

The Valley & East Coast Voice

Celebrating St Marys Sesquicentennial Year

Volume 40 No 7
Thursday August 16, 2007

Est. 1968
50 cents

Tasmania's wild weather causes havoc.

Tasmania's wildly erratic weather in the past week has played havoc with many businesses and private properties.

I have noticed fences down, roofs displaced and trees down all over the area. There was so much debris on the Elephant Pass last week, and many fallen trees, that the road had to be closed to allow for the clean-up. St Helens, on the coastal strip, appeared to be one of the worst places hit by the raging winds, and I for one, had a hard time remaining upright on the street last Thursday. I cannot remember experiencing such extreme weather as this.

Two of the hardest hit businesses were the Suncoast Variety Store and adjoining butchery, with partial roof dislodgement and billboard damage. I assume the clean-up bill will be extensive throughout the municipality.



Suncoast Variety Store showing damage caused by wild weather last Thursday.

UNDERAGE RAGE

FRIDAY August 31, 2007.

At the Fingal Neighbourhood House

Time:- 7.30pm to 10pm

Cost:- \$4 per person.

Drinks & snacks available

Great music & prizes.

Fully supervised.

Ph: The Miners Cottage Co-op on 63771143 or 63771170.

For more info. Parents welcome.

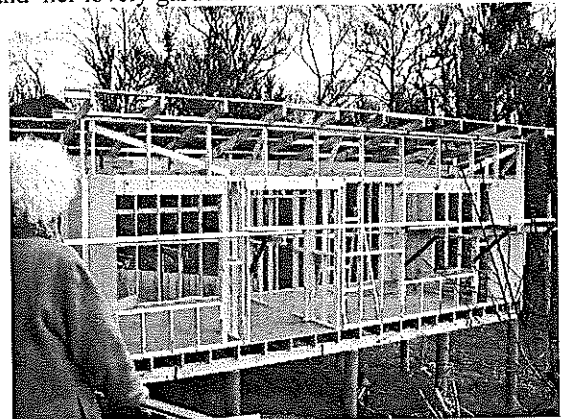
Restoration continues after 2006 fires.

Taking a drive around the area, you can now see the evidence of much of the restoration to buildings, fencing, etc., after the devastating fires in December, 2006.

A lot of work is still on-going, but it is nice to see all the hard work being done, now so noticeable. The vegetation is rejuvenating well and now looking much healthier.

Four Mile Creek, one of the hardest hit with many homes and property losses, is starting to come together. Still minus their beloved bridge, but I believe that is in the pipeline.

Pictured below is Bettie Sumner, admiring her new outbuilding as it slowly takes renewed shape. Bettie was very lucky in that she did not lose her house to the fires, but as you can see it came within a metre or so, causing the loss of all outbuildings and her lovely garden.



YOUR COMMEMORATIVE BRICK PAVING

CONGRATULATIONS!!!!

Response from the town for the commemorative brick paver(s) so far has been fantastic!

For anyone who has not yet organised their paving brick(s), please remember that this historical opportunity will close on 30th September 2007.

So don't miss out See Harry and Kerry at the Post Office for extra application forms or contact Peter Troode on 6372 2783 if you have any queries regarding the setting out of your message.

Please note: Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday, August 28, 2007.
New email address: judith.spilsbury@bigpond.com

Community news

St Marys Hospital Auxiliary

meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc. meets the last Saturday of the month at 4pm at the goods shed behind the St Marys Railway Station.

Grassy Bottom Regional Arts are holding General meetings on the first Tuesday of every month at 2 Story St, St Marys at 6pm. Come along to share your creative ideas and help Grassy Bottom maintain an artistic culture in our community.

The Tasmanian Lymphoedema Centre Inc., holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre.

St Marys Ladies Midweek Tennis
9.30am each wed. Need new players - of any standard- beginners welcome-childminding included - lovely safe place to bring toddlers while you play. Ring Annette- 6372 2224

St Marys Playgroup meets each Friday 10ish at the kindergarten. All preschool aged kids welcome to bring a carer/parent/granny/pa for a play and morning tea. Very chilled relaxed group of all ages - we love new members. Contact Jane 6372 5060

St Marys Online Access Centre

Opening Hours:

Monday 10am - 3pm Thursday 10 am - 3 pm

Tuesday 10 am - 4pm Friday 10 am - 3 pm

Wednesday 10 am - 4 pm Saturday 11 am - 2 pm

Ph: 6372 2005

On Air Now!

Vision FM 88.0 at both St. Marys and Fingal.

100% positive music & talk all day long; connecting faith to life.

Have breakfast with Robbo in the morning on the National Vision Radio Network. Phone 1800 007 770. web www.vision.org.au

East Coast Motocross

Practice and Racing Calendar

August 19th: Tas Motocross Championship (Rd 6)

September 30th: Practice/Fun Day

October 21st: End of Year Club Day/BBQ

December 2nd: Grass Track Event

Enquiries: 6376 1380 A.H.



Grassy Bottom Regional Arts

Winter Solstice Helpers Dinner

Saturday August 18, 2007.

at

e.ScApe Café from 6pm.

RSVP: 0438 571 291

ST MARYS ASSOCIATION FOR COMMUNITY DEVELOPMENT INC. ANNUAL GENERAL MEETING

Friday 31st August 4.30pm

AGENDA:

Previous minutes

Apologies

Reports

Election of Officers

General Business.

Come along and support your local Community Group.

Greg Cruse, Secretary.



TASSELLED ENVELOPE CUSHION COVER -

a simple and easily made design, with a decorative tassel to stitch yourself. Starting date: 14th August, 1-3 pm (2 sessions); cost: \$20 (members \$18). For bookings and materials list, contact Rita at *Gone Rustic Quilt Studio & Gallery*, 37 Main Street, St. Marys, Tues-Fri, 11-4 (phone 6372 2724 or 0409 29 997).

SPINNING, KNITTING, CROCHET, WEAVING, TAPESTRY, HAND-DYING, LATCH HOOKING, ETC.

- if you are interested in any or all of these, you are invited to a new group which will be held once per month, beginning Saturday, 11th August (9-4 pm). Bring whatever project you are currently working on and be inspired! Cost: \$5 (please bring a packed lunch; tea and coffee provided). Venue: *Gone Rustic Quilt Studio & Gallery*, 37 Main Street, St. Marys. BH - Tues-Fri, 11-4.

Phone - 6372 2724 or 0409 289 997.

WINTER SOLSTICE PHOTOGRAPHS 4 SALE

Attention fire twirlers, dancers and performers of
Winter Solstice 07.

Order photographs for purchase at
e.ScApe Café, St Marys.

100x150mm - \$5 200x300mm - \$8



AGM 2007

All members are invited to attend the St Marys Tennis Club Annual General Meeting to be held at the tennis club on the 23rd of August 2007.

The meeting will take place at 7.30pm for the voting of our Office Bearers for the year 2007 - 2008.

All committee positions will be up for nominations, anyone interested in becoming a committee member please attend and help the club to continue for another year.

Hope to see as many people as possible attending this meeting.

Club Secretary, Gary Townsend.

Classifieds

FOR SALE

7 piece dining suite, solid hardwood, 2 years old, good condition. Cost \$1700 new - sell \$600. ono **Ph: 0418136028.**

Fisher & Paykel side by side upright fridge & freezer. \$500. (pair)

Fisher & Paykel chest freezer. As new. \$300. Contact Karen Polden.

Ph: 6372 2438. Mob: 0439 333 398.

VR Commodore doors. **Ph: 0427 607 991.**

SEWING MACHINE FOR SALE - Janome with removable table and variety of stitches, extra bobbins, box with extra feet etc., also foot pedal and cord. Works well if a bit noisy! Only \$40. Call Rita on 0409 289 997 or call in to Gone Rustic, 37 Main St., St. Marys, Tue-Fri, 11-3 (**ph 6372 2724**).

front door, solid timber, 2050x810mm \$95.

Hoover Apollo Deluxe tumble dryer \$100.

Word processor, as new with extra ink cartridges, cost \$500, sell \$200.

Desk, solid timber, 2 drawers, 660x870x710mm \$60

phone 6372 2686 or 0417 156 759

0 - 4 car seat. Excellent condition \$70.

Ph: Genevieve: 6372 2573

Carpet semi commercial grey.

3.45 x 3.2 mtrs. \$100

Jason style recliner chair. Tapestry type cover. \$50.

15 speed push bikes. Max Trax + Malvern Star Mustang. \$75. ono.

Ph: 6372 2194

Holden Kingswood. No rego, goes. \$800.

Kylie Minogue picture. \$20.

Ph: 0448 049 384.

Gas barbecue, 4 burner plus gas bottle. \$70.

PH: 6372 2380

Chain saw. New. No use for it. \$250.

Ph: 0408 596 152

"Moo-Poo". See Norm. Trailer or truck loads. **Ph: 6372 2380.**

1 round frypan, \$10. 1 square frypan, \$10. Both electric. 1 Tiffany breadmaker.

PH: 0448 709 958

Footy boots. Nike Air Zoom Total 90.

Black/silver, hardly worn. A1 cond.

\$50. ono. **Ph: Lochie Rice 6372 2465.**

York 401 Home Gym. As new. \$220 neg.

Ph: 6372 2465

Colonial bunk beds. \$70. **Ph: 6372 5418.**

Craypot, steel. \$50.

Ph: 6372 2813.

FOR SALE

Lounge and 2 recliners. \$180.

Ph: 6372 5418.

Homyped shoes. Size 6. Hardly worn. \$20. Tiffany coffee maker. Hardly used. \$20. Ring Rosa Byard on: **6372 2238**, or call in at 22 Clive Street, St Marys.

Plastic water, diesel and chemical tanks.

