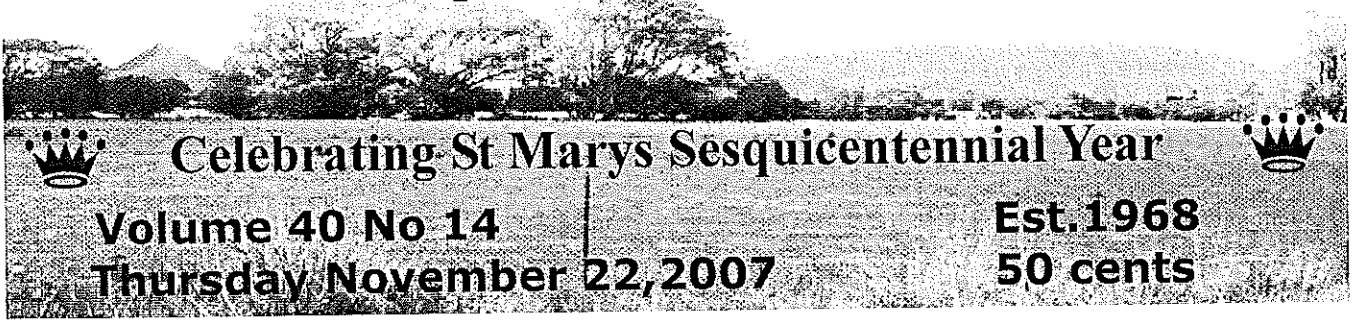


The Valley & East Coast Voice



Celebrating St Marys Sesquicentennial Year

Volume 40 No 14

Thursday November 22, 2007

Est. 1968

50 cents

9 Sleeps to go!

The Sesquicentenary Reunion Weekend (organised by the St Marys Lions Club) is almost here – by all reports we can expect a good crowd, let's hope the weather is kind to us. The Council is busy cleaning up the footpaths and a big vote of thanks to the local volunteers weeding and planting flowers in the Main Street. Our request is to assist where you can by removing any garden rubbish, felled trees etc from view. The town is starting to look fabulous and bunting will be going up shortly to add to the atmosphere.

A timetable of events has been widely circulated throughout the town but if by any chance you haven't seen one drop into the Post Office and collect one. An official program will be available on Saturday 1 December.

By the time this is published Council should have commenced laying the pavers in the Heritage Walk which will no doubt generate a great deal of interest.

A couple of final things – firstly a reminder to all the cake bakers out there, please have your cakes, scones and slices etc. ready to be delivered to the Community Hall by 8.30am on Saturday 1 December. The hall will be open at 7.30am. Judging will commence at 8.30am and winners will be announced at approximately 10.00am. Certificates will be awarded to all category winners and an engraved silver trophy will be awarded to the "Grand Champion".

Also it's not too late to contact any family and friends who may not know about the Reunion Weekend and invite them along, the more the merrier! Finally let's try and get the whole town to the Community Breakfast at the Recreation Ground commencing at 8.00am on Sunday 2 December (catering will be arranged by the St Marys Pacing Club).

There will be a fair bit of media interest in the day so let's show the whole State just how good the community spirit is in St Marys.

Photos inside.

Stop Press

As we go to press we have just learnt of the tragic fire at Liz & Dave Mallett's house at Gray. They have lost everything and, as can be expected, are currently in a state of deep shock. Both are great volunteers and contributors in the community but they are also battlers just trying to make ends meet. The St Marys Lions Club will be organising an appeal to assist Dave & Liz but in the mean time any offers of assistance or enquiries should be directed to Len Miles, John McGiveron or Kerry or Harry at the Post Office.

Santa's Mail Box

will be at the

St Marys Post Office next week.

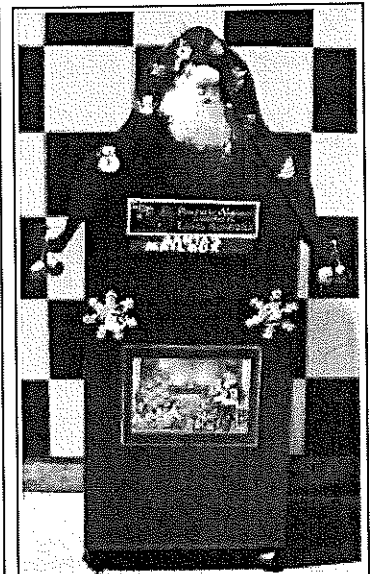
St Marys Lions Club have an arrangement with Santa.

ALL letters will be answered.

So children, write your letters and drop them in the special post box at the Post Office and wait for your reply from Santa.

Watch out for the Lions Club Christmas Stocking.....

Tickets available soon from venues around the town, and from any Lions member.



Please note: Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday, December 4, 2007.
New email address: judith.spilsbury@bigpond.com

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets the last Saturday of the month at 4pm at the goods shed behind the **St Marys Railway Station**.

Grassy Bottom Regional Arts are holding General meetings on the first Tuesday of every month at 2 Story St, St Marys at 6pm. Come along to share your creative ideas and help Grassy Bottom maintain an artistic culture in our community.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the **St Marys Community Health Centre**.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224**

St Marys Playgroup meets each Friday 10ish at the kindergarten. All preschool aged kids welcome to bring a carer/parent/granny/pa for a play and morning tea. Very chilled relaxed group of all ages - we love new members. **Contact Jane 6372 5060**

WOMBAT WALK WEEDERS meet every Wednesday 9am to 12 Noon (weather permitting) at **St Marys Musical Playground** area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group.

Contact - Robina 6372 2022.

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday.

Ph: Jan 6376 1661 or Leanne Ph: 6372 5291.

The **Scamander and Beaumaris Community Development Association** meets at 7 pm at the **Fire Station Scamander** every third Wednesday of the month. New members are most welcome.

Spinning, etc. - last session for 2007 will be held 10-3 on **Saturday 8th December** at **Gone Rustic, 37 Main Street, St. Marys**. Bring along whatever you're working on - not only spinning! Tapestry, weaving, knitting, crochet, etc. are all legitimate pursuits! For more details, contact Rita on 6372 2724 (Tues-Fri, 11-4) or 0409 289 997.

Champagne Breakfast - Christmas Break-up on 18th December at 8 am: for **Rustic Ragamuffins, Break O'Day Sew n Sews & Scrapbooking** group, plus members & local community! \$5 (food and drink provided) **RSVP - 13th December**, for catering purposes.

Gone Rustic, 37 Main Street, St. Marys; contact Rita on 6372 2724 (Tues-Fri, 11-4) or 0409 289 997.

GET READY FOR NEXT YEAR'S

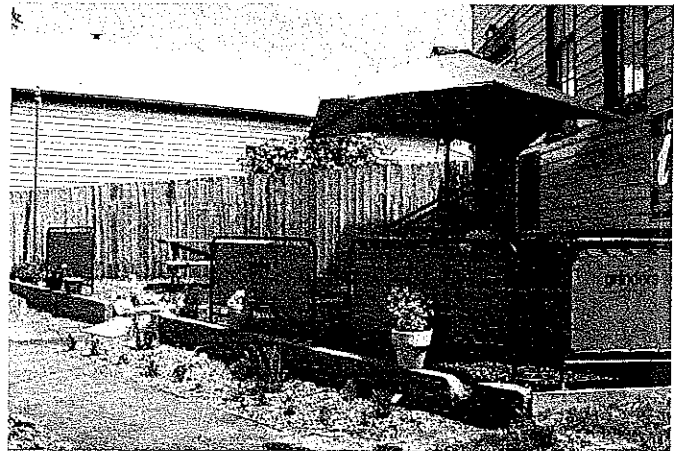
Break O' Day Stitchers Easter Exhibition.

Finish all those projects you have been doing in **Patchwork, Quilting, Embroidery, Cross Stitch, Tapestry, Dolls, Teddies, Knitting, Basketry and Weaving**. There is also our theme challenge **"Fishes and Shells by the Sea"**. We would love to see entrants in our **Novice Class - a first attempt in any category.**

There are prizes to win.

If you only want to exhibit your creations they are all welcome.

We would particularly like to encourage entrants into the two junior sections, **Ages 10 and under, Ages 11-16.**



Top: Gardening activities going on at e.ScApe.

Left: Volunteers have been busy planting pansies.

Bottom: Workers preparing area for the laying of pavers.



COMMUNITY GARDEN

WORKING BEE

THIS SATURDAY

ALL WELCOME



Classifieds

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anyone want some egg cartons?
swap for a couple dozen eggs call Sue
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Wood Heater Inbuilt. Red Embers. \$200.
Free standing Saxon Rosewood. \$400.
Electric Speedy space heater. \$40.
Ph: 6372 5192.

King size water bed. Soft sided, with
lambs wool overlay. Complete with
heater. Assembled to view.
\$300 Negotiable. Ph: 6372 2792.

1988 Volvo760 GLE 6cl.
Leather seats that heat up. Power steering,
Electric windows. Great stereo. Automatic,
Great condition, near new tyres.
Lot's of rego. Inspection a must
*Fast sale at \$2950.00 ono
Ph: 0417 017 105.

