

The Valley & East Coast Voice

Volume 41 No 17

Thursday, February 26, 2009

Est. 1968

50 cents



VALLEY FIRE-FIGHTERS HELP OUT OUR VICTORIAN NEIGHBOURS

Five fire-fighters from the Fingal Valley were among the several hundred Tasmanians who volunteered to drop everything and fly to Victoria to help put out the bush fires that caused so much devastation on Saturday the 7th February.

Tasmanian Fire Service volunteer and St Marys Brigade Captain, **Michael Aulich**, was in the first contingent who flew out on Monday the 9th, while **Jamie Haas** of St Marys, a Fire Officer with Forestry Tasmania, flew out a couple of days later.

The next Tasmanian Fire Service volunteers to go were **Hannah Rubenach** of St Marys, **Richard Gee** of Fingal and **Robert Parsons** of Mathinna.

Michael Aulich said on his return that it was no beer and skittles over there. Most of the Tasmanians were working at least 12 hour shifts at night and in strange terrain. To add to the stress they had to sleep in hot tents with helicopters and fire trucks roaring about all day. But he said they coped well and the experience they gained would be invaluable in future fire fighting back home.

Jamie Haas, who spent ten days on the fire ground working with a crew of twenty fellow Forestry Tasmania fire-fighters, from all over the state, agreed it was extremely hard and dangerous work. He said they were given some crucial fire fronts to look after and he was proud of the professionalism displayed by his crew in what were, at times, most daunting conditions.

Those of us who live in the bush are well aware of the dangers we face in a wild fire. We also know every year there is a very real risk of one roaring through our countryside, but we can be comforted in the fact that we have well trained, experienced fire-fighters in our community.

Prime Minister Kevin Rudd, in his speech at the National Day of Mourning service on Sunday, called fire-fighters an army of heroes. Let us salute our locals who are part of that army and to all in Break O'Day who have helped the Victorians in any way.

PS: When the Valley Voice went to print, St Marys Lions alone have donated \$2,500 and raised another \$5,000 from the St Marys and Fingal Communities for the Victorian Bushfire Appeal. With more fundraising functions planned for this week the total figure should reach over \$8,000. Well Done!

Story: Jim Haas. Photos: Via email.



VICTORIAN BUSH FIRE APPEAL

COMBINED COMMUNITY EFFORT
DEVONSHIRE MORNING TEA

FEBRUARY 27, (TOMORROW)

10.30AM

ST MARYS COMMUNITY HALL

GOLD COIN DONATION

TRADE TABLE: CAKES, PRODUCE ETC.

PROCEEDS WILL BE DISTRIBUTED

BY THE LIONS CLUB IN AFFECTED AREAS.

Please note: Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday March 10, 2009.

email address: judith.spilsbury@bigpond.com

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

Grassy Bottom Regional Arts are holding General meetings on the first Friday of each month at 5pm in the supper room of the Community Hall. Come along to share your creative ideas and help Grassy Bottom maintain an artistic culture in our community.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224.**

St Marys Playgroup meets each Thursday at 10.30am at the kindergarten. All preschool aged kids welcome to bring a carer/parent/granny/pa for a play and morning tea. Very chilled relaxed group of all ages - we love new members. **Contact Terese: Ph: 6372 5745**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday. **Ph: Jan 6376 1661 or Leanne Ph: 6372 5291.**

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

St. Patricks Head & Esk Valley Historical Society meets on the third Sunday of every month, except December, at St. Marys Online Access Centre at 2.30 pm. Meetings are informal and fun and new members are needed. Please contact **Barry Aulich** on **6372 5752** or **Jim Haas** on **6372 2127.**

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on **03 6372 5604.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

St. Helens Al-Anon Family Group Meeting: St. Pauls Anglican Church Hall - every Sunday 2pm Contacts: **Ann, John 6376 3270 or Rose 6376 3335.**

Swap n Go gas cylinders available from Gone Rustic, 37 Main Street, St. Marys. Phone 6372 2724 (BH), 0417 027 424 (Rita) or 0417 648 845 (Ian).

NEWS FROM GONE RUSTIC

Trees -An exciting *travelling exhibition* of works by members of *Stitching and Beyond* (Tas.) is coming to Gone Rustic. Members were challenged to create an 8 inch x 30 inch (maximum) piece on this subject. The launch of this exhibition will take place on *Saturday 7th March at 12 noon*. Cost (including a light lunch and refreshments) is \$5. On display until 3rd April.

Exhibition of Plant-dyed silk and paper by Beth Verschoyle - this talented St. Helens fibre artist invites you to view her work - it is truly a feast for the eyes! On show (and for sale) are *naturally dyed silk scarves, framed paper collages and hand bound journals*. There is also some *pottery* which Beth made early in her artistic journey. On display until 16th March.

Free quilt block patterns - available to anyone who drops in to Gone Rustic ... just ask!

Rustic Ragamuffins - every *Wednesday, 7-9*. Bring your *current stitching project* and enjoy chat, friendship and laughs! \$5 per night - includes *tea, coffee and home-made cake*.

Quilting Bee - every 4th Wednesday, as part of Rustic Ragamuffins. An opportunity to help to make quilts for those in need. *Next one is 25th March*. Please bring your *sewing supplies*.

YOUR NEW WIDE SPAN KIT SHED OR HOME - currently a 10 % discount is on offer, *for a limited time only*. For you free quote or catalogue, visit Gone Rustic today!

Gone Rustic Studio & Gallery,
37 Main Street, St. Marys 7215
Phone - 03 6372 2724
or 0417027424 (Rita)
or 0417648845 (Ian)

Web - www.myspace.com/gonerustic
Online Shop - www.gonerustic.etsy.com

ST MARYS OP-SHOP

TRADING HOURS:

10AM — 4PM MON TO FRI.
6372 2733.

WE'VE HAD A CLEAN OUT!
COME AND SEE WHAT'S NEW..

TO ANYONE WANTING TO DONATE,
PLEASE REMEMBER—
IF YOU WOULDN'T WEAR IT,
NO-ONE ELSE WILL!

Looking for your dream home/shed/garage/stables, etc. at very *affordable* prices? Want a *free* catalogue and *no-obligation* quote? Then call in to Gone Rustic, 37 Main Street, St. Marys. To phone, call 03 6372 2724 (BH), 0417 027 424 (Rita) or 0417648 845 (Ian).

Classifieds

For sale

TV 51cm Panasonic in excellent condition \$200 ono.
Ph: 63725486 or mobile 0448 871 950.

Chef Electric Stove. As new. (White, 54cm W) \$550.
Ph: 6372 5273.

house lot of second-hand timber-frame windows,
various sizes and prices. Ph 6372 2686.

Certified organic potatoes \$2.50 kg plus other vegies,
jam and honey - direct from grower - call Jack 6372 2034

Book case 6' x 2' x 1' \$30.

Hall table, half round smoked glass with brass frame \$25.

Side tables, set of three, smoked glass with brass frame
\$25.

Clothes rail, white tubular metal (cost \$40) \$10.

Mirror, decorative bevel edged, etched lyre bird design
\$10.

Table lamps x 2 pale gray base, white shades \$10.

Pyrox Cadet gas heater, free standing for natural gas
(convertible) \$100. Ph: 6372 2130.

Camera tripod, compact, light weight. As new. \$20.
Ph: 0429 162 932.

Yamaha WR 250 motor bike. Reg. Under 800kms.
.\$8,500. Ph: 0407 431 191

Timber kitchen cupboard doors, various sizes, with
hinges, catches and handles. Good condition. Make an
offer. Ph: 6372 2412.

Yamaha keyboard: 61 key portable grand piano. Com-
puter & MIDI connections, interactive teaching system,
voices, effects, harmony, echo, accompaniment, 16 note
polyphony. Takes batteries, 9v power supply included.
\$250.

Bird cage on stand : 445 x 445 x 815mm, Well made &
strong, with roof, door, feed doors and slide out tray.
Varnished timber. \$50. Ph: 6372 2515.

TV 68cm Good order \$100. 4 burner BBQ. \$50.ono.
Ph: 6372 2440.

Tractor slashing available.
Ph: 0407 944 158.

Fire wood. 1, 2, & 3 tonne loads.
Ph: 0407 944 158.

"Moo-Poo". Finely screened. Any amounts. See Norm.
Ph: 6372 2380.

LOOKING TO BUY

"THE FINGAL
HISTORY STUDY"
BY LINDY SCRIPPS.

PUBLISHED 1999
BY FOOT AND PLAYSTED.
PH: PETER VINEY 6391 8158.

WANTED TO BUY

Golf Cart

Phone Tom or Rob 6372 2554
or 0407 764 050

WANTED TO BUY

Land.

Phone 0429 644 388.

WANTED TO BUY

Queen size timber bed base with wooden slats.
Phone. 6372 2412

ADVERTISE

YOUR UNWANTED ITEMS FOR
SALE HERE .
CLASSIFIEDS ARE FREE.

GARAGE SALE

SATURDAY MARCH 14, 2009.
8.00AM — 11.00AM.

AT HOLY TRINITY
ANGLICAN CHURCH
MAIN ST, ST MARYS.

ALL ITEMS MUST GO.

COME AND FIND A BARGAIN.

ST MARYS DISTRICT HIGH SCHOOL
1986 LEAVERS

IF YOU WERE IN GRADE 10 IN 1986, THEN
PLEASE CONTACT DEBBIE GALL(NEE GAMBLE)
ON 6375 1911, AS SHE IS TRYING TO ORGANISE
A 23 YEAR REUNION DINNER
TO BE HELD IN APRIL '09.

IF YOU WERE A LEAVER OR KNOW WHERE
SOME OF THOSE PEOPLE ARE....
RING DEBBIE: 6375 1911.

EDITOR'S NOTE

A few year's ago the previous editor published a page of
businesses and emergency facilities in our area. I have
been approached by a dedicated reader to do this again.
If you would like to have your name, phone number and
business details advertised on this page (no charge),
please contact me at the Valley Voice. If there is enough
interest, we will publish this service to the public once
again. It would be added to issues when space permitted.
Phone: 6372 2155
Post: PO Box 68, St Marys TAS 7215.
Email: judith.spilsbury@bigpond.com

A LITTLE BIT OF HERITAGE: Jim Haas "The Lords"

During the sixty odd years of convict transportation around 150,000 convicts braced the shores of New South Wales and Van Diemens Land. Some remained criminals and served out their time in the jails, penal colonies and chain gangs, while others absconded to become bushrangers. There were a few who, after receiving their Ticket of Leave, returned to their Homeland, but the majority remained in Australia and eventually became productive citizens. One man went a little further and became Sydney's wealthiest man.

Simeon Lord Senior was born in Yorkshire, England, on 28 January 1771. In April 1790, as a nineteen year old, he was sentenced to 7 years transportation at the Manchester Quarter Sessions in Lancaster for stealing calico, cloth and muslin.