Water and feed troughs. Water pressure pumps and petrol transfer and firefighting pumps. Best deals. Call today.

Ph: (03) 6372 2762. All hours.

Ph: 6372 2762.

Boat Stacer. 3.9 metre aluminium.

Near new 30HP Yamaha, carpeted full floor, removable canopy, registered trailer, many extras. Very good condition. \$6,900. **Ph: 6372 5486 or 0408 519 373.**

Small compressor. Separate motor type. New gauge on tank. New tyre pump ends. Good old unit. \$150.

Ph: 6372 2542 or 19 Cameron St, St Marys.

Double Dicky Seat for Commodore, VT, VY. Very good condition.

\$300. ono.

1 single wooden bed, base and bedends. V.G. condition. \$200. ono.

Replica clawfoot bath. Cream.

Ex con. \$200. ono.

Ph: Sharon 6372 2218.

* Firewood cut to any length

* Split fence posts

* **Ph: 6372 2002 or 0400 826 639**

WANTED TO BUY

LAND at Avoca or Fingal. **Ph: 6372 2762.**

Hay or straw, suitable for garden mulch.

Ph: 6372 2818

Treadmill. Must be in good condition.

Ph: 6376 1249

16 plate, 3 point linkage off-set disc.

12 run seed drill.

Ph: 6372 2762.

Aviaries, any size, any condition. Not wooden though. Pay good money. Can pick up. **Ph: 6372 2273** Suzanne.

Small freezer. 4 drawer filing cabinet.

Ph: Darlene: 6372 2007.

Adjustable dressmakers dummy.

Ph: 6372 2634.

Dry firewood 14", any quantity.

St Marys Woodyard. **Ph: 6372 2107**

Mob: 0417 279 422

GIVE AWAY

Single bed with mattress. Tube style.

Ph: 6372 2818

Second-hand:

Cast iron bath (good condition)

Toilet pedestal and cistern

Wood burner (built-in type)

Vintage 1950s electric cooker (excellent condition)

Ph: 6372 2673

FOR SALE (cont'd)

1 dining extendable table. \$75.

1 recliner chair, blue micro suede. Price \$400. ono.

Contact D Floyed **Ph: 6372 2176.**

Older style Emulunja pram, toddlers seat and booster seat. \$50 the lot.

Ph: 6372 2380.

Heal Your Life Achieve Your Dreams

Weekend Workshop

Based on the Philosophy of Louise L Hay

ST HELENS

20th & 21st October 2007

- Learn to love yourself & others more fully & deeply
- Create the life You want to live
- Discover your own power, inner wisdom & strengths
- Enjoy marvellous changes in your life & share the process with other like-minded people
- Fill your life with love, laughter, prosperity & radiant health

For full details & registration form

Phone Di. **63 826 324**

Bookings Essential

Watch out for full ad in Sept.13 issue.

A LITTLE BIT OF HERITAGE: Jim Haas

Mangana

"Tullochgorum" was the name James Grant gave to the huge piece of land granted to him by the Van Diemens Land Colonial Government in the early 1820s. The grant stretched from one side of the Valley to the other and east along the river as far as "Malahide", William Talbot's grant.

North of the river another small valley appeared to push the huge mountains aside to form a place of beauty. It was rich in pasture and had an abundance of crystal clear water in two creeks that ambled down from the mountains with a never ending flow supplied from winter snow and spring rains.

It was an ideal place for Grant to run one of his herds of sheep and a hut was soon built to house a shepherd to protect the herd from predators. The Nook, as it became known, was a lonely, quiet outpost in those days, with its only inhabitants being a few aborigines and a convict shepherd.

In 1847 Keeling Richardson, a convict who had been transported to Norfolk Island in 1844, was sent to Van Diemens Land and assigned to Grant who immediately sent him, with a herd of sheep, to the Nook. Richardson, it seems, was a fossicker and in 1852 found a piece of alluvial gold in the creek near his hut. It would appear Richardson was rather excited over his prize find and it wasn't long before the headlines in the Launceston newspapers carried the story of his good fortune.

Within weeks The Nook was teeming with fortune hunters driven by the desire to find their pot of gold. The quiet little outpost soon became a campsite for hundreds of prospectors who went about digging shafts and panning the creeks in what was to be the first gold rush in Australia.

Soon the tents and rough huts were replaced by more stable buildings and a town was established which was given the name Mangana, taken from the words "Mangana Lienta". These were the words the aborigines used to describe the South Esk River. Whilst the Mangana gold fields never reached the heights of the Mathinna fields, twenty kilometres to the north, it was quite productive with a number of mines such as the Golden Sovereign, Entrance, Argyle, Alpine, Fingal Gully, Majors Gully and Mangana Gold all making a nice profit. But by 1930 all mines had run out of gold and closed. All that remained were a few individuals panning the creeks.

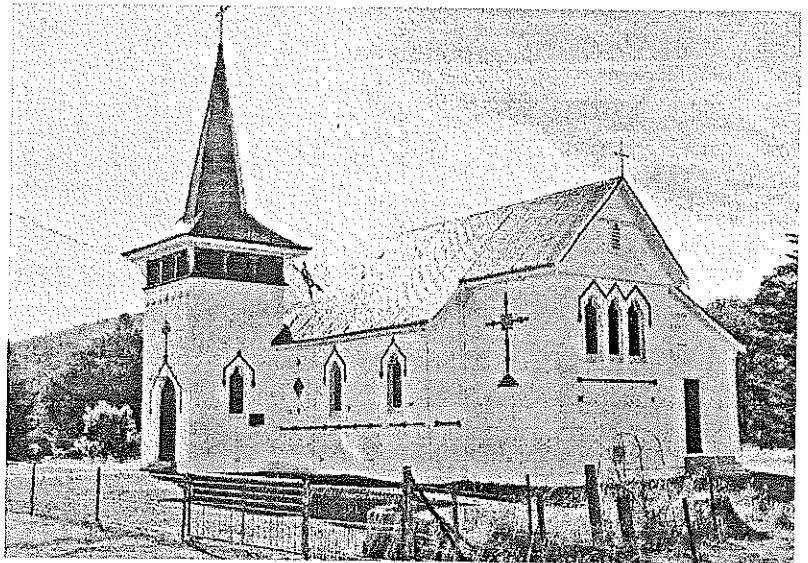
Mangana slowly declined after 1930, and what was once a vibrant community with over 500 people, a police station, general store, hotel, school and two churches, is today a small tranquil village with a mere 30 some residents.

The most significant remaining building is the Our lady of the Sacred Heart Catholic Church, which was built in 1912 and designed by Launceston architect Alexander North. The 95 year old building is on the Tasmanian Heritage register with one of its highlights being the stained glass windows, all of which were donated by Mangana families. Its interior is also of interest due to the use of Tasmanian native timbers, both in the structure and its furnishings.

Arguably the principal event in the town since its golden days was in 1988 when the main street was used as a set for the Tasmanian made feature film *The Tale of Ruby Rose*. Hundreds of cast and crew led by director Roger Scholes converged on the little village for a short time and went about creating a film that told the story of a young woman living in the isolated wilderness of Tasmania's highlands. It told how she overcome a chronic phobic fear of darkness by taking a harrowing journey out of the mountains to seek help from her long lost grandmother.

In the early 1990s a mining company using modern equipment reworked the old Major Gully mine, but the operation soon folded. Despite this, the old hands from around the area still maintain there is gold in 'them there' hills. They tell tales of blokes like the Parker and Smith brothers who knew the right spots in the creeks to pan for "colour" and would regularly travel into Fingal and pass a pill bottle filled with small pieces of gold over the counter at Holder Brothers store where it could be turned into cash.

What lies ahead for the rustic little village set in the shadows of Tower Hill and Ben Lomond is unclear. Modern technology and the high price of gold could see a resurgence of mining in the area sometime in the future, but as one old resident said in a recent ABC interview: "Mangana is better left as it is, quiet and gentle."



The 95 year old Our Lady of the Sacred Heart Church has survived the test of time at Magana.

EAST COAST SURVEYING

Consulting surveyors and land planners.

Mark Anderson 6376 1972

We can help you.

- Buying a property?
- Planning a development?
- Unsure of your property potential
- In dispute with an adjoining owner?



**Bring back that great
Australian tradition,
Sunday Roast.**

Craggy Peaks Tasmania is pleased to
announce we are *teeing off* with a three course
menu for

Fathers Day Lunch.

We hope to see you there. Bookings are
essential as places are limited.

ph: 6385 2032

Location: 1410 Rossarden Road.
near Aberfoyle.

Father's Day Lunch

Bringing back the Traditional Sunday Lunch...

Three Course's for \$30.00

(Children's meals on request)

TO BEGIN

Parsnip & Orange Soup

Or

Lamb Shank & Barley Soup

Or

Potato & Leek Tart

TO MAINTAIN

Roast Lamb with Seasonal Baked Vegetables,

Baby Beans and Home Made Gravy

Or

Chicken with Seasonal Baked Vegetables,

Baby Beans and Tarragon Sauce

Please advise in advance if you require a vegetarian option

TO FINISH

One of the following...

Almond and Orange Tart served with Berries and Cream

Whiskey Marmalade Bread & Butter Pudding with Cream

Selection of Tasmanian Ices

Australian Sewing Guild Inc.
(www.aussew.org.au)

Sewing Retreat
at Seaview Holiday Park, Bicheno
Friday evening August 31st –
Sunday afternoon September 2nd

*Non-members welcome to attend
or drop in*

Enquiries: Jenny Jacobs 62 489125,
jennysewingroom@dodo.com.au

Sue Parsons 0438 382 017,

suepar8@bigpond.com

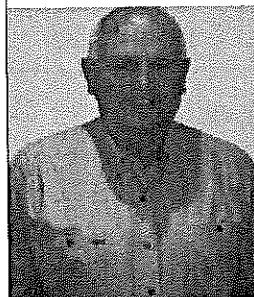
**Sore Back?
Neck Aching?
Feeling Miserable?**

It's time to visit
The Muscle Clinic.

