over all, to Collegiate College, in the girls section.

We would like to thank the parents who helped with transport and running the competition on the day.

Hopefully, next year we can do even better with many more students participating.

By Christa McColl, Allie Spilsbury and Emma Spilsbury



## April/May 2006

Mon	Tue	Wed	Thu	Fri
10th Apr. •	11th Apr. •	12th Apr. • Miners Sports Meeting • Soccer training	13th Apr. • N.E.E.T. Social Function	14th Apr. • GOOD FRIDAY
17th Apr. •	18th Apr. •	19th Apr. •	20th Apr. •	21st Apr. •
24th Apr. • STUDENT FREE DAY	25th Apr. • ANZAC DAY	26th Apr. • Back to school • Soccer Training • POOL CLOSES	27th Apr. •	• 28th Apr. •
1st May. • Primary Assembly 11am • St Marys Pass Closed	2nd May. • Primary Sports Afternoon • Dental Service • St Marys Pass Closed	3rd May. • Next Newsletter • Soccer Training • St Marys Pass Closed	4th May. • St Marys Pass Closed	5th May. • Dental Service • St Marys Pass Closed

## St Marys Netball News

### Results for Saturday 1 April

#### Division 1

The Div 1 girls welcomed three new players to their team this year and kicked off the season with a strong 47-34 victory against East Coast.

#### Division 2

A thumping 54-9 victory against an under strength Georges Bay side. The girls are playing some fantastic netball with all players contributing. Congratulations to Emma Spilsbury being elected Captain for the year, and Danielle Williams elected Vice Captain.

#### Division 3

The girls are learning quickly but went down to the strong Surfside team 36-27. It's good to see them training hard and no doubt their first win won't be far away.

### Results for Saturday 8 April

#### Division 1

Its hard to win a netball game with only 6 players and the girls toiled hard for a 42-20 loss to Surfside.

#### Division 2

A solid and disciplined 26-8 victory against Surfside with the howling wind making conditions very difficult. The girls are undefeated so far and have an outstanding for and against record.

#### Division 3

The girls played fantastic netball to record their first victory 31-12 against East Coast. It's great to see the girls developing and they will be very competitive as the year progresses.

Next game for all divisions is 30 April. Have a safe and happy Easter.

## St Marys Tennis Club News

### Club Championships

The Club Championships are over for another year and thanks to all who participated.

No Ladies Singles were held this year as there was not enough players; maybe next year will be better.

The winners were: - Jack Foreman – Men's Singles

Randal Faulkner and Mark Oliver – Men's Doubles

Annette Davey and Judine Lynch – Ladies Doubles

Jack Foreman and Francine Lowe – Mixed Doubles

### East Coast Pennants

East Coast Pennants and Club Presentation night was held on the 1<sup>st</sup> April at White Sands. The East Coast Pennant Shield was presented to the winning team of St Helens. Captain Ray Grambower gladly accepted the shield.

### Anzac Day Fun Day

There will be a fun day on Anzac Day starting at 9am with a cost of \$7.00 please contact Kaye Nailer if playing. Tennis will break for the Anzac Day Memorial Service.

### Junior Fun Day

A Junior Fun Day is being held on Wednesday 19<sup>th</sup> April with a 9am start. Please return forms to Olivier Chartrain.

### Junior Championships

The Junior Championships are set down for Saturday 22<sup>nd</sup> April with a 9am start. Please return forms to Olivier Chartrain.

### Junior Soccer Days

Saturday 27th May: 11am  
St Marys Soccer Day

---

Saturday 24th June 10am  
St Helens Soccer Day

---

Saturday 29th July 11am  
St Marys Soccer Day

---

Saturday 26th August 10am  
St Helens Soccer Day

---

## Volleyball

Would all interested people please submit your

### Teams and Player's Names

to Ian Bradbury

by Wednesday 19 April, 2006.

### Details can be left at:

St Marys Post Office, St Marys Hotel  
or St Marys Newsagency.

If we can organise teams by  
Wednesday 19th April, 2006,  
we can start playing in the next couple  
of weeks.

### More misprints from Denys Parsons.

Sign in Optician's window.  
Headaches? Let us examine your eyes  
and help you in removing same.

Short story in Evening News.  
It wasn't the proper doctor – just a  
young locust taking his place while he  
was away.

Appeared in the Jersey Post.  
On making enquiries at the Hospital this  
afternoon, we heard that the  
deceased is as well as can be expected.

Article in Daily Telegraph.  
The seaman, severely injured when the  
ship was three hours out, was taken to  
hospital and the hippopotamus re-  
moved.

Saturday Evening Post.  
You can skate more than one mile on  
one slice of bread.

Canadian paper.  
Electrocution of microbes is the latest  
dental method. The apparatus consists  
mainly of a violet ray, a glass tube, and  
an insulted sofa.

Irish paper.  
To repair damaged tablecloths, first lay  
the tablecloth flat, with the hole upper-  
most??????

## Sports Centre news by Kackhander

To pennant first, and well done to the men's team in securing two hard fought wins in what will be a tight, tough season. Malahide put a major scare through two weeks ago, with an almost unheard of win at St Marys.

It's been 21 years since Malahide won here, but they almost did it this time. It came down to the final match, with Dale Ridgers getting on top in a high quality match with Mark Johns, so we got the points, 5-4. Well done to the team and, "phew".

