

# THE VALLEY & EAST COAST VOICE

Volume 7 No. 24 P.O. Box 100 St. Marys Thursday March 27th, 1975 Price 7c  
 Registered at the G.P.O. Hobart for transmission through the post as a periodical

EASTER

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LOVE

PEACE

JOY

CONTENTMENT

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A new commandment I give to you  
 that you love one another; even  
 as I have loved you, that you also  
 love one another. By this all men  
 will know that you are my disciples,  
 if you have love for one another.

John 13:34, 35.



HAPPY  
 EASTER

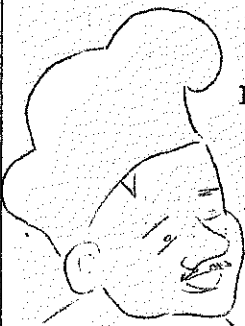
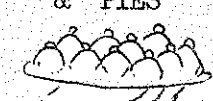
ST. MARYS  
 BAKERY

(J & R OWENS)

BREAD    CAKES

BUNS    PASTRIES

&    PIES

WHOLESALE    AND    RETAIL

C L A S S I F I E D S

# RETURN THANKS

Pam and Allan Lynch would like to thank relations and friends for their kind thoughts in sending telegrams, gifts, flowers and cards on the birth of their daughter Natasha.

All the residents of Scamander and Falmouth who helped to make our stall, at the St. Marys Hospital Fair, such a success.

Very many thanks.

Mrs. K. Lohrey, Mrs. S. Hodgman.

The St. Marys Hospital Aux. wishes to thank all those who helped to make this Fair such a success by their generous support and donations.

# EDITORIAL

No Easter Eggs for Jesus.

Caught up in the media of advertising, Easter seems to have become like just another great shopping spree, the significance of Easter has paled under the pressure of profit minded businessmen to whom Easter and Christmas are synonymous with money. There seem to be too many people to whom Easter is a time for scant regard towards the religious ideal, but a time for making merry with gifts, alcohol and licenciousness.

Easter is that time when the Western world remember the dying and resurection of a being who has had the greatest impact on Western thought and philosophy ever, who surpasses all the great thinkers, scientists and leaders in His ability to draw people to Him, a Being who greatness and power have kindled a spiritual seeking in almost everyone, a Being who has transcended time and space, being one with the Creator.

Jesus is said to have been a physical manifestation of God as man, surely then to mark the anniversary of His dying for the salvation of those devoted to him should be treated in a most holy and considerate manner.

Jesus is the most important thing for us at Easter, nothing else really matters, it is for Him that we exchange gifts and it is to Him that all gifts are truly directed.

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REDLINE BUS SERVICE distributes this paper quickly and efficiently, why not let them work for you ????

THE FIRST SOLID FOOD FOR BABY ..... the instant baby food in biscuit form.....FARLEY'S BABY BISCUITS. Also Farley's baby rusks. Both now available at ST. MARYS PHARMACY.

ALL DRESSMAKING expertly carried out. Prompt service, satisfaction guaranteed. GLAMOUR GOWNS, upstairs, Shaw's Arcade Launceston. Ph. 25 170. Open Sat. Morn.

HURRY HURRY HURRY !! Whilst some stocks remain Yardley and Max Factor lipsticks at only \$1.00 ST. MARYS PHARMACY.

KINGS BUS SERVICE, St. Marys, St. Helens, Winnaleah, Bicheno, Swansea. Phone Winnaleah 218.

CHAPPED DRY HANDS? Cyclax hand treatment hand cream helps sooth and comfort taut dry skin without that greasy feeling. LIMITED OFFER. 50c off at ST. MARYS PHARMACY.

WANTED Good homes for 3 puppies 2 males, 1 female - doberman x border collie, 7 weeks old. Phone 191, St. Marys.

WANTED 1 cot and mattress, dropside if possible. Andrew Lohrey, C/- Mrs. K. Lohrey Falmouth, phone 725175

BIG clocks, small clocks, YELLOW clocks, PURPLE clocks. There's a range of clocks now at ST. MARYS PHARMACY.

WANTED Work required by experienced Builder. Alterations and Additions a speciality. Phone St. Marys 98.

FOR SALE Beautiful Antique Dressing table. Phone 72 5135.

BP

SERVICE  
STATION

B & J SPILSBURY

24 HOUR TOWING SERVICE

AGENTS FOR: VICTA MOWERS & CHAIN  
SAWS

PHONE ST. MARYS 63

SEE BRUCE FOR THE GOOD JUICE!!!

# PIFFLE

Mr. Reg Thorold of Camden N.S.W. is spending a short holiday with his sisters at Falmouth.