We use manipulation techniques which realign muscles
and release pinched nerves, restoring your strength and
easing pain. Only one or two treatments are usually
required and life will be good again.

Dennis Lillie said "I feel 20 years younger"

Tasmanian Clinics — EVERY MONTH



Peter Horsfield

The corrective manipulation of muscles, tendons and ligaments - the
Lester Cox Technique - is not widely known but is gaining popularity
around the country. Lester Cox recognised that tendons and muscles can
become misaligned in the body, causing loss of strength, pinching nerves
and restricting movement. A venetian blind will not work while the cord
is out of the pulley. The same applies with the body. Patients get their full
range of movement back and the pain subsides.

ABN 27 341 226 281 Massage Australia 5785

**For more information please call us on
0413 635 690**

eSCAPE
Tasmanian Wilderness Cafe Gallery

In the gallery:

Tasmanian Living Artists' Week

24th August – 2 September

Local Connections St Marys

With feature artist Anthony White and many other
talented community members.

Launch and artist talk 2pm Saturday 25th August.

In the fully licensed café:

The BIG breakfast, freshly made sandwiches, homemade
biscuits, slices, cakes, soup and so much more!

A selection of Tasmanian beer and wine.

Great Coffee, milkshakes, smoothies and
Tasmania's Hartz drinks.

Takeaway available

SUNDAY SESSION - 1st Sunday of the month
Live Music 3 – 5pm

opening hours:

9 – 3pm Sunday (5pm on 1st Sunday) & Public Holidays

9 – 5pm Monday – Saturday

21 Main Street St. Marys Tasmania 6372 2444

ST MARYS HISTORY AND GIFTS.

OPEN 7 DAYS

10-5 PM WEEK DAYS

10-2 PM SUNDAY

(Closing at 4pm week days through winter.)

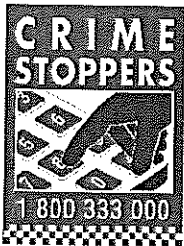
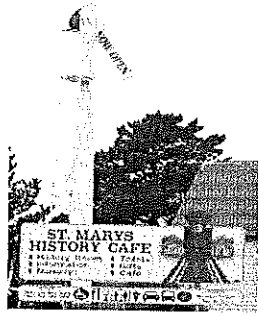
WELCOME ABOARD!

THE JOURNEY STARTS

AT THE

ST MARYS RAILWAY STATION.

Telephone: 6372 2007



Police report

Recently the St Marys wood yard was broken into again and some damaged caused.

Again, children are suspected and any information would be appreciated.

Police are also investigating a break-in on the Van Ek works compound between Avoca and Fingal over the weekend.

This is the second incident and a significant amount of property was stolen. Any information in relation to suspect vehicles or persons seen in the area can be passed on to Police to further their investigations.

We would also like to inform the public that we are continuing to take Transport and Firearms fees at the Station. Some of these include, driver's licence renewals, registration renewals, transfers - change of ownership - which has to be done by BOTH the buyer and seller, vehicle permits, firearms licence renewals, permits to acquire, etc.

Learner licence tests are also available during office hours, and the relevant road rules & log books can be purchased as well.

We are also looking forward to seeing all of the Kindergarten children attend the station on Monday 20th August.

PLEASE NOTE: EFTPOS facilities are NOT available at the station. Only cash or cheques will be accepted.

Tony ROUGHAN
Sergeant

St Marys Police Phone Number **63721010**
Non Urgent Number **131444**
Urgent and Life threatening **000**



NORTH EAST COMPUTERS Pty Ltd

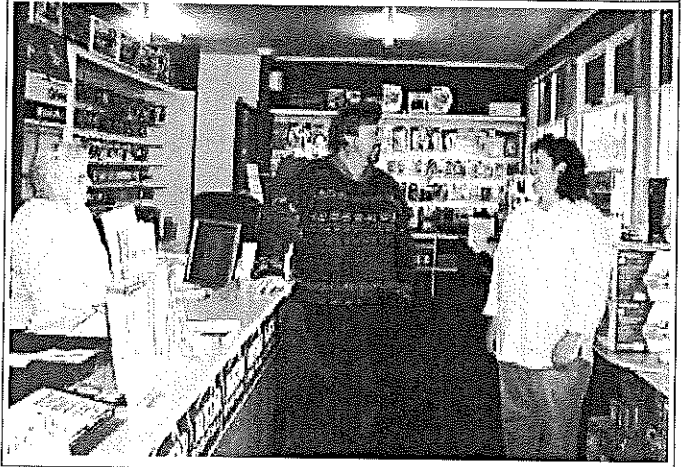
Established 1995 ABN 44 074 123 425

3/34 Quail St Ph: 6376 2445

St Helens Fax: 6376 2447

Email: sales@necomputers.com.au

www.necomputers.com.au



Disaster Recovery & Service Contracts

-We make it work properly -

Come and see our extensive range of computers, printers, scanners and office equipment.

Get on the internet or buy a mobile phone.

Ph: Peter, Shan, Daryl: free quotes, friendly advice.

Bus. Hrs:

Mon, Tue & Fri 9am to 5pm (2 Techs available)

Wed & Thurs 9am to 3pm Sat 9am to 12pm



PLUS

1.6 tonne excavator and tipper.

IDEAL FOR THESE JOBS!

Post holes- 200, 300, 450 mm Levelling
Trenching

Under house excavations

House and shed piers

Irrigation Water lines

Electrical and phone cables

Landscaping Footings

Tree planting

Clearing rubbish

Sewerage and drainage

Phone Chris

0417 344 209

or

A.H: 6372 2258



DESIGNER

HAIR

STUDIO



Opening hours: MON—WED — FRI 9—5 PM
TUES—THURS 9— LATE THUR. BY APPOINTMENT

So call in and see
Kellie and Emma
for all your hair and
beauty needs.



NEW!

KERASILK


SHAMPOO AND CONDITIONER PACKS AVAILABLE



Main Street,
St Marys.
Telephone:
6372 2108

Physiotherm Infrared Therapy available from Monday August 20, at Designer Hair Studio.

physiotherm®
Infrared Therapy



Relax & Revitalise
Ease pain
Detoxify
Control weight

LIFETIME WARRANTY
A Mayday
piece
of mind
ON ALL HEATERS

**ONLY Europe's No.1
selling Infrared therapy
cabin brings you:**
durilam™ panels
5-therapy™ system
steadflow™ elements

**...the world's most
powerful health retreat**

The many Physiotherm Infrared Benefits

Welcome pain relief

Health professionals have used infrared lamps for many decades to treat muscle and joint problems.

Studies have shown that infrared saunas assist in the reduction of inflammation and soreness through direct action on the free nerve endings.

Safer detoxification

The lower operating temperature of a Physiotherm Infrared Sauna (30 to 45 degrees Celsius) leads to better detoxification through sweating, whilst not inflicting the stress of high heat on the body.

Over fifty patients were evaluated in a Bio-Toxic Reduction clinic. Each of these patients experienced either a total remission or marked improvement of their symptoms, following treatment with hypothermic infrared detoxification.

Accelerate weight control

Our body expends energy to produce sweat (1g sweat requires 0.586kcal) meaning your body burns up to 600 calories in just one 30 minute session.

Regular infrared sauna treatments increase your metabolic rate to keep weight and obesity under control and are a useful support for good diet.

Increase blood and lymphatic circulation

When circulation is improved throughout the body, even into the depth of muscles, organs and tissues, it may help prevent illnesses in their early stages, such as:

- * blood pressure problems (hypertension, hypotension)
- * early forms of angina pectoris
- * all forms of chronic diseases involving heart, kidneys, liver and tissues.

Limit the risk of heart disease

Repeated infrared sauna treatments stimulate circulation and increase the oxygen content in your blood. This suggests a preventative role for sauna use in treating Arteriosclerosis.

Improve your immune system

A strong immune system means a healthy body. If you have good immunity, you will not become ill very often, you will enjoy life and you will most likely live longer. Regular infrared treatments are a tried and proven method of boosting the immune system –and it is completely natural!

Reduce chronic fatigue

Chronic fatigue sufferers have experienced increased energy levels during and after infrared sauna therapy.

Refine you skin

Infrared heat opens and cleanses the skin's pores. Hence your skin is able to breathe freely, resulting in an improvement to texture, complexion and tone.

Treat cellulite

Many health and beauty clinics apply infrared heat successfully to reduce cellulite.

Supplement physical exercise

Infrared sauna treatments are beneficial and hazard-free for active people. For the sports person dresses in light attire, 5-10 minutes will be helpful to warm up your muscles before beginning exercise.

Appointments
available
from
Monday Aug 20.

Call in or phone and talk to Kellie today.

Price: \$25 per ½ hour session

\$150 x 10 sessions.

PHONE 6372 2108

Appointments
available
from
Monday Aug 20.

