

The Valley & East Coast Voice

Volume 40 No 20
Thursday March 27, 2008

Est. 1968
50 cents

New Pharmacy open for business.

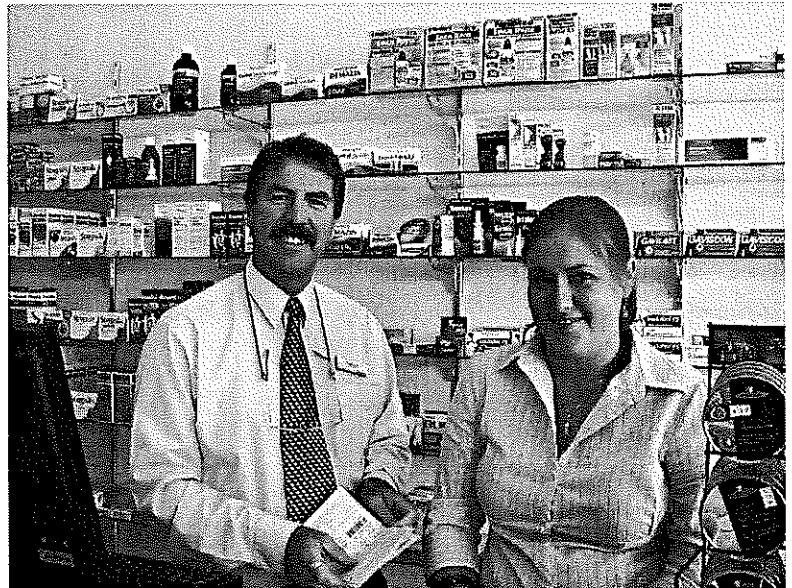
New pharmacists, Andrew Atherton, wife Tracy, children Josephine & Lillian, and Kelvyn Dexter, wife Michelle, children Jamie, Sophie and Amelia, are now entrenched in their new business, and are pleasantly surprised at the community support.

Both families come from Launceston and are dividing their time equally at this stage, doing 2 days one week and 3 the next respectively.

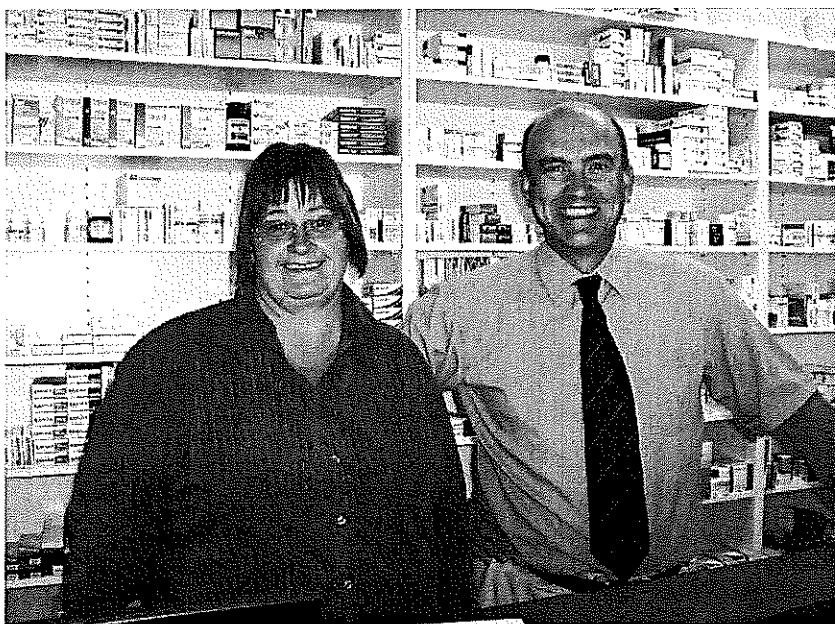
Both pharmacists wish to return to community pharmacy, where the pharmacists are part of a local community. Pharmacists are of more value at this local level, where they become more familiar with their customer's medications and also their conditions. Follow up is also much easier.

The pharmacy will not only provide a valuable service to the community, but also provide additional 'on the spot' screening for blood pressure and diabetes support.

Medication reviews (a process whereby the pharmacists visit your home and evaluates your medication in conjunction with your GP) will also be available.



*Pictured: New pharmacist Kelvyn Dexter,
with pharmacy assistant Rebecca Pitt.*



*Pictured: pharmacy assistant Sally Spilsbury,
with new Pharmacist Andrew Atherton.*

Dosage Administration Aids (DAA's) which are weekly packs for your medication, to make it easier to remember, will also be available.

Deliveries to all areas of Avoca, Fingal, St Marys and Scamander are also available.

Just give them a chance to help, and let them know your special requirements.

The pharmacy is open 5 days per week, 9am to 5pm, with a pharmacist on duty each day.

They are located in the former Westpac building in Main Street.

Telephone: 6372 2844—Fax: 6372 2874.



**Please note: Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday, April 8, 2008.
New email address: judith.spilsbury@bigpond.com**

Community news

St Marys Hospital Auxiliary

meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc. meets the last Saturday of the month at 4pm at the goods shed behind the St Marys Railway Station.

Grassy Bottom Regional Arts are holding General meetings on the first Tuesday of every month at 2 Story St, St Marys at 6pm. Come along to share your creative ideas and help Grassy Bottom maintain an artistic culture in our community.

The Tasmanian Lymphoedema Centre Inc., holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette- 6372 2224.**

St Marys Playgroup meets each Friday 10ish at the kindergarten. All preschool aged kids welcome to bring a carer/parent/granny/pa for a play and morning tea. Very chilled relaxed group of all ages - we love new members.

Contact Jane 6372 5060.

WOMBAT WALK WEEDERS meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. Contact - Robina 6372 2022.

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday.

Ph: Jan 6376 1661 or Leanne Ph: 6372 5291.

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Fire Station Scamander every third Wednesday of the month. New members are most welcome.

St. Patricks Head & Esk Valley Historical Society meets on the third Sunday of every month at St. Marys History & Gifts (the old railway station) at 2.30 pm. Meetings are informal and fun and new members are needed. Please contact **Barry Aulich** on 6372 5752 or **Jim Haas** on 6372 2127.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on 03 6372 5604.

Anyone interested in forming a Bridge Club in St Marys— please phone: Jack Foreman: 6372 2034.



SAWMILLING
YOUR TREES - YOUR PLACE
FOR PORTABLE SAWMILLING
Ph ROSCO:
6372 2147



Swap n Go gas cylinders now available from Gone Rustic, 37 Main Street, St Marys or call 0409 289 997 for opening hours.

NEWS FROM GONE RUSTIC:

PLAYTIME! Create your own luscious background fabric designs while playing with fabric crayons – you can then embellish them with hand or machine embroidery and/or appliqué. Session held on Saturday, 5th April (9-12). Bookings essential; please call in for a materials list. Cost: \$10 plus materials. [Fabric crayons can be ordered now for \$5 per pkt; some will also be available for use on the day.]

BIRDHOUSE SAMPLER QUILT – an original design by Rita Summers. Join this class to make a quilt from “go to whoa”, in your choice of colours and layouts. Starts Tuesday 15th April (1-3 pm; total of 8 weekly sessions). Cost: \$90 plus materials; minimum \$20 deposit with booking. *Bookings are essential; maximum of 6 enrolments only.*

FEATURED GUEST QUILTER – Lundy Vosper will exhibit her lovely quilts @ *Gone Rustic* from Wednesday 2nd April, beginning with a light lunch at noon, to help her launch her exhibition. Cost: \$5 per person. Book soon! *After lunch, why not stay on for ...*

THREAD PAINTING & EMBROIDERY! first session from 1-3 on 2nd April (will be every 1st and 3rd Wednesday of the month). Meet with like-minded stitchers to mutually improve your skills, gain ideas and keep the motivation going. Cost: \$5 per session; includes tea and coffee.

If you are interested in any of the above items, please contact Rita Summers on 6372 2724 (Tues-Fri, 11-4) or 0409 289 997, or drop in to Gone Rustic, 37 Main Street, St. Marys.

POSITIONS VACANT

ST MARYS VOLUNTEER AMBULANCE SERVICE

URGENTLY NEED VOLUNTEERS

An information night for any persons interested in joining either the ambulance service or the SES, will be held at the Council Chambers, St Helens on Tuesday April 8th. 7pm – 8pm. If you have any questions please contact:

Coordinator: Ian Bradbury, 6372 2209

Grassy Bottom Regional Arts are calling for expressions of interest for a **Hooked Rug Making Workshop** with **Joanna Wild**. Cost will be: \$50 members/ \$60 non-members. This includes wool for rug making.

Participants are to supply their own mesh, scissors and latchet hook (available at Spotlight)

For more info about hooked rugs, go to Joanne's website:

www.lasting-impressions.com.au
Proposed workshop date, April 26th, 2008.
If interested, please ring Eo on 0438 571 291

NATIONAL TREE PLANTING DAY.