Single bed sheet sets with doona cover &
pillow case:
Beauty & the beast, My Little Pony, Little
Puppies in the Clouds. Plus Fairy doona
cover with pillow case & Little flowers
doona cover with pillow case. \$60 the lot.
Ph: 6372 2357

Tennis Racquet. Max lite Dunlop. 11
years & under. Child's first racquet, with
cover. \$10. Ph: 6372 2357.

2 piece wall unit with end pieces.
Excellent condition. \$300. Will sell
separately. Ph: 6372 2164

3 Pce leather look lounge suite. Ex con.
\$550. ono.

Exercise bike. Ex con. \$150.

Beige wool sofa bed. D'ble. \$250. ono.

Floral pastel Dale sofa bed. Near new.
\$750. ono.

Hedge trimmer. \$100.

Ryobi Vac blower. Near new. \$75. ono.
Ph: Tom or Coral Brady. 6374 2285.

Single mattress for sale. Cost \$380, sell
for \$120. Excellent condition.
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Boat Stacer. 3.9 metre aluminium.
Near new 30HP Yamaha, carpeted full
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(\$350 ono). Ph: 6372 2724 or
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2 yearlings. 1 Angus, 1 Galaway &
Angus cross. \$300 each.
Ph: 6372 2234.

Young nanny goat.s Very quiet.
\$35. ea Ph: 6372 2357.

**Honda XR 600R 1998 Model
Road Trail Motorbike**

- White and red
In excellent condition
 - Registered until 24/12/07
 - Odometer 6400kms
- Included in price is - bike lift stand,
owners manual and some accessories.
\$5000 Phone: 0438 536 067

Sharp spatializer colour TV 2
speaker 3D sound, plus video re-
corder.
\$150 for both o.n.o. Excellent condi-
tion.

**Ashford traditional spinning
wheel.** \$100. Ph: 6384 2355.

Fisher & Paykel chest freezer.
As new. \$275. Contact Karen Polden.
Ph: 6372 2438. or
Mob: 0439 333 398.

8 tonne Hino ex refrigerator truck.
6 cylinder, just passed inspection,
4.5 x 2.4 x 2mt high pan interior
dimensions, manual 53,000 on recon
motor \$7000. ono. Ph Jim 6372 2273.

Tennis Racquets: 1 Dunlop Max
4000 Pro with case \$50. 1 Pro Kennex
Diamond Ace with case \$50.

Industrial Overlocker: Brown Hat,
safety stitch overlocker with manual
and extra needles - on bench with
clutch motor. \$400. ono.

Various Wooden Hat blocks for sale,
used for felting or hat making: Priced
from \$30. Ph: 6372 2022.

Fridge - small GE, goes well \$40.
Stereo speaker stands (2), black metal
- \$50. Ph: 6372 2686.

Cottage garden plants for sale.
\$2 each.
50 St Patricks Head Road. St Marys.
Ph: 6372 2512.

WANTED TO BUY

Box trailer 6x4/7x4, all steel. Good
condition. Ph: 6372 2813

Complete distributor for '87 2.0lt
Holden Camira. Fuel injected motor.
E1. Ph: 6372 2903. After six. or
0439 378 747. Ask for George.

All 2nd hand building material.
Ph: Gary 6372 2736.

Farm Machinery to suit hobby
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Ph: 6372 2762.

WANTED TO RENT

Mature person looking for 2/3 br
house on acreage. Furnished or
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Ph: 0438 430 109

*Wide Span Sheds - available NOW
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catalogue and more information, visit
Gone Rustic, 37 Main Street,
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Swap n Go gas cylinders now
available from Gone Rustic, 37 main
Street, St Marys or call 0409 289 997
for opening hours.

On Saturday December 8th
commencing at
4pm

JAM (Jesus And Me)

will be celebrating
all the children's achievements
for
2007
in the

End of Year Concert

You are warmly invited to join in
and help us reflect on a great
year's work!

We will be once again Blessed by
the music of the Salvation Army
Band (Launceston Corps)

Inquiries to Melanie on 63722099
or 0409-838816

THUMBS DOWN

To those who feel, and have felt the
need to deface our streets and sign
with graffiti, we ask that you just stop
and think before carrying out
these senseless and needless
acts of vandalism.

A LITTLE BIT OF HERITAGE: Jim Haas.

“Cornwall Collectables”

From my research it appears Harriet Fogwill opened the first business at Cornwall in 1887. Using a brick outdoor oven, Harriet baked and sold bread to the hungry miners. From there businesses such as general stores, butcher shops, bakeries and blacksmith shops developed as the township of Cornwall grew.

Sadly all these businesses are long gone from Cornwall now and, perhaps, never to return. But one man, who has faith in Cornwall, is about to embark in a venture with unique qualities that will not only be a first for Cornwall, but add quality to the town and the Fingal Valley.

Marty Hornibrook, who has been a collector of all things old for the best part of his life, plans to open his business called Cornwall Collectables, on the 1st December 2007 to coincide with the St Marys Lions Reunion weekend.

Marty, an ex-navy man, came to Cornwall in 1997 and brought the old Albert Jones residence. A few years later he was able to obtain the block next door, which was the site of an old stable that had been turned into a house by the Thornbury family and burnt down in the mid 1990s.

In April 2006 Marty purchased an American style barn and with the help of local handymen, Razz Mc Donald and Wayne Squires, a cement slab was laid and the barn quickly erected. Since then Marty has been flat out fitting the barn out and stacking it with thousands of goodies that include records, phones, books, bakelite radios and a vast array of old wares, many of which have a history as long as your arm.

To compliment the barn Marty has put together a wonderful display of photos and relics relating to the history of Cornwall, with the main theme being coalmining, the industry that Cornwall was built on.

Visitors to the barn will not only be given a stunning view of the Fingal Valley but will be able to admire Marty's soda siphon collection which now numbers some 403, making it the largest in Tasmania, and Marty believes it may even be the largest in Australia.

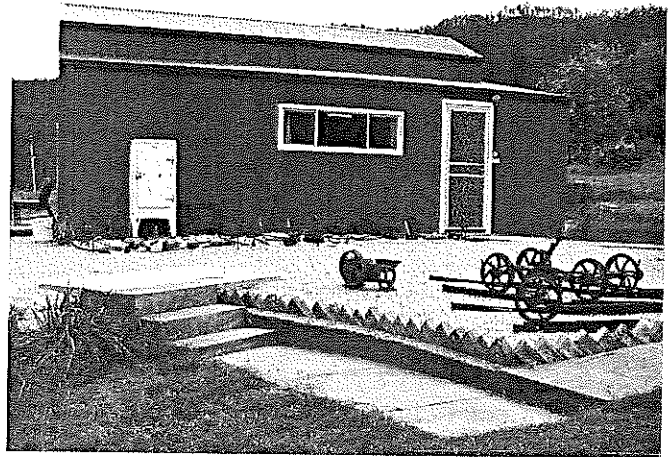
As you can imagine siphons are everywhere, but whilst everything else in the barn is for sale; the soda siphons are only for show.

The Cornwall Community congratulates Marty and partner Teresa in their innovative venture. It will not only enhance our Coalminers' Heritage Wall, but the whole town and indeed give another reason for people to visit the Fingal Valley.

The blue barn on the hill overlooking the valley will soon become a place to visit, admire, learn and step back in time. You may even find that rare item from your childhood days that you have spent years searching for.



Marty Hornibrook and his blue barn full of all kinds of old goodies.



Some of the coalmining relics displayed in the grounds of Cornwall Collectables.

Scamander Beach Surf Shop

6 Lagoon Esplanade
Scamander

Ph: 6372 5529

Scamandersurf.com

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Clothing Footwear
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Milch McTavish
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Bay Surf Shop

2 Pendrigh Place
St Helens

Ph: 6376 1755

ST MARYS HOTEL



***** Sesquicentenary Weekend Kickoff *****

Come and join us for a Carvery in the newly revamped Beer Garden!!!

Then dance the night away with Pete, Bruce & Simon, Fri 30th Nov

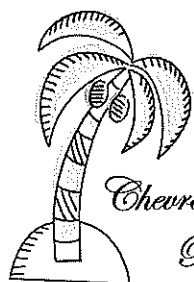
Also we have a new Summer Menu:

Salads, Pasta, Seafood and favourites

HOURS: Lunch 12 -2pm & Tea 6.30pm—8.00pm

Book Now For Your Xmas Function & Parties

The Tasmanian Lymphoedema Centre Inc



Holiday Apartments

Gold Coast Holiday Raffle



Tickets \$2 and available at St Marys Post Office or any TLC Member.

1st Prize: Five nights accommodation on the Gold Coast, with an Airlines Voucher to the value of \$250.

2nd Prize: A Meal Voucher from the White Sands Resort.

3rd Prize: Premium Wine Four Bottle Pack from Big Bargain Bottleshop.

4th Prize: Sunday Country \$40 Lunch for two at the Pub in the Paddock.

Drawn at the St Marys Community Hall at 9.00pm on Saturday December 1st, 2007.

SAWMILLING

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Footballers. Perhaps not the smartest cookies?

"I owe a lot to my parents, especially my mother and father." (Shane Wakelin)

"Nobody in football should be called a genius. A genius is a guy like Norman Einstein." (Mick Malthouse - Collingwood)

"I'm going to graduate on time, no matter how long it takes." (Peter Bell - Fremantle, on his University Law studies.)