OFFICIAL OPENING - 7 PM FRIDAY 24TH AUGUST 2007
Entry: \$5 (members free - please bring a plate of supper)

DUO Exhibition @ Gone Rustic Quilt Studio & Gallery 24th Aug-2nd Sept 2007

featuring work by Lauree Brown of Blackmans Bay and Rita Summers of St. Marys as part of Living Artists Week through arts @ work

CORNWALL COMMUNITY DEVELOPMENT GROUP INC. TREE PLANTING DAY

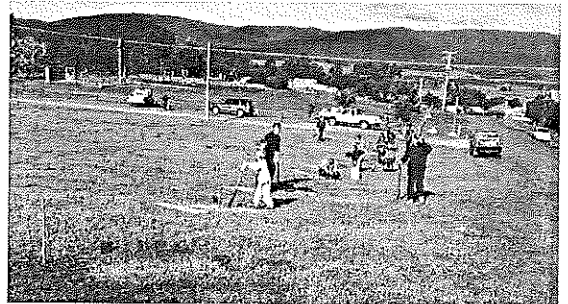
On Sunday the 5th August some thirty people turned up at Cornwall Park to be part of the planting of the Soldiers Honour Avenue which was replanted after the original pine avenue was taken down in 1989 due to it being deemed unsafe.

23 Liquid Ambers and 12 Blackwoods were planted and each liquid amber was dedicated to a miner who left Cornwall in 1914 to fight in World War One.

It was a hard slog digging holes in the wet stony ground, but it was all made worthwhile with a good hearty sausage sizzle for lunch.

It is hoped the Avenue will compliment the Lone Pine

planted by Second World War veteran, Noel Bradbury, on Remembrance Day last year and add another feature to the enhancement of Cornwall.



Workers at Cornwall Tree Planting day.



Tamatha and her silver spade at the Cornwall Tree Planting.



Jayden Squires looks on as Debbie Squires and Graeme Hayes plant a tree at the Cornwall Tree Planting day.

Letter to the Editor

The subject of tourism was raised on STAR FM on Monday by Peter Paulsen. He mentioned a few things that were happening on the coast. This is all good and any promotion is to be welcomed.

In particular Peter noted that there was to be a softening of the sewerage works, by planting scrub etc, again a great idea.

I was wondering how the highlands could cash in on some of this.

Tourism promotion along the Esk is a bit poor and local operators have formed the G.E.T.S organisation (Greater Esk Tourism Inc.) and by all and sundry they are doing a great deal.

A bit of help from the Council in the way of signage, promotion and the upgrading of the trees around the St Marys sewerage works and weeding of cemeteries would be of benefit to all of the Break O'Day.

There is also some concerns with the single entry into Four Mile Creek and Cornwall; both communities are surrounded by brush with only one way in or out. The recent fires proved that this is a dangerous situation and it should be corrected. Bush tracks being made for Cornwall and a new bridge for Four Mile Creek are possible solutions.

Reon Johns, St Marys.

Peter Dane Gardening

St Marys

Qualified Horticulturist

Over 25 years experience

in all aspects

of garden maintenance, restoration
and organic vegetable growing.



"July is the time
for fruit tree and rose pruning."

Call 6372 2686 or 0408 208 658

Tim Morris MHA Member for Lyons



Tasmania

CONTACT:

33 Burnett St, New Norfolk 7140

Phone: (03) 6261 8048

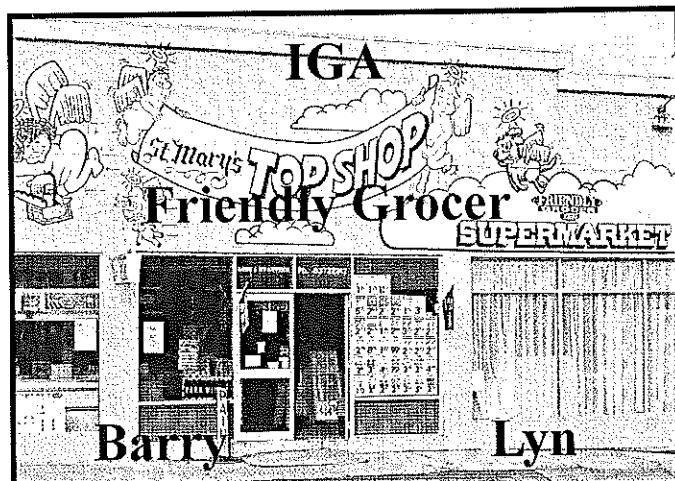
Fax: (03) 6261 8047

E-mail:

greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MHA,
Parliament House, Hobart 7000.



Welcome you to the "Top Shop".

8am - 6pm Mon to Fri

8am - 2pm Sat 10am - 2pm Sun

UP TO 50%
OFF EVERYTHING IN
HARDWARE (excluding gas)
IN STORE
FOR ALL OTHER BARGAINS.

Lyn & Barry would like to thank the people of St Marys for their patronage, and for making us feel welcome in the 3 years we have been in the TOP SHOP.

Phone: 6372 2242

RATHA B'ZAR

40 Main St St Marys

Ph: 6372 2684

Open 10-4 Mon to Fri

10-1 Sat

YES IT'S TRUE!

Beanie Kids have arrived in St Marys...

Come in and check out all the Cool Bears. \$10.

Selling fast, so be quick!

Beanie Kids Party at Ratha B'zar on
11th of September 11am - 12 noon.
Lookout for more details.

Tasmanian Living Artists Week.

August 24 to September 2.

There will be live artists inside all week at
Ratha B'zar.

For service and reliability

TROTTERS CONTRACTING

CORNWALL

- Septic tank cleaning service
- 7.5 ton excavator & ten-yard truck hire
- Licensed water cart for bulk supplies of drinking water
- Water cart for roadwork
- Also St Marys Wood Yard for all your wood supplies

*Remember it doesn't matter when
Ring Glen or Marcus on
6372 2107 or 0417 279 422
6372 2742 or 0419 522 035*

Excavator fitted with grab • Custom made v drain buckets • Narrow trench bucket for poly pipe & electrical • Ripper and all digging & clean-up buckets • Supplies of bedding sand & gravel • House sites & blocks cleared • Rubbish removed & roadwork

If we can't do your work we will do our best to find you someone who can

Cagerattler

A few weeks ago the township of St Marys, through local government and other initiatives, was granted \$150,000 by State Government, for Main Street improvements.

This of course is a terrific thing. Since then I have heard some slightly skeptical comments, that such an amount of money in today's world is a drop in the bucket, when infrastructure costs are considered.

That may or may not be the case, but personally I think that this grant, wisely used, will have tangible benefits for our precinct.

Equally importantly though, is that the people who live and run businesses here and traverse the Main Street, have a big input into the development, and not necessarily consultants from elsewhere. This is not to say that consultants are not important, they are of course, but perhaps where their expertise could be used, is to help implement the improvements with regulatory and legal issues in mind.

I think we can expect that Council will be asking for input from the community and we must take advantage and be involved in the process, so that we can genuinely use this grant to its utmost. It is a credit to all so far involved.

Also along similar lines, there are preliminary works being done at the moment on the proposed new amenities block as part of the recreation ground re-development.

This new block will go a long way toward allowing the primary objective of the development to begin. That is; a decent camp site for our visitors. Once again, this is a long awaited thing for our town.

As part of the conceptual and realistic planning, a bit further on is the 'pigeon loft' Exhibition building becoming a multi-purpose facility, provided the engineering and works can be done in a sustainable way.

There are even plans for a marvelous market idea, using the existing infrastructure.

First things first though, let's get our new amenities block on the way. Then.....

What do you think?

Break O'Day Stitchers

of St Helens would like to give a challenge to everyone.

For our Easter Exhibition in 2008 we would like you to produce a mini A3 size quilt/embroidery??

For a travelling exhibition with the theme:

'H2O' "Use your imagination".

We will send everyone two small pieces of material to be incorporated in part or full. If you are interested please contact Barbara 63763771 or Marj 63725752.

We would appreciate your reply before the end of August.

HARRIS FUNERALS

Lindsay & Diane
(D. Bailey & son) A.F.D.A
Ph/Fax: 6376 1153
Mob: 0418 133 420

Office & Residence:

114 Cecilia St
St Helens

Chapel:

46 Tully Street
St Helens



**We are here when you need us
to arrange Burial or Cremation.**

Pre-paid and pre-arranged funeral plans are available.

ROD NIVEN MAINTENANCE

GARDENER/HANDYMAN

CERT. III IN HORTICULTURE

\$25 PER HOUR

PHONE: 6372 5291 OR MOB: 0439 378 624



Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue.

Please inform us if your items are sold.

Please note: Letters to be published in the Valley Voice must be signed. Your name need not be published, but we must have a signature.

Articles and letters published in the Valley Voice are not necessarily the opinion of the staff and volunteers of this community paper. Ed.

OUT OF THE WOODWORK Reon Johns. President 6372 2094

Well fellow woodworkers, it appears the Council has again changed the goal posts for our shed. I attended the Council meeting on the 13/08/07, regarding a motion from Clr Marg Osborne for the Guild to be granted \$1000 from the Sport & Recreation budget for us to complete disabled access and car parking to comply with council regulations. The total estimate was \$1400 and the shortfall would be picked up by the Guild and we would also furnish the workforce.

This simple request was met with a rambling statement from the Manager Development Services who implied that the Shed was not compliant. and in his opinion the shed should be demolished or used for some other purpose. He also saw it as an eyesore on the verge of town.

Why then were we given a Development Application??

Every time we follow the recommendations by Council to do what is requested, the goal posts move. Last week we had an Officer from the Council advising us on what needs to be completed for us to have a certificate of occupancy, which was to build a ramp for the disabled. Now it has been implied that the shed is not up to standard.

This matter has now gone on for over three years. Every time we meet with the Council staff and the Mayor they advise us that any move would be up to the Guild members. We have said consistently that we do not want to relocate. The members have spent \$6000, plus invested their own money bringing the building up to standard, not to mention the people hours put in to meet council requirements. Only to be told that it may be demolished or used for other purposes.

The Mayor emphatically told the meeting that no other group wanted the building, and that there was no other uses for the land, but if this is the case why do they want us to move??