He arrived in Sydney aboard the *Atlantic* in 1791 and after serving his time as a servant to Captain Thomas Rowley of the New South Wales Corps, went into business running a drinking house. Lord's business ventures went from strength to strength over the next few years, and he became friends with many influential people, including Governor Lachlan Macquarie who made Lord a magistrate in 1810. He was forced to resign this position in 1821, however, because when Thomas Brisbane took over as Governor of New South Wales, he did not approve of Lord's convict record.

Despite this, Lord went on to become not only the wealthiest, but one of the most influential men in the Colony. His business interests included: whaling, pearling, sealing, manufacturing of dyes, woollen goods, timber and mining. In fact, he was the first person to export coal from Australia. He also acquired much land with one title being in Van Diemens Land at St Pauls Plains.

Simeon Lord Junior, whose mother, Mary Hyde, was also a convict, was born on the 9th May 1810. In 1831 when Simeon Junior married Sarah Birch, Simeon Senior gave him his property at St Pauls Plains.

Simeon Junior brought his young wife to Avoca and immediately built a hut on the land named "Bona Vista". But it was only to become a summer residence; Simeon Junior also purchased a luxurious house in Macquarie Street, Hobart, called "Vaucluse" where he would spend the winters.

It was some ten years after their arrival before the Lords began to build a homestead on "Bona Vita". It seems the east wing with cellars underneath was built first, followed by the south wing. Both these wings are finished with beautiful stone work, which is still in excellent condition today.

By contrast, the other two wings of the house, plus the outbuildings and stone walls around the property are built of inferior stone. This would suggest that at the time of construction less skilled, or even unskilled labour was used.

In the era of the house's construction, bushranger attacks in the area were frequent and the homestead was built like a fortress with a stone wall around the house. This was added to with an elaborate system of stone yards to protect the livestock if an attack was feared. Some of the walls are nine feet high and two feet thick.

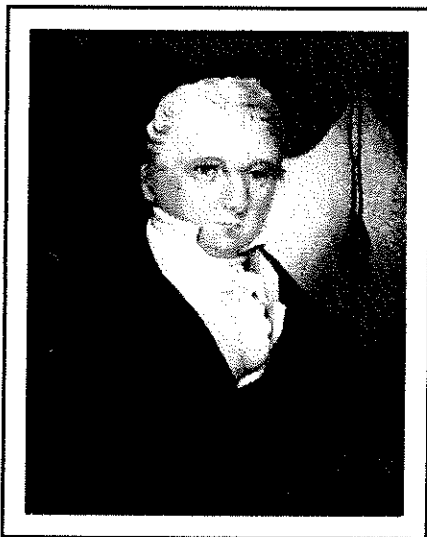
The census of 1848 recorded the house at "Bona Vista" was complete and housed 43 residents, eighteen of whom were convicts.

In 1862 Lord had acquired some 9767 acres at "Bona Vista", but by then he had decided to move to a warmer climate and he put the property up for auction. It did not sell at that time so Lord leased the land to John Swan MHA and moved with his family to live at "Highmead" in Brisbane, where he died on the 15th June 1892.

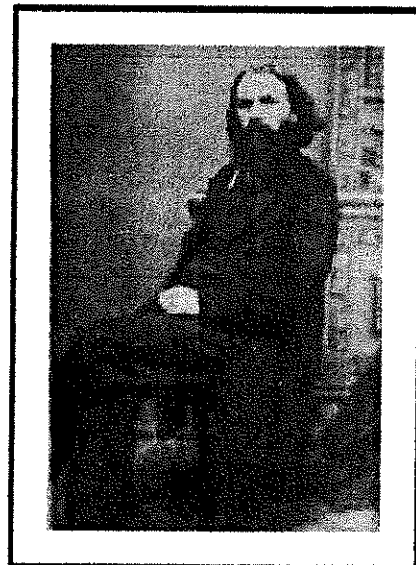
"Bona Vista", with its huge ballroom, was noted for many social gatherings, but there were also a number of tragic events. In 1853, during a bushranger attack, a constable was murdered and in 1862 the "Examiner" reported the murder of the child of a German. In 1899 a young man is said to have been murdered on the homestead woodpile and his body carried half a mile and dumped in the South Esk River.

"Bona Vista" continued to be run under lease until it was offered for public auction again the 12th December 1958. It was purchased by Robert G. Marshall of "Tullochorum" and has stayed in the Marshall family ever since.

Like all Tasmania's old buildings "Bona Vista" is heritage listed in the hope that this unique, Georgian style structure and the history of the Lords will be preserved for ever.



Simeon Lord



Simeon Lord II



RUDD GOVERNMENT DELIVERS \$269,000 TO BOOST LOCAL INFRASTRUCTURE FOR BREAK O'DAY AREA

On Monday February 23 2009, the Rudd Labor Government signed off on \$269,000 for ready-to-go local infrastructure projects, including a range of community projects across the local area. Minister Albanese announced the funding from the \$800 million Community Infrastructure Program to support jobs and boost local economies by building and renewing community infrastructure. "This program is the single largest investment in local infrastructure in Australia's history."

The Break O'Day Council will receive \$269,000 for these local projects. They include:

\$50,000	-	Pathway for cyclists and pedestrians from Scamander to Beaumaris
\$50,000	-	Stage 3 development of the Fingal Community Centre
\$40,000	-	Pathway in Time Historical Panels at St. Helens
\$35,000	-	Wombat Walk foot bridge at St. Marys
\$34,000	-	Upgrade to the bay of fires Recreational Park
\$25,000	-	Recycling Stations at St Helens and Scamander
\$12,000	-	Picnic tables and chairs for Ansons Bay and Mangana Recreation Park
\$10,000	-	Development of the Falmouth Recreation Park
\$8,000	-	Mathinna Memorial Avenue tree plantings
\$5,000	-	Beach access pathway at Four Mile Creek

Details of these projects are below.

Mr Adams today said he was delighted to see funding announced so quickly for the local community.

"These projects right across the Break O'Day municipality will be of great benefit to the community, and also help bring more tourists to the area.

"Small communities like these find it hard to fundraise for projects of this type, and this funding will build on the work that the community and Break O'Day Council has already done in many of these areas.

"The Rudd Government understands that the communities in the Break O'Day area are feeling the effects of the global financial crisis."

"I have made many representations in Canberra about the importance of local projects like this in strengthening the community, generating construction activity and delivering much-needed infrastructure to improve the quality of life in local communities," Mr Adams said.

Mr Albanese said that the Rudd Government was determined to act decisively with local communities to support jobs and improve the quality of local infrastructure.

"Without federal funding these projects would have remained in the 'too-hard' basket."

"More than 3,600 projects have been submitted under the first round of the Community Infrastructure Program and the Rudd Government is getting on with the job of rolling out projects in local communities."

Mr Adams concluded, "The Council will receive a contract shortly. I encourage them to sign and return it as quickly as possible so funds can be released."

Contact: Moksha Watts (Albanese) 0413 389 070

Dick Adams – 0418 132 828

PROJECT DETAILS

Break O'Day Council

\$8,000 Mathinna Memorial Avenue Tree Plantings

Memorial Avenue upgrade with the planting of trees in remembrance of members of the community who founded and served to protect Mathinna.

Location: Main Street, Mathinna, TAS, 7214

\$34,000 Upgrade to the Bay of Fires Recreational Park

Upgrade of the Bay of Fires Recreational Park including the establishment of boundaries for parking and recreation, constructing pathways to facilities, upgrading grassed areas, installing picnic tables, landscaping, and provision of information panels and signage.

Location: Main Road, Binalong Bay, TAS, 7216

\$12,000 Picnic Tables and Chairs for Ansons Bay and Mangana Recreation

Installation of picnic tables and chairs made from recycled material in the Ansons Bay and Mangana Recreation Park.

\$50,000 Stage 3 Development of the Fingal Community Centre

Stage 3 development of the Fingal Community Centre includes the construction and fit out of a community recreation building which will provide courts, meeting and training facilities.

Location: Brown Street, Fingal, TAS, 7214

\$40,000 Pathway in Time Historical Panels at St. Helens

The development of a St. Helens historical pathway to illustrate the heritage of the municipality with narrative panels describing early Aborigines, forestry, mining, agriculture and fishing practices.

Location: Cecilia Street, St Helens, TAS, 7216

\$35,000 Wombat Walk Foot Bridge at St. Marys

The Wombat Walk foot bridge will link two existing park areas and allow for safe disabled and pedestrian access to all these community recreation facilities.

Location: Frank Street, St Marys, TAS, 7215

\$25,000 Recycling Stations at St Helens and Scamander

Construction of two recycling stations at St Helens and Scamander.

Location: Main Road, St Helens & Scamander, TAS, 7216

\$5,000 Beach Access Pathway at Four Mile Creek

Construction of a pathway for disabled and emergency vehicle access to the Four Mile Creek beach and provide a designated community meeting point in emergency situations.

Location: Main Road, Four Mile Creek, TAS, 7216

\$50,000 Pathway for Cyclists and Pedestrians from Scamander to Beaumaris

Construction of a multi-user pathway to link the coastal towns of Scamander and Beaumaris.

Location: Tasman Highway Scamander, TAS, 7215

\$10,000 Development of the Falmouth Recreation Park

Development of the Falmouth Recreation Park, including site clearance and installation of fencing, picnic tables and chairs.

Location: Grant Street, Falmouth, TAS, 7215

Letters to the Editor

A MATTER OF VERBAL VIOLENCE.

Recently, Break O'Day Council introduced a policy/regulation, "that no verbal violence would be tolerated from the public towards Administration staff and/or Councillors themselves and a member of the community committing such an offence would be "black listed", this coin has two sides.

Verbal Violence is no longer tolerated within society in a domestic situation and I understand there are avenues within the Law to have such offences stopped.

No member of the public should have to sustain any kind of verbal violence within the community and especially when that verbal violence is perpetrated by one of the elected representatives of that community.

It is reprehensible, incorrigible, despicable, unjustified and unjustifiable to say the least, and to say nothing of the embarrassment and trauma caused to the victim from such a situation when this verbal violence is enacted within the public arena.

It is my opinion, that any elected representative who commits this type of offence towards members of the public should be removed from office. Who or what convinces the perpetrator of verbal violence that this is the behaviour of a gentleman?

I, personally think that it is high time to speak out against this type of behaviour within the community.

Patricia O'Donnell. (via email)

Flags with a step back in time

Does it really surprise you or anyone in this municipality the lack of patriotism displayed by our council, by not flying the flag on Australia day, after all they seem to be an entity unto themselves in many areas and issues, and of course some one would demand ... triple pay for their time to erect it!

I cast my self back and remember a particular character of this town, who sober, or drunk , (stated in respect) would stumble along the main street , erect his aboriginal flag at 8.30 in the morning and return to collect it at 5pm in the afternoon, almost everyday of the year, unless health prevented it.

Whether you loved it or hated it, you had to admire him, a proud man, proud of his heritage.

I remember the day he was told he was not allowed to erect his flag any more...it devastated him.

He didn't see any harm in flying his flag as it (flagpole) was rarely used to fly the Australian Flag . It was a while ago now the facts are a bit smudgy, but when he defied this request, it wasn't long after the flag pole was removed.

He may not of had a lot in his life but he certainly had pride! Cheers to ya Les!