Wombat Walk Weeders will again host National Tree Planting Day this year, to be held on 27th July, 2008, starting at 10.00a.m at Wombat Walk. Bring a hat, water to drink, and sun screen, and wear appropriate foot wear. Come along, bring the children and have a great day.

Classifieds

FOR SALE

2yr old F/male goat. Very friendly. Used to tether. \$30.ono. Ph: 6372 2422.

4 burner BBQ. As new. \$150.ono
Ph: 6376 3628.

Very large chest freezer to swap for small chest freezer. Works well. It's not ugly, but isn't pretty either!!! Will consider buying small freezer for a reasonable swap price if necessary.
Ph Lesley: 6372 2818.

STIHL 064 chainsaw good condition. 2 bars and chains. \$300. ono.
Ph:63722512.

Ibanez 5 string bass guitar. Active pick-ups, great condition. \$575.
Contact Steve: 6372 5616.

FORD METEOR. 4 cyl. Has some panel damage. Goes well. Suitable for "kids learn to drive" project, or parts. \$150. Ph: 0437 227 123 or 6372 2222.

1 X Luxman Stereo cassette deck K-210.

1X Sony integrated stereo amplifier TA-F55.

1X Philips Stereo integrated system with 2 speakers.

Will sell all 3 together or separately. please phone 6372 2099 or 0409 838 816, if interested.

1987 Holden Camira. Automatic – needs distributor cap. No rego. \$200.
Ph: 6372 2380.

'90 Mitsubishi Magna Auto s/ wagon.

Reg. till June, '08. Good tyres. Good order. Runs well. \$1200.
Ph: 0427 603 488.

New 4ft Rotary hoes. \$1250.

Pasture harrows from \$500.

Grader blades from \$375.

Trailing spreaders. \$850.

Bale forks. \$690.

Hydraulic bale handler. \$2050.

And more.

Ph: (03) 6272 4278. all hours.

Timber four-shaft table loom.

(\$350 ono). Ph: 6372 2724 or 0409 289 997.

Boat Stacer. 3.9 metre aluminium.

Near new 30HP Yamaha, carpeted full floor, removable bimini canopy, registered trailer, many extras. Very good condition. \$5,950.
Ph: 6372 5486 or 0408 519 373

FOR SALE

International 434 Tractor 43HP. Very good condition. \$4,800. ono.
Ph: 6372 2762

Stihl F5 36, 40 whipper snipper in good condition. \$90. ono.
Ph: 6372 2440 or 0419 861 957.

Laserjet 4mp printer (colour) + 3 x quality toner cartridges. \$80.
Desk top computer. \$50.

Computerised sewing machine. \$40
Doors—various types. Make an offer. Ph: Em. 637 22248.

1975 Holden. No rego. Goes well. \$800. Ph: 0448 049 384.

Saxon woodheater, inbuilt, good condition. \$180, Ph: 6372 2686.

Toyota Tarago good motor, needs some TLC. \$500. ono. + 2nd Tarago for spares. Ph: 6372 2980

2x single bed ensembles. Good condition. \$80 & \$100 each.

1 single bed head. \$10.

Club lounge. 3 pieces. \$500.
Ph: 6372 2365.

Single bed ensemble with white decorative iron and brass bed head. Excellent condition. \$200. ono.
Ph: Karen Polden 6372 2438 or 0439 333 398.

Double 'beige wool' sofa bed. \$250.
Double 'floral pastel' sofa bed. \$750.

Hedge trimmer. \$100.

Ryobi Vac blower. \$175.

Dressing table. 2 drawers. With mirror. \$40.

Wrought Iron garden chair. \$30.

Vacuum cleaner. \$50.

Fluffy white bunny soft toy. \$10.

Double bed sheet set. Lime green & white check. \$20.

"Country Sampler" magazines. 50c each. Video player. \$20.

TV stand. Rustic dark wood. \$50.

Ph: Tom or Coral Brady. 6374 2285.

Queensize slat bed mattress.

Excellent condition. \$80. ono.

Ph: 6372 2220.

"Moo-Poo". Finely screened. Any amounts. See Norm.

Ph: 6372 2380.

Household pressure pump. \$295.

Fire fighting pumps. From \$450.

Transfer water pumps. 2" in— 2" out. 4hp. \$325.

Hose kits. \$169. Ph: 0407 944 158.

Wanted

Sheep to rent.

Property (12 acres)

at Four Mile Creek

requires a little lawn mowing.

contact Lisa

63722834 or 0438668583

WANTED

JAM (Jesus And Me) is in desperate need of a weatherproof shed (on site) for storage of chairs. Is there someone out there who could please help us?

Please contact Melanie Norton on 63-722099 or 0409-838816

WORK NEEDED URGENTLY

Mature, reliable person seeking housecleaning or similar work. Experienced, honest and excellent references. Phone Margot 6372 5635

Looking for work.

play minder / therapist -

challenges a speciality -

please phone Janette -

rates neg. 0421 319 586

FOR SALE FALMOUTH LAND

2300SQM BLOCK

\$199,000. ONO.

Ph: 0427 603 488

Sheds, stables, garages, affordable homes and more – for appointments or a free quote, talk to Rita and Ian Summers @ Gone Rustic, 37 Main St., St. Marys (Tues-Fri, 11-4) Phone – 03 6372 2724 or 0409289997.

GARAGE SALE

LYNE COURT, 4 MILE CREEK.

COLLECTABLES,

LANDCRUISER RIMS.

OLD TOPYS, BOTTLES ETC.

29 & 30TH MARCH, 2008

8.00AM—5.00PM

APPROX 3KM FROM FOUR MILE CREEK SIGN ON MAIN ROAD.

A LITTLE BIT OF HERITAGE: Jim Haas "Survival Skills"

There are few people living today who still have memories of the Great Depression of the 1930s. Australia, like the rest of the World, was brought to its knees like never before. People everywhere were thrown out of work, or in many cases like our coalminers, were only given a couple of days a week.

There was no dole in those days and many people in the cities were forced to beg on the streets, or rely on hand-outs from charities. But the charities had little to give and their resources were stretched to the absolute limits with many missing out.

Men were forced to leave their homes and families, travelling the county for any little bit of work they could muster. But with an unemployment rate of near 32%, paid work was like looking for a needle in a haystack.

In country areas like the Fingal Valley times were hard too, but our ancestors were an innovative lot and were able to utilise the resources around them. A few went prospecting, but the ground was already well covered and minerals were scarce. Some went into the bush and cut wood, as well as split palings, shingles and fence posts, but little money was available to buy their product.

A number of women developed skills in peg making. They would spend hours collecting willow from along the river banks and carving the wood to a perfectly shaped peg. (One of which is pictured, right) Then they would travel from door to door selling their product for threepence a dozen.

Almost every family in the valley had a veggie garden and some had a milking cow. Veggies and dairy products could often be traded at the general stores for tea, sugar, flour clothes etc. Cows, at that time were allowed to run on the streets, so even a family with a small block could still run a cow and at least have good food on the table each day.

If you could get permission from the land owners to wander along the banks of the Break O'Day and South Esk Rivers, trout, perch and tench were to be had. The biggest source of food in the rivers, however, was eels. There are many stories of men walking home with a chaff bag full of slimy eels and people would place a bucket at their front gate hoping an eel would be dropped in as the men walked past.

The 1930s was also well before the introduction of myxomatosis and the calicivirus, so rabbits, or "underground mutton" as they were called, were plentiful. Indeed it was said, you could get a bag full in half an hour by walking through a paddock full of tussocks with only a waddy as a weapon.

But it was the skin trade that provided the means for many of our ancestors to survive. Their skills in trapping, snaring and shooting were developed to the point of perfection. They would spend days, even weeks sometimes, camped in the hills tending a line of snares or traps to catch their quota of ringtails which were common in those days. The prize catch would be a possum. They were rare, and a good possum skin could be worth up to a pound.

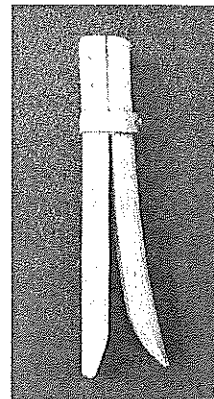
Every wall around a hunter's home, from his house to the 'dunny', would be covered with skins of all shapes and sizes. Rabbits, kangaroos, wallabies, ringtails and, perhaps a possum or two would be pegged out to dry and made ready for when E.B.L. Dawson, the skin merchant, came around.

Apart from the six months coal miner's strike in 1949 where these bush survival skills were again implemented, we have enjoyed an economy that has given us a wealth that allows us to buy all we need, and more, at the supermarket. Hence, hunting and simple survival skills are being lost as those who remember them die out.