I ask the community to look at the good the Wood Craft Guild has achieved and tries to achieve. Please get behind us with support to keep our shed up and running, especially when we are following Federal Government initiative to help isolated members in our town and surrounding areas to have a place to meet and keep old crafts alive.

This Council should start to be more open in its reasons for decisions, stop doing behind the scenes deals, support community groups, and be more constructive and less obstructive.

I would like to thank Marg Osborne, David Clement and Raoul Harper for their support at this Council meeting.

A reminder to all members that your membership fees were due by the 30 June 2007, and the AGM will be in the August meeting, with a BBQ to follow the AGM. Only \$10.00 a member.

The Guild meets on the last Saturday of the month in the Goods Shed behind the St Marys Railway Station, at 4pm.

The Woodcraft Guild workshop is open Monday, Wednesday & Friday from 10:00 till 4:00. Other times by arrangement.

- Q. If you were to spell out numbers, how far would you have to go until you would find the letter 'A'?
- A. One thousand
- Q. Most boat owners name their boats. What is the most popular boat name requested?
- A. Obsession.

The San Francisco Cable cars are the only mobile National Monuments.

The first couple to be shown in bed together on prime time TV were Fred and Wilma Flintstone.

Intelligent people have more zinc and copper in their hair.



*Working
for you in
Lyons!*

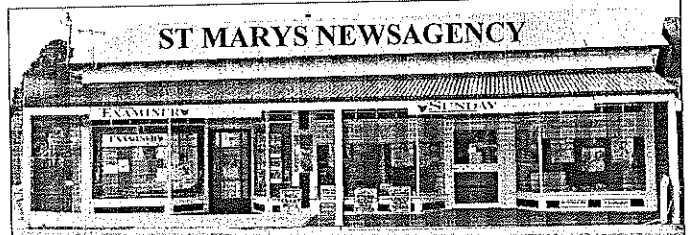


Rene Hidding MHA
Your Liberal Lyons Member

Ph: 6397 7411

Fax: 6391 3103

17a Marlborough Street, Longford
rene.hidding@parliament.tas.gov.au



Phone: 6372 2143

Open 7 days a week for your convenience

6am - 7pm Monday to Friday

7am - 6pm Saturday & Sunday

Calows
Depot

Aurora
PAYG

New in store.

Escape to Van Dieman's Land.
by Bob Mainwaring.

also...

We now have legal will kits for
singles & couples.
\$19.95 & \$ 29.95.

WATCH
SALE!!
\$16.99

BIRTH-
STONE
EARRINGS
\$4.95.

The St Marys Newsagency is now a
BILL EXPRESS agent.

Rowdy Scenes and Grandstanding— A Councillor's View

The Examiner reported "Rowdy scenes as hall hire debate flairs" At the Break O'Day Council's meeting on Monday, a motion by Cr Clement that hall hire fees be abolished for the St Marys, St Helens and Fingal Halls for local community groups was defeated, gaining no support from other local valley Councillors present.

The motion sought to formalise, as policy, the practice of Council invariably remitting hall hire fees for local community groups on application: this would save the time involved in groups having to apply for a remission, placing the application on the Meeting agenda, moving and debating each application, and requiring a Council Officer to be present to introduce the application.

Cr Clement presented a two page report on why the hire fees should be abolished for local community groups using their own community facilities for community purposes, but this did not convince the majority of other Councillors. However, later in the meeting Council unanimously approved, without discussion, four (4) applications by local community groups for remission of hall hire fees.

Council also rejected another motion by Cr Clement calling for a removal of the NO ENTRY sign recently erected at the entrance to the St Marys Town Hall, despite its attention being drawn to community concerns as contained in a recent letter to the Voice. Again the motion was not supported by other local Councillors present, apparently on the basis that Council should not change its mind on something it had previously decided upon – a policy of Council infallibility perhaps.

As reported in the Examiner, Mayor Legge publicly referred to Cr Clements motions as "grandstanding". Cr Clement believes the placing of such motions on the Council agenda for debate and decision is an appropriate way of representing the community's concerns and interests, of placing those interests and concerns on the public record, obtaining open and transparent discussion on the issues involved, and allowing the public to be informed about the decision making process of its Council.

A motion by Cr Clement in respect of a sign and landscaping of the St Marys Cemetery was passed unanimously. Residents should keep their eyes open for notices calling for designs for the sign and for landscaping an area of the cemetery, as there is a \$250 prize involved for each winning design.

For residents with a sad life requiring enthralling and informative bedtime reading, they should access Council's website www.bodc.tas.gov.au which contains online copies of the AGENDA and MINUTES of Council's monthly meetings. The AGENDA contains the detailed reports and submissions provided for discussion on the various matters to be considered. The MINUTES just show who voted how on what, and what decisions were reached. The Minutes do not show why decisions are reached, as the General Manager obtained a legal opinion that this would be unlawful.

CR DAVID CLEMENT

Re-gener8 Exhibition

As part of the planned Re-gener8 Exhibition in December 2007, we have organised a writers' workshop in St Marys on Saturday September 1, at the Community Hall supper room.

The aim of the workshop is to allow people the opportunity to express their feelings, thoughts, ideas and to promote a positive recovery process.

Patsy Crawford, who is a writer, journalist and columnist, with the Hobart Mercury and Sunday Tasmanian, will conduct the workshop.

During her career in newspaper journalism, she has done sub-editing, general and special reporting and feature writing.

She has also published 4 books:-

Renison, the Slumbering Giant, a mining history.

King, the Story of a River: an environmental mining history.

The historical novel: **God Bless Little Sister**, and a collection of short stories under the title: **Blood of a Distant Island**.

Patsy has conducted several workshops on writing and editing throughout Tasmania.

The workshop will commence 9.30am going through to 3pm, Saturday 1st September, 2007, stopping of course, for coffee and lunch.

For further information contact **Jan Sparkes** on **6372 2433** or book at the **e.ScApe Café**.

Attention All Career Mums



**Would you like to earn
An extra \$2,000 +
per month**

working from home?

FREE INFORMATION

Phone: Bonnie Page 6372 2911

Or visit: www.betterliving888.com

Even though it was hot outside, the heat was on full blast in my office at the hospital. So I asked our nursing unit secretary to get someone to fix the air-conditioner. This was a one man job, so I was surprised when two men showed up – until I was showed the maintenance request form.

It read: " Head nurse is hot"

Safer Community Committee



The Mayor of the Break O'Day Council, Robert Legge has announced that the Safer Community Committee has been reinvigorated for the Break O'Day municipality. The Safer Community Committee is a local organisational committee comprised of representatives from Local Government, State Government departments, community based organisations and the business sector.

Through partnerships, coordination and resource sharing within the local community, the Committee will address community safety issues including crime prevention initiatives.

The Committee is chaired by the Tasmania Police Inspector in charge of the St Helens Division and meetings will be held bi-monthly.

Mayor Legge acknowledges that whilst crime statistics for the Break O'Day municipality are amongst the lowest in the State, the community cannot be complacent when it comes to community safety. The Safer Community Committee will assist the local community to pro actively address issues which may arise.

ST HELENS MECHANICAL REPAIR
 41 St Helens Main St, Tas 7215
 PH: 6372 2335
 Fax: 6372 2822 Mob: 0419 503 109

C & D EXCAVATIONS
 FOR ALL YOUR EARTHMOVING REQUIREMENTS
 Phone : 03 6372 2033
 Mobile : 0439 722 032

Contacts for Valley Voice
 PH: Judy: 6372 2155 Fax: 6372 2172
 email: judith.spilbury@bigpond.com
 Accounts: Mary: 6372 2328
 Please leave written material at the St Marys Health & Beauty Centre, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215
Advertising: 2007
 Classifieds: **25 words or less: free**
 Community notices : **free.**
 Small ads. Garage sales. Greetings. Thanks etc. \$12.
 ¼ page \$20. ½ page \$30.
 Full page \$50.
 1 year posted subscription \$28.

LOCAL OWNER - OPERATOR
 OVER 20 YEARS EXPERIENCE
 Ph : Dana or Craig 6372 2033 /0439 722 032
If the earth doesn't move for you, let us help !

- ◆ 2 x 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ 4 WHEEL DRIVE TRACTOR & SLASHER
- ◆ DAMS
- ◆ ROADING
- ◆ SLASHING
- ◆ FIRE BREAKS
- ◆ LAND CLEARING
- ◆ HOUSE SITES
- ◆ BRIDGE CONSTRUCTION
- ◆ ROAD GRAVELS AVAILABLE
- ◆ AND MUCH MORE

Scamander Beach Surf Shop
 6 Lagoon Esplanade Scamander.
 Ph: 6372 5529
Scamandersurf.com

Bathers Wetsuits DVDs
 Clothing Footwear
 Bodyboards Watches
 Jewellery

Surfboards:
 Milch McTavish
 Surftech Bic G Boards

Bay Surf Shop
 2 Pendrigh Place
 St Helens
 Ph: 6376 1755

MEALS ON WHEELS ROSTER

| August | St Marys | Fingal |
|------------|-------------------|---------------------|
| Mon 20th | Trish Pike | Sharon Hall |
| Tues 21st | Dawn Lodge | Debbie Speers (N) |
| Wed 22nd | Wendy Aulich | Alana Johns |
| Thurs 23th | Heather Griffiths | Maureen Hall |
| Fri 24th | Claire Bean | Julie-Ann Claridge |
| Mon 27th | Fe Gillies | Kaylene Sutton |
| Tues 28th | D & K Floyed | Susan Woods |
| Wed 29th | D & V Rice | Christine Woods (P) |
| Thurs 30th | Yvonne Salter | Rhonda Hoskinson |
| Fri 31st | Hannah Rubenach | Mim Woods |

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves

Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Week:

| | | |
|---------------|-------|--------|
| St Helens | Vigil | 6.00pm |
| Bicheno | | 9.00am |
| St Marys | | 9.00am |
| Fingal | | 9.30am |
| Swansea | | 9.30am |
| Campbell Town | | 5.00pm |

2nd Week

| | | |
|---------------|-------|--------|
| St Helens | Vigil | 5.00pm |
| St Marys | | 9.00am |
| Bicheno | | 9.00am |
| Fingal | | 9.30am |
| Swansea | | 9.30am |
| Campbell Town | | 5.00pm |

3rd Week: MASS

| | | |
|---------------|---------|---------|
| St Helens | Vigil | 5.00pm |
| St Marys | | 9.00am |
| Bicheno | LITURGY | 9.00am |
| Swansea | | 11.30am |
| Campbell Town | | 5.00pm |

Week 4

Liturgy of the Word

| | | |
|---------------|-------|--------|
| St Helens | Vigil | 5.00pm |
| St Marys | | 9.00am |
| Bicheno | | 9.00am |
| Fingal | | 9.30am |
| Swansea | | 9.30am |
| Campbell Town | | 5.00pm |

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday -Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am

Kanga Sunday School

10.30 am - 12 noon every
Sunday for children
5 - 12 yrs

St Marys 10 am

(No service 5th Sunday)

Pyengana 7.30 pm
5th Sunday months only

Salvation Army

Sunday JOY 2pm - 3pm every
Sunday.