For those not here during this time...The Flag Pole WAS at the site of the now Tardis.

Remembered with a smile

(Name withheld by request) via email.

Strawberry Jelly

42 Main St. St Marys Ph: 6372 2684

I attended the St Marys Streetscape Committee meeting on Thursday night (12 Feb.'09) in the attempt to find our more about the desecration of the St Marys Cenotaph.

The plans recommended by the committee had left the Cenotaph as it was, and it was not understood how the removal of the walls occurred.

I received a reply to my letter (copy in last Valley Voice) from the Mayor on Friday (13 Feb.'09) dated the day before. (a copy is posted in the window of Secondhand Rose, Main St, St Marys)

It stated in short, that a complete misunderstanding by everyone had occurred, that the Cenotaph area did not comply with disabled access and the re-aligning of the transit road caused confusion to break out. (causing the allegedly unplanned, unwarranted and unconsulted removal of the walls around the Cenotaph)

QUOTE: "I trust that the improvement to the area will override anger and concern of residents."

I received a phone call from the State President of the RSL on Wednesday (18 Feb. '09) stating he had been informed by council that the area surrounding the Cenotaph still needs to be leveled and that ½ meter square **Black Pavers** will be laid by ANZAC Day. In reply to my other concern, which was the possibility that the area surrounding the Cenotaph would not be returned to a fit state before ANZAC day, he did not address the reason behind the removal of the walls or whom may have been responsible.

I have forwarded questions to the council re the removal of the walls, and hope to have some answers from the council meeting on the 9th March.

The anger I feel, is as if someone has gone out to the cemetery, destroyed our father's grave, leaving only the headstone. To make matters worse, someone else is now planning to rebuild it, without notice or any thought to our wishes.

It has been suggested to me as I am not a "local", I would not be listened to, and that people who complain and complain with no outcome or benefit, should not be listened to.

I believe the community should know **WHY** the Cenotaph walls were removed, **WHO** was responsible and to make it clear that consultation/information should be given to the community **BEFORE** actions are taken which affects them.

I do not plan to let this matter slide, nor do I believe should the residents of Chain of Lagoons, Cornwall, Falmouth, Mount Nicholas, Scamander, Seymour and St Marys.

The St Marys Cenotaph is a memorial to **YOUR** next of kin who fought, and those who died for you and your community.

LEST WE FORGET!

David Watkins.



Wall which has been Demolished.

Letters to the Editor

Removal of Illegal Signs

I wish to clarify some issues raised in the letter in the last edition from Charles Trollope.

I can assure the community that Council is not in the practice of printing incorrect information in the Newsletter. Recent amendments to the Land Use Planning and Approvals Act, (Section 48A) provided specific legislation in respect to illegal signs and power to Council to take action and in some circumstances to remove them. It is not Council's practice to enter private land without a prior request in writing seeking action to either obtain a permit for the sign if that is achievable or seeking its removal. Illegal signs placed on roadways or public property may be removed without prior contact with the person or organisation responsible for the erection of the sign or the event it is advertising.

A full copy of the section is available from (thelaw.tas.gov.au) or from Council. The parts of this Section of the Act that are applicable to issue raised by Mr Trollope are:

Sub-section 1 (d) The Planning Authority (Council) can, "take all action necessary to remove the sign or that part of the sign that has been erected or placed and restore the land or any building to the condition it was in before the person erected or placed, or started erecting or placing, the sign"; and Sub-section (2) "If the planning authority takes any action under subsection (1)(d) <http://www.thelaw.tas.gov.au/tocview/content.w3p;cond=;doc_id=70%2B%2B1993%2BGS48A%2BFGs1%2BFHpd%2BFEN%2B20090216000000;histon=;prompt=;rec=;term=#GS48A@Gs1@Hpd@EN>, the planning authority, by written notice given to the person who is erecting or placing or has erected or placed a sign, may require the person to pay the reasonable costs of that action, and those costs".

The answer is very simple, do not erect any signs on your land or public land without first obtaining approval from Council. If it is not illegal in the first place, the whole debate is irrelevant.

I would also like to make a point that the same applies for illegal buildings, do not build them or change their use in the first place, then Council has no reason to take action.

Tony Walker
General Manager - Break O'Day Council

I wish to express my thanks and appreciation to Greg and the On-line Centre for the excellent results given when he copied for me some family photographs, which I am sending to my niece in Victoria.

Also for the On-line Centre's kindness and generosity in refusing a fee for this service; donating the photos instead to my niece who lost everything in the dreadful Victorian bushfires.

P.A.Cole,
St Marys.

GET A BL—DY LIFE REPLY

In the very last edition of the Valley Voice for 2008, there were personal attacks on my customers, some community members and myself, all over the previous letter that was submitted by me to the Valley Voice concerning parallel parking, and how 100% of my customers DO NOT WANT IT.

I was not going to waste my time on responding, but there were too many outraged people on reading your attack letter.

1st- I WOULD LIKE TO THANK YOU for boosting my business more than you could ever imagine. Since your verbal attack, people have come from all over to support me, outraged on reading your response letter.

2nd- GET YOUR FACTS RIGHT before you say anything. My letter was sent to the Valley Voice with my full name signed to my letter, unlike yours. A bit hypocritical of you, don't you think?

3rd- A WRITTEN APOLOGY from you is in order, not just to me, but to others that were offended by your letter.

Kim Watkins.

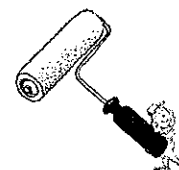
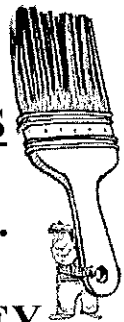
MLN ENTERPRISE PAINTING



INTERIOR
EXTERIOR
ROOF
PATIOS

FREE QUOTES

WILL TRAVEL.
EAST COAST
& FINGAL VALLEY



PHONE MICK: 0439 722 718



Lions Club of St Marys Inc.

PO Box 101 St Marys Tasmania 7215

Victorian Bush Fire Appeal

At the time of writing, Lions Club of St Marys Inc. has donated \$2,500 to the Victorian Bushfire Appeal and a further \$5,100 raised by very generous donations from the residents of St Marys, Fingal and surrounds has been sent off to the

Victorian Lions Disaster Relief Fund.

**Thank you to all who have donated,
the response has been overwhelming.**

All donations made via the Lions Club (and Rotary and Apex) in Tasmania will be matched dollar for dollar (up to \$750,000 and by end March) by the Tasmanian Government, so in real terms already more than \$15,000 will be contributed thanks to the generosity of the people of the Fingal Valley and surrounds that have passed their donations through the St Marys Lions Club.

Any person/organisation still wishing to make a donation to this worthy cause can do so at the St Marys Post Office. Receipts will be issued if required.

THANK YOU TO OUR COMMUNITY

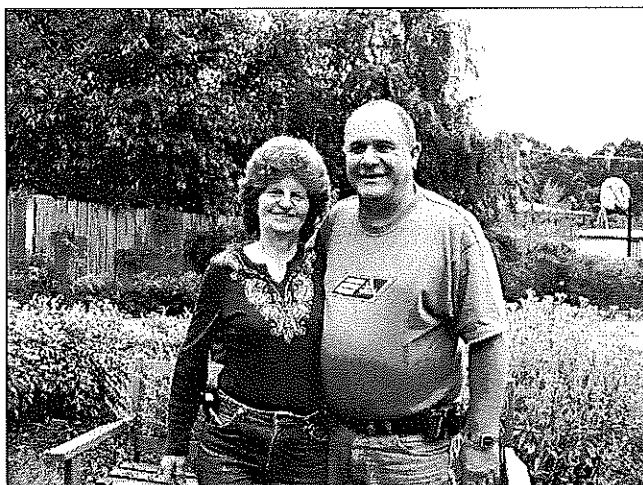
On the 19th November 2007 David and Elizabeth Mallett unfortunately lost all their belonging to a fire at their property at Dakin's Road, Gray.

As you can imagine the shock and devastation of losing all your worldly belongings is hard enough to cope with, but so too was the overwhelming generosity from this wonderful community.

Since November 2007 David and Elizabeth have been inundated with donations of items and kindness from all around this community. Donations have been received of clothing and crockery through to donations of stock feed and money. Not to mention countless hours of donated man hours helping getting them re-established on the property.

One such donation came in the form of a beautifully framed photograph of a 'Sunrise in St Marys during the 2006 Bushfires', donated by Shane Harrison, which was raffled by the Healthy Community House at St Helens. Funds raised from the raffle were then donated to Dave and Liz. This raffle was drawn recently and the winner of the framed photograph was Mrs Jan Sparkes of St Marys.

The generosity and surprises continued for the Mallett's when Jan donated her beautiful prize back to Dave and Liz at a small presentation at the St Marys Day Centre on Wednesday 18th February 2008.



David and Elizabeth Mallett

'THANK YOU from the bottom of our hearts. There has been so much love and support from everyone it is very hard to singly thank every individual, but please know we know who you are and we will be eternally grateful to you all. It has also been quite difficult to respond up until now to these acts of kindness as people have continued to help and still remain doing so right now, but you haven't been forgotten and it is deeply appreciated by us both'

OUT OF THE WOODWORK

Wendy Brennan, Secretary

Firstly, I would like to apologise to **Margaret Derbyshire** who I inadvertently called Barbara in my last issue. I know Margaret would think nothing of my mistake. However, the Guild believes that if people are kind enough to donate the least we can do is get the name right.

The Sausage king is perfecting his culinary skills in preparation for the Soccer tournament which will be held on the **21st and 22nd of March**. Please get behind this innovative idea of Gary and Micky King. All proceeds are to be donated to OXFAM and Tassie Devil Research.

The Guild has been given the project of building a cupboard for the Emergency Services Building; members all believe that nothing could be too good for this worthwhile crew.

The Guild would like to send its heartfelt sympathy to family and friends of David Robinson who passed away last week, and our thoughts are also with the victims of the fires in Victoria.

Both Liz and Dave were overwhelmed with the donation from Jan and the donated funds from the raffle.

To everybody in the community who contributed in any way to helping Dave and Liz get back on their feet (and continue to do so): **THANK YOU**.

We wish Dave and Liz all the best in the future and we look forward to the 'house warming party' when the hard work's finished.

Hayley Gilbert.



Liz, Dave and Jan Sparkes at the Presentation.

Photos by Hayley.

A troop of members were invited to attend a gathering of the Northern woodworking clubs at Bridport. This is becoming a regular event and many ideas were exchanged and swapped. We are looking forward to the next one in July.

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at **2.00 pm**.

The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.

Below is an example of some of the intarsia that is on sale.



"DAVE"

In the past few days we have lost another one of our dear friends who just liked to live a simple, moral and peaceful life among us.

On Tuesday February 17th David Robinson passed away. Dave was my neighbour for at least 35 years and in all that time he was just a wonderful person to know. He had such a strong ethic to doing the right thing by people despite his own circumstances.

Not a lot of people knew of the losses and setbacks he suffered for the things he most cared for. His enduring keenness right up till the past few months when his health really deteriorated was to continue to be self sufficient and not a burden on anyone at all. In this regard he was an inspiration to all of us.