But will this wealth continue forever, or could we see another Wall Street crash like 1929 or something worse? Then could we survive today without the supermarket? Could we live without money and make a backpack out of a sugar bag, or a variety of utensils out of a kerosene tin? Could we go back to growing our own veggies, milking a cow and living off the land, or would we have to beg in the streets?

To learn more about early hunting and bush survival skills you are welcome to a St Patricks Head and Esk Valley Historical Society Inc. Demonstration Day to be held at the St Marys Railway Yards on Saturday the 19th April.

Come along and have a look you never know what the future could hold.



*The humble
homemade
willow clothes peg.*



*"The Barnes Family of Beauty Flats near Mathinna
with their catch of ringtails"*

Work for a bank that's part of your community.

Easton Australia

Customer Service Officers

- Part time opportunities available
- Located in Swansea and Bicheno, Tas

Community members of the Swansea, Coles Bay and Bicheno areas have been working passionately with Bendigo Bank to provide their community with an innovative way to complete their banking. We have recently opened our first **Community Bank**® Branches in Swansea and are about to open in Bicheno. We are now looking for the right people to join the team who share our passion for community sustainability and providing great local banking services.

As a Customer Service Officer, you will be the face of Swansea/Bicheno **Community Bank**® Branches, listening to customers and using your skills to help them achieve their financial goals. Positions will be permanent part-time.

We are looking for people with:

- Customer service experience
- Strong communication skills with a friendly approach
- Cash handling experience,
- Computer skills, and
- an ability to gain knowledge and learn new skills.

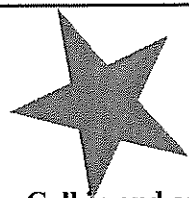
Previous banking experience would be an advantage although is not essential as you will be provided with intensive training and support to be successful in the role.

Take this opportunity to be part of a dynamic and motivated team, in a supportive environment with substantial staff benefits.

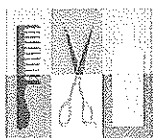
To find out more please visit our website at careers.bendigobank.com.au or contact Julie Luxford (Recruitment Consultant) on 03 5485 6027. To submit your application visit our website quoting Reference No. TAS428E31. Or mail your application to Julie Luxford, Recruitment Consultant, PO Box 480, Bendigo, Vic 3552. Applications close Friday 4th April 2008.

To apply visit careers.bendigobank.com.au

Swansea/Bicheno **Community Bank**® Branches  Bendigo Bank



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TUES—THURS 9—LATE THUR. BY APPOINTMENT

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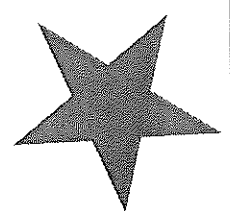
Call in or phone and talk to Kellie today.

Price: \$25 per ½ hour session. \$150 x 10 sessions.

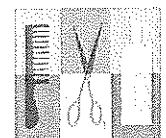
PHONE 6372 2108

Appointments available NOW

Appointments available NOW



Main Street, St Marys. Telephone: 6372 2108



DOING THE ROUNDS

Clr Reon Johns 0429722091

There are quite a few people who are interested in the outcome of an amendment to the Break O'Day planning scheme in the January meeting zone. I put copies of the January amendment, dealing with residential use in the Natural Resource zone, in the notice boards located in St Marys Hall, St Marys Post Office and Fingal. However, someone has removed this important notice from the St Marys Post Office. As this has now been certified and affects a large part of our community I will replace it ASAP.

Last weekend I attended a workshop for "newly elected council members". I was unsure if this would be worthwhile, however it was well worth the time and effort. It was good to mingle, exchange ideas and see how other people view things. It appears that there are quite a few problem areas that are common on all councils. Hopefully with this new found network these issues can be resolved.

On my visits to Mathinna, Fingal, St Marys and Scamander I have come across a few problems that residents are having trouble getting resolved. So I have compiled a list and passed it on to the Works Dept. I am sure that these problems will be fixed in due course. Remember that Rome was not built in a day, so please be patient.

Work has started on the New Fire Shed. The Council crew is working hard to have the plumbing finished. There was a bit of a saving for the ratepayers, it seems that the drain under the road was blocked and needed cleaning, a quote was obtained for over \$12,500.00, and our Council staff did it for \$500.00. Well done!!

The budget deliberations have started. There is only so much money in the biscuit tin and so much wanted from different areas of the Break O'Day. So if your particular project misses out, please try and understand the reason why.

There has been a change to the agenda regarding the "Mayor's Communications". In the past Councillors were able to ask the Mayor to expand or comment on items in the "Mayor's Communications". They are now not open for questions or debate. Any Councillors requiring information on any matter in the communication report can contact the Mayor. Interesting!!

The location of the skate park at Scamander has been voted on and put to rest. I hope, this project can now move forward, as well as the Surf Life Saving project. Good luck to both of these worthwhile organisations in their endeavours.

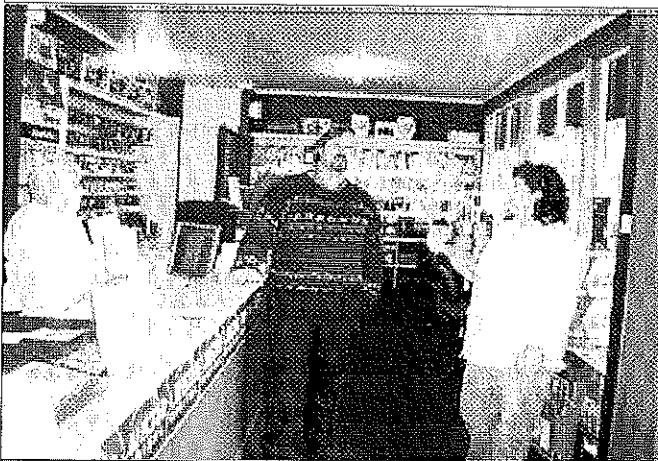
Council will begin a review of the current Settlement Strategy and it is planned to involve all the communities throughout the Break O'Day. That's all at the moment as it is still in the planning stage.

I have started my monthly visits to Mathinna and Fingal on the last Thursday of each month. I will be in St Marys, at the Bakery, on the first Thursday of the month from 10:00am till 11:30am. Then on to Scamander, Mouth Café, from 12:30pm till 2:00pm.

I can be contacted on mobile 042922091 or Fax 63722098. Councillor Reon Johns."



NORTH EAST COMPUTERS Pty Ltd
Established 1995 ABN 44 074 123 425
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St Helens Fax: 6376 2447
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FOR SALE

Sandblasting cabinet. \$270. Includes 25kg of sandblasting
Garnet. Air brusher. \$170. Tile cutter. \$50. Glass grinder.
\$250. Glass tindicator. \$100. Ph: Mob 0419 179 112.

Nokia 6120 Classic Mobile Phone, new (still in box) Re-
tails for \$589 -Sell \$220.

Krupps Home Espresso Machine. In good order. \$60.

Surf rod and reel, good condition. \$80.

Please ring 0438 571 291.

Golden Wedding Celebrations for Peter & Marjorie



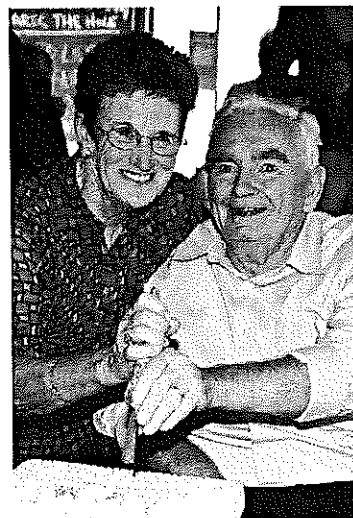
Marjorie and Peter on their wedding day, March 22, 1958.

On Saturday March 15, relatives and friends travelled from near & far, to help Peter and Marjorie (nee Toombs) Spilsbury celebrate their 50th wedding anniversary, with a surprise party which was held at the St Marys Sports Complex.

By the expressions on two very surprised faces, the secret was well kept.

Peter and Marjorie's family, Michael and Sally, Paul and Vanessa and Leigh and Karen along with other relatives, provided a lovely afternoon tea which was enjoyed by all.

There was much laughter and reminiscing during the afternoon, including the taking of photographs, which is a feat in itself, trying to get people to pose, without the giggles, but it was accomplished very successfully by Peter Troode.



Cutting the cake on their Golden Wedding Day.

All photographs by Peter Troode.