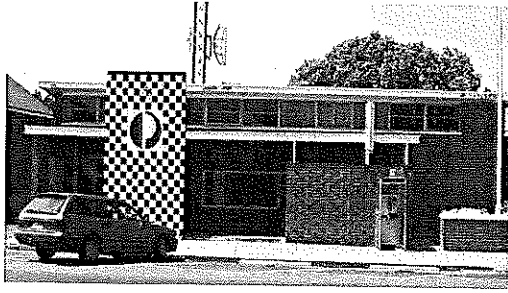
"You guys line up alphabetically by height," and "you guys pair up in groups of three, then line up in a circle." (Barry Hall, Sydney Captain, at training.)

Brock Maclean (Melbourne) on whether he had visited the Pyramids during his visit to Egypt: "I can't really remember the names of the clubs that we went to."

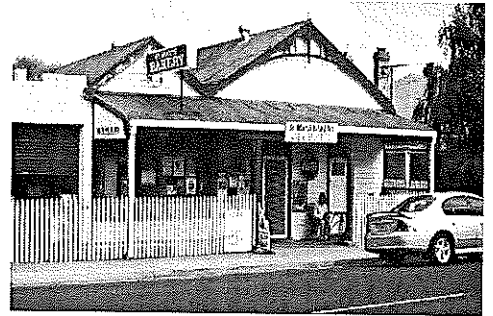
"He's a guy who gets up at six o'clock in the morning regardless of what time it is." Kevin Sheedy on James Hird.

"I've never had major knee surgery on any other part of my body." (Luke Darcy)

Help keep St Marys strong and healthy.



St Marys Post Office



St Marys Bakery



Caltex St Marys

St Marys
Businesses
say a big
thank you
to all those
who
contribute by
thinking
local first.



Gone Rustic Quilt Studio & Gallery



St Marys History & Gifts



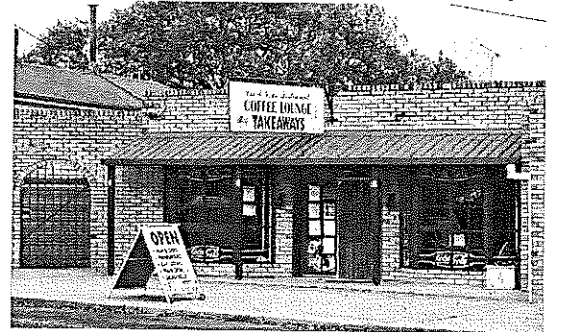
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Coach House Restaurant



St Marys Historic Hotel



e.ScApe Wilderness Café and Gallery



Ratha B'Zar

St Helens Health & Fitness

Shaolin Kung Fu beginners classes now available

Fitness, Self-Defence, Classical Martial Arts
New Pilates packages available
Core strength, spinal flexibility, control

Authentic Pilates Shaolin Kung Fu
Weights Pliability Cardio
Group fitness classes Squash

13 Pendrigh Place St Helens
6376 2994

Donna's Dance Fitness Classes

Falmouth Community Centre:

Tuesdays 9.30 am – 10.30 am
5.00 pm – 6.00 pm

Fingal Community Centre:

Thursdays 3.45 pm – 4.45 pm
5.00 pm – 6.00 pm

Contact: Donna Gough
Phone: 6372 2767
Email: pdgough@activ8.net.au



ncn

northernchildren'snetworkinc.

Nutrition and Young Children

Tuesday November 27, 6.30pm—8.30pm.
St Marys Child Health Centre, Gardiners Creek Road.

\$8 per person.

Presenter:

Tracey Tasker—Dietitian, Community Nutrition Unit.

Session open to:

St Marys Child Care staff, Family Day Carers,
In Home Carers, Parents.

Session covers such things as:

Nutrition, healthy snacks, body image, allergies, food refusal, cultural differences, nutrition/ food policies as a carer/service, tips to include children in food activities, basic nutritional need in different age groups, celebrations and special occasions, and more.

R.S.V.P: by phoning NCN on 6341 1555.

ST MARYS NEWSAGENCY



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BILL EXPRESS agent.

EAST COAST TAXI'S

PRESENTS

GRASS TRACK RACING

WITH THE

EAST COAST MOTOCROSS

WHEN: Sunday 2nd December 2007 -
7 – 8.30 a.m. scrutineering

WHERE: St Helens, I Hills Road,
just past St Helens Golf Club

WHO FOR: Senior & Junior riders,
2, 4 wheelers and a Vintage Class.

MORE INFO: Ring A.H. 63 761 380 or 0417 304 840

COST: \$30.00 Senior - \$20.00 Junior
(with a current M.A. Licence)
60.00 Senior -
(if needing a one day race licence)

(NO JUNIOR ONE DAY LIC. AVAILABLE)

All Riders Must Supply a Flaggie.

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Concrete building blocks make a statement.

More than 50 years ago, during the decade spanning the 1950s, St Marys was the centre of a building movement that has left a significant built heritage in the town, mainly individual houses, and associated garages, sheds and garden walls, but also commercial premises, culminating in the St Marys Community Hall in 1961 – buildings constructed with hand made concrete blocks, made on site using cement and local sand and formed in individual moulds.

The majority of the houses were built on the town, but the houses on Bryar Wah and Top Marshes are also of the same period and construction. All are still standing, with the exception of the one built by Lloyd Rowbottom, an engine driver, on the first corner of Germantown Rd, which was burned several years back, and a butchers shop built by Jack Bullock next to the Criterion Hotel and Victoria Hall in Main Road, all now demolished. Lloyd's house was built in about 1959, possibly the last of the St Marys concrete block houses. It was built as a family effort, with John Rowbottom remembering making bricks after school with his father and brother Wayne, helped out by Lloyd's cray fishing mates, Charlie Phillips, Tag Mason and Sid Stone.

While building the Hall was a community effort, it seems that the other concrete block buildings were mainly built by the individual owner builders, although there may have been an exchange of experience between some of them, and Clesby Neil, a builder, was involved in the building of at least two of them. Certainly there was some passing on or sale of moulds once a building was completed, although Donny Smith still has his two moulds, one for the straight blocks, the other for corners.

Many, although not all, of the houses were built by miners, or men who worked at the mines, and they may have originally got the idea from some of the buildings of this type of construction at Cornwall Coal, built by Trevor 'Fogarty' Lehner. The impetus for the cement block construction came from the shortage of timber and other materials in the years immediately following the end of the Second World War in 1945. However, cement was readily available, and mixed with local sand made for strong and cheap building blocks that could be made easily by the owner builder. According to Jeff Morris, most of the cement used didn't cost the builders anything – it came from bags which had burst in transit to local stores and to the mine, which had been left in the rail trucks and had to be disposed of before the trucks were reloaded.

Dating the construction of the different buildings is rather hazy, but it is hoped that this article may bring out some more specific information. Stan Birrell is mentioned as being among the earliest builders, making blocks and introducing the moulds and the construction method to the town from the mine at Cornwall. However, while he built a garage and garden walls in lower Cameron St, he built his house at Scamander, using red ash from a fire at the mine as the building material.

11 Gray Road was built by Halley Edgar Freeman, a miner, in 1951, so seems to have been among the first. Don Smith, also a miner, albeit at the Jubilee, built his house at 5 Hugh Street in 1953-54 at the time of his marriage to Eileen.

He rented a truck from Artie McGiveron, and dug 6 truckloads of sand during the day from the riverbank at the bridge on the South Esk at Malahide. He made his bricks on his father-in-law's place, Arthur Roberts, next to the Hospital. From memory he reckoned he made about 1700 blocks, and built the house over 12 months.

It seems that not all the owner builders actually made all their own bricks, and Jack Bullock remembers buying blocks from Rex Bradbury. Rex was a miner, and had built himself a garage in Rosegarland Road. Other people started asking him to make blocks for them, and for a while he became a part-time backyard brick maker, although he never built more than the garage out of blocks for himself. Similarly, Douggie Barnes did not build a house, but was part of many of them, as he carted a lot of the sand used in building the blocks. One of the local sources of sand, the rabbit sand, was apparently up Gray Rd, just past the cemetery.

According to Don Smith, John Rowbottom and Derwin Thomas, you mixed the sand and cement by hand into a semi-dry mix, filled the mould, hit the top of the filled mould with the back of the shovel to compress the mix, slipped a pallet of wood over the mould to hold the mix while you turned the mould over and then lifted the mould off the formed block, leaving it sitting on the pallet for several days while it dried. During this time you lightly sprinkled the cast block with water and let it cure.

To obtain a pattern on the face of the block you placed the appropriate pattern plate in the bottom of the mould before filling it. From time to time you would clean the inside of the mould, either by hosing it, or with a piece of waste rag soaked in kerosene. Some people made their total requirements of blocks as quickly as possible, some did a few every night when they came home from work and at weekends.

Clesby Niel was listed in the 1948 Electoral Roll as a builder, then living in Groom Street. He later built the house now owned by Geoff and Patti O'Donnell on the corner of Frederick St and Gardiners Creek Rd, known then as Rosegarland Road. [the 'Rosegarland' property was probably named in the early 1850s by the new owner Henry Archdall, but was previously known as 'Break O'Day Lodge' (1848 Census) owned by John Badcock Gardiner – hence Gardiners Creek] Cles may also have built the house in Cameron St for the McHargs, and also the hit and miss wall fronting Main Road on the way out of town towards Fingal.