Salvation Army Headquarters.

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405
St Helens 9.00 am
Fingal 11.15 am

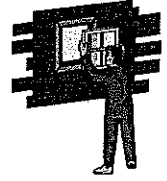
Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

EAST COAST GLASS

Falmouth Ph: 6372 5361

- ▶ Glass repairs
- ▶ Shower screens
- ▶ Wardrobe doors
- ▶ Double glazing
- ▶ Aluminium windows
- ▶ Security doors



Locally owned and servicing
the East Coast.

Call David and Anne Cannon
for prompt and reliable service.

Rae & Partners

Lawyers Barristers & Solicitors
93 York St Launceston
Ph: 6337 5555

Visiting :

St Marys Community Health Centre

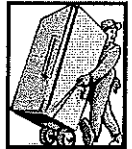
Alternate Tuesdays : 9 am - 10 am

Appointments: 6337 5555

Ransley's Appliance Service

P O Box 136
Scamander Tas 7215

- Washing machine NOISY?
- Refrigerator runs too LONG?
- Clothes dryer blows cold AIR?



Then you need the service
of our technicians.

Ring us on: Scamander: 6372 5307

FRANK GILES

ELECTRICIAN

Authorised Aurora Contractor.

Lic. No. C0950
Electrical Lic. No. A4860

Ph: 0419 372 192
AH: 6372 2341



East Coast Phone & Communications

- * Telephone & Data cabling
- * Commander Systems
- * Sound System cabling
- * TV Antenna & Tuning
- * Digital Set Top Boxes, supplied
& installed where reception available



PO Box 29,
St Marys 7215
Ph: 6372 2402
Mob: 0409 959 121

John Heron
30 years
experience
ACA Licence

A **concert**

to celebrate the newly refurbished
acoustics of the
St Marys Community Hall will be held on
Saturday 29th September 2007.

**EXPRESSIONS OF
INTEREST**

are sought from
acoustic / vocal artists

in our communities,
who would like to take part.

To lodge your interest please telephone:

Marguerite McWatters: 6372 2045 or

Liz Dean: 6372 2034

2007 - St Marys Sesquicentennial Commemorative Paving

St Marys & Districts' Families, School Classes, Individuals, Former Residents, Clubs, Interest Groups, Businesses, etc.

YOUR NAME/S WILL GO DOWN IN HISTORY

SINGLE PAVER

For just \$25 you can have your name engraved into a **SINGLE PAVER** as a record of St Marys' 150th Birthday celebrations. The paver will be permanently installed in a prominent place in St Marys for all generations to see.



\$25
ONE PAVER

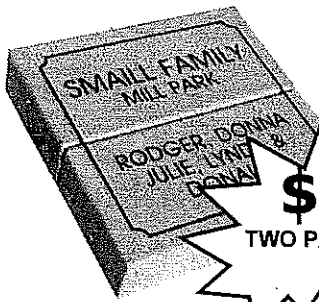
| | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|--|--|--|
| M | A | R | N | E | Y | | F | A | M | I | L | Y | | | |
| M | T | | N | I | C | H | O | L | A | S | | | | | |

ENGRAVING DETAILS: Please print clearly in **BLOCK** letters. Each square represents one letter, number, space or punctuation mark. (Maximum 32 letters for ONE PAVER)

A UNIQUE AND LASTING OPPORTUNITY TO SHARE IN ST MARYS' 150TH BIRTHDAY CELEBRATIONS

TWO PAVERS (\$50) or THREE PAVERS (\$75) WITH A BORDER

You can have your name engraved into **TWO** or **THREE** pavers **WITH A BORDER** as a record of St Marys' 150th Birthday celebrations. The pavers will be permanently installed in a prominent place in St Marys for all generations to see.



\$50
TWO PAVERS

ENGRAVING DETAILS: Please print clearly in **BLOCK** letters. One square for each letter, number, space or punctuation mark and you can use "&" instead of "and".

Maximum 64 letters for **TWO PAVERS**

Maximum 96 letters for **THREE PAVERS**

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | O | O | M | B | S | | | | | | | | | |
| G | E | O | R | G | E | | R | H | O | N | D | A | | |
| R | H | O | N | D | A | | | | | | | | | |
| D | A | V | I | D | | G | L | E | A | N | N | E | | |
| K | A | T | R | I | N | A | C | A | S | B | O | U | L | T |
| R | A | C | H | E | A | L | | | | L | U | K | E | |

SIMPLY FILL OUT THIS FORM AND RETURN WITH FULL PAYMENT BY CASH, CHEQUE OR MONEY ORDER TO:

St Marys Lions' Club
C/o St Marys Post Office
St Marys 7215

For further information contact:
Peter Troode on 6372 2783 or 0412 245 666
email: addestone@bigpond.com

Contact Name:

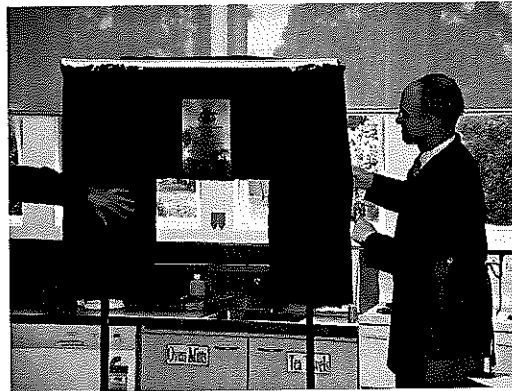
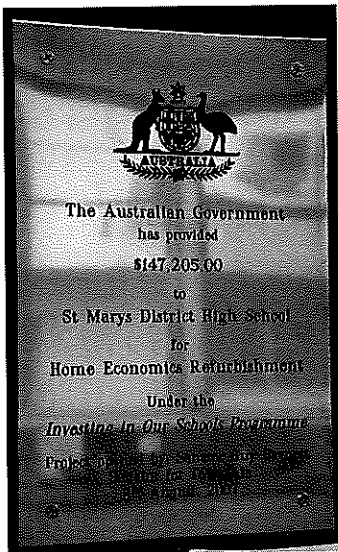
Address:

Phone:

Offer closes on the 30th September 2007
Please photocopy and pass on to friends and business associates.

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|--|-------------------------------|
| | | | 16th August • BOOK FAIR | 17th August • BOOK FAIR |
| 20th August | 21st August | 22nd August | 23rd August • Country Gold | 24th August • Country Gold |
| 27th August • Primary Assembly 11am - lead by 4/5 Fisher • Rock Challenge | 28th August • School Association meeting 7pm - staffroom | 29th August • Centrecare meeting 11am - grade 10s • NEXT NEWSLETTER | 30th August • Master Builders Association - grades 8-10 | 31st August |