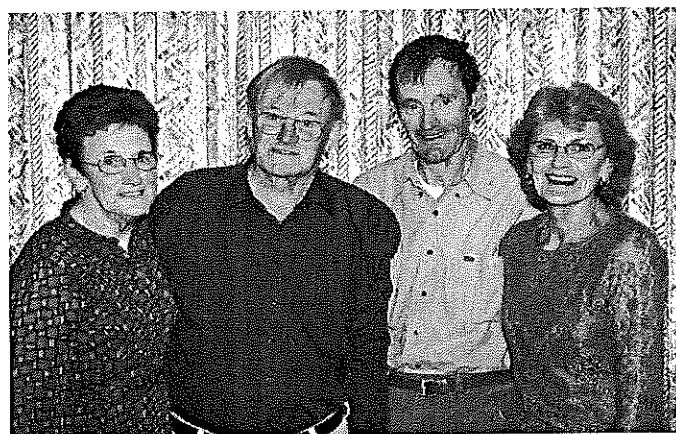
Right: Peter and Marjorie and their extended family.



Below: Some of the members of the original wedding party.



Below: Marjorie, Les, George and Barbara.



Group photo of relatives and friends.



Early Hunting & Bush Survival Skills

Display & Demonstration

- . Snares and trapping
- . Rifle club memorabilia
- . Setting springers
- . Market stalls
- . Music
- . Sausage sizzle
- . Free entry

Hosted by the St. Patricks Head & Esk Valley Historical Society Inc.

Saturday 19th April, 2008

10.00am until 2.00pm at St. Marys History & Gifts

Enquiries: 63722127

Scamander Skate Park go ahead

The Skatepark for Scamander was given the go ahead for construction at the Break O'Day Council Meeting on March 11, 2008. The proposal by the Scamander Skate Park Interest Group (SSPIG) for a skate park as a "recreational use" on council land on the foreshore, was given a development permit by council in 2005, and a building permit in 2006, but construction was delayed while funding was being completed.

Funds were available in early 2007 to allow the park to be constructed in stages; however, SSPIG had applied to the Commonwealth Government for Regional Partnership funding—such funding is not available to complete projects; so Stage 1 was put on hold until the group learned whether the funding had been approved.

The grant was obtained, and in August 2008, SSPIG advised council that it now had sufficient funds to proceed with construction as a whole and was ready to go ahead under terms of its development and building permits to develop a skate park on LOT 18 and part of LOT 17 on the foreshore below the Mouth Café.

However, the East Coast Surf Life Saving Club then sought Council's permission to construct a club house building on the same site. It was suggested that the club house could be built on LOT 18 and the skate park moved south to LOT 19. Council gave permission, as owner of the land, for ECSLC to make the application, and at its meeting in February 2008, acting as a Development Authority, granted a development permit to ECSLC for the construction of a club house as a "business and civil use".

In granting this permit, the report submitted by the Acting General Manager was considered, which stated "Council can issue more than one permit for a site. Given the site is Council owned land, if the (permit for) the Surf Life Saving Club (building) is approved, it will be up to Council to determine which development gets built on the subject site".

Council had now (1) as **owner of the land**, given permission to two groups to make a Development Application for a permit to carry out a development on its land, (2) as a **Development Authority**, had granted a permit to both groups for a development on the grounds that each proposed development complied with the requirements of the Planning Scheme for the location.

Council had now (3) to make the final decision as **owner of the land**, as to which development it would give consent to proceed.

At the March meeting, council, as the landowner, gave its consent to the skate park development, taking into that the risk assessments, safety factors and other issue considered in relation to the location and operation of the skatepark were specific to LOT 17 and 18, that evidence had been given by Surf Life Saving Tasmania that a club house could operate just as effectively on LOT 19-20, and did not need to be on LOT 18. (in 2004, council was advised that LOTs 19-20 were suitable for a building) It was also argued that while it was possible for both projects to proceed, with the skate park located on Lot 17-18 and a club house on LOT 19-20, the skate park could not proceed with the site split in two by a club house on Lot 18 because this would negate the safety factors, risk assessments and other factors upon which the permit had been given for the skatepark.

Construction of the skate park is to commence before May 18, in accordance with decision by Council.

(This information has been provided by Councillor Clement as background to an issue which has generated some discussion within the community, so that residents are informed on the process that has been undertaken in this matter and the considerations that have been taken into account.)

For service and reliability

TROTTERS CONTRACTING CORNWALL

- Septic tank cleaning service
- 7.5 ton excavator & ten-yard truck hire
- Licensed water cart for bulk supplies of drinking water
- Water cart for roadwork
- Also St Marys Wood Yard for all your wood supplies

*Remember it doesn't matter when
Ring Glen or Marcus on
6372 2107 or 0417 279 422
6372 2742 or 0419 322 035*

Excavator fitted with grab • Custom made v drain buckets • Narrow trench bucket for poly pipe & electrical • Ripper and all digging & clean-up buckets
• Supplies of bedding sand & gravel • House sites & blocks cleared • Rubbish removed & roadwork

If we can't do your work we will do our best to find you someone who can

OP-SHOP NEWS

CHECK OUT OUR NEW
FORTNIGHTLY SPECIALS

THIS FORTNIGHT'S SPECIAL

ALL LADIES CLOTHES
1/2 PRICE

FIRST IN BEST DRESSED
WE HAVE
AFFORDABLE CLOTHES
FOR THE WHOLE FAMILY

OPENING HOURS

MON—FRI 10AM—4PM
SAT 10AM—12 NOON

PUBLIC MEETING CALLED FOR BEAUMARIS

A PUBLIC MEETING IS TO BE HELD
ON SUNDAY APRIL 6TH,
SURFSIDE MOTEL, BEAUMARIS,
AT 2.00 P.M.
**SUBJECT: HOME DELIVERY
MAIL SERVICE
FOR BEAUMARIS VILLAGE.**

HISTORY:

Signatures on petition papers collected 12 months ago indicating more than the 50% required would welcome the service to each household, were forwarded to Australia Post, who replied that it was necessary to carry out their own private poll.

After this 'private poll', which, we believe, was conducted in the manner of opinion polls, that is on a percentage basis, indicated that only 32% OF THOSE POLLED returned their questionnaire.

The fact that they, the recipients, only had to return the forms if they *wanted* the service worked against the original intention, as many did not return their slips, having already signed our petition.

We, the residents, feel that we have been short-sheeted, and as Binalong Bay has a home-delivery, it is felt that the 6.5 kms. from Scamander should be no problem, and would serve the needs of many in the village who have to rely on friends driving them to the Scamander P.O. to collect mail.

The only dissension has come from a handful of residents whose costs of a private box would rise if the above service were provided.

9 politicians have been invited, as well as the Mayor, Robert Legge.

Kind regards,
Don Ives.

Seniors, Veterans and Carers to Benefit from Increased Utilities Allowance

Seniors, carers and people with a disability in Lyons will be among those to benefit from increased financial support from the Rudd Government.

Dick Adams the Member for Lyons said the Government was delivering on its election commitment to help pensioners, carers and seniors make ends meet.

"The Government understands the cost of living pressures faced by many in the community. From 20 March we will increase the utilities allowance from \$107.20 a year to \$500 to help people in Lyons pay their phone and hydro bills.

"The increased allowance will be paid to all current recipients and extended to include people receiving the carer payment, disability support pension, widow B pension, wife pension and bereavement allowance, Dick Adams said.

Mr Adams said veterans and their partners receiving the Invalidity Service Pension, Partner Service Pension or an income support supplement would also receive the allowance for the first time.

"The allowance will now be paid quarterly to help people manage those bills that they know will come in on a regular basis", Dick Adams said.

The seniors' concession allowance and telephone allowance will also increase from 20 March 2008.

Dick Adams said the seniors' concession allowance would rise from \$218 a year to \$500 a year for around 320,000 Commonwealth seniors' health card and gold card holders, and would also be paid quarterly in line with the utilities allowance.

The telephone allowance will increase from \$88 a year to \$132 a year for veterans, income support recipients of the age pension, Commonwealth Seniors Health Card Holders and recipients of the carer payment and disability support pension who have a home internet connection.

Mr Adams said people receiving the telephone allowance should contact Centrelink or the Department of Veterans' Affairs to provide details of their home internet service provider before 20 March in order to be paid the increase on time.

"All allowance increases will be paid in the fortnight starting 20 March and everyone will be paid by 3 April 2008.

"I encourage anyone with any questions about the new allowances to contact my office", said Dick Adams.