George Neil was in the 1948 Electoral Roll as a carpenter, living at Frank Street, and it was at the corner of Frank St and Reservoir Rd that he built his concrete block house, on the same block as the old barn featured in many photographs.

[the late Jack Smith told me that his stepmother was a Neil, that the Neils were originally Nagle, one of the early German families in the District]

Out of town a little way, Gordon Salter gradually rebuilt and extended the house on 'Top Marshes'. It didn't start out to be a concrete block house, but apparently it ended up as one!

Ervan Bullock next door must have been impressed by Gordon's efforts, because when 'Bryar Wah' burned down in 1955, he got George Neil to rebuild it in concrete blocks with the help of Jack Bullock and Berkley Pallett.

Lionel "Toby" Spilsbury was a clipper in 1948 and for many years after, although later generations remember him as our St Marys butcher. However, while Toby built his concrete block house and a number of outbuildings for himself and Bette on the hill on The Flat, overlooking the Criterion Hotel, the butchers shop of concrete blocks that he operated in later years on the corner of Aulichs Lane was built by his predecessor Lew(is) Maney.

14 Cameron Street apparently was not an owner built house, but was built for Orm (James Ormond) McHarg by Clesby Neil. Orm was a farmer who lived and farmed opposite Cullenswood Church, living in 'Beckers Cottage', and it was his mother and sister who lived in the Cameron Street house.

A cluster of 3 concrete block houses were built in Gray Rd, one by Halley Freeman in 1951, No 11, at the entrance of the (then) new St Marys Area School, and two next door to each other a little further up the road on the opposite side, built by Gavin Singline and Derwin Thomas. Gavin built his in 1953, a bit before Derwin, while living on the block in a caravan under a large tree. He married Marjorie (May) Morris, and theirs was the first house on the west side of Gray Rd. He worked at the mine at the time, but during the war had served on corvettes and minesweepers. His brother-in-law Jeff Morris tells how the interior structure of the house is actually based on the layout of the companion ways and sleeping quarters of a corvette! Jack Royle shovelled and carted beach sand from a pit at Diana's Basin for the blocks, mixing it with coarser gravel river sand to give the required consistency.

Next year, in 1954, the building continued up Gray Road, with Derwin Thomas building his concrete block house next door to Gavin and May, in time for his wedding to Mary Ryan in 1955. Derwin was a motor mechanic at John Gee's garage (now Faulkners), and he had help in building from his cousin, Murray Hodgman, who was a builder in Launceston. The bricks were laid "by a young chap from Scamander". His father, Harold Thomas, cut the timber for the lining studs from his block further up on the opposite side of Gray Road.

Continued next page.....

Continued from previous page.....

Derwin particularly remembered that the foundations were pretty massive to take the weight of the blocks. His recollection was that they needed about 1800 blocks, and that the sand came from the Fingal area.

Yet another miner, Bill Stone, built the house at 17 Newman Street, but apparently didn't finish it, and didn't actually use any mortar in the top courses.

Other concrete buildings visible to the public gaze include the front wall of the shop before the Flat bridge, built by Kay Nailer's Dad, Tony Davis, and the addition to the bakery. There was some learned discussion among those who know such things, and it was universally concluded that neither of the town's concrete block garages were made of locally produced blocks or built by owner operators, and that the pedigree of the existing Caltex garage in fact predates (1946) the relevant period.

There may be other smaller buildings, garages, sheds and other outbuildings still standing from this period, and various walls, unseen from public streets. Certainly Jack Bullock in Main Road and Toby Spilsbury on the Flat built some nice outbuildings which still grace their properties, while Selby Targett in Newman Street built his chimney from concrete blocks.

The culmination of this stage in the development of the urban landscape of St Marys was the building of the St Marys Town Hall in 1961, or the Memorial and Community Hall as it was originally called. This was a community effort, under the drive and direction of Verdun Royle and Keith Bullock. Leo Lynch was the block maker. Almost 50 years later the building still stands, as do the concrete block houses of the town, a tribute to those who built them, and a notable part of the built heritage of St Marys.

I would like to thank Don Smith, Kevin Faulkner, Jeff and Margaret Faulkner, Grant Faulkner, Bill Targett, Jack Bullock, Geoff Morris, Derwin Thomas, Kay Nailer, John Rowbottom, Gerald Aulich and Noel Bradbury for their time and background information for this article. All omissions, errors of fact, interpretation, spelling, dates and names are mine. It is hoped that this article might stimulate memories and letters which can add to this period in the history of our town.

David Clement.

Melbourne Cup Luncheon report.

Another very successful TLC Inc. Melbourne Cup Day Luncheon; I'm sure everyone present would agree.

Lots of glamorous outfits, hats and fascinators, the captivating shower cap a real winner. I know there are his and her outfits, but the shared father and son gear takes some beating.

The tables looked great. The meal, as usual was delicious, and the service excellent!

Thanks to all who shunted tables and chairs from venue to venue, and decorated the room. Blowing up so many balloons is not for the faint-hearted.

Catering for approximately 100 people is not an everyday event for the committee, and takes some doing. Chooks to cook, salads to prepare, and of course all those scrumptious desserts.

The TLC Committee can turn their collective hands to many tasks. So thanks to everyone who helped on the day—our wonderful 'kitchen hands', the bar tenders, our MC, the bookies, and let me not forget our very generous donors of prizes for the day; and of course, all you who came to help make it such a fun day again.

Many thanks to all.
Jan Sparkes.

The Say. Cagerattler

I know it is still fresh in our memories from last year, and those who were right in the line of the December 2006 fires, won't want to even contemplate those terrible times again so soon, but I'm afraid it is a reality.

Once again we are being asked to be prepared for yet another summer fire season, and not to be complacent that it can't happen again.

In one of our daily newspapers a short time ago, a small but informative piece reported that potentially, very similar conditions for regions around Tasmania, not excluding the East Coast, will exist if weather conditions remain dry and warm.

To be vigilant, prepared and keep aware seemed to be the message amongst it all in that brief article.

I remember after the danger period passed, over Christmas last year, people saying things along the lines of, "At least we'll be safe now." And, "She's all burnt out now, what else could burn?" and similar comments.

Go for a look around, and I'd suggest that for every bit of ground burned out last year, there would be at least the same if not more not touched. I understand that hazard reduction has been more of a priority in recent times, and that is terrific, but perhaps a bit of bad luck or carelessness is all it takes for a threat to re-appear in our bushland.

I'd also suggest that the continuing abnormally dry autumns, winters and spring currently being experienced, only add to building up the hazards as time goes by.

Please don't be complacent, or think it can't happen again. We are being told it can, and sooner than we think.

We must be aware, do our bit to help, and keep properties clear where applicable.


Then surely, if the horrible conditions of December 2006 were to return, we will be ready for them as best we can.

What do you think?

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UNTIL
CHRISTMAS



Inaugural Bike race

The inaugural SMACD sponsored Targett-Gillies Shield had to be rescheduled due to rain. So on the 11th November 2007, in excess of 25 riders lined up to compete in this, the richest of the Northern Veteran Cycling Club's 2007 calendar.

St Marys weather turned out to be perfect, and the riders grouped up at Grey Mare's Tail. At 10:00 all riders observed a minutes silence for Remembrance Day. Then the race began with groups sent off in their handicap groups.

It was just a shade over 74 minutes later when a small group of spectators were rewarded with some of the most dramatic finishes that have been seen in St Marys for a long time.

The first three placed outright were 1st: Michael Sulzberger, 2nd Tom Ellison and 3rd John Watson.

After a cool down, and a few intakes of water and sugar lollies, the cyclist went to the St Marys Hotel for a smorgasbord and the presentation of the prizes. All competitors have indicated that they will support this as a regular event, and it may become a feature race.

Classified in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue.

Please inform us if your items are sold.

Please note: Letters to be published in the Valley Voice must be signed. Your name need not be published, but we must have a signature. Please keep letters to 500 words or less.

Articles and letters published in the Valley Voice are not necessarily the opinion of the staff and volunteers of this community paper. Ed.

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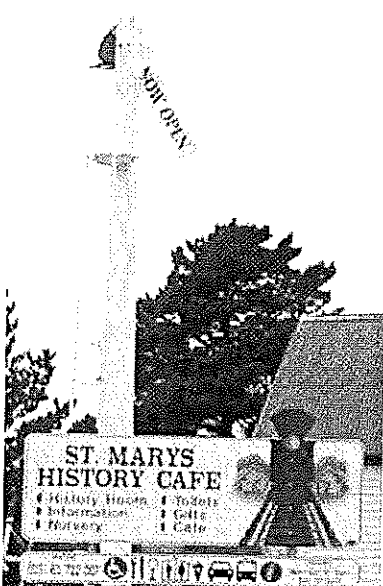
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OUT OF THE WOODWORK Reon Johns, Pres. 6372 2094

The FRRR students are learning a lot about timber. John McColl had them chiselling away on the Sesquicentenary seat and they all made their mark.

They are now experiencing the joys of making a small toy boat. All thought that it would take a few cuts and bingo it would be finished, little did they realise that after 4 hours there was still a little more to do and a few made last minute design changes.