Last week it was a bit more comfortable against Scamander, but there were some very tight matches indeed. Chris Davern on the 18th and Jack Viney and Rod McGiveron on the 19th all won. Mark Birch did really well, as did Brent Leedham, Dale Ridgers and John Miles. Milo has had a fantastic start to the season with 3 great wins so far.

Welcome to Tom Hawthorne, a member for ages (but no pennant until this week) and to Gary Donovan, a new member from NSW, who played his first game. Both had very narrow losses, but they'll be a big part of the team as time goes on.

There is a break for Easter. The next game is at Freycinet in a couple of weeks. Let's keep winning, it's going to be tight.

The ladies likewise are in a tough fight for the flag and keep coming up with teams each week. Keep it going.

Whilst on golf, thanks to the 60 plus players who supported a most successful Community Health Centre Fun Day, two Saturday's back. The weather was atrocious, but the camaraderie, spirit, fun, and new faces, all combined to achieve about \$800+, raised towards some new equipment for the Centre. Congratulations to you all.

A very special thank you to Julie Gunton and Karen Spilsbury from the Centre for their incredible efforts, and to Macca from the club as well as the indomitable Trevor Viney for their great efforts in running this highly successful day. Too many winners to mention, but let's hope it becomes an annual event. Oops! Nearly forgot Wombat Wilson and bar staff for donating their services. Wombat was the master chef, whilst other helpers in the kitchen and behind the bar, all combined on the day.

Don't forget Bad Friday on Good Friday: For those who wish there is a little comp that day, followed by a seafood tea about 5pm. It was tremendous last year and well supported. Fish is kindly being supplied by Value Plus, which is greatly appreciated. Bookings are essential, so contact the club or Macca quickly if you haven't done so.

Now to bowls. The dinner was held last Friday night with about 40 or so attending, including Club Patron, Break O'Day Mayor Stephen Salter. Thanks for coming, Stephen. It was a great night. The food was plentiful and sumptuous, to say the least.

Trophy recipients were: Jack Viney (St Marys and East Coast Singles Champion)

Pairs Champions were: Mark Birch and Paul Davern.

Best and Fairest: Rod McGiveron

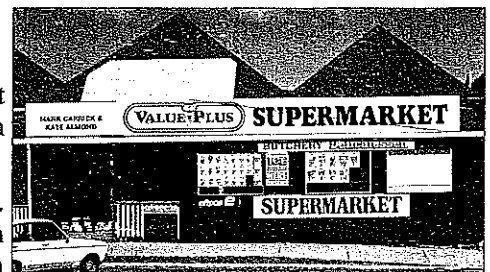
Best Skip: John McDonald

Thanks to all who donated or cooked food items or gave their services on the night. It was great.

Still on bowls, and thanks to all 14 who helped out in a variety of ways at the top-dressing working bee last Saturday. We were basically sandblasted with the freezing gales blowing the sand all over the place, but the job was finished regardless. It shows just how keen the club is to have a top green ready for a massive season next year, hosting the East Coast Competition.

Congratulations to everyone involved in winning the East Coast Darts comp this year. What a brilliant effort in the Grand Final at Rossarden. A special mention to Jim Turner and Janice Viney for great efforts coming from behind to win. It was absolutely fantastic!

*To all, have a great Easter break and good hitting and rolling until next issue.*



**IGA**  
**St Marys Value Plus**  
**Supermarket**  
38 Main Street St Marys  
Mark Kate  
**Phone/Fax 6372 2240**  
**Butcher Ph: 6372 2274**  
Mon - Fri 8am - 6pm  
Sat 8am 12 noon

**WEH IT'S HARD TO BELIEVE**  
**EASTER**  
**IS THIS WEEKEND**

WE HAVE A LOVELY RANGE OF  
BOXED OR SINGLE EGGS  
& LOTS OF BOXED CHOCIES TOO!!  
WHETHER IT'S FOR FAMILY OR FRIENDS  
WE CAN HELP YOU!

**MEATBALL & VEGIE STIRFRY**  
**WITH PLUM SAUCE**

#### INGREDIENTS

2 tablsps oil, 1 red/grn pepper, chopped,  
bok-choy, shredded,. 230g can sliced  
bamboo shoots, drained, ½ cup plum  
sauce, 2 teasp cornflour, ¼ cup water,  
1 tablsps soy sauce, 1 teasp dried basil.

#### MEATBALLS

500g mince, 6 spring onions, chopped,  
2 tablsps oyster sauce, 1 egg yolk, 1 cup  
breadcrumbs, 1 clove garlic, crushed,  
1-teasp ginger, plain flour, oil for shallow  
frying.

#### METHOD

#### MEATBALLS

Combine mince, sp onions, sauce,  
egg yolk, breadcrumbs, garlic and ginger  
in bowl and mix well. Roll 2 level teasp  
of mix into balls, toss in plain flour. Fry  
meatballs in hot oil until cooked. Drain.

#### SAUCE

Heat oil in pan or wok, add peppers,  
stirfry until just tender, stir in bok-choy,  
bamboo shoots and meatballs. Stirfry until  
bok-choy is tender. Stir in plum sauce,  
blended cornflour, water and soy sauce.  
Stir over heat until mix boils and thickens,  
stir in basil.

OUR SUPERMARKET WILL BE CLOSED  
GOOD FRIDAY & EASTER MONDAY BUT OPEN  
SATURDAY MORNING AS USUAL. 8AM - 12 NOON.

**MARK KATE AND STAFF**  
**WISH ALL A VERY**  
**SAFE AND HAPPY EASTER**