Time after time during numerous family illnesses he would travel long distances when he wasn't well himself to take care of his family members. I lost count of the times he'd come over and ask if I could feed "Tiddles" the cat while he was away doing this.

Something else I won't forget was his need to do Community bus duties and how disappointed he was when he couldn't do that any more. His wife Shirley's loss quite a few years ago was a big blow but his amazing ability to go on showed the character of the man. Just a genuine gentleman.

He always valued his friends and in more recent years he appreciated immensely the time he had doing things and sharing the opportunity to be with Kate, Bob and Barbara and Heather his dearest of friends. I know he really appreciated their support, care and assistance they offered him as he needed it.

I hadn't seen him since he had finally gone to reside at Medea Park and was looking forward to catching up with him one day soon and I will always regret that not happening.

I will truly miss Thomas David (Dave) Robinson as I'm sure will many, many other people and when the time is right Kate will respectfully scatter his ashes as per his simple request, on Dalmayne, a place he loved to visit often during his 75 years and a bit. Even at rest he likes it simple and respectful.

THAT WAS OUR FRIEND DAVE. CHEERIO.



www.fingalvalleyhistory.com

FIELD DAY TO MANGANA All Welcome!

On Sunday the 15th March 2009 the Society is holding an open Field Day to Mangana. We plan to start the day at the historic Catholic Church in Mangana at midday where we will have a BYO BBQ, view old photos and study the history of where gold was first discovered in Tasmania in 1852.

The day will then unfold with a history talk by local historian Steve Parker, who we hope will demonstrate gold panning and lead us on a walk to some old mine sites.

Come along, have some fun and learn about this important part of our Valley heritage!

For more information, or if you require transport contact: Darlene 63722 222, Barry 6372 5752, or Jim 63722127.

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*Story Street Studios Inc**

will be holding a

SPECIAL MEETING

to address changes to
the Model Rules of the Association
and matters relating to the future
projects of the Association

FRIDAY MARCH 13, 2009

11 am

@ escape café, St. Marys

All welcome!

'SSS inc'

is a Not for Profit Incorporated Association
whose aims are:

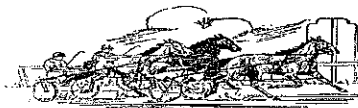
to stimulate artistic endeavour and activity
and promote a spirit of enterprise and co-operation
within the Arts Community of St. Marys,
to undertake and develop projects which fulfil the
promotion of artistic activity and endeavour.

It is proposed that a website be set up with
Artists profiles and an Online Gallery
to market locally produced Artwork via the Inter-
net.

New members are welcome!

**An AGM will be set at this meeting
and Office Bearers are needed!**

**St. Marys
Pacing
Club**



Once again our Annual Race Meeting has come and gone. As has occurred over the past few years it was a great success, even though we did have a nasty hail storm midway. There were good fields and some wonderfully close finishes.

We would like to thank all our wonderful voluntary workers for their efforts both before and on race day and after. Also to our wonderful sponsors and trophy donors, and everyone who helped in any way. Thank you.

After averting what could have been a possible tragedy, with the outer wall of the old toilet block having to be pushed over mid-meeting, it is great to see the new block under construction at last. It will be a great asset to the ground and the town., but please remove those giant trees behind it, so as not to have them crashing down on the block and ruining something that we have battled for so long to get. Eric Bean, Secretary.

REMEDIAL MASSAGE

Geoff Coasby (CSM.CRM.)

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15 years extensive experience treating professional sports people including AFL footballers, triathletes, swimmers and everyday people who are suffering from muscular problems.

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ST MARYS COMMUNITY HEALTH CENTRE

**IMMUNISATION CLINIC
10TH AND 24TH MARCH
1.30PM**

**FLU VACCINATION
FOR 65 YEARS AND
OVER
24TH MARCH
9AM—11.30AM**

DOING THE ROUNDS

Cllr Reon Johns.

Like to raise an issue? Feel free to contact me on mobile 0429 722 091 or Fax 6372 2098

At long last the pine trees at the Railway Park are to be removed. I know that it is a shame that these lovely old trees are to be put to rest. But the fact remains that over the last 10 years or so they have been assessed as unsafe on numerous occasions. So I believe that any reasonable person would agree that the safety of the community is far more important.

Cllr Clement moved a motion that the open stormwater outlet in Scamander Park be enclosed by a fence. Passed, all in favour.

I moved that Council approve the appointment of an extra maintenance worker for the Valley. Although I put forward a strong argument I was out voted 8 to 1.

A petition was received from the residents of Scamander for Council to address the lack of parking. This problem has been raised in a Closed Council meeting.

Cllr Clement submitted two questions on notice;

1. Aerial spraying
2. Camp fire ban at the Bay of Fires

I submitted two questions on notice;

1. Risk assessment of playground equipment
2. Safety audit on Fingal Hall

Other issues raised by Council Officers

That Council employees continue to collect the rubbish from the street bins in St Marys, Mathinna, Cornwall, Falmouth, and Four Mile Creek.

That Council upgrade the stormwater drainage at 27 and 38 Peron Streets, Steiglitz.

I also attended a meeting at Mathinna where some important issues were discussed. One that was raised was the demolition of the old football change rooms. The general feeling was that these rooms were built by the Mathinna community from timber that was sourced locally, and that the decision to have them demolished was done without any community involvement.

Hopefully the Mathinna community can come up with a use for these community ions, and Council will not demolish them with out the input from the locals.

Other concerns were the upgrading of the road to the Mathinna Falls, road maintenance, water tank subsidy, tip fees and the dumping of rubbish in the bush. I will endeavour to follow through with these issues.

Please note that I have changed my visits to the LAST Thursday of each month.

I will be in Fingal. At 08:30 to 9:30 at the Neighbourhood House, Mathinna from 10:00 to 11:00 at the Post Office.

St Marys, 11:30 to 12:30 at the Bakery. Then on to St Helens Neighbourhood House from 2:00pm till 3:00pm. Mouth Café Scamander from 3:30 to 4:00

***I can be contacted on mobile
0429 722 091 or Fax 6372 2098.***

I would like to invite any other Councillor to share this article with me and help keep the Break O'Day informed.

The Say Cagerattler

In the first issue this year we touched on the various improvements around the town since last year but one glaring omission I forgot about was the commencement of work on the much awaited new ablutions/toilet block as part of the Recreation Ground redevelopment. This is vital in the context of the whole project and I for one thank all involved in it finally taking shape. By the rate things are happening it shouldn't be long before it is actually ready to use. Top effort all.

I'd like to think now that some of the other worthwhile priority projects as part of the whole precinct will see the light of day in the next year or so.

A lot of people have commented about the Cenotaph changes as well. I really don't know what to think except that I hope that it was a necessity to dismantle the previous arrangement to fit in with the Main Street Makeover plans.

It has been strongly suggested by some that there was little consultation on this matter. That, I can't comment on but I did quite like the previous brickwork/walkway myself. but that's just me.

We all know about the terrible 2006 bushfires that affected this community and we then can truly relate to so many of the Victorian towns badly damaged by the current fires. In a direct way two suggestions I have heard of that we can assist, have come to light since Black Saturday.

The first one is that maybe the township of St Marys could do something special later on for the 'sister' namesake town of Marysville.

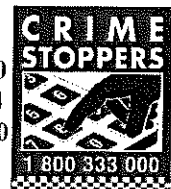
Once the recovery process is on in earnest maybe our Council could sponsor a visit or a short break to a few Marysville residents to our area or maybe we could just identify a decent donation to a public need there in that town. Some one here who has been very prominent in recovery ideas and has a very direct touch to the affected Victorian areas is also extremely keen to see something tangible happen on this front. That same person had a huge involvement in the second component of the suggestions that have come forward.

On ABC Local radio during the first week after the fires a high profile aid expert used the Regenerate idea as a potentially excellent way to have people get to air their feelings, thanks and comments on what they went through. Just shows you who takes notice doesn't it. Please let's do something for these suffering people in a great way soon.

While still on fires perhaps given the warnings issued by the TFS that we continue to be vigilant in regard to fuel loads around properties and roadsides for a while yet and that tree huggers everywhere appreciate the need for sensible hazard reduction burns at appropriate times and locations. Let's be smart here so all of us can hug a tree if we want.

What do you think ?

St Marys Police Phone Number 63721010
Non Urgent Number 131444
Urgent and Life threatening 000



2009 Tasmanian Lymphoedema Centre Inc.

President's report. February 2009.

Reading, hearing and watching from afar the devastation of the Victorian fires and the Queensland floods yet again, and our own experiences of two year's ago, brings to mind the overwhelming importance of health and wellbeing, support for each other and togetherness.

The pride, we, of the TLC, can feel in being in the forefront of health and wellbeing for many Tasmanians, here in St Marys, is very much evident.

The TLC Inc., with a handful of very dedicated people is now celebrating its 9th birthday, and on we go from strength to strength—the state government recognising our achievements, now provide travel and accommodation support for people who attend the clinic.

Like all good institutions we have our problems and weaknesses from time to time; but problems are for solving and weaknesses can be discussed, talked through and the strengths overcome the weaknesses.

Following these ideas we met with Stuart Auckland from UTAS, Rural Health and the Committee worked through any doubts we might have had.

Two areas came to the fore—our website, and a membership drive. So if anyone would like to find out more, come and join us for friendship, knowledge, sharing, caring, laughs and sporadic hard work. You will be welcome with open arms.

Our sponsors over the years have been fantastic and their generosity has never waned. There are too many to mention here but several immediately come to mind—the Schier family's Annual donation of fruit for sale, the St Helens Saturday market and Joan Hodges from the Tamar Chapter of the Order of the Eastern Star for a whole year's fund raising.

Of course everyone who joins in the fun of our Annual Melbourne Cup Luncheon, which this year was bigger and better than ever with the help of Des Charles, compere; the year's 5 and 10 students from St Marys District High School who did a sterling job serving and washing all the dishes, and our photographer Peter Troode. Thanks also to Council staff for support over the years.

Sadly we received resignations and farewelled Janet Godfrey, our erstwhile secretary, Esther Rubenach our Junior Citizen of the Year and Sue Christiansen, though she is still with us as massage therapist.

On the credit side we welcomed Ann Thelander, who spoke to us over lunch about her experiences as a lymphoedema physiotherapist in South Australia, and Ruth Bowler, a feisty lady we sponsored who has lymphoedema of the legs and drives fast cars.