About two months ago the Guild ordered a new table saw. We had some difficulty in getting one that was suitable and in our price range. Well we found one through InterMac of Launceston. It's a beaut and we feel that it will serve us for years to come.

We are now in the process of making a bar for the Falmouth Community Centre and hope to have it finished by the week's end.

The FRRR courses are mostly for seniors and they will be given first choice. They will take place from 10:00am till 2:00pm every Tuesday. The Guild meets on the last Saturday of the month in the Goods Shed behind the St Marys Railway Station, at 4pm.

The Woodcraft Guild workshop is open Monday, Wednesday, Friday & Saturday from 10:00 till 4:00. Other times by arrangement.

Pictured right: Reon Johns with the new table saw.

Australia Day Awards 2008

Nominations are being sought for the 2008 Australia Day awards in the following categories:

Citizen of the Year

To be eligible, the person must be 27 years or older on 26th January 2008.

Young Citizen of the Year

To be eligible, the person must be under 27 years of age on 26th January 2008.

Community Event of the Year

Presented to the person or group who has staged the most outstanding community event during the year.

Award for Outstanding Volunteer Effort (individual)

This award is for a volunteer who has demonstrated a strong commitment and dedication by contributing their time and skills to our community.

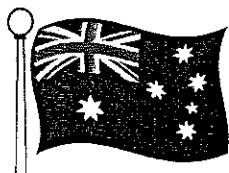
Award for Outstanding Volunteer Achievement (organisation)

This award will be presented to an organisation that has made a valuable contribution and can demonstrate their dedication and achievements to the general community.

Nomination forms are available from the Council office or by emailing: chris.hughes@bodc.tas.gov.au.

Completed forms should be sent to:

Australia Day Awards
Break O' Day Council
PO Box 21, St Helens, 7216
or emailed to:
chris.hughes@bodc.tas.gov.au



All nominations must be received by
5.00pm Wednesday 19 December 2007

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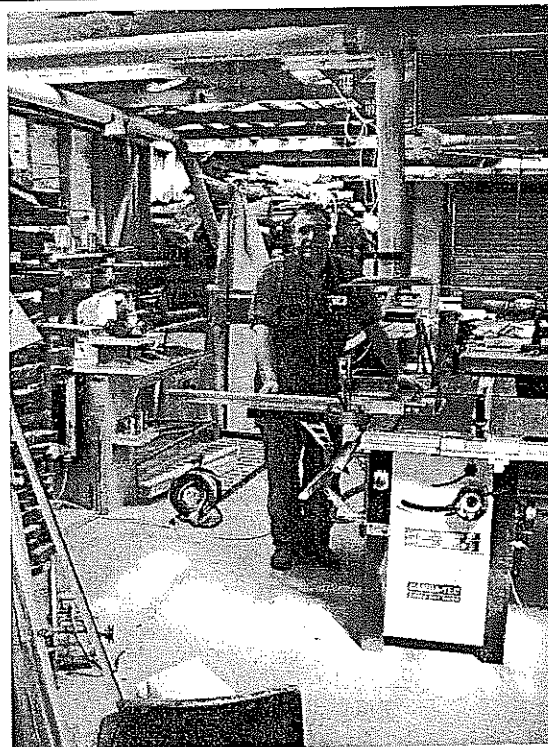
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Dear Santa,

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For my mum I would love a piece of the original jewellery at Ratha B'zar she loves so much, and for my big sister a hot outfit from Ratha B'za, and for my dad one of the leather belts from Ratha B'zar, and for grandma a Ratha B'zar art work, Auntie Jean a Ratha B'zar soap selection.

Really Santa, all you have to do is pop into
Ratha B'zar and Christmas is

"ALL WRAPPED UP!"

I love you,
Matilda.



Regener8 Exhibition & Book recognises resilience of Break O'Day

St. Marys will be hosting a wonderful community initiative commencing Saturday 1st December that will be a showcase of people's experiences of the bushfires in 2006 and a record of the survival and rebuilding over the last 12 months.

The ReGener8 Committee formed in March 2007, after Jan Sparkes approached the Healthy Community Project with the idea of holding an exhibition. "The idea was to allow people the opportunity to express their feelings, thoughts and ideas to promote a positive recovery process. We wanted to recognise the resilience of the Break O'Day communities. Everyone was so tired following the fires and then we seemed to get on with the job of rebuilding. We did not have the opportunity to recognise the amazing people in our communities and the way we pull together in a crisis" Jan Sparkes said.

The exhibition received strong community support from individuals, organisations and services and the committee has been successful in gaining funding from Tas Regional Arts, the Affected Area Recovery Committee, Break O'Day Council and the Tasmanian State Government.

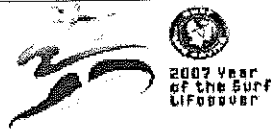
"The Healthy Community Project embraced the idea of the exhibition as it was a brilliant community driven initiative that would assist in the recovery process. It also provided the opportunity to promote art as a valuable tool that can be utilised to benefit all aspects of daily life. We are so pleased to be involved in the exhibition as it has given the opportunity for whole community participation in the recovery process and allows us to celebrate community survival, resilience and renewal." said Fiona Watts Health Promotion Coordinator.

As well feeling the need for an exhibition as a means for the community to express their thoughts and feelings, Jan Sparkes had a strong sense in the importance of collecting local stories and experiences, to bring together local knowledge, history and experience. Rosa McManamey from the University Department of Rural Health joined Jan in this endeavour to include some interviews with volunteer bushfire fighters and also edit the collection as a book. Together with Chris Hughes, Community Development Officer, Break O'Day Council the three put together contributions and interviews as a collection of community stories, images and poems – regener8.

Rosa McManamey said 'We met so many wonderful people in bringing the stories together. We have been so privileged to be given these very personal gifts of honest and open insights. What emerges from the book is its reflection of something truly special. Where it was intended to be part of the process of healing as well as helping others from the stories and showing community resilience, it is much more. It is a book about the spirit and generosity of communities suffering great hardship, coming together; it's about the most remarkable actions of heroism from people who consider themselves 'everyday' people; and finally, when you look at all the services and voluntary bodies and personal giving that (galvanised) sprang into action in the face of disaster, you have cause to be very proud to be Tasmanian.

The book 'regener8 - Stories and Impressions of the Tasmanian East Coast Bushfire 2006' is dedicated to Thomas Orr who lost his life as a result of the fires and to everyone affected by the fires. It will be available for purchase for \$15.00 with profits from the sale of the publication going to local fire services and Wildlife Rescue.

The ReGener8 Bushfire Recovery Exhibition and the regener8 Book will be launched on Saturday 1st December at the St. Marys Railway Station. The Exhibition will be at St. Marys at e-ScApe Café, Gone Rustic and St. Marys District High School. The exhibition will be open to the public free of charge from 1st – 14th December and will host a wide variety of media. For more information contact Jan Sparkes on 63722433 or the Healthy Community Project on 63765242.



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When: *Every Sunday at the Scamander River Mouth*

Commencing November 2007 until March 2008

Time: 10.00 - 11.30

What: Come and Experience Our Nippers Program

Beach Games

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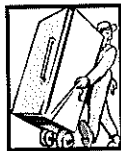
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New business opens in St Marys

David Belman and his partner Karen Wedge, (pictured right) relative new-comers to our district, have decided to put their faith in St Marys and open a second hand shop.

Called Second Hand Rose, the premises is located on the western end of Main St, between the Coach House Restaurant and Main Street Clothing.

They already have some interesting items for sale, but are always open for more stock. So if you have surplus furniture, white goods, bric-a-brac etc, why not pay them a visit?

Second Hand Rose is open
Wednesday thru Saturday: from 10am.

Congratulations David and Karen,
and the best of luck with your new venture.



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Wednesday: 5.30 - 7.00 pm

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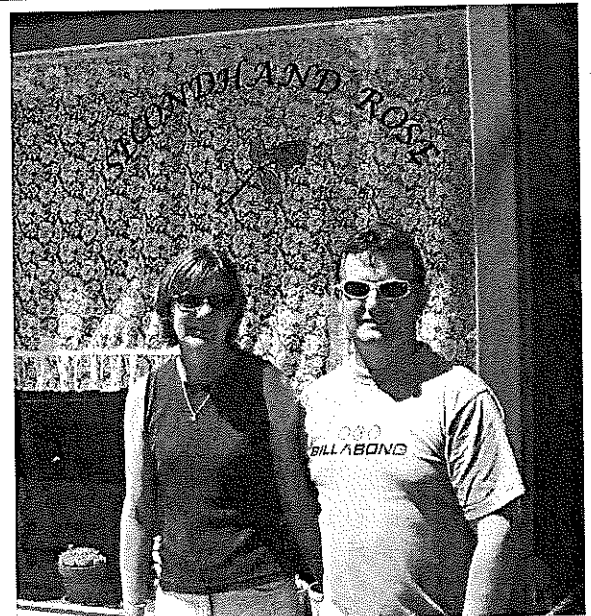
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St Marys Pacing Club Sesquicentenary Celebrations

As is well known, St Marys will be celebrating 150 years of settlement on Dec 1st & 2nd, with lots of entertainment over both days.