Contact: Dick Adams office on 6398 1115

Rae & Partners

**Lawyers Barristers & Solicitors
93 York St Launceston**

Visiting :

**St Marys Community Health Centre
Alternate Tuesdays : 9 am – 10 am**

Scamander Beach Surf Shop

**6 Lagoon Esplanade
Scamander**

Ph: 6372 5529

Scamandersurf.com

Bathers Wetsuits DVDs
Clothing Footwear
Bodyboards Watches
Jewellery

Surfboards:

Milch McTavish
Surftech Bic G Boards

Bay Surf Shop

**2 Pendrigh Place
St Helens
Ph: 6376 1755**

RATHA B'ZAR

40 Main St
St Marys Ph: 6372 2684
Open 10—4 Mon to Fri. 10 -1 Sat

Wicked Tassie Crafts

- **NEW LOCALLY MADE
GOAT MILK SOAP
FRESH FROM**

**'SUMMER' THE GOAT TO YOU.
ONLY \$2.**

- **LARGE RANGE OF
TUMBLER STONES
ONLY \$2 EACH.**

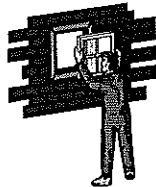
**eg. GARNET—beneficial for:
attracting love, self confidence,
bringing courage & hope.
Removes inhibitions and taboos.**

**Check out our new efemera!
Don't know what that is?
Be Ratha B'zar and**

EAST COAST GLASS

Falmouth Ph: 6372 5361

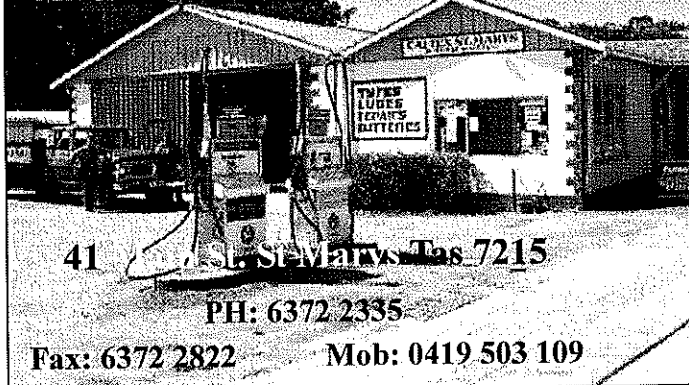
- ▶ Glass repairs
- ▶ Shower screens
- ▶ Wardrobe doors
- ▶ Double glazing
- ▶ Aluminium windows
- ▶ Security doors



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the East Coast.

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for prompt and reliable service.

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41 East St Marys Tas 7215

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Fax: 6372 2822

Mob: 0419 503 109

The Say Cagerattler

It's been a hectic few days over Easter as we all know and the influx of visitors was as much as any other year. What a pity so many of them have scant disrespect for other road users. No wonder our police officers nail so many these days. Some of the things I personally saw this weekend just beggered belief.

Just lately there has been a concerted push for road motorcyclists to be warned about making themselves visible to others and so on. I wish the nutcases on the Victorian number-plated bikes on Easter Monday, following me on the St Marys Pass and into Scamander had been a bit more aware of their effect on us.

It was deplorable and I only wish a cop had seen them. All the way from virtually the top of the Pass I had a big bike almost on top of me with four mates not much further back. There was masses of traffic heading in the opposite direction, so passing me was virtually impossible anyway. This didn't prevent him from massively tailgating me though. After we left the pass, all five bikes were still behind me and I fully expected to be overtaken even though I could travel at just about the approved speed limit.

How right I was. Even though dense traffic was coming toward us, the kamikaze bike riders began ducking past me one by one. Up ahead was a campervan so I slowed down to approximately 80 kph to accommodate him. Two more bikes went maniacally by us both, along Steeles Straight and another one bike at least was still behind.

Here's the really crazy thing though. By the time we had gotten to the 80k zone near Upper Scamander those 4 riders were 100 metres maximum up ahead of me mixed up with another campervan and a car. Smart moves boys. By now we are all coming into the town and as I neared the post office the fifth rider suddenly decided to pass me and the camper on the inside without being able to be sure what was coming. Absolute idiot, and no regard for us or himself.

It's these riders who give the vast majority of motorcyclists a bad name. Most are good road users but these stick in your memory. At least they weren't Tasmanian.

About an hour and a half later I was heading out of St Helens when, as I approached Akaroa turn off, I noticed a rental car ahead. This person was moving at perhaps 30-40 kph so I slowed down. To my complete amazement this driver decided then to come to a complete halt right on the road. My first thought was that he had broken down. Another car then another had to stop and we waited to see what was going on or if he would use hazard flashers.

Then I realised what was going on. They were sightseeing. They were just admiring the view, I suspect oblivious to everyone else. Suddenly this driver decided to go and shot off perhaps finally realising that he was impeding the traffic. A short while later I saw the same car pulling right off the road hopefully mindful this time of other people.

Later that day I was telling another person about this and he wasn't surprised at all. He commented that on several occasions in the past he had encountered tourists from overseas pulling up way too close to corners even on our Passes to take photos and so on.

I'd like to ask such people would they do it or like it done in their countries. I bet they wouldn't. None of us are perfect drivers that's for sure, but we surely could become more considerate drivers and think of the consequences of our actions a bit more often. That is quite apart of course, from the obvious drink-driving and excessive speed matters that invariably cost lives.

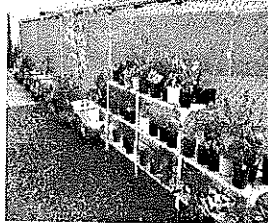
What do you think?

**ST MARYS HISTORY
AND GIFTS.**

OPEN 7 DAYS
10-5 PM WEEK DAYS
10-2 PM SUNDAY



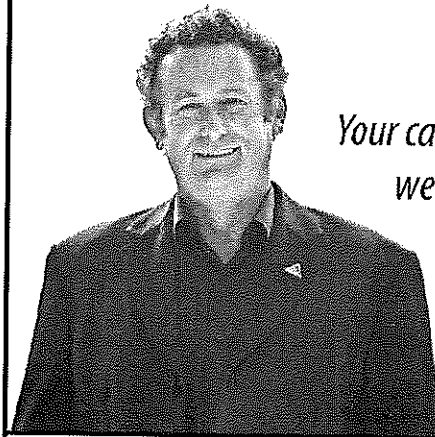
FOR THE MONTH OF APRIL
**20% OFF ALL PLANTS AND
GARDEN ORNAMENTS**



WELCOME ABOARD!
**THE JOURNEY STARTS AT THE
ST MARYS RAILWAY STATION.**
Telephone: 6372 2007
CALL IN FOR A SNACK AND SOME GREAT COFFEE

Tim Morris MHA

Tasmanian Greens Member for Lyons



*Your call is always
welcome.*

Address: 33 Burnett St, New Norfolk 7140

Phone: (03) 6261 8048

Fax: (03) 6261 8047

E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MHA, Parliament House, Hobart 7000.

AMCAL ST HELENS

ERNEST TARGETT PHARMACY

Serving our community for 50 years and the Valley for 25 years.

Some of the services we offer:

We are Quality Care Accredited

We hold complete patient histories including interactions and allergies.

We uphold total professional confidentiality

We are a diabetes Australia sub-agent

We employ approximately 10 local staff

We hold around \$300,000.00 worth of stock

We provide free blood pressure testing

We provide Self Care cards and printouts of any new medications prescribed

We have an extended range of vitamins and complementary medicines

Amcal catalogue specials and Loyalty Club

We aim to make shopping a pleasurable experience

We are the first point of contact in the health chain and if necessary, will advise further consultations with your local GP

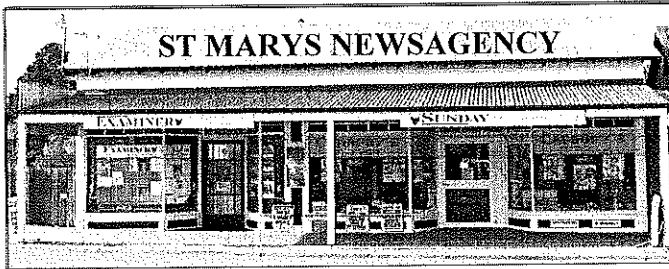
Our goal is that when each customer leaves the pharmacy, or completes a phone call, that there is nothing more that we can do to assist

Our staff are vastly experienced with up to 30 years continuous service with the business

Free deliveries

**OUR PHARMACY BOARD APPROVED DEPOTS AT FINGAL, AVOCA, ROSSARDEN,
AND MATHINNA ARE STILL AVAILABLE FOR YOUR CONVENIENCE!
NOTHING WILL CHANGE.**

DON'T FORGET- WE ARE ONLY A PHONE CALL AWAY! AND YOU HAVE A CHOICE.



ST MARYS NEWSAGENCY

Phone: 6372 2143

Open 7 days a week for your convenience
6am – 7pm Monday to Friday

YOUR BILL EXPRESS AGENT

AURORA AGENT

CALLOW BUS DEPOT

DVD HIRE CENTRE

AND IN STOCK.....
PRE-PAID MOBILE PHONES.
Sony Ericsson W6101: \$199.
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We also have all your overseas call cards.
GO TALK, HOT TOMATO, DAYBREAK, HAPPY CALLING,
ITS GREEN, SAY GDAY, AND MANY MORE



Neighbourhood
watch

CGU Insurance

MEETING DATES NEIGHBOURHOOD WATCH.

AREA 102

SCAMANDER, BEAUMARIS,
UPPER SCAMANDER, FALMOUTH.