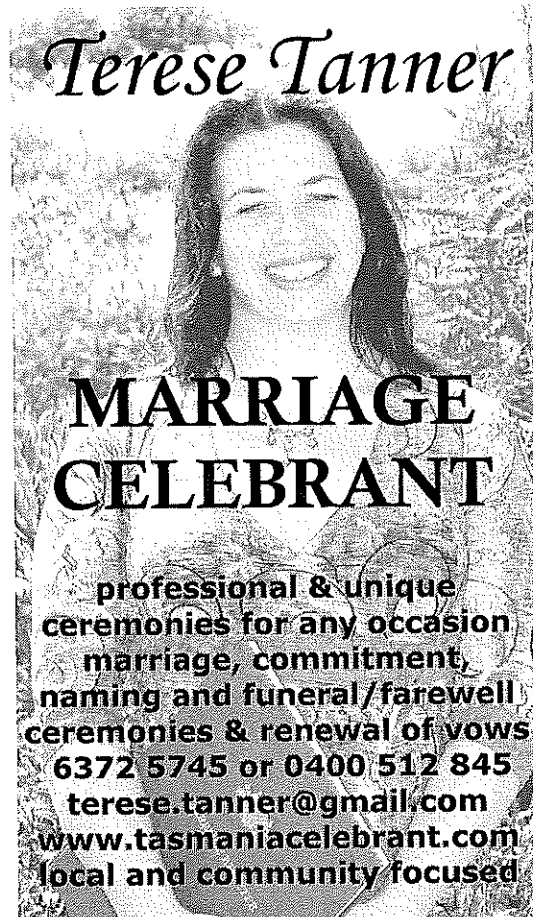
We also welcomed back Professor Neil and Toni Pillar on the 23 –25th February for their bi-annual visit to Tasmania to assess some of our many patients.

Many, many thanks to all, but especially the TLC Inc. Committee, who take on so many behind the scenes tasks with skill and expertise.

To win the 2009 Break O'Day Australia Day Award for Best Event –The Melbourne Cup Luncheon, is the icing on the cake!

Look out for our next event, more fun and laughter and fine food in store. All so much needed during these difficult times.

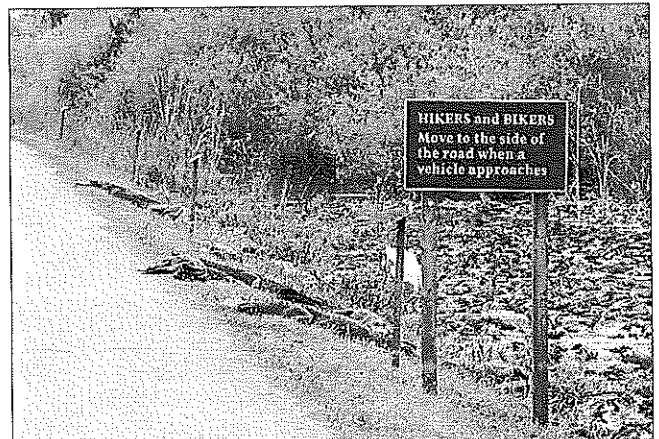
Many thanks. Jan Sparkes, President. TLC Inc.



Terese Tanner

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Most people obey road signs, but I think everyone would have some degree of difficulty obeying this one!
They are crocodiles (many, many crocodiles)

Tasmanian Lymphoedema & Laser Centre Inc.
Operating from the St Marys Community Health Centre

Do you have a sporting injury, ulcer, arthritis,
gout, tennis elbow?

As well as treatment for the condition of Lymphoedema,
the low level laser at the Tasmanian Lymphoedema Centre,
can help with the treatment of these common conditions.

Call the enquiries/booking office on 6372 2900

Laser Therapist Kate Williams
Massage Therapist Sue Christiansen 0418 515 419



Email: tlestmarys@hotmail.com
www.tasmanialymphoedema.asn.au



ST. MARYS PLAYGROUP

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& KINDI KID'S

THURSDAYS 10:30-11:30

COMMENCING 19th MARCH

IN THE

SCHOOL KINDERGARTEN.

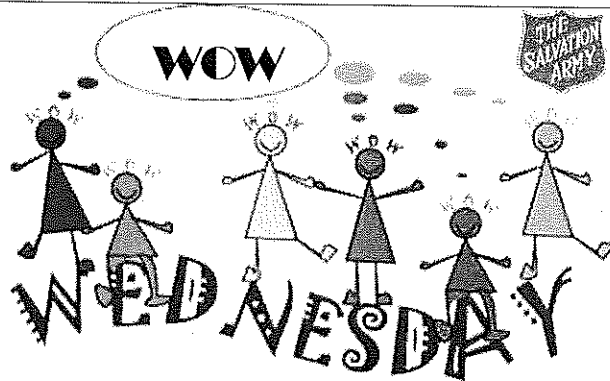
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FIRST WOW FOR THE YEAR!

WOW

(WOMEN ON WEDNESDAY)

MARCH 4, 2009

1PM — 2.30PM

SALVATION ARMY

HEADQUARTERS

STOREY ST, ST MARYS.

FUN FOOD FRIENDSHIP.

Break O'Day Stitchers will be holding their annual **Easter Quilt and Embroidery Exhibition** again from 11th to 15th April, 2009 from 10 a.m. to 4 p.m. daily at the Portland Memorial Hall, St. Helens. Entry \$2 children free. We have three new categories this year, Art Quilt, Two Person Quilt and Bags. This year there will be demonstrations by Helen Freeman – Australian School of Needlework.

The judging categories are:-

1. The Challenge: **"Memories"**
2. Patchwork and Quilting:-
 - a. Hand pieced – Hand quilted
 - b. Machine Pieced – Machine Quilted
 - c. Mixed Techniques
 - d. Art Quilt
 - e. Two Person Quilt
3. Embroidery: Candlewicking, Hardanger, Crewel, Stumpwork, Ribbon Embroidery
4. Cross Stitch and Canvas work: Long Stitch, Needlepoint, Tapestry
5. Dolls and Teddy bears
6. Knitting, Crochet, Tatting, Lacework
7. Basketry and Weaving
8. Junior Section:
 - a. Ages 10 and under
 - b. 11 – 16 years
9. Novice (first attempt at anything)
10. Miscellaneous
11. Bags
12. Exhibition Only



For service and reliability

TROTTERS CONTRACTING CORNWALL

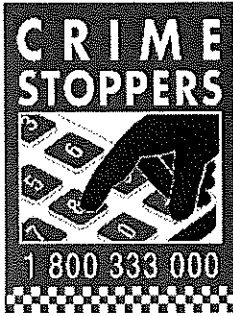
- Septic tank cleaning service
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- Water cart for roadwork
- Also St Marys Wood Yard for all your wood supplies

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If we can't do your work we will do our best to find you someone who can



St Marys Police report

Welcome to the second edition for 2009. I would like to take this opportunity to wish all readers a happy and safe new year. Whilst the festive/new year period was relatively unremarkable a number of concerning trends did emerge.

Firstly, police attended at least five single vehicle accidents during this period where either driver fatigue or inattention was the apparent cause of the crash.

There has been widespread media coverage over the last few months highlighting these dangers to road users. The campaigns of "Stop, Rest and Revive" together with the "It only takes a second" by the MAIB Road Safety Task Force highlight the need for drivers to accept their responsibilities to themselves as well as other road users. Fortunately no serious injuries were sustained in any of the crashes, due more to luck than anything.

Drivers, when undertaking a longer journey, plan the trip, factor in breaks or a change of drivers and concentrate for the full extent of the journey. Any lapse in concentration even for a second can have fatal consequences. If you find you are running behind schedule don't speed thinking you will make up time. Not only does the chance of a crash increase greatly, it is more than likely you will make your acquaintance with me or one of my fellow officers conducting radar checks. Remember, as the old saying goes, "It is better to arrive at your destination late, rather than at the mortuary, dead on time!"

Secondly, since December there have been a spate of burglary/stealing reports received in the Avoca and Fingal areas. Premises including residences, sheds and businesses have been entered with thieves taking mainly portable items such as televisions, dvd players, chainsaws etc., however our most recent report included a ute-tray trailer, aluminium dinghy and small outboard motor.

Any information relating to these reports or to the identity of the offenders would be appreciated. Information can be given to Crime Stoppers on 1 800 333 000 or your local police station number.

Property owners are reminded to ensure their premises/sheds are always locked and valuable property is placed in a secure location when not in use. Whilst this action may not ultimately stop a determined crook, it may be enough to prevent a "wannabe" or alert an owner that an attempt to enter/steal their property is being made.

Prevention is the "first line of defence" and these days it is relatively inexpensive to purchase items such as alarms, electronic recording security devices, lights and similar devices. Even "mans best friend" the dog, will prevent your property finding a new home.

Whilst mentioning property, there has been a set of keys and what appears to be a pair of ladies reading glasses recently handed in to the St Marys police station. If you think this property is yours, call into the station during normal business hours, provide Linda, our Customer Service Officer with an accurate description and the property will be returned.

I would also like to remind all readers that the office hours at the St Marys Station have changed since the 29/12/08. The office will now be open Tuesday to Friday from 9am to 2.30pm and closed on public holidays.

Sergeant Derek Singline
Officer in Charge
St Marys

St Marys Police Phone Number
Urgent and Life threatening

63721010
000

Non Urgent Number **131444**



ST MARYS POLICE STATION **NEW OFFICE HOURS effective 29/12/08**



MONDAY	CLOSED
TUESDAY	9.00am - 2.30pm
WEDNESDAY	9.00am - 2.30pm
THURSDAY	9.00am - 2.30pm
FRIDAY	9.00am - 2.30pm

CLOSED PUBLIC HOLIDAYS

p FOR POLICE CONTACT CALL 131444 p
FOR EMERGENCIES ONLY PLEASE CALL 000

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Photo Competition

Send us your photos for the Valleys of Adventure Photo Competition!

'Adventure' is the focus of much of tourism in our region, as it offers motor bike, 4WD and car rally facility, mountain climbing, fishing, hunting, golf, bush walking, gold prospecting and more. We are looking for photographs to showcase these activities, and the natural beauty of the region.

The entries will be judged by Owen Hughes, Tasmania's award winning master photographer & Fellow of the Australian Institute of Professional Photography.

The winner will receive a 12" x 18" canvas stretched print of their photo and the 8 finalists receive 8" x 12" prints of their photos - to be displayed in an exhibition at the Purple Possum Café in St Marys.

Competition closes for entries on the 28 February 2009.

Email your entries to: photos@valleysofadventure.com.au and include your name and contact details.

For further information and Terms & Conditions, visit our website: www.valleysofadventure.com.au and follow the link to "Photo Competition".

With thanks to Stallard's Camera House for their generous support.

Fingal Valley Festival 7 March 2009

Events include:

- world coal shovelling & roof bolting championships
- tree felling championships
- shearing competition
- yard dog trials
- wood-chopping
- veterans cycle race (Fingal to Mathinna return)
- sheaf tossing.

Other activities include:

- sideshows
- food and craft stalls
- rides
- a cabaret at night.



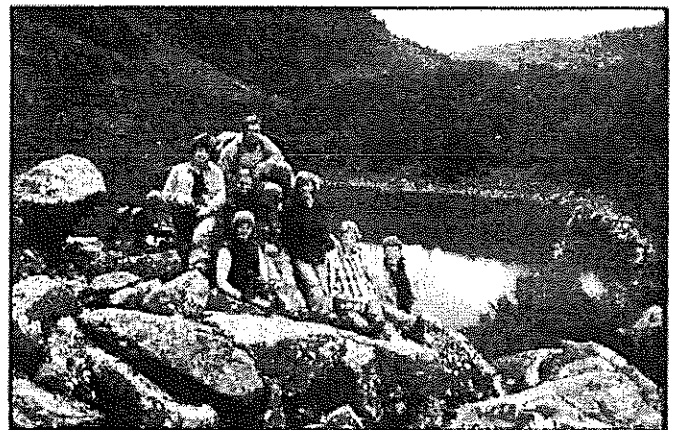
Would you like to know how to design an newsletter?