On Sunday morning we will be catering to the public for breakfast, from 8am on, at the Race Track.

We will be having unofficial pacing workouts at 9am.

At 10am, Michael Williams and assistants will be conducting yard dog trials, on the football ground.

Come along and help us finish the weekend off with some enjoyable entertainment. **Eric Bean, Secretary.**

St Marys Pacing Club Inc. New year's Day Races.

Our Annual Race Meeting is fast approaching, and contrary to some rumours going around, it is definitely going ahead.

However, due to the dreaded equine influenza outbreak, the Department of Primary Industry has ruled that all horses, trainers, drivers and track staff must be isolated from the general public, and vice versa.

This will be done by erecting a plastic mesh fence, as used by the roadworks etc. We ask all to obey these rules, as there is a heavy fine if they are broken.

Temporary fences will be under supervision at all times. These rules will not affect people in the usual entertainment areas.

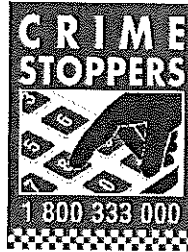
I must also stress that there is absolutely no danger to humans from this horse flu.

Once again we ask for everyone's co-operation and everything will go off smoothly.

Thank you.

Eric Bean.

Secretary.



Police report

There have been a number of incidents of late. Two of the most significant have been damage to the Customer Service area of the Police Station where windows were smashed and the area entered, and a recent fire, where the occupants lost all of their belongings.

We have also had reports of youths riding motorbikes, not only being too young to hold a licence, but not wearing protective clothing and helmets. This is careless, dangerous behavior and I would remind all parents to make sure your children are riding in appropriate and approved areas while wearing all protective gear.

I would also like to give thanks to the Prep/Grade 1 children who invited me to participate in their bike safety ride on Monday 19th. All children were extremely well behaved and showed excellent skills in riding their push bikes and behavior when riding on the road.

We would like to remind everyone with the up coming social events, that we encourage everyone to enjoy themselves. Police will be patrolling around the area and will be enforcing the laws in relation to drinking on the street and exceeding 0.05. Please enjoy yourself but be safe.

A quick reminder that there is a **SPEED LIMIT** change to the Main Street of FINGAL. The speed limit has been reduced to 50km/h. A number of motorists have been detected by the Mobile Speed Camera Van and incurred infringement notices. I must remind all motorists to be aware of all speed signs as it is **YOUR** responsibility to be aware of the speed limit in the area you are traveling.

Michael SPAULDING

Constable

St Marys Police Phone Number 63721010

Non Urgent Number 131444

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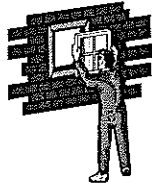
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WOMBAT WALK WEEDERS

The Wombat Walk Weeders would like to invite the residents of St Marys and district to come along and view the work that has been progressing at "Wombat Walk" and the St Marys Rivulet park area on

**Saturday 1st December
between 10am and 3 pm.**

We will have a history of the walk display and will also demonstrate the water monitoring that is done on the St Marys Rivulet every week as well as the frog identification that is also carried out on a regular basis.

We are looking forward to seeing you.



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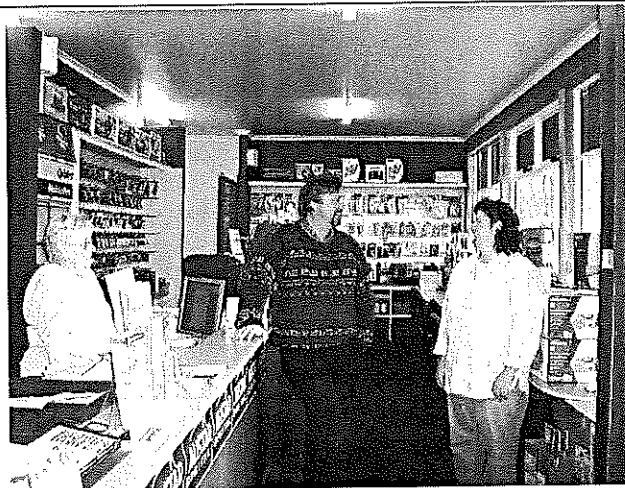
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Exciting times ahead for RSL

Slouch Hat

The future of Anzac Day and Remembrance Day services in St Marys has been assured when, at a combined meeting of both St Marys and St Helens RSL Sub-Branches on Remembrance Day, the members of both branches voted to merge and form one large, super sub-branch.

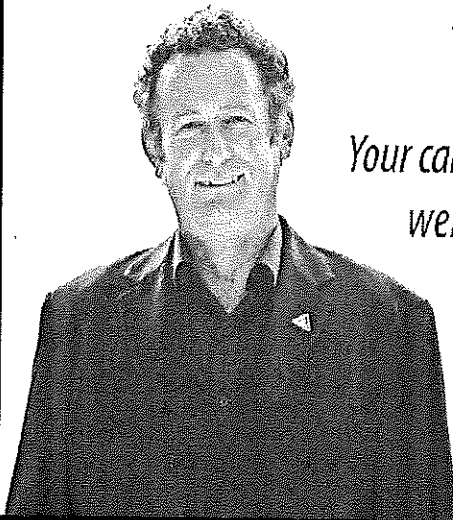
The new sub-branch will be known as St Helens-St Marys RSL Sub-Branch and the benefits to the St Marys veteran community will be substantial.

Not only will we have a permanent venue that we can again call home, but the wide ranging veterans support facilities that exists in St Helens can now be accessed more readily providing improved welfare for the ex-servicemen of St Marys and the surrounding district.

The continuation of major RSL related services in St Marys was a non-negotiable part of the merger agreement between the two Sub-Branches, and we in St Marys can now look forward to a guaranteed future of the Services that have become an integral part of the community calendar.

Tim Morris MHA

Tasmanian Greens Member for Lyons



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E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

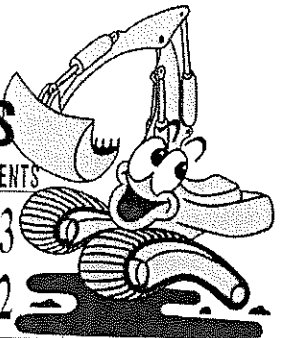
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* St Helens

* Fingal

* Swansea

* Scottsdale

* Bridport

MEALS ON WHEELS ROSTER

| Nov/Dec | St Marys | Fingal |
|------------|------------------|------------------|
| Mon 24th | Audrey Wright | Debra Speers (W) |
| Tues 25th | D & K Floyed | Susan Woods |
| Wed 26th | D & V Rice | Barbara Saunders |
| Thurs 27th | Yvonne Salter | Rhonda Hoskinson |
| Fri 28th | Hannah Rubenach | Shirleen Woods |
| Mon 3rd | Jeff Herrmann | Carole Woods |
| Tues 4th | Ruth Aulich | June Hall |
| Wed 5th | Liz Rice | Patsy death |
| Thurs 6th | Gail Gamble | Jan Marshall |
| Fri 7th | G & M Derbyshire | Joan Lowe |

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves

Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Week: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Fingal 11.30am
Campbell Town 5.00pm

2nd Week LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

3rd Week: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Swansea 11.30am
Campbell Town 5.00pm
Bicheno Liturgy 9.00am

Week 4 LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Week MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
St Marys 11.00am
Ross 5.00pm

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday -Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am

Kanga Sunday School

10.30 am - 12 noon every
Sunday for children
5 - 12 yrs

St Marys 10 am

(No service 5th Sunday)

Pyengana 4th Sunday, 2pm.

Salvation Army Monday JAM

3-5pm every Monday.
except school holidays.

Sunday JOY

2pm -3pm every Sunday.
Salvation Army Headquarters.

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

St Marys Online Access Centre Opening Hours:

Monday 10am -3pm Thursday 10 am - 3 pm
Tuesday 10 am -4pm Friday 10 am - 3 pm
Wednesday 10am-4 pm Saturday 11 am - 2 pm

Ph: 6372 2005

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web www.vision.org.au



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36 CECILIA STREET, ST HELENS. PHONE 6376 1374
42 MAIN STREET, ST MARYS PHONE: 6372 2172

Contacts for Valley Voice

PH: Judy: 6372 2155 Fax: 6372 2172

email: judith.spilbury@bigpond.com

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Health & Beauty Centre,
Main St, St Marys,
or post: C/- Post Office, St Marys Tas 7215

Advertising: 2007

Classifieds: 25 words or less: free

Community notices : free.

Small ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

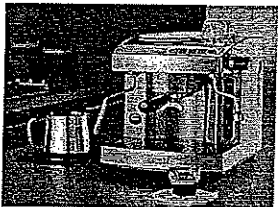
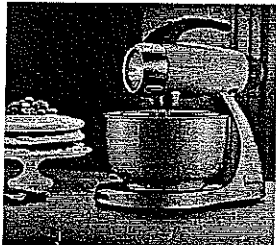
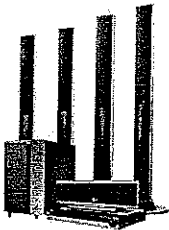
Full page \$50.

1 year posted subscription \$28.