30 members of St. Marys Bowling Club had an enjoyable weekend last week at Flinders Island. They flew over in beautiful weather, played bowls and were taken around the Island by Flinders Island bowlers, it was much enjoyed by all.

The Lions Club St. Helens giant raffle will be drawn on Sat. 29 March. If you haven't got a ticket yet, now's your chance.

Mr. J. Miller of Mangana spent the weekend in Launceston with his mother.

Mrs. Upton wishes to send Easter greetings to the people of Mangana and Fingal Valley. She is staying with her sister in Launceston.

One of the oldest and best known residents of our district Miss Comie King, celebrated her 80th birthday on March 13th.

The surprise party was given by her sister, Miss Linda King who made and decorated the cake.

Two special guests who were celebrating their birthdays on the same day were Mr. John Lehner and Mrs. Spilsbury who was accompanied by her husband, Mr. John Spilsbury. All sixteen guests noted the party a great success.

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TOUCHE - Golfing Confessions. True experiences of St. Marys Ladies at Bicheno 18/3/75.

One lady had 10 strokes on one hole and still won a trophy. She also won the raffle.

No need for defender on golf course against cabbage moths No. 2 lady solved the problem with number two wood.

No. 3 lady won a container for her "Hilton Freezer". Perhaps this will keep him cool. The 4th Lady will dry things up on her trophy. But then comes No.5 who never won a trophy, who blocked her ears with the wrong sort of cotton wool from the medicine cabinet in the ladies room. She reckons she had a windy journey home with the other pros??? Talking of wind, I believe the tin was blown from the Ladies emergency toilet after the 5th hole. WHO'S RESPONSIBLE???

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# WHAT'S ON!

Hospital Auxiliary, St. Marys. Next meeting Monday 7th April at 7.30p.m. in the Rec. Room.

Game Fishing Club will hold a meeting in the Games Room, St. Helens Hotel-Motel on Friday March 28 at 8.30 p.m.

Tuesday 8th April, the Guild of St. Helens Parish meets in the church and hall at 2.30 p.m.

Thursday April 3rd, Parish of St. Helens Council meets in Parish Hall at 8p.m.

Cent Evening at Jack McGees (home) on Thursday 10th April at 7.30p.m. Bring a gift - 50c. All proceeds to R.S.L. Womens Aux. All Welcome.

Street Stall for R.S.L. Womens Aux. at St. Marys on 2nd May at 10.30. Donations or articles for stall would greatly be appreciated, they may be left with Mrs. Una Curtis, Miss C. White or McGees Service Station or Mrs. Dale Wright.


A meeting to form an Arts Council Branch in St. Marys will be held on Monday 14th April at the Tea House, Todds Hall, St. Marys.


### HOSPITAL AUXILIARY FAIR - ST. MARYS


The Hospital Auxiliary Fair was a very successful function. Over \$1000 was raised, and we still have more collections to come in, including a progressive dinner, the date has yet to be fixed. The stall holders were Hospital \$149.43, Fishpond \$34.65, Jumble \$110.36, Cornwall \$128, Falmouth/Scamander \$162.95, more to come. Afternoon tea \$56.70, Cake Stall \$71.12 more to come. The winners of the raffles were Cutler set, McGill, Fingal. Towels - Mrs. Fay Brown, Fingal. Lamb - R. Singling, St. Marys. Panda - H. Street, Fingal. Coffee perculator - H. Targett, St. Marys. Bacon - D. Bushing. Cake - C. Haas.

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WEDDING & BIRTHDAY CAKES  
ICED

  
PIES

  
PASTIES

  
SMALLGOODS

CAKES

Bus Orders Taken.

ST. HELENS  
BAKERY

Phone:  
76 1162

FROM THE PARSONAGE

Ivan was a little Russian boy. It was the day before Easter, and this year he was old enough to get to the service at the cathedral that lasted until past midnight. "Why is the church so dark?" asked Ivan. "Because people are remembering the time when everyone thought Jesus was dead," said his mother, "That was a very dark time." Ivan and his family listened to the priest and to the singing. Just before midnight all the lights went out. It was all very quiet and very dark. All stood as still as they could and tried to think how the world would be if no one remembered the things that Jesus had taught. Suddenly at midnight the church bells rang out. The whole of the church was full of light. Easter day had come! The priests and choir marched, singing joyfully, "He is risen!" May we remember that Easter day is more than easter eggs, It is the day we celebrate Christ's resurrection. It should be a day of joy, peace and love. May God richly bless you all this Easter.