WEDNESDAY 9TH APRIL.	7.30PM
WEDNESDAY 11TH JUNE.	7.30PM
WEDNESDAY 13TH AUGUST.	7.30PM
WEDNESDAY 8TH OCTOBER.	7.30PM
WEDNESDAY 12 NOVEMBER.	7.30PM

ALL MEETING ARE HELD AT THE HOME OF
MRS SHEILA CHUGG,
2 SCAMANDER AVENUE,
SCAMANDER, 7215.
PHONE: 6372 5406



PROUDLY SPONSORED BY AUSTRALIAN PAPER



OUT OF THE WOODWORK

Wendy Brennan
Treasurer 6372 2094

The Guild had a surprise visitor, Geologist Tony Hope, who is researching tourist attractions in small country towns for his upcoming book. Tony thought the Guild shed and the History room deserved closer observation and he not only shared a tea with the members but bought some of our wares. We wish Tony every success with his literary endeavour and hope that the charm of St Marys' attractions have captivated him enough to give us an impressive mention.

Pete Williams, our vice president, is at present in Launceston General Hospital. Our thoughts are with both him and Fran and we hope that he has a speedy recovery.

The St Marys Markets are proving popular with the tourists who have purchased a large portion of the Guild's stock not to mention Reon's famous sausages. A delightful Hawaiian couple where so taken with our snag sandwiches they promised to return again to sample these culinary masterpieces!!

On a serious note. The Guild would like to send their heartfelt sympathy to Dave Aulich and his family on the loss of Sandra. We extend a personal invitation to Dave to drop in at any time for a cuppa or maybe in time, join.

The Guild has 2 small coffee tables left, for sale at \$15.00 each or \$25.00 for both, please note that these are seconds.

The Guild meets on the last Saturday of the month in the Goods Shed behind the St Marys Railway Station, at 4pm.

The Woodcraft Guild workshop is open Monday, Wednesday, Friday & Saturday from 10:00 till 4:00. Other times by arrangement.

Apologies to Harris Funerals and C&D Excavations. Due to limited space your advertisements have not been placed this issue. Sorry for any inconvenience.



*Working
for you in
Lyons!*



Rene Hidding MHA
Your Liberal Lyons Member

Ph: 6397 7411

Fax: 6391 3103

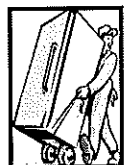
17a Marlborough Street, Longford
rene.hidding@parliament.tas.gov.au

Ransley's Appliance Service

P O Box 136
Scamander Tas 7215

- Washing machine NOISY?
- Refrigerator runs too LONG?
- Clothes dryer blows cold AIR?

Then you need the service
of our technicians.



Ring us on: Scamander: 6372 5307
Mobile: 0428 761 811

MEALS ON WHEELS ROSTER

April		St Marys	Fingal
Mon	31st	Geoff Herrmann	Debra Speers (W)
Tues	1st	Geoff Herrmann	
Wed	2nd	R & B McAllister	
Thurs	3rd	Gail Gamble	
Fri	4th	Pat O'Donnell	Mim Woods
Mon	7th	Fe Gillies	Carole Woods
Tues	8th	Ruth Gillies	
Wed	9th	Liz Rice	
Thurs	10th	Kaye Nailer	
Fri	11th	Geoff Herrmann	Robyn Miller

Church Services

Catholic Parish of St Marys

St. Lorraine Groves

Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Week: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Fingal 11.30am
Campbell Town 5.00pm

2nd Week LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

3rd Week: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Swansea 11.30am
Campbell Town 5.00pm
Bicheno Liturgy 9.00am

Week 4 LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Week MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
St Marys 11.00am
Ross 5.00pm

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday -Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am

Kanga Sunday School

10.30 am - 12 noon
every Sunday for children 5 - 12 yrs
St Marys 10 am
(No service 5th Sunday)

Pyeongana 4th Sunday, 2pm.

Salvation Army

Monday JAM

3-5pm every Monday.
except school holidays.

Sunday JOY

2pm -3pm every Sunday.
Salvation Army Headquarters.

Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

St Marys Online Access Centre

Opening Hours:

Monday 10am -3pm Thursday 10 am - 3 pm
Tuesday 10 am-4pm Friday 10 am - 3 pm
Wednesday 10am-4 pm Saturday 11 am - 2 pm

Ph: 6372 2005

On Air Now!

Vision FM 88.0 at both St. Marys and Fingal.

100% positive music & talk all day long;
connecting faith to life.
Have breakfast with Robbo in the morning
on the

National Vision Radio Network.
Phone 1800 007 770.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue.

Please inform us if your items are sold.

Please note: Letters to be published in the Valley Voice must be signed. Your name need not be published, but we must have a signature. Please keep letters to 500 words or less.

Articles and letters published in the Valley Voice are not necessarily the opinion of the staff and volunteers of this community paper. Ed.

Contacts for Valley Voice

PH: Judy: 6372 2155 Fax: 6372 2172
email: judith.spilsbury@bigpond.com
Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Health & Beauty Centre,
Main St, St Marys,
or post: C/- Post Office, St Marys Tas 7215

Advertising: 2008

Classifieds: 25 words or less: free
Community notices : free.

Small ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$28.

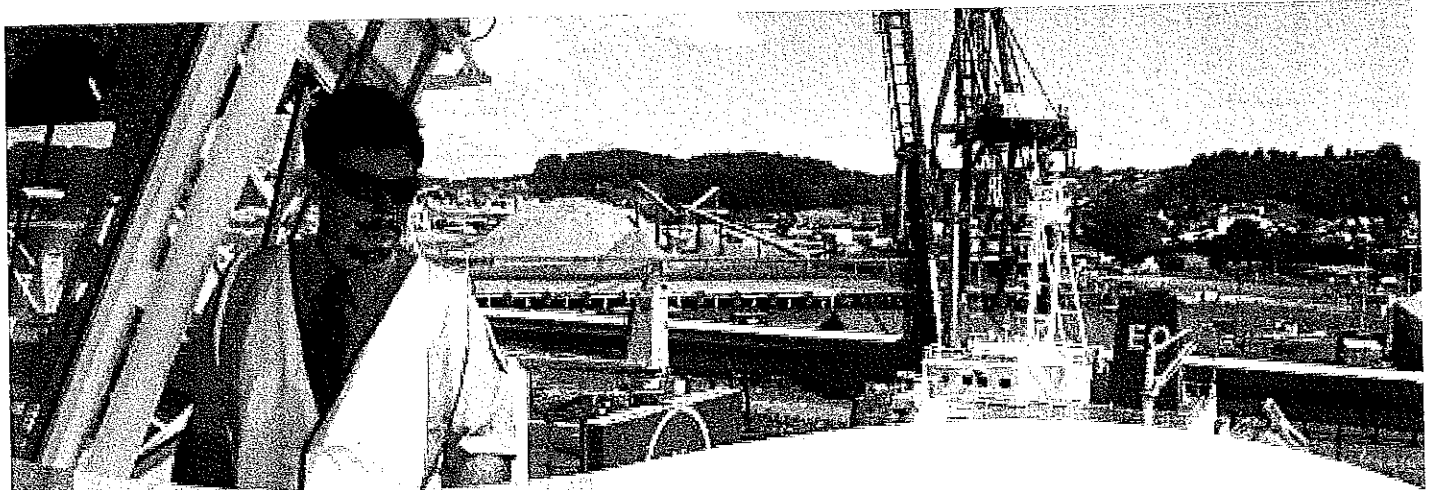
Spring of the Vineyard Church Pentecostal Christian Church

Church Services

Every Sunday at 10:30 am
At Scamander Fire Station

For all enquiries:
Pastor David Brewster
Ph: 6372 2796

ALL WELCOME



Do you want to export?

Date and Venue:

- 18 April 2008
- Diamond Island Resort
BICHENO

Cost:

Free

Contact:

For more information call
Caleb Wright on
6336 2263 or
caleb.wright@development.tas.gov.au

Have you:

- Ever thought of marketing your product internationally?
- Included exporting in your business plan?
- Considered achieving business growth as a result of opening new markets overseas?

Economic Development and Tourism is delivering a free half-day workshop on the East Coast for those interested in knowing more about exporting.

This workshop is an introductory session that explores your company's ability and readiness for exporting.



ATTENTION EX-SERVICE PERSONNEL



ARE YOU AWARE THAT IN ST HELENS WE HAVE A VETERANS INFORMATION AND SUPPORT CENTRE? AT THE VETERANS CENTRE WE HAVE TRAINED PENSION AND WELFARE OFFICERS THAT CAN ASSIST YOU WITH YOUR PENSION ENQUIRIES AND LET YOU KNOW WHAT BENEFITS YOU ARE ELIGIBLE FOR. WE CAN SUPPLY INFORMATION FROM THE DEPARTMENT OF VETERANS AFFAIRS, WELFARE AGENCIES, LOCAL CARE, COMMUNITY CAR, LEGACY ETC.