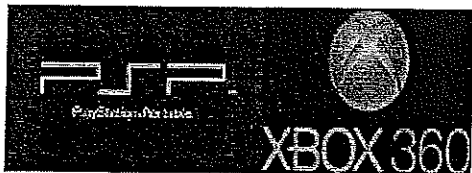
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Fujitsu heat pumps, ixl, Atlantic heaters, Dimplex and sunbeam
to name a few

Fridges, ovens, washing machines
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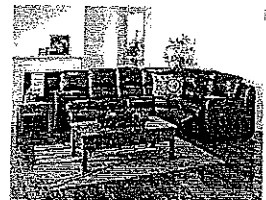
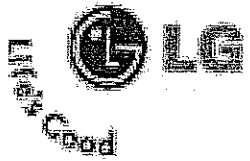
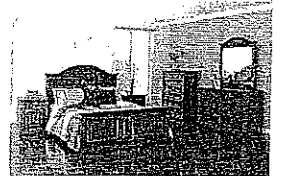
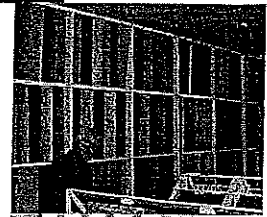
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Carpets

Rugs

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Sleepmaker



| Mon | Tue | Wed | Thu | Fri |
|---|--|---|--|---|
| | 20th November Bicheno Orientation Evening 7pm | 21st November Prep/1 Excursion Whitelion (6-8) | 22nd November Combined ENE Athletics | 23rd November |
| 26th November Grade 10 Exams Questacon | 27th November Grade 10 Leavers Dinner | 28th November Grade 10 Camp | 29th November Grade 10 Camp | 30th November Grade 10 Camp Leavers Assembly |
| 3rd December Kinder 2008 Orientation 1.30 pm | 4th December | 5th December Presentation Day | 6th December Booklists go home | 7th December State Primary Athletics |

St Marys Sesquicentenary Reunion Weekend

St Marys District High School Association will be providing light refreshments during the open day at the school, as part of the sesquicentenary celebrations. There will be a number of exhibitions of student works and an opportunity to explore the school surrounds. We are anticipating a number of interested visitors and local residents will attend.

When: Saturday December 1st
10am – 2pm
Where: Staff room

We are looking for volunteers to help with this fundraising activity. If you can assist from 9.30am-12pm or 12pm-2.30pm then please let us know.

Thank you for supporting of your School Association.

For more information please call Tanya on 6372 2187 (bh)
or leave your name at the school office

Kindergarten Orientation

All children who turn 5 years old in 2008 are invited to attend the

Kindergarten Orientation session at St. Marys District High School

On Monday , 3rd December at 1.30 p.m.

Come along and find out about the Kindergarten programme and school routines

For further enquiries, please phone Susan Miles on 6372 3900

Looking forward to meeting you

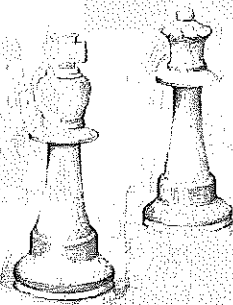
TASMANIAN CHESS FINALS

Monday 22nd, October.

VENUE: Launceston Church Grammar School.

WHO: Secondary Team -
Lawrence and Marcus Bretag,
Patrick Escobar, Nathan O'Shea,
Brodie Mitchell

Primary Team -
Tom Kelly, Ayla Harvey,
Bonnie Panoff, Lance Walsh,
Jesse McColl.



RULES: 9 games per player, 15 minutes total moves per player, touch move tough take, no coaching, no kidney punches

THE DAY: Imagine ... 190+ players from all over the state competing in one room (hall) simultaneously. Great tension, great excitement and many 'nerves' experienced by most participants. There were some early losses (moving too fast, TKO - touch rule mistakes ...) But then the players settled into the day and everyone had some successes, especially the Bretag brothers (6 wins each) and Tom Kelly, Ayla Harvey and Bonnie Panoff (5, 4.5 and 4.5 respectively).

At the end of the day the St Marys District High School Secondary Team came 5th overall defeating the Hutchins School (6th) and losing to Friends School (4th). Latrobe High were the winners. Our Primary team came 14th overall. All-in-all a worthwhile day and a great experience.



ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS on ROSTER

Dr. OTTOSEN 22/11/07– 6/12/07
Dr. REECKMAN 3rd, 4th and 7th December
WOMEN'S HEALTH CLINIC– 5th & 6th December

AFTER HOURS SERVICE

PLEASE PHONE GP ASSIST ON 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111
BEFORE PRESENTING AFTER HOURS.

St Marys Community Health Centre

GP Surgery Hours:

8:50am-12:30pm

12:30pm-1:30pm LUNCH

Please do not phone during lunchtime as appointments
can not be taken by the nursing staff

1:30pm-5:00pm

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to
your medication/s running out or **in advance** if you are
attending this practise regularly. Patients can not request
scripts over the phone.

PLEASE BE PATIENT

Please be aware that **waiting periods can apply.**
Phoning in advance may save you a wait. Please
be patient, we are doing our very best and your
cooperation is appreciated. Everyone's health is
important to us. — K. O'Shea DON

REPEAT SCRIPTS

Due to reduced Medical Coverage over the
Christmas period please ensure you have your
medication scripts up to date before the
Christmas Period. Details of the Doctors Roster
over Christmas will be in available next edition.

COMMUNITY TRANSPORT SERVICES

Until further notice
Community Transport can
be contacted on:
Dave Mallett 0408 382 690

UPDATE OF PATIENT INFORMATION

Have any of your details changed?

Have you moved, changed your phone number, got a
new Medicare card, Health Care Card or DVA Card?

Please ensure your personal details are currently valid.

Details can be updated on your personal medical
records by our receptionists on your next visit to
the Health Centre.

WHAT'S ON AT THE CENTRE

- 23 Nov **Diabetic Educator & Dietician Clinic**
with Pat and Jacqui phone 6372 2111 for
bookings
- 23 Nov **Relationships Australia**, 10:00am–4pm.
Lyn Marie phone 1300 364 277 for
appointments.
- 27 Nov **Jobfind**, Ambulance Training Room
downstairs
- 27 Nov **Child Health Nurse**– Lorraine McGee
2nd & 4th Tuesday of the month
9am-12noon. Afternoon appointments
available by phoning 0428 136 381
- 28 Nov **Podiatry**, Perry Daly from Lightfoot
Podiatry. Please phone 6331 9568 for
appointments.
- 30 Nov **Diabetic Educator & Dietician Clinic**
with Pat and Jacqui phone 6372 2111 for
bookings
- 31 Nov **Relationships Australia**, 10am-4pm Lyn
Marie phone 1300 364 277 for
appointments
- 3 Dec **Hospital Auxiliary Meeting** 2pm-4pm in
the Day Room
- 4 Dec **Jobfind**, Ambulance Training Room
downstairs
- 4 Dec **Anglicare**, Jo. 9am-12noon
- 5 Dec **Dr Thomas**, Psychiatrist
- 5 Dec **Women's Health Clinic** with Dr Libby
Reeckman. Please p-hone 6372 2111 for
appointments.
- 6 Dec **Women's Health Clinic** with Dr Libby
Reeckman. Please p-hone 6372 2111 for
appointments.
- 7 Dec **Relationships Australia**, 10:00am–4pm.
Lyn Marie phone 1300 364 277 for
appointments.

G.O.L.D.

Growing Old Living Dangerously

Program: November– December 2007

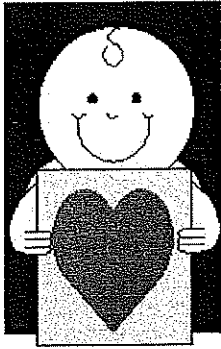
Thursday 29th Nov HOBART PEPPERMINT

BAY TOUR

Thursday 13th Dec TAMAR CRUISE

Places are limited, please call the Healthy Community
House on 6376 5242 if you would like to join this
FREE PROGRAM

CHILD HEALTH



ASSOCIATION



Are you interested in meeting other
mothers ?
Would you like to join in social
activities ?
Would you like to hear information
about children, play, child
development, sleep etc?

Then our CHAT group is for you!
Come along on Tuesday 27 November from
11-12.30 at the St Mary's Community Health
Centre, Meeting room for a Coffee and
CHAT!
Talk to Lorraine or ring Christine 62314765
Look forward to meeting YOU and YOUR
Child.



As I remember Christmas.

Maisie Finney.

As I am now 93, I have a lot of Christmases to remember. My earliest memories would be from when I was 3 years old. I grew up on a farm in Pyengana, with 3 sisters and 3 brothers.

Christmas started early, with the first thought of planting a big garden bed of peas, always planted to ensure they would be ready for Christmas. As a child, I remember thinking that if the pea pods were starting to fill out, Christmas must be close.

The next big thing was making the pudding, well before Christmas, and hung up to dry. Making the pudding involved a lot of preparation before hand. It was a great day for we children. Two big loads of wood would be brought in, the copper would be polished with vinegar and salt, filled with water and brought to the boil. The suet was finely grated, loads of fruit prepared, and a dozen eggs.

We all had a stir, and watched to see how many silver coins were put in. Of course for the children, the best part of all was licking the bowl after it was finished. I am sure mother left more in the bowl for all of us. The pudding was always very large, with a smaller one called a 'tester'.