GET will be holding a basic newsletter workshop for rural women, in March 2009 at Avoca. This will be a small hands-on learning course which will focus on learning how to design and produce an newsletter, and manage & grow a subscriber database for even the smallest business, group or association.

There is no charge for this workshop.

For more information, contact Carol Grey

Tel: 0417 345 328 or 6384 2125



Our Vision: To establish the greater Esk region of Tasmania as a tourism destination

St Helens Barway action a priority

Changes made to the State Coastal policy are designed to allow action to be taken on the St Helens Barway, Parliamentary Secretary to the Premier Heather Butler said last week.

"Criticism by the Tasmanian Conservation Trust about the Government's action is misplaced and out of touch with community needs.

"The St Helens barway in its present condition has been acknowledged as a risk to boats and a possible threat to life.

"The changes to the Coastal Policy are minor but essential to allow the work to be done to improve public safety on the barway.

"The Government has allocated \$1.8 million over three years for sand removal and to dredge the barway.

"The TCT wants to delay the changes but I am not prepared to see the work tied up in red tape.

"The changes were timely, prudent and sensible and the TCT is well off the mark if it sees some Ralphs Bay conspiracy in them.

"If these changes had not been made the Break O'Day Council would not be able to approve the work.

"The Government acted to remove that obstacle to the work being approved and it is disappointing to hear the TCT's misplaced criticism of it," Mrs Butler said.

\$30,000 funding for Bike Week

Premier David Bartlett has committed \$30,000 over two years to support the expansion of Bike Week.

Mr Bartlett made the funding announcement while launching Bike Week 2009 in Launceston last week.

"Since the Tasmanian Bicycle Council initiated Bike Week back in 1994 it has grown in popularity and profile. "However it has relied on a series of volunteers around the State setting up events on a regional basis.

"I think we can do more - which is why I'm very pleased to announce that through the Premier's Physical Activity Council the Government will fund a dedicated Bike Week Coordinator."

Mr Bartlett said that as Premier he had put a strong focus on increasing the options available to Tasmanians who want to make more use of their bike.

"Not only does cycling provide an extra commuting and recreation option for Tasmanians, it also serves to stimulate the local economy through the construction of cycleways.

"That is why I announced \$4 million in the 2008 budget to match dollar for dollar investments that local councils make at a regional level in cycleways."

The government has already committed \$415,000 in funding for five projects through the Hobart Arterial Bike Network and over \$500,000 for work to make the Tasman Bridge more cycle friendly.

"I know that work is underway on regional cycle initiatives in Launceston and on the north-west coast, the State Government will provide dollar for dollar funding for those initiatives when they are ready to go.

"I say it's time the bike got out from the shed and into the mainstream and encouraging people to use pedal power is where Bike Week is so important."

Bike Week will be held from 7-15th March with rides and events held right around Tasmania.

A full calendar of events and registration forms are available on the Premier's Physical Activity Council website www.getmoving.tas.gov.au



Premier David Bartlett at the Claremont Cycleway last week.



**Neighbourhood
watch**

CGU Insurance
METRO ROBERTS

MEETING DATES NEIGHBOURHOOD WATCH. AREA 102

SCAMANDER, BEAUMARIS, UPPER SCAMANDER, FALMOUTH.

MEETING DATES 2009

WEDNESDAY FEBRUARY 11TH	7.30PM
WEDNESDAY APRIL 8TH	7.30PM
WEDNESDAY JUNE 10TH	7.30PM
(ANNUAL MEETING. INSURANCE & LIST OF MEMBERS DUE)	
WEDNESDAY AUGUST 12TH	7.30PM
WEDNESDAY OCTOBER 14TH	7.30PM
WEDNESDAY NOVEMBER 11TH	7.30PM

ALL MEETING ARE HELD AT THE HOME OF MRS SHEILA CHUGG,
2 SCAMANDER AVENUE, SCAMANDER, 7215.

PHONE: 6372 5406

NEW MEMBERS WELCOME



PROUDLY SPONSORED BY AUSTRALIAN PAPER



Ransley's Appliance Service

P O Box 136
Scamander Tas 7215

- Washing machine NOISY?
- Refrigerator runs too LONG?
- Clothes dryer blows cold AIR?

Then you need the service
of our technicians.

Ring us on: Scamander: 6372 5307

Mobile: 0428 761 811



The Lions Club of St Marys

has a number of
SMOKE DETECTORS

available to local residents, for those who do not have a working smoke alarm already installed.

Please contact: John McGiveron 6372 2231

Len Miles 6372 2285

Harry Veldums at PO 6372 2124

Civil Marriage Celebrant

Are you planning your wedding?

I am a qualified Civil Marriage Celebrant servicing the East Coast of Tasmania.

I can offer you a service that is professional and fun!

I will help you plan, prepare and create a ceremony that you and your family & friends will cherish & remember forever.

I will look after all of the legal paperwork and all you have to do is relax and enjoy your special day!

I am also a Justice of the Peace appointed by the State Government.

Accredited Funeral Celebrant, Funeral services by arrangement.

*For more information, please contact me on the following:
Ph: 0417 017 105.*

Email: peterpowercelebrant@gmail.com

Web: www.peterpowercelebrant.com.au



ST MARYS MARKETS

Apologies to all,
for not being able
to hold the weekly

St. Marys Summer Markets.

As a lot of people are aware, the market green outside the hall, is unavailable at the moment, because of the extensive Council Works.

I, like a lot of people in St Marys was unaware of Council Plans for the Community Hall Area.

It will be assessed weekly as to the viability of starting the markets up again.

Hopefully soon.

Regards Lesley Hill GBRA

NORTH EAST COMPUTERS Pty Ltd

Established 1995 ABN 44 074 123 425

3/34 Quail St Ph: 6376 2445

St Helens Fax: 6376 2447

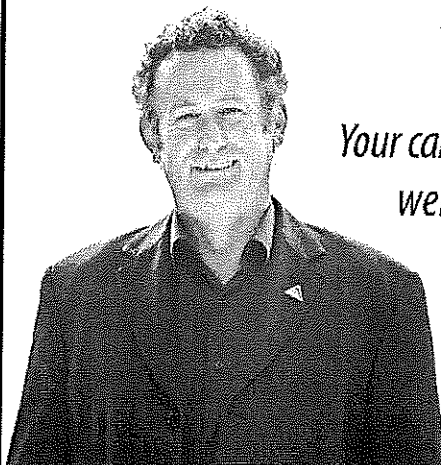
Email: sales@necomputers.com.au

www.necomputers.com.au



Tim Morris MHA

Tasmanian Greens Member for Lyons



*Your call is always
welcome.*

Address: 33 Burnett St, New Norfolk 7140

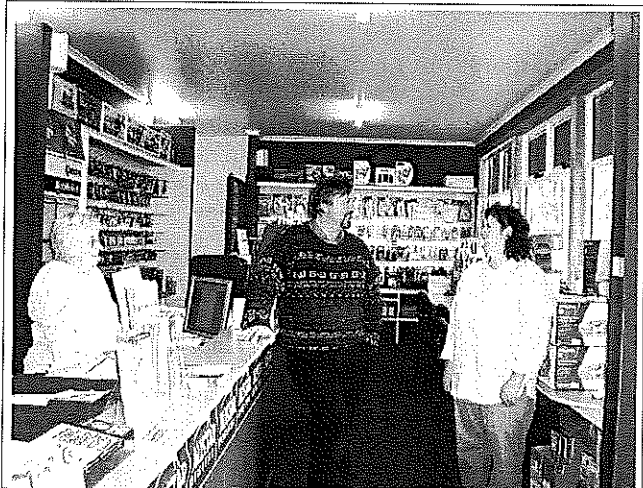
Phone: (03) 6261 8048

Fax: (03) 6261 8047

E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MHA, Parliament House, Hobart 7000.



Disaster Recovery & Service Contracts

-We make it work properly -

Custom-built Computers sold, repaired and serviced.
Free to Air Satellite Television installed and serviced.
Satellite Broadband internet Sales and Installations.
(free installation if ADSL not available -conditions apply)

Ph: Peter or Daryl for free quotes and friendly advice.

Bus. Hrs: **Open 9am to 5pm Monday to Friday**

9am to 12pm Saturday.

St Marys Pharmacy

For all your health and wellbeing products

Pharmacist on duty 5 days a week

Main Street, St Marys Tas. 7215

Call in and talk to us about any health problems. Or discuss your medications. Our friendly staff are only too willing to help with any problem.



Kelvyn



Andrew

Phone: 6372 2844 — Fax: 6372 2874

CROSS ST. MARYS
MECHANICAL REPAIR & SERVICE

41 Main St. St. Marys Tas 7215
PH: 6372 2335
Fax: 6372 2822 Mob: 0419 503 109



Winter Solstice

Wanted: New ideas and volunteers!

As some of you may know, there is a new committee on board.

Can you believe this is the 10th Anniversary?!?

It would be great to get local support and some new faces involved in making this one the best ever.

There are a lot of changes planned, but we can't achieve such a great event without your help.

Unfortunately, **NO VOLUNTEERS MEANS NO WINTER SOLSTICE.**

Please contact Lesley on 6372 2818, or pop in to Strawberry Jelly, Main Street Clothing or Happy Belly Deli for information.



trees

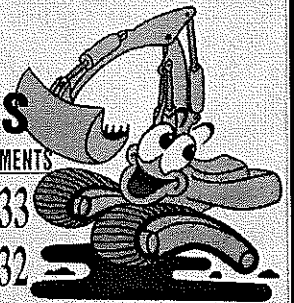
a travelling exhibition from stitching & beyond tasmania
official launch 12 noon saturday 7th march 2009
-\$5
on display until 3rd april (monday-friday 10-4 or by appointment)
gone rustic 37 main street st marys 7215
rsvp 63722724 or 0417027424

C & D EXCAVATIONS

FOR ALL YOUR EARTHMOVING REQUIREMENTS

Phone : 03 6372 2033

Mobile : 0439 722 032



**LOCAL OWNER - OPERATOR
OVER 20 YEARS EXPERIENCE**

Ph : Dana or Craig 6372 2033 /0439 722 032

If the earth doesn't move for you, let us help !