Home Economics Refurbishment Official Opening



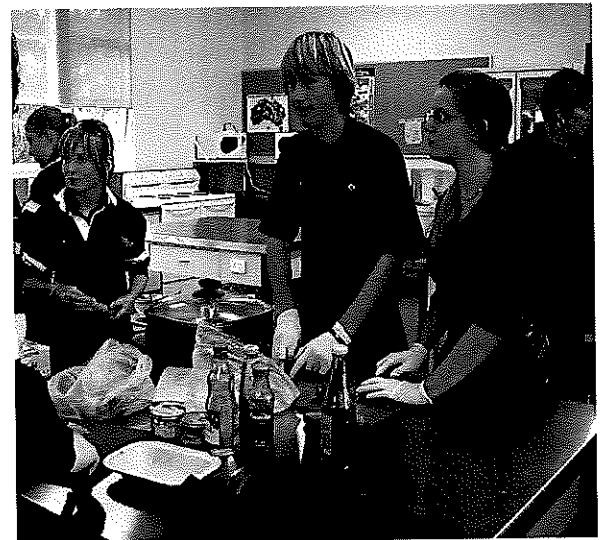
Plaque unveiled by Senator Guy Barnett



Liz Banks, Brian Shephard with the Hon. Dick Adams MHR



Mr Matt Osborne, Deputy Mayor Margaret Osborne and Mrs Jean Legge



Brooke Lohrey, Trent O'Shea and Mackenzie Seddon



Senator Guy Barnett, Margaret Forsyth and Emma Howe



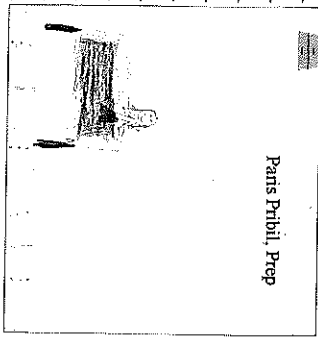
Primary Staff Attended



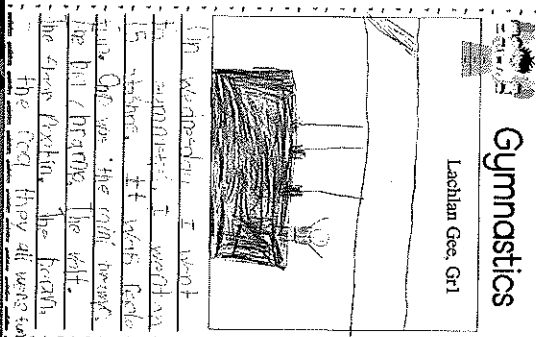
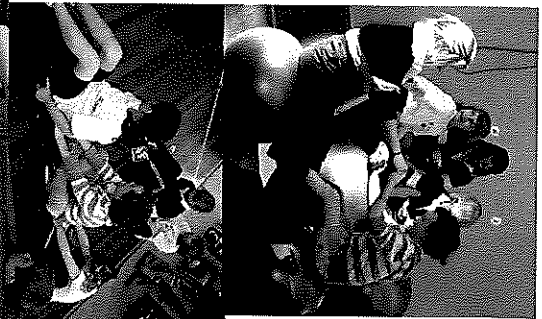
Hon. Dick Adams MHR, Trent O'Shea and Hon Heather Butler MHA

Gymnastics

Paris Pithil, Prep



I was nervous but I did it. I was nervous but I did it. I was nervous but I did it.



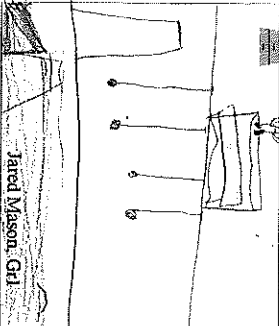
Gymnastics

Lachlan Gee, Gr1

In my opinion, I went to gymnastics. I went to gymnastics. I went to gymnastics. I went to gymnastics. I went to gymnastics.



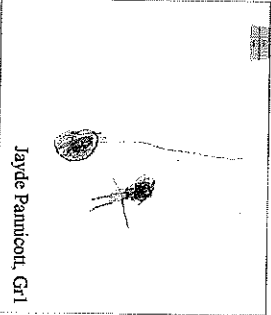
Gymnastics



Jared Mason, Gr1

I was nervous but I did it. I was nervous but I did it. I was nervous but I did it.

Gymnastics

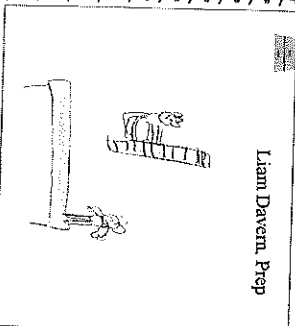


Jayde Pannicou, Gr1

I was nervous but I did it. I was nervous but I did it. I was nervous but I did it.

Gymnastics

Liam Davern, Prep



I was nervous but I did it. I was nervous but I did it. I was nervous but I did it.



ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS on ROSTER
Dr. OTTOSEN 16/8/07-30/8/07

AFTER HOURS SERVICE
 PLEASE PHONE GP ASSIST ON 1300 780 011
 AMBULANCE 1800 008 008 or
 EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111
BEFORE PRESENTING AFTER HOURS.

St Marys Community Health Centre
GP Surgery Hours:

8:50am-12:30pm

12:30pm-1:30pm LUNCH

Please do not phone during lunchtime as appointments
 can not be taken by the nursing staff
 1:30pm-5:00pm

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to
 your medication/s running out or **in advance** if you are
 attending this practise regularly. Patients can not request
 scripts over the phone.

PLEASE BE PATIENT

Please be aware that **waiting periods can apply.**
Phoning in advance may save you a wait. Please
be patient, we are doing our very best and your
 cooperation is appreciated. Everyone's health is
 important to us. — K. O'Shea DON



Flu Virus spread can be reduced by
 regularly washing your hands.

'WHAT'S ON AT THE CENTRE'

- 16 August **Physiotherapy Back Rehabilitation**
Classes. 2:30pm-3:30pm, phone David or
 Margaret for bookings on 6372 2111
- 17 August **Relationships Australia,** Lyn Marie phone
 1300 364 277 for appointments
- 20 August **Physiotherapy Back Rehabilitation**
Classes. 9:30am-10:30am, phone David
 or Margaret for bookings on 6372 2111
- 21 August **'Relationships Matter' Workshop**
 facilitated by Relationships Australia.
 Numbers limited phone 1800 002 222 for
 bookings. 7:00pm-8:30pm
- 22 August **Meals on Wheels AGM.** 2:30pm in the
 Ambulance Room of the CHC
- 23 August **Sleep & Settling Session** facilitated
 by Walker House. 10:00am-12:00noon
 at the CHC. \$5.00- covers handouts and
 childcare. Phone 6326 6188 bookings
 essential.

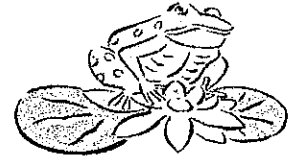
- 23 August **Physiotherapy Back Rehabilitation**
Classes. 2:30pm-3:30pm, phone David or
 Margaret for bookings on 6372 2111
- 24 August **Diabetic and Diet Clinic** with Pat and
 Jacqui phone 6372 2111 for bookings
- 24 August **Cornwall Coal Training Session,**
 Day Room- all day.
- 27 August **Relationships Australia,** 10:00am-4pm.
 Lyn Marie phone 1300 364 277 for
 appointments
- 27 August **Physiotherapy Back Rehabilitation**
Classes. 9:30am-10:30am, phone David
 or Margaret for bookings on 6372 2111
- 28 August **Relationships Matter Workshop**
 facilitated by Relationships Australia.
 Numbers limited phone 1800 002 222 for
 bookings. 7:00pm-8:30pm
- 28 August **Child Health Clinic** with Lorraine McGee
 2nd & 4th Tuesday of the month. Open
 Clinic 9.00am-12.00noon. Appointments:
 6372 2111 or Mobile 0428 136 381
- 29 August **Podiatry** with Lightfoot Podiatry phone
 6331 9568 for appointments
- 29 August **Psychiatrist,** Dr Peters
- 30 August **Physiotherapy Back Rehabilitation**
Classes. 2:30pm-3:30pm, phone David or
 Margaret for bookings on 6372 2111
- 31 August **Relationships Australia,** Lyn Marie
 phone 1300 364 277 for appointments
- 31 August **Diabetic and Diet Clinic** with Pat and
 Jacqui phone 6372 2111 for bookings
- 31 August **Cornwall Coal Training Session,**
 Day Room- all day.

RELATIONSHIPS AUSTRALIA TASMANIA is presenting
RELATIONSHIP MATTERS

A short three-week course designed to help
 individuals stop those annoying behaviours that
 may hinder their relationships
 This **FREE** course is being held at
 ST MARYS
 TUESDAY 21 AUGUST 7pm-8:30pm
 At the Community Health Centre
 (supper will be provided)
 Numbers are limited- to register for this course phone:
 1800 002 222 Bookings are essential.

Back classes for over 50's

ARE YOU BECOMING A *BOILED FROG* ?



Can YOU :-

Get out of a chair without using your hands ?
Reach your toes to put on your socks / tie up your
shoe laces ?

Put your pants on standing up ?

Balance on one foot ?

Bring in the firewood ?

Are you wrongly accepting these losses as a normal
part of aging ?

Come along to PHYSIO'S :-

Gentle Back Rehabilitation Classes

Weights Class or

Fantastic Sitters Class

Contact :- Margaret or David at St Marys Community Health Centre

PH:- 6372 2111

* A frog placed into boiling water will immediately jump out . The same frog placed in water that is slowly brought to the boil, will not jump out, it will croak it (please do not try this).*

ST MARYS PASS – YOUR QUESTIONS ANSWERED

Why have there been problems this year at St Marys Pass?

St Marys Pass is historically prone to rock falls, but the East Coast bushfires in late 2006 exposed the steep terrain of the Pass to increased rock falls and erosion. Since the fires hazardous trees have been removed and a damaged safety fence replaced, along with other traffic fixtures.

What further work has been done more recently?

The Pass was closed during the June school holidays to enable the safe removal of unstable rocks from above the road and the installation of some rock netting. The Pass was also closed for part of one day, after the school holidays, as a precautionary measure to gauge the effectiveness of the recent work after the first steady rain.

What is the latest assessment of the work completed so far?

A further geotechnical assessment has shown that the remediation strategy is working. Further revegetation to support the on-site growth is likely in the Spring, especially in areas where meshing work is not feasible. If any temporary closure of the Pass is needed the community will be given ample advance notice.

What monitoring of the Pass is being done?

The Pass is being monitored twice daily seven days a week using a detailed checklist. A check is made before the school bus goes through the Pass on schooldays.

What effect are weather conditions likely to have on future closures of the Pass?

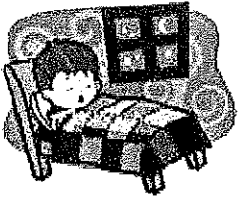
Weather forecasts are closely monitored, especially if there is a likelihood of high intensity rainfall which may lead to the need for the Pass to be temporarily closed. While closures can inconvenience local residents, the safety of the travelling public has to be the first priority.

What about traffic arrangements for the Pass?

Appropriate signage – to be activated only in an emergency - has been installed to support a traffic management scheme. The 80 km/h speed limit will be reduced to 60 km/h and this will be made permanent by the end of the month.