OR YOU ARE WELCOME TO COME IN TO HAVE A CHAT, A CUPPA OR JUST LOOK AT THE INTERESTING WAR MEMORABILIA WE HAVE ON DISPLAY.

PERHAPS YOU HAVE A FRIEND OR A NEIGHBOUR WHO IS AN EX- SERVICE PERSON IN NEED OF HELP. TELL HIM/HER ABOUT US AS WE MAY BE ABLE TO ASSIST THEM.

IF YOU WISH TO JOIN THE ST HELENS - ST MARYS RSL SUB-BRANCH OR THE VIETNAM VETERANS ASSOCIATION EAST COAST(TAS) SUB BRANCH, CALL INTO THE CENTRE FOR FURTHER INFORMATION.

YOU DO NOT HAVE TO BE A MEMBER TO ACCESS THE CENTRE'S SERVICES.

THE EAST COAST VETERANS INFORMATION AND SUPPORT CENTRE IS LOCATED AT:
35A QUAIL STREET
ST HELENS

(NEXT TO THE ST HELENS RSL AND CITIZENS CLUB)

FOR ANY ENQUIRIES PLEASE CONTACT CHRIS OR JANET MUNDAY ON 6373 6132

Charitable Organisations Grants Program

Small Grants – closes 11 April 2008

The 2007/2008 Charitable Organisations Grants Program Small Grants round is now open.

Applications are now invited for the 2007/2008 Charitable Organisations Grants Program.

Eligible organisations are charities or not-for-profit organisations working specifically for the benefit and well-being of the Tasmanian community.

Preference will be given to grant applications that focus on the most disadvantaged in the community.

The Charitable Organisations Grants Program 2007/2008 Small Grants seeks applications for non-recurrent funding in the following categories:

A. Up to \$3,000 for:

Projects or activities that will further the charitable aims and objectives of the organisation. The funds may support the core business of the organisation and be for a specific purpose or equipment.

B. Up to \$10,000 for:

Non-core business projects and activities that will further the charitable aims and objectives of the organisation and that will maximise the well-being of the target population through addressing unmet needs, eliminating barriers and increasing the target population's participation in mainstream community activities.

The application form can be found by following the links on the DHHS website at:

<http://www.dhhs.tas.gov.au/agency/pro/gambling/index.php>

If you have any questions in relation to the Charitable Organisations Grants Program please contact Rebecca on: (03) 6233 2790.

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road
PO Box 50
Perth, Tas 7300
Ph 6398 1115

58A High Street
PO Box 271
New Norfolk Tas 7140
Ph 6261 3366

Toll free 1300 132 689

Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU AND
YOUR COMMUNITY FOR THE
FUTURE**

Written and Authored by Dick Adams, 53B Main Road Perth
Tas. 7300

East Coast Phone & Communications

- * Telephone & Data cabling
- * Commander Systems
- * Sound System cabling
- * TV Antenna & Tuning
- * Digital Set Top Boxes, supplied & installed where reception available



PO Box 29,
St Marys 7215
Ph: 6372 2402
Mob: 0409 959 121

John Heron
30 years
experience
ACA Licence

Monday	Tuesday	Wednesday	Thursday	Friday
Easter Break			24th—28th March	
31st March	1st April School Association AGM 7pm in staff room.	2nd April	3rd April	4th April
7th April	8th April	9th April	10th April • Next Newsletter	11th April



St Marys dates



SCHOOL DENTAL SERVICE



St Helens dates

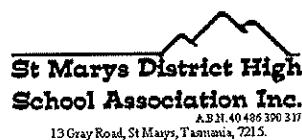
- ☉ Thursday 3rd April
- ☉ Friday 4th April
- ☉ Thursday 17th April
- ☉ Friday 18th April

Please feel free to contact them regarding your child's dental health on the numbers below:

St Marys Dental Unit 6372 2488
 St Helens Dental Unit 6376 5208
 Kelham Street Dental Unit 6336 4100

- ☉ Tuesday 8th April
- ☉ Wednesday 9th April
- ☉ Thursday 10th April
- ☉ Friday 11th April
- ☉ Tuesday 22nd April
- ☉ Wednesday 23rd April
- ☉ Thursday 24th April

A.G.M.



St Marys District High
 School Association Inc.
A.B.N. 40 486 390 317
 13 Gray Road, St Marys, Tasmania, 7215.

The date for the
 St Marys District High
 School Association AGM meeting
 will be
Tuesday, 1st April
 to be held in the staff room
 at St Marys School
 at 7pm

All Welcome

Parent Child Sessions:

For children who are or will turn 4 in 2008

Wednesdays 9:00 - 10:30am
 Co-ordinator - Anne Bennett



Launching into Learning:

For children 3 years and under

Wednesdays 1:30 - 3:00pm
 Co-ordinator - Anne Bennett



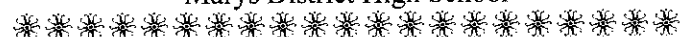
Reading Together Program:

For children 5 years and under

Fridays 9:30 - 10:30am
 Co-ordinator - Sharon Gee



Above programs held in the Kindergarten building at St Marys District High School



6-8 Short Courses – Writing Workshops in the Outdoors

Students were asked to compare the movement of a tree in the wind with another object that displayed the same quality of movement. Here is what they came up with:

(Mexican Dancer)

Dancing around
Crunching and crackling – snacking on
Tacos
As bells shake and shimmer

Otis McDermott

(Angry Teacher)

Big, loud, boisterous leaves
Rumbling in the wind
Feels like detention all over again
Big branches throwing themselves at you
Intimidating with its every move

Emily Quinn

(Seagull)

So graceful in the wind
Making sharp turns
Flapping its branches about
High in the sky

Cody Redshaw

(Scraps of material)

Moving side to side
Green fabric bobbing up and down
They tangle around the trunk and
branches
Broken holes that looked like frayed edges
Their threads hanging in the wind

Tarquinne Bannister

(Kidnapper)

Hiding amongst the other trees
Trying to get me
Branches like arms
Trying to get me when my back is turned

Carlos Meza

(Waterfall)

It sparkles – the sun on its leaves
Branches, graceful
The leaves pour forward
Falling – it's so windy
Blowing away
Gushing
Loud
Splashing away

Chloe Freeman

(Thief)

The tree sneaks over to the window
And snatches and steals
Branches move towards me
Rob me, then
Tiptoe away

Sam Neighbour

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS on ROSTER

Dr Ottosen- 26/3/08- 11/4/08
Public Holiday- 24th & 25th March 2008

AFTER HOURS SERVICE

PLEASE PHONE GP ASSIST ON 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111
BEFORE PRESENTING AFTER HOURS.

St Marys Community Health Centre

GP Surgery Hours:

8:50am-12:30pm

12:30pm-1:30pm LUNCH

Please do not phone during lunchtime as appointments
can not be taken by the nursing staff
1:30pm-5:00pm

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to
your medication/s running out or **in advance** if you are
attending this practise regularly. Patients can not request
scripts over the phone.

PLEASE BE PATIENT

Please be aware that **waiting periods can apply.**
Phoning in advance may save you a wait. Please
be patient, we are doing our very best and your
cooperation is appreciated. Everyone's health is
important to us. — K. O'Shea DON

FLU VACCINES

**Flu vaccines are currently available from the
St Marys Community Health Centre.**

If you are aged 65+ your flu vaccine is **FREE**
Please phone the Community Health Centre on
6372 2111 and place your flu vaccine order.

If you are under 65 years of age please make
an appointment to see you GP and get a
prescription for your flu vaccine.

FAREWELL HELEN KEMPTON COMMUNITY NURSING ST MARYS

This year we were very fortunate to secure Helen
Kempton as our Community Nurse. Helen has be a
valuable team member during her time here at the
Centre. Unfortunately Helen will be returning to the
mainland to enjoy the arrival of her new grandson. We
wish you all the very best Helen and thank you for the
valuable contribution you have made to this
community in your short stay, you will be missed by us
all. - All the staff at the Health Centre.

WHAT'S ON AT THE CENTRE

- 26th March Day Centre- as normal 9:30am-2:30pm
- 27th March Psychologist, Wendy Holder
10am-12noon
- 28th March Diabetic Clinic with Pat A'Bell. For
appointments please phone 6372 2111
- 1st April Child Health Session
9am-12noon. If you would like to make an
afternoon appointment with Lindy she can
be contacted on: 0428 136 381
- 1st April C.H.A.T Group 1pm in the Day Room. For
further details phone Hayley on 6372 2111
- 7th April Auxiliary Meeting 2pm in the Day Room.
- 7th April Relationships Australia, Lyn Marie 9am-
11am. For appointments please phone
1300 364 277
- 8th April Tom Bain, Rae & Partners Lawyers.
At the Community Health Centre Tuesday
fortnights. For appointments please
phone 6337 5555

COMMUNITY TRANSPORT DRIVERS URGENTLY NEEDED

Do you have some time to spare to help the
wider community?
If you do then Community Transport needs you!