- ◆ 2 x 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ 4 WHEEL DRIVE TRACTOR & SLASHER
- ◆ DAMS
- ◆ ROADING
- ◆ SLASHING
- ◆ FIRE BREAKS
- ◆ LAND CLEARING
- ◆ HOUSE SITES
- ◆ BRIDGE CONSTRUCTION
- ◆ ROAD GRAVELS AVAILABLE
- ◆ AND MUCH MORE

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road
PO Box 50
Perth, Tas 7300
Ph 6398 1115

58A High Street
PO Box 271
New Norfolk Tas 7140
Ph 6261 3366

Toll free 1300 132 689
Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU AND
YOUR COMMUNITY FOR THE
FUTURE**

Written and Authored by Dick Adams, 53B Main Road Perth
Tas 7300



St. Helens Electrical

ROD SHAW
LIC: C00489

Domestic, Commercial, Industrial:
*Wiring and Repairs, Rewires,
Underground.*

Home Heating:
*Advisory, Sales & Installation of heat
pumps and fixed heaters.*

Lighting Specialist :
*Interior and exterior, Advise,
Sales and Installation.*

Ph: 6372-5522 Mbl: 0407-615-072
2 Lagoon Esplanade, Scamander 7215

HARRIS FUNERALS

Lindsay & Diane

(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

Office & Residence:

114 Cecilia St
St Helens

Chapel:

46 Tully Street
St Helens

We are here when you need us
to arrange Burial or Cremation.

Pre-paid and pre-arranged funeral plans are available.



ST MARYS NEWSAGENCY



Open 7 days a week for your convenience.
6am - 7pm Mon. to Fri. 7am - 6pm Sat. & Sun.

It's windy today!
No, it's Thursday!
So am I!
Let's have a beer!

call in and view
our...
**VERY,
VERY
FUNNY
CARDS
SELECTION**

AURORA PAYG
CALOWS BUS DEPOT

GRASSY BOTTOM REGIONAL ARTS

are now offering
their annual memberships.
Become part of a positive,
dedicated organisation.

Whether it be simply becoming a member, vol-
unteering your time/talents
or offering suggestions.

Memberships are available at
Main Street Clothing, Strawberry Jelly
or at Saturday Markets in front of
St Marys Hall.



Happy Belly DELI

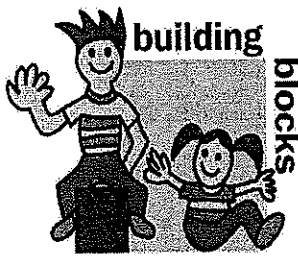
- LEAVENBANK ORGANIC SOURDOUGH BREAD
- WE SERVE AND SELL JASPER ORGANIC FAIRTRADE COFFEE.
- GIFTS & WAVERLY WOOL ITEMS
 - LOCAL PRODUCE

CATERING AVAILABLE

PHONE: 6372 2044.

SUMMER TRADING HOURS

OPEN : MON - SAT, 10AM - 5PM
CLOSED SUNDAYS



'PLAY & LEARN'
 Feb/Mar 09 sessions for
 children 0 - 5,
 their parents & carers
 Come and join the fun at
 a session near you soon!

Cancer Council
 thanks the East Coast



The Eastern Region has rallied behind Relay for Life since its inception at St Helens in 2007. This year, the introduction of a new service will allow Cancer Council Tasmania to reach out to the region and others like it that have supported Relay.

The Mobile Information and Support Service (MISS) was launched in Hobart on World Cancer Day but its first official outing is at the Eastern Region Relay For Life this Saturday and Sunday at St Helens Sport Complex.

Relay For Life honours the lives of those touched by cancer in a festive atmosphere with entertainment suitable for all ages. It is a real community event with more than 8200 Tasmanians taking part in four events around the state last year.

This year Cancer Council is aiming to raise a total of \$1.2 million and \$54,000 in the Eastern Region.

When:

12noon Saturday 28 February until
 11.45am Sunday 1 March 2009

Where:

St Helens Sport Complex

Why:

To raise money for Cancer Council Tasmania. Relay For Life supports 80 percent of the organisation's services.

Picture Opportunities:

Opening ceremony, 12noon Saturday
 Survivors Walk, 12noon Saturday
 Candlelight Ceremony, 8pm Saturday
 Closing Ceremony, 11.45am Sunday
 Teams walking around the track,
 all weekend

BICHENO Memorial Hall Playground	Wednesday March 18	10am - 12.00
BINALONG BAY Village Green Playground	Tuesday March 3	10am - 12.00
ST MARYS Community (Library) Playground	Wednesday March 4	10am - 12.00
FALMOUTH Community Centre Playground	Tuesday March 10	10am - 12.00
PYENGANA Memorial Hall Playground	Wednesday March 11	10am - 12.00
ST HELENS Foreshore Playground	Tuesday March 17	10am - 12.00
SCAMANDER Beach Resort Playground	Tuesday March 24	10am - 12.00
FINGAL Fingal Park /Playground	Wednesday March 25	10am - 12.00

Call Karen on 0400002116 for further information and for details of alternative venues in the event of inclement weather



St Giles

East Coast Phone & Communications

- * Telephone & Data cabling
- * Commander Systems
- * Sound System cabling
- * TV Antenna & Tuning
- * Digital Set Top Boxes, supplied & installed where reception available.



PO Box 29,
 St Marys 7215
 Ph: 6372 2402
 Mob: 0409 959 121

John Heron
 30 years
 experience
 ACA Licence

Answers by a class of 8-year-olds when asked "What are Grandparents?"

1. "Grandmother's are usually fat, but not too fat to tie our shoes."
2. "They wear glasses and funny underwear."
3. "They can take their gums and teeth out."
4. "It's funny when they bend over, you can hear gas leaks and they blame the dog."

Rae & Partners

Lawyers Barristers & Solicitors
 93 York St Launceston

Visiting :

St Marys Community Health Centre
 Alternate Tuesdays : 9 am - 10 am

Ph: 6337 5555
 Appointments

MEALS ON WHEELS ROSTER

March	St Marys	Fingal
Monday 2nd	B & B McAllister	Carole Woods
Tuesday 3rd	Ruth Aulich	
Wednesday 4th	Pat O'Donnell	
Thursday 5th	Kaye Nailer	
Friday 6th	Geoff Herrmann	Lynda Bean
Monday 9th	Fe Gillies	June Hall
Tuesday 10th	Pam Gillies	
Wednesday 11th	Liz Rice	
Thursday 12th	Heather Griffiths	
Friday 13th	Hannah Rubenach	Mim Woods

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Swansea LWC 9.30am
Fingal 11.30am
Campbell Town 5.00pm

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Swansea 11.30am
Campbell Town 5.00pm
Bicheno LWC 9.00am

4th Sunday LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

5th Week MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
St Marys 11.00am
Swansea LWC 9.30am
Campbell Town 5.00pm

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday - Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am
Kanga Sunday School
10.30 am - 12 noon
every Sunday for children
5 - 12 yrs

St Marys every Sunday 10 am
Pyengana: Kids Church,
2pm - 4th Sunday every month.

Salvation Army

TUESDAY JAM

3-5pm every Tuesday.
except school holidays.

Envoy Melanie Norton Ph: 6372 2099

Sunday Joy

6.30pm for 7pm: each Sunday

Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

St Marys Online Access Centre Opening Hours:

Monday 10am - 3pm
Tuesday 10 am - 4pm
Wednesday 10am - 4 pm

Thursday 10 am - 3 pm
Friday 10 am - 3 pm
Saturday 11 am - 2 pm

Ph: 6372 2005

On Air Now!

Vision FM 88.0 at both St. Marys and Fingal.

100% positive music & talk all day long;
connecting faith to life.

National Vision Radio Network.
Phone 1800 007 770.
web www.vision.org.au

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue.

Please inform us if your items are sold.

Please note: Letters to be published in the Valley Voice must be signed. Please include your full name and contact details. Your name need not be published, but we must have a signature. Please keep letters to 300 words or less.

Contacts for Valley Voice

PH: Judy 6372 2155

email: judith.spilsbury@bigpond.com

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Pharmacy,
Main St. St Marys,
or post: C/- Post Office, St Marys Tas 7215

Advertising: 2008

Classifieds: 25 words or less: free

Community notices: free.

Small ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$30.

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park.

There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking or any other inquiries, please phone Sylvia on 6376 8390. Or Saturday mornings only: 0447 589 803.

EARLY LEARNING PROGRAMS

DATES TO REMEMBER



ALL PROGRAMS WILL BE HELD IN THE KINDERGARTEN BUILDING
ANY QUERIES PLEASE CONTACT THE SCHOOL ON 6372 3900.

LAUNCHING INTO LEARNING PROGRAM

This is a free, fun program for children aged Birth – 4 years.

**Commencing Monday 16th March
11.00am - 12.30pm**

PARENT/CHILD GROUP

These sessions are provided for those children who will turn 4 during 2009.
Parents must accompany their child, and younger brothers and sisters are welcome.
A fee of \$2.00 per child or \$3.00 per family a session is required to cover the cost of art materials.

Please bring a hat, a drink and a piece of fruit (for your child or children)

**Commencing Monday 16th March
1:30 - 3.00pm**

READING TOGETHER PROGRAM

Come and join us in an exciting school program.

Reading Together is a free weekly parent and child program run by a teacher at the school in conjunction with the State Library of Tasmania.

The *Reading Together* program is an opportunity for parents and carers to introduce their children to books and reading in the friendly surroundings of the local school. The program involves parents and carers bringing their pre-school children into the Kindergarten once a week to hear stories, sing songs, do activities and borrow books.

**Commencing Thursday 19th March
9.00 - 10.00am**



Monday	Tuesday	Wednesday	Thursday	Friday
23rd Feb. ☛ Dental Service	24th Feb. ☛ Dental Service	25th Feb.	26th Feb. ☛ NEET Recreation Day	27th Feb.
2nd Mar. ☛ Dental Service	3rd Mar. ☛ Dental Service	4th Mar.	5th Mar. ☛ Bicheno Swimming Carnival ☛ Immunisations 1st	6th Mar.
9th Mar. ☛ LONG WEEKEND - NO SCHOOL	10th Mar. ☛ St Helens Swimming Carnival ☛ Dental Service	11th Mar. ☛ St Helens Swimming Carnival ☛ Dental Service	12th Mar. ☛ St Marys Swimming Carnival gr 3-6	13th Mar. ☛ St Marys Swimming Carnival - secondary

SCHOOL DENTAL SERVICE

When next in St Marys

- ☛ Monday 23rd February
- ☛ Tuesday 24th February
- ☛ Monday 2nd March
- ☛ Tuesday 3rd March
- ☛ Tuesday 10th March
- ☛ Wednesday 11th March
- ☛ Monday 16th March
- ☛ Tuesday 17th March



Please feel free to contact them regarding your child's dental health on the numbers below:

St Marys Dental Unit 6372 2488
 St Helens Dental Unit 6376 5208
 Kelham Street Dental Unit 6336 4100

ST MARYS DISTRICT HIGH SCHOOL ASSOCIATION

Are seeking nominations for Office Bearers for 2009

The Association is made up of parents, Teachers, school employees, and community members. As a parent or guardian of students at this school you are already a member.

Meetings usually occur twice a term in the school staff room at 7pm on a Wednesday, however, this can be changed to suit.

Please consider coming along to find out how you can be involved.

The meetings are informative, relaxed and can actually be fun!

If you are a passionate member of the school community please register your interest at the school office on 6372 3900.