Dad would be called in to tie the pudding in its calico cloth—still bearing the stains of last year's pudding. The pudding would always be tied with a big loop of string so that it could safely be lifted from the copper of boiling water. It always took 6 hours of cooking. Once the pudding was hanging for all to see, it sure did make Christmas feel a little closer.

The next exciting day for the children was the killing of the poultry. Because there were no freezers or fridges, the poultry had to be prepared the day before Christmas. I remember we used to keep it in the cool dairy.

We all had a try of plucking the feathers. The chickens were easy, but not the goose. The giblets, consisting of hearts, livers, gizzards, necks and feet, would all be carefully scalded and cleaned. These would then go in a big boiler with carrots and onions, and simmer for a couple of hours. This would make a beautiful soup. The giblets would then be shared out for us to eat. I have never forgotten that soup.

At last it was Christmas Day! We always received a stocking each, with lollies in the bottom and all the rest trashy things, but they gave us a lot of pleasure. We did not have soft toys or battery toys. Ours would all be wind-up. I also remember we always received a good book.

With all the poultry cooked it was time for Christmas dinner. The pudding would be given a final 3 hours boiling. Dad sat at the head of the table, doing all the carving of the goose and chickens. We were always allowed to ask for our favourite cut of meat. Along with the poultry, we had the green peas, carrots and new potatoes that we had grown, then to top it off, the pudding, and always my Dad's favourite, Cherry Pie.

It is now time to put away Santa Claus, undo the tree, put away the decorations and Christmas wrapping paper, and wait for another Christmas.

Thoughts on aging—it's true!

Do you realise that the only time in our lives when we like to get old is when we're kids? If you're less than 10 years old, you're so excited about aging that you think in fractions.

"How old are you?" "I'm four and a half!" You're never thirty-six and a half. You're four and a half, going on five! That's the key. You get into your teens, now they can't hold you back. You jump to the next number, or even a few ahead.

"How old are you?" "I'm gonna be 16!" You could be 13, but hey, you're gonna be 16! And then the greatest day of your life . . . you become 21. Even the words sound like a ceremony. YOU BECOME 21. YESSSS!!!

But then you turn 30. Oooohh, what happened there? Makes you sound like bad milk! He TURNED; we had to throw him out. There's no fun now, you're Just a sour-dumpling. What's wrong? What's changed? You BECOME 21, you TURN 30, then you're PUSHING 40. Whoa! Put on the brakes, it's all slipping away. Before you know it, you REACH 50 and your dreams are gone.

But wait!!! You MAKE it to 60. You didn't think you would! So you BECOME 21, TURN 30, PUSH 40, REACH 50 and MAKE it to 60. You've built up so much speed that you HIT 70!

After that it's a day-by-day thing; you HIT Wednesday! You get into your 80's and every day is a complete cycle; you HIT lunch; you TURN 4:30; you REACH bedtime. And it doesn't end there. Into the 90s, you start going backwards; "I was JUST 92." Then a strange thing happens.

If you make it over 100, you become a little kid again. "I'm 100 and a half!" May you all make it to a healthy 100 and a half!!

HOW TO STAY YOUNG 1. Throw out nonessential numbers. This includes age, weight and height. Let the doctors worry about them. That is why you pay "them." 2. Keep only cheerful friends. The grouches pull you down. 3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. "An idle mind is the devil's workshop." And the devil's name is Alzheimer's. 4. Enjoy the simple things. 5. Laugh often, long and loud. Laugh until you gasp for breath. 6. The tears happen. Endure, grieve, and move on. The only person, who is with us our entire life, is ourselves. Be ALIVE while you are alive. 7. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge. 8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help. 9. Don't take guilt trips. Take a trip to the mall, even to the next county; to a foreign country but NOT to where the guilt is. 10. Tell the people you love that you love them, at every opportunity.

AND ALWAYS REMEMBER: Life is not measured by the number of breaths we take, but by the moments that take our breath away.



**Come and join the fun at a
Building Blocks
Play & Learn session**

for children from birth to 5,
their parents and carers.

Falmouth Community Centre 10-12 Tuesday
November 27
Bicheno 'Beachfront' 10-12 Wednesday
November 28
St Helens Anglican Hall 10-12 Tuesday
December 4'



St Marys Sports Centre news. Kackhander

First to bowls, and the Men's team is still a comfortable ladder leader at present, after the first round has been completed, the points over 58 with the next teams in the mid 30's or so. Just the same we have some difficult away games to come. So ALL players are asked to give their support to try and retain last year's premiership.

Now that St Helens have folded into one team, strengthening them significantly, this is never more the case.

We'd like to congratulate Bicheno too, who are having quite a solid year, and really made us earn the points last weekend. We'd love to see them make the finals.

In the ladies pennant, our girls are really doing an incredible job in their first season back. No-one expected them to do quite this well, and they are genuinely not far away from their first win. There will be some celebrations going on when they do. According to other clubs comments they think it is not far away too, as our team are all young and enthusiastic, and are going to make a formidable team within twelve months. Look out, here they come!

Still on bowls, and it's great to report that the club's events are going really well, with some great matches being played at the moment. This is in singles, pairs and mixed pairs. Good effort all the winners so far. Better luck next time to the others who missed out.

The East Coast Triples was played in the past fortnight, and a St Marys team, Tim Singline, Rod McGiveron and Kodie Donald made it through to the final. In the final though, the Bicheno team of Alan Brown, Mark Oliver and George Dalrymple were far too consistent on the day and were big winners. Congratulations to them.

Now to golf, and thanks to Macca and those involved at the Pub for organising the Tote Day this weekend. Last year this event proved to be hugely popular, and Macca's efforts were legendary. Hopefully this year's event will be just as popular.

On December 1, we are scheduled for the Back to the Club Day. A few hiccups have happened to this event, but hopefully through the media in the next week or so we can get at least 20—30 old members to return for the day. Our biggest hassle is that the bowls pennant and East Coast Fours on that weekend make it impossible to cross over the days. Hence a real problem. If you know of anyone who you think might like to come on the day, just invite them, or see if they got the message through mail or media. Any help here is greatly appreciated.

The Ladies Championships commenced the week before last and the scoring was incredible. All our players broke their handicaps. That's unheard of! Congratulations to you all, and as we still have 36 holes to play, we will publish the overall winners in the next issue.

Chicken runs are getting off to a slow but consistent start. All very welcome on Friday evenings.

As I write this, I don't know if any club members had any luck at the Malahide Tournament. As there was no golf here, hopefully a few enjoyed a game at Malahide.

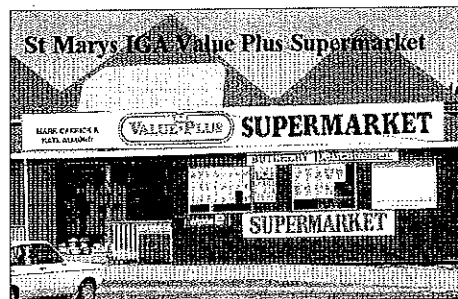
Tree planting around the course is about to commence, so if you can help Col somehow, please try to do so.

The Tuesday crew continue to do a great job on the course, but they ask if some tasks can be defined to be sure everything gets covered. Please talk to Bob or Trev if you can help out.

Normally we have the Annual Dinner in late November or early December. Last year the bush fires caused havoc at the scheduled time and we held over the 2006 presentations to January, after the Christmas rush. It was a great night in January. Due to many date clashes again, we may end up holding the 2007 club presentations to mid-January, which is holiday time for many people. How do you feel about that?

Otherwise we will probably need to use the last week before Christmas, which may not be all that popular. Let's hear from you on that.

Anyway, until next time, good hitting and rolling.



38 Main Street St Marys

Mark Kate

Phone/Fax 6372 2240

Butcher Ph: 6372 2274

Mon - Fri 8am - 6pm

Sat 8am 12 noon

In-store butchery

This week

| | |
|-------------------|------------|
| Porterhouse steak | \$14.99 kg |
| Corned Silverside | \$ 6.99 kg |
| Legs of lamb | \$ 6.99 kg |

Next week

| | |
|----------------------|------------|
| Turkey chops | \$ 9.99 kg |
| T-bone steak | \$14.99 kg |
| 1st grade beef mince | \$ 8.99 kg |

From the Deli

This week

| | |
|---------------------------|------------|
| New York ham off the bone | \$11.99kg |
| Cabana | \$ 8.99 kg |
| Middle bacon | \$11.99 kg |

Next week

| | |
|-----------------------------|------------|
| Pandani sl. hot/mild salami | \$15.99 kg |
| Champagne ham | \$12.99 kg |
| Lethborgs Savs or cocktails | \$ 6.99 kg |

Late week specials

This week

| | |
|--------------------------------|---------|
| Chum canned dog food 700g | 79c |
| Sorbent Toilet rolls 6pk | \$ 2.99 |
| Black & Gold sliced bread 680g | \$ 1.89 |

Next week

| | |
|----------------------------------|---------|
| Soft N Gentle Toilet tissue 18pk | \$ 3.99 |
| Papa Guiseppi Twin pk pizza 1kg | \$ 7.99 |
| JuicyIsle long life juice 2.5lt | \$ 2.49 |

**Don't forget to order your
Hams, Turkeys, Chickens,
Prawns etc. for Christmas.**