VOLUNTEER DRIVERS URGENTLY NEEDED

Please phone David Mallett
Transport Coordinator:
6372 2773 or 0409 802 536

C.H.A.T GROUP

Child Health Association Tasmania

Are you a parent/guardian who is feeling a
bit socially isolated?

Then CHAT is for you!

We are meeting on Tuesday 1st April 2008 at 1pm
in the Day Room of the Health Centre. We will be
brainstorming this session for suggestions of
activities i.e. guest speakers, outings, first aid &
safety for children, feeding issues, library services
available for children etc.

RSVP is not necessary just turn up!

Please phone Hayley on 6372 2111 if you would
like any further details.

ST MARYS COMMUNITY HEALTH CENTRE

COMMUNITY NOTICE

The Community Physiotherapist Margaret Van Der Mere will be changing her days to Tuesdays and Wednesdays, beginning on the 01st April 2008. Times will remain 9am-5pm both days.

St Marys Community Health Centre will have the only physiotherapist in the Break O'Day Council area so waiting times are expected to increase.

A written referral from a health professional (or GP, Community Nurse etc.) is required to gain an appointment with Margaret, so clients can be given correct priority.

ST MARYS PHARMACY



IS NOW OPEN FOR BUSINESS!

Come in and say hello!

'FLU VACCINES NOW AVAILABLE'

Open Monday—Friday

9:00am– 5:00pm

(Even at lunch time)

Scripts can be delivered on request.

Phone: (03) 6372 2844

Information of this page was supplied by:

St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215



Calendar of Events - March/April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			27th March Easter Holiday	28th March Easter Holiday
31st March School Association AGM 6.30pm in the staffroom	1st April	2nd April	3rd April Small Newsletter	4th April Guidance Officer Jane Stewart visits
7th April SmartBots Robotics program begins with some Grade 5/6 students	8th April	9th April Assembly—2.15pm in the Stone Building. Grade 4/5/6 to lead		



Louise Webb of Fingal and Best Hat winner, Bronwyn Fiddler of Fingal.

Eating With Friends



The Student Leaders enjoyed lunching with some of our community members.



Jye Baldwin and Josh Lowe, both of Fingal, enjoy lunch with one of the guests.

On Tuesday the 11th of March, the Fingal Primary School Student Leaders went to the Fingal Valley Neighbourhood House accompanied by Mrs. Lowe to Eating With Friends.

There were a wide range of people of different ages. We got into pairs and went to different tables to sit and socialise with the people.

We had cold salads and meat to eat. For dessert there was lots!! Debbie Speer's husband Warren sang for the afternoon. Bronwyn Fiddler won the Best Hat Competition.

We exchanged Easter gifts with the people. We had hot cross buns to eat and we had lots of fun.

Report by Louise Webb and Madelaine McGill.



Fingal Primary School Student Leaders, accompanied by Mrs. Joan Lowe, chatting with some of the guests at Eating With Friends.

St Marys Sports Centre news. Kackhander.

There is a lot of good news to report this time around. Let's start with bowls and premierships first and guess what. **WE ARE PREMIERS AGAIN.**

After a hard fought 100 ends on Sunday March 16, at Bicheno, the men's team emerged victorious, over a very determined St Helens side, by only 10 shots. The game was played in terrific spirit and was in the balance almost until the last end, as it turned out. A big thank you to EVERY player whether you actually took part in the final or not. We had several members who couldn't play, whose efforts won't be forgotten, and will be recognised properly as crucial to our success again. The depth within our ranks is the envy of the other clubs at present. After the game and a whole team photo from the day was taken, a very enjoyable barbecue was held by Peewee and Tina Singline at their residence, and we'd like to thank them very much for this gesture. It was extremely enjoyable.

What an incredible effort, girls! Just simply amazing. One year in and Grand Finalists. We refer of course to our ladies team who won the Preliminary Final on March 15, to advance to the final the next day against St Helens. Considering the fact that not one of them had ever played pennant before this season, this surely is a remarkable effort indeed. Every single one of them have done a marvelous job this year, and will be the side to beat very quickly. There is no substitute for experience and by next season there is going to be some other clubs having to do very well to beat our girls. Congratulations to the St Helens team for their win that day.

Two things still on bowls. First of all as we write this we are still unsure whether the men will continue in the NTBA comp in a few weeks or not, but practice continues in anticipation, and we ask all members still needing to play club games in singles and pairs, to do so VERY SOON, so we can have our champion decided. Don't muck around with it. There is less than a fortnight in it. Secondly, please remember that our club trophy night is on Saturday April 12, and Macca has sent out invitations to you all. Please RSVP by the date, to give our caterers due consideration. It will be a great night I'm sure.

To golf now, and a special mention to the ladies who won the Country Week Teams Match on Monday March 17, in Launceston. What a terrific effort. This from a tiny membership is genuinely a top result and we will try to cover it in more detail next issue.

Sadly, St Marys had no option but to remain out of the ECTGA men's pennant for 2008. The required numbers are just not there anymore. To think that in 2005 we were the top team, having won four consecutive flags, and going within a breath of reaching an NTGA Div 3 title that year to this. It's nobody's fault. It's just a lack of actual playing numbers, for a variety of reasons.

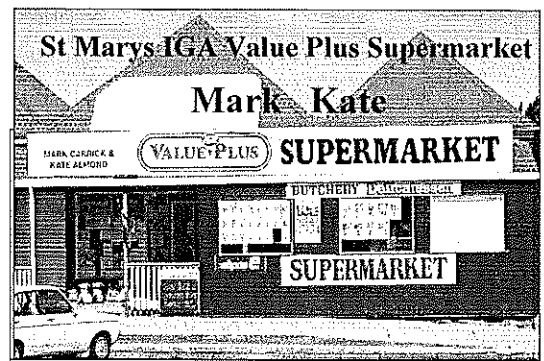
We have informed the ECTGA that until we can fully operate 12 months of the year as a golf entity, then we cannot commit to pennant again. Basically we need to enlist more people and introduce them to golf. WE NEED A LOT MORE NEW PLAYERS. It's that simple. If you know anyone who you think might be interested, tell them about us and suggest they contact the club. Let's hope our pennant woes are only short term, and not for ever. That would be a tragedy.

On the positive side in this regard, our few remaining club players please note that weekly Saturday competitions will hopefully commence again now. This Saturday, March 29, there will be an 18 hole stroke event from around 11.30am onwards for men and women. Let's get normal golf rolling again.

A very special thank you goes to Macca's Swish and Fish day, for another highly successful event held on Good Friday. All who attended commented positively on this event, which has become an institution in only a few short years. Special thanks to Macca, Trev, Damon, Nikki, Bob, Col, Roger and Jim, who helped with this day.

Congratulations to Kelly and the Duggers for the nett win, and Daffy, Brent and Rex for the Gross. This is also true for Kelly and Roger, winning nearest the pin events. All in all, a top event.

Anyway, until next time, good hitting and rolling.



38 Main Street St Marys

Phone/Fax 6372 2240 - Butcher Ph: 6372 2274

Mon - Fri 8am - 6pm

Sat 8am 12 noon

In-store butchery

This week

T-bone steak	\$15.99kg
First grade beef mince	\$ 8.99kg
Lamb BBQ chops	\$ 5.99kg
Turkey leg roast	\$ 7.99kg

Next week

Porterhouse steak	\$16.99kg
Pandani corned silverside	\$ 6.99kg
Legs of lamb	\$ 8.99kg
Loin lamb chops	\$ 13.99 kg
Nicholls 6 legged chicken	\$ 4.99kg

In-store specials

This week

Dynamo /Cold Power 2kg, Fab 3kg	\$ 5.99ea
Kleenex toilet tissue 6pk	\$ 3.99 ea
Golden Circle cordial syrup 2lt	\$ 3.49 ea
Arnotts Teddy Bear/ Tina Wafer	\$ 1.99 ea

Late week

BabyLove Jumbo Disp. nappies 64/90	\$ 29.99
Coca Cola canned soft drink 18 pk	\$ 10.99
IGA potting mix 25lt	\$ 3.99 ea
Kelloggs Nutri-grain 560g	\$ 4.99

Next week

Arnotts shapes 110/200g	\$ 1.99 ea
Sorbent toilet tissue 6pk	\$ 3.99 ea
Maggi 2 min extra noodles 79/82g	\$.79 c
Rosella tomato sauce 600ml	\$ 1.69ea

Late week

Spree laundry powder 1kg	\$ 1.99 ea
Kit-E-Kat canned cat food 410g	\$.75c
P & N soft drink 1.5lt	\$.99c