The next Annual General Meeting will be held early April (dates to be advised in the next School Newsletter/Valley Voice)



ST.MARYS PLAYGROUP
 FOR PRESCHOOL & KINDI KID'S
 THURSDAYS 10:30-11:30
 COMMENCING 19th MARCH
 IN THE SCHOOL KINDERGARTEN
 ALL WELCOME TO JOIN US
 FOR PLAY & SOCIALISING
 (STRAIGHT AFTER READING
 TOGETHER)
 \$2 PER VISIT & \$25 FOR MEMBERSHIP
 ENQ TERESE 6372 5745

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Dr Condon- 26th February- 12th March 2009

Please call GP Assist for assistance or the Ambulance on 000 for Emergencies during this time.

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

St Marys Community Health Centre

GP Surgery Hours:

Monday-Friday :50am-12:30pm

12:30pm-1:30pm LUNCH

NO PATHOLOGY SERVICE 12:00-1:30pm

1:30pm-5:00pm

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts can not be requested by patients over the phone and are unable to be done over the weekends ensure you have enough medications in advance.

COMMUNITY HEALTH CENTRE 6372 2111
BEFORE PRESENTING AFTER HOURS.
PLEASE BE PATIENT waiting period can apply.

THANK YOU!

On behalf of all the staff and clients who have attended the St Marys Physiotherapy Service we would like to thank Margaret Van Der Merwe for all her support and hard work during her time here at St Marys as Margaret has commenced a new position in Launceston.

At present no Physiotherapy Services are available until further notice but classes are still being run on:
9:30am Tuesdays Core Stability Classes and
3:30 pm Thursdays Core Stability Classes
at St Marys with David Watkins, further classes to be advised.
Please phone 6372 2111 for further details.

Planning is currently in progress for classes to be run at St Helens. This will be advertised as soon as organised.

ANGLICARE FINANCIAL COUNSELLING

Our service is FREE and confidential

Anglicare can provide counselling information, advocacy and support service to individuals and families experiencing financial difficulties. It is also involved in community education and development.

For appointments please phone Anglicare on:

FREECALL 1800 243 232

Or for further details about the service please phone Hayley at the Health Centre on 6372 2111 Tuesdays, Wednesdays and Thursdays. This is a confidential service.

WHAT'S ON AT THE CENTRE

- 2nd March **Hospital Auxiliary Meeting** 1:30pm in the Day Room of the CHC.
- 4th March **Psychologist**- Dohatay Teboul appointments via referral from your GP.
- 4th March **Day Centre**- For details on the group please contact Hayley on 6372 2111.
- 6th March **Community Transport Meeting** 11:00am-11:45am at the CHC.
- 10th March **Tom Bain, Rae & Partners Lawyers.**
At the Community Health Centre Tuesday fort nights. For appointments please phone 6337 5555
- 11th March **Day Centre**- For details on the group please contact Hayley on 6372 2111
- 11th March **Psychologist**- Dohatay Teboul appointments via referral from your GP.
- 12th March **Anglicare Financial Counsellor**- Paul Mallett phone 1800 243 232 for appointments. Visiting the area every six weeks.

UPDATE OF PATIENT INFORMATION

Have any of your details changed?

Have you moved, changed your phone number, got a new Medicare card, Health Care Card or DVA Card?

Please ensure your personal details are currently valid.

Please update you details with our reception staff on your personal medical records at your next visit to the Health Centre.

This makes your visit faster and if required contacting you easier and possible.

Thank you
Reception Staff St Marys CHC.

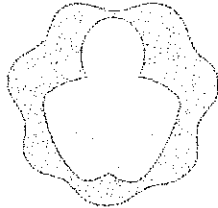
HEALTH EVENTS CALENDAR 2009

- 21st-28th Feb Organ Donor Awareness Week
27th Feb National Sunnies for Sight Day
28th Feb-1st March Relay for Life- Hobart and East Coast

- March is: Lymphoedema Awareness Month
1st March Clean up Australia Day
7th/3-15th/3 State Bike Week
8th March International Women's Day
9th/3-13th/3 Orthoptic Awareness Week
12th March World Kidney Day
12th March World Glaucoma Day

Keep watching for updated details on world and local Health Events in 2009.

Are your ongoing health problems
getting you down?



"Get the Most Out of Life"

a 6 week self management program
- (2 ½ hours per week for six weeks)

This program gives you some tools to regain
quality and enjoyment in your life.

Learn about:

- Managing your symptoms – pain, fatigue etc
- Communicating with your health providers
- Helping your general health
- Setting reachable goals
- Problem solving

Program commences at the
St Helens District Hospital
Circassion Street
St Helens

10.30 – 1.00 pm
Friday, 20 February 2009 to 28 March 2009

To register, phone – 63765222 or 63765244

But don't delay as places are limited

Cost: Gold coin donation for tea and coffee



This program is suitable for anyone with a long term health condition.
Supporters and caregivers are welcome to attend with you.



Victorian Bush Fires

Students and Staff at the Fingal Primary School over the last week have organised a variety of fundraising events. On the weekend Zoe Simpson and Bridgette Burns two of our Student Leaders organised a door knock at Mathinna. They did very well and raised \$218.20. On Tuesday the students walked down the street and collected donations. They collected \$68.80. Wednesday we had Fire Colour's Day where the children and staff dressed in fire colours and paraded our bright fire colours and collected money. Children collected \$154.40. Thursday morning we organised a Big Breakfast with wonderful people from the School and Community donated eggs, bacon, sausages and bread. Students, staff, parents, grandparents and community members came along. We all sat and ate a lovely breakfast. We raised \$1074.85. Friday we all emptied out our purses and coin jars to make a magnificent coin line. We started at the office door placing our coins in a line and reached quarter of the way around the stone building. We counted up \$248.20. Altogether the school has raised \$1763.45. We would like to thank all those people who have helped the school students and staff to raise this amazing amount as we are only a little school. We hope that our donation to the Victorian Bush Fire Appeal will help those people just a little.



All the students in their Fire Colours.

Calendar of Events - February/March

2nd	3rd	4th	5th Grade 6 and Kinder Immunisations Launching into Learning 1.30-3.00 p.m.	6th
9th Long Weekend Eight Hour Day	10th Parent Meeting All Classes 2.30-3.00 p.m.	11th	12th Launching into Learning 1.30-3.00 p.m. Fingal/St Marys Swimming Carnival at St Marys	13th

St Marys Sports Centre Inc. news Kackhander

First to bowls and despite copping a massive defeat in the first game at St Helens the other week that put paid to any real chance of the handy double chance in the ECBA Finals at Swansea in a couple of weeks time, the team bounced back really well against the second St Helens side with a big win on three rinks which will lock in clearly a first semifinal place at least.

With only one roster match (a home game against Bicheno) to play before the finals series it's good to report that at last we have reasonable numbers available to try to select solid rinks and despite not having the luxury of the double chance perhaps, the team as two time defending champs can go on with a fair degree of confidence that if we get to the final, then who knows what might happen.

With our ladies team, they have been extremely unlucky to go down away from home in really close matches yet they have a wonderful chance to again make it through to the final if they play to their obvious ability in the next couple of weeks. Good luck girls.

While still on our bowls efforts Chris Davern plays off in the ECBA singles semifinals, and three of the four women's semifinal berths are taken up by St Marys players which is amazingly good news indeed.

In the next issue we will give a run down on what took place. Hopefully it will be both titles to St Marys. Good luck to you all and well done.

Bowls President Jim Turner reminds all to continue to get club games played quickly as time is running out and end of season maintenance on the green needs to be ready to be done, so don't leave it too long.

To golf and hopefully some new events will soon commence but sadly Pennant won't again be on the agenda. For some reason or other we didn't get notice of an ECTGA meeting and consequently didn't have a representative there. It was unlikely to get enough to form a team anyway but it would have been good to go to the meeting.

We'd like to think that one day we will indeed have enough player depth again to rejoin the competition. We also understand that there is no women's pennant this year at all.

Finally to our intrepid volunteers (again, thank you all) for really doing a great job keeping the golf course and bowls green really playable in dry, hot conditions. It's tremendous and appreciated indeed.

Anyway until next time, good hitting and rolling.



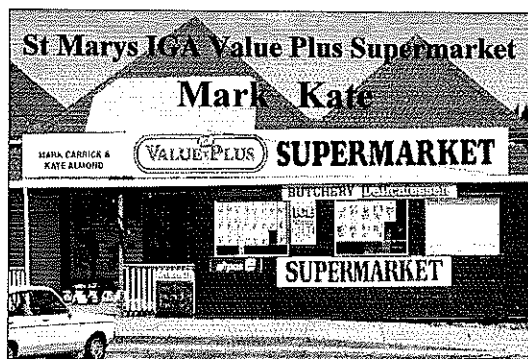
ST MARYS TENNIS CLUB

Anyone who wishes to play in a new Friday evening tennis roster starting in March can you please inform me by Sunday 1st March.

Please try and get your club championship matches played asap .

Social tennis continues each Wednesday at 6 pm.

Jack Foreman (Club Captain) Ph: 6372 2034



38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon - Fri 8am - 6pm
Sat 8am 12 noon

This week's specials.

From the butchery.

Rump steak	\$10.99kg
1st grade beef mince	\$ 8.99kg
Legs of lamb	\$ 8.99kg
Lamb forequarter chops	\$ 7.99kg
Nichols chicken scroll	\$11.99kg

Instore specials

1 x 1lt conserve jam 600g	\$ 2.99
Watties B/beans-spaghetti 420g	.99c
Kelloggs cornflakes 310g	\$ 1.99
Tarax soft drink 2lt	\$ 1.49
Arnotts family asst. biscuits 500g	\$ 3.29

Late week specials

Black & Gold sliced bread 680g	\$ 1.99
Dynamo/Cold Power 1/powd. 2kg	\$ 6.99
Fab laundry powder 3kg	\$ 6.99
Purex toilet tissue 4pk	\$ 1.99
Schweppes Pepsi canned drinks 24pk	\$11.99

Next week's specials.

From the butchery

Free range chicken breast fillets	\$14.99kg
T bone steak	\$15.99 kg
6 legged chicken	\$ 4.99kg
Boneless lamb roast	\$13.99kg
Topside roast	\$ 8.99kg

Instore specials

Snappy Tom canned cat food 400g	.99c
Arnotts TimTam/Royal bis. 150-205g	\$ 1.99
Nescafe Blend 43 coffee 150g	\$ 6.99
Wondersoft toilet tissue 12pk	\$ 4.99
Arnotts asst cream bis 500g	\$ 3.69

Late week specials

Coca cola canned drinks bonus 15pk	\$ 8.99
Purex toilet tissue 12pk	\$ 4.99
Peters choc wedge 12pk	\$ 4.99
SPC beetroot 425g	.89c

A 6 YEAR OLD WAS ASKED WHERE HIS GRANDMA LIVED. "OH," HE SAID, "SHE LIVES AT THE AIRPORT AND WHEN WE WANT HER WE JUST GO GET HER. THEN WHEN WE'RE DONE HAVING HER VISIT, WE TAKE HER BACK TO THE AIRPORT."