What if I need further information?

The Department of Infrastructure, Energy and Resources is working closely with the Break O'Day Council in order to keep the local community informed. In an emergency, phone freecall on 1800 005 282.



Sleep & Settling Session

Day: Thursday

23 August 2007

Time: 10.00 — 12.00

Place: St Marys Community Centre

Cost: \$5.00 per session (covers
handouts/childcare)

Facilitators: Deb and Sharon
from Walker House Parenting Centre

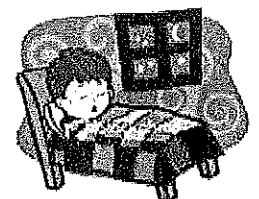
Child Care available

RSVP: 21 August 2007

To: Walker House Parenting Centre

Telephone: 63 26 6188

Bookings essential



Tasmanian Lymphoedema Centre Inc.

The Tasmanian Lymphoedema Centre Inc., which opened its Clinic 7½ years ago at the St Marys Community Health Centre, offers low level laser therapy with 3B scanning laser and manual lymphatic drainage for people with both primary and secondary lymphoedema.

The T.L.C. Inc. is an incorporated business, operating in rented rooms at the Health Centre. The laser and massage tables were purchased, and are maintained, through local fundraising by a hard working committee.

Our laser therapist, Kate Williams and massage therapist, Sue Christianson, run this side of the business, and pay the T.L.C. a levy to cover maintenance and new equipment, and all the other ins and outs of a small private business.

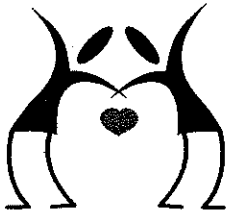
Currently, Marguerite McWatters is operating the laser till Kate receives a clean bill of health. Thanks Marguerite, for stepping in once again. Get well soon Kate.

An excellent, well-serving team, a unique Tasmanian business, here to stay for the long haul.

Next T.L.C. meeting, **Monday 20th August 10am**, Day Room at the St Marys Community Health Centre. All welcome!

Don't forget to write "**Melbourne Cup Luncheon**" in your diaries. — it's just around the corner — so much fun.

Jan Sparkes.



WOULD YOU LIKE TO BE PART OF AN EXCITING THEATRE PRODUCTION TO BE HELD IN THE BREAK O'DAY REGION?

ACAST will be performing an Australian play, written by Graeme Pitts, during September.

The play, **EMMA CELEBRAZIONE**, is a celebration of the life of Emma Ciccotosto, who migrated to Australia as a teenager in 1939.

This true story tells of the joys and hardships of one family. It has become so popular throughout Australia, that it is claimed by all migrants and recognised by all families who struggle to survive.

Complete with cooking lesson, wedding reception and the infectious music of traditional Italian women's song, Emma Celebrazione touches us all with its life affirming optimism.

GRASSY BOTTOM SINGERS have been approached to be part of the Italian Women's Chorus.

YOU DON'T NEED TO BE ITALIAN, BUT YOU DO NEED TO BE A WOMAN!

Grassy Bottom Singers may need more voices, so talk to any member, phone Leissa on 6372 2686, or come to choir practice on Thursday nights, 6 – 8pm at Eo's Garage, 2 Story St, St Marys.



Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if you have any queries we can help you with.

538 Main Road
(P.O. Box 50)
Penn, Tasmania 7300
PH: (03) 6398 1115
Fax: (03) 6398 1120
Toll Free: 1300 132 689

58A High Street
(P.O. Box 271)
New Norfolk, Tasmania 7140
PH: (03) 6251 3355
Fax: 6251 1036

Email:
D.Adams.MP@aph.gov.au



"Working
together for the
future of
communities in
Lyons"

Written and Edited by Dick Adams, 132 Main Road, Penn, Tasmania 7300

ST MARYS SESQUICENTENARY COOKERY BOOK

Do you have an **old** family recipe (no matter how quirky) or a favourite one of your own that you would be willing to pass on to the St Marys Lions Club for inclusion in our upcoming publication?

This book will be produced and released on December 1st to celebrate the sesquicentenary of "Life in St Marys" since settlement.

It would be lovely if you could put your name to the recipe for acknowledgement, but this is not necessary if you would prefer to remain anonymous.

Recipes can be left at the Post Office with Lion Kerry, or just phone Ruth on 6372 2231 or Charlie on 6372 2648 to arrange collection.

Mabel, the church gossip and self appointed arbiter of town morals, accused George of being a drunk because his ute was parked in front of the hotel all afternoon. George said nothing, but that evening he parked his ute in front of Mabel's house and left it there till morning.

My mother-in-law was ecstatic when I was ordained as a pastor. She quickly called one of her friends to brag. "**Bob's been pasteurised**"

A specialist cleaner has been doing business so long, it's ad brags "50 years cleaning on the same spot"

St Marys Sports Centre news

First of all an apology goes out to anyone adversely affected by the Club Championship eleventh hour changes. Due to some mitigating circumstances since the last issue, and the lack of suitable dates to change to, the final arrangements were for 54 holes to be played on August 4th/5th, followed by working bee dates to fit the contractor's timetable, and then the final 18 holes on August 19th.

There is no suitable times to accommodate everything in September, and October onwards sees the recommencement of bowls, which would decimate the fields.

That's how it was, unfortunately. Once again sorry for any grief this has caused, but as they say, you can't please everybody all of the time, only some of the people some of the time.

The Annual Tournament on August 25th/26th also eliminated another weekend from the equation.

That said, the 12 players who began the championships have made at least enough to qualify for a full event, which seemed impossible under the original dates.

The scoring has been generally very good, and in A Grade a tight final round, with Dale Ridgers and Jack Viney, will be well worth watching. Dale has shot 70-70-69 while Jack has recorded 70-74-69 (only 4 shots in it.)

In B Grade, Kodie Donald has a 7 shot lead on Barry Harrison, 253-260, and in C Grade with all three remaining players doing well, Craig Freboth holds a 13 shot lead, 269, to Leigh Spilsbury's 286, with Kirk Bean a further 4 shots back on 282.

In all the handicap sections, only a few shots separate plenty of the field.

Please note that the final round is to be held on Sunday August 19th in conjunction with the newest event on the golf calendar, the Harwood Plumbing Services Day, kindly sponsored by Russell and Bobbie Harwood.

Obviously it doesn't matter whether you are in the championship or not, as this is a separate event to them. So if you can support the day it would be tremendous. Thanks again Bobby and Russell.

The championship groups will be off at around 10.30am, with the other players involved in the day to follow immediately. Let's support this day.

The following weekend is the Hobart House of Golf St Marys Tournament, August 25th/26th. Saturday is Men's/Women's Day, 27 holes for the scratch events including the St Marys Open, and Sunday is Canadian Foursomes across the board. Please try to get some names up on the entry sheet, now in the clubhouse.

Hobart House of Golf will be here both days to show some new gear and take orders for your kit if you wish.

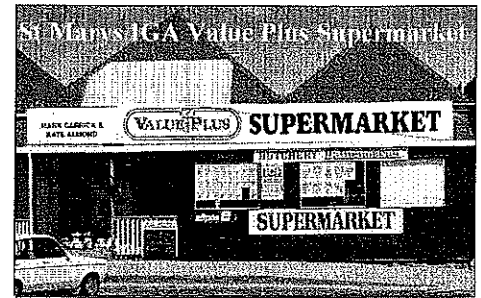
There is to be a really big working bee this upcoming Saturday, to get heaps of new pipework in, to finally hook up the back greens and tees to the pop-up sprinkler system. Hallelujah! It will be terrific to see, and essential to the development and changes to the course in the coming years. Try to get there early so all this work can be done. **(Remember, Sat Aug. 18.)**

Congratulation to St Marys Eightball Team in making its way to another Valley Eightball Association Grand Final. The team takes on Rossarden in the final this week. The very best of luck to you all.

In the ladies golf, the final of the Silver Spoon is scheduled in the next few weeks, and we will give the final result of that event. Also, don't forget that the championships are in October this year, and that this is something to really look forward to.

Bowls season is fast approaching, the shirts have been chosen, and yes, we will have a ladies team again this year. Keep a watch out for all of this in the next 6-8 weeks.

Anyway, until next time, good hitting and rolling.



38 Main Street St Marys

Mark Kate

Phone/Fax 6372 2240

Butcher Ph: 6372 2274

Mon - Fri 8am - 6pm

Sat 8am 12 noon

In-store butchery

This week

| | |
|---------------|------------|
| T-bone steak | \$ 14.99kg |
| Silverside | \$ 7.99kg |
| Beef stir-fry | \$ 8.99kg |

Next week

| | |
|--------------------|-----------|
| Rump steak | \$10.99kg |
| Regular beef mince | \$ 7.99kg |

From the deli

This week

| | |
|--------------------------|------------|
| Premium boneless leg ham | \$12.99 kg |
| Cabana sticks | \$ 8.99kg |

Next week

| | |
|---------------------|------------|
| Middle rasher bacon | \$11.99 kg |
| BR saveloys | \$ 5.99kg |

Late week specials

This week

| | |
|---------------------------------|---------|
| Bundaberg white sugar 2kg | \$ 2.39 |
| International Roast coffee 250g | \$5.99 |

Next week

| | |
|------------------------------|--------|
| Smiths potato chips 185/200g | \$1.99 |
| Pascal Family bags 180/400g | \$1.99 |
| Lindt block chocolates 100g | \$1.99 |

From the freezer

Next week

| | |
|------------------------------|---------|
| Maggi Twin pack lasagna 750g | \$ 5.99 |
| Papa Guiseppi Tw/pk pizza | \$ 8.99 |
| Peters Original Icecream 5lt | \$ 6.99 |