ST. MARYS - April

Tuesday	1	Keith Bullock
Wednesday	2	Betty Parker
Thursday	3	Betty Alomes
Sunday	6	Allan Jackson
Monday	7	Maisie Royle
Tuesday	8	Clare Bean
Wednesday	9	Gloria Holmes
Thursday	10	Pastor Dobson

FINGAL

Sunday	30	Mrs. Mac Saunders
Monday	31	Bruce Saunders
Tuesday	1	Sue Saunders
Wednesday	2	Mrs. R. Woods
Thursday	3	Mrs. J. Francis
Sunday	6	Mr. R. Yates
Monday	7	Mrs. Ruth Saunders
Tuesday	8	Mrs. B. Death
Wednesday	9	Mrs. D. Woods
Thursday	10	Mrs. C. Johns

PORTLAND

Tuesday	1	J. Barber
Wednesday	2	C. Johnston
Thursday	3	S. Pixley
Friday	4	S. Hume
Monday	7	C. LeFevre
Tuesday	8	R. Veale
Wednesday	9	B. Bailey
Thursday	10	D. Hutchinson
Friday	11	N. Ashworth

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CHURCH NOTICES

ANGLICAN PARISH OF AVOCA/FINGAL/CULLENSW'D

Thursday 27th March

Fingal 7p.m. H.C.

Good Friday 28th March

Fingal 8a.m. Ante-Comm. & Litary  
Cornwall 10a.m. Family Service  
Avoca 3p.m. Evening Prayer

Easter Eve 29th March

Royal George 11.30p.m. H.C.

Easter Day 30th March

Mangana 7p.m. H.C.  
Fingal 8.30a.m. H.C.  
Cullenswood 10a.m. H.C.  
Avoca 3.30p.m. H.C.

ANGLICAN PARISH OF ST. HELENS

Thursday March 27th

St. Helens 7p.m. H.C.

Good Friday 28th March

Falmouth 9a.m. M.P. & Litany  
St. Helens 11a.m. M.P. & Litany

Easter Day 30th March

St. Helens 8a.m. H.C.  
Falmouth 9.15a.m. H.C.  
St. Helens 11a.m. H.C.  
Combined Service 2.30p.m. E.P.  
In Pyengana Hall, in connection with the centenary of the Pyengana district.

Sunday 6th April

St. Helens 8a.m. H.C.  
Falmouth 9.13a.m. H.C.  
St. Helens 11a.m. H.C.

METHODIST PARISH OF ST. MARYS & ST. HELENS

Thursday March 27th

St. Helens 7.30p.m. H.C.

Good Friday 28th March

St. Marys 10a.m. Pastor Dobson

Sunday 30th March

St. Marys 11a.m. Mr. R. Muffet  
St. Helens 7.30p.m. Pastor Dobson

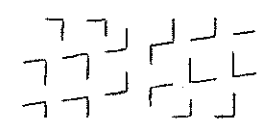
Sunday 6th April

St. Marys 11a.m. Pastor Dobson  
St. Helens 7.30p.m. Pastor Dobson

WISE WORDS!

When I hear somebody sigh "Life is hard." I am always tempted to ask "Compared to what?"  
Sydney Harris

Nearly all men can stand adversity but if you want to test a man's character give him power. Abraham Lincoln.



In loving memory of

CAVELL EDITH HAAS

We were deeply distressed throughout the whole of our community when we were told of the sudden passing of Miss Cavell Haas, at Cornwall on Sunday evening, March 16th.

Cavell was well known for her sporting activities especially with bowls and in any social and beneficial work for the good and benefit of all the people in the district. It was amazing for instance upon entering Holy Trinity Church St. Marys at her funeral to see the great number of the members of the bowls club both men and women who had come to pay homage to one who had been held in such high esteem, also that esteem was shown by her work in the church, she being one of the officers in the Anglican Church and carried out with perfect accuracy the duty of Treasury Warden and an inspiration to all who follow the Christian faith.

She also was a delightful companion to the aged and those of us who were sick both in her unselfishness and the many gifts at her hands. Her kindness to them and the generous nature I am sure it will remain in their hearts all the days of their lives.

In business she was most courteous and helpful to all her customers, many a time I have observed her with an elderly person who had not grasped the present currency of dollars but was still in the days of £.S.D. her infinite kindness and patience in assuring the customer going to considerable pains to explain the details, and that customer always went away with the perfect assurance of not only having got satisfaction but filled with gratitude. There is such a lot that could be said such as Sunday School teaching but let me conclude with just this, Cavell did not live with us all those years without giving all of us who still have our lives to live a good example for us to follow. May I end this by quoting a verse from the bible.

"By their work ye shall know them."

# YOU & THE LAW

Over the coming Easter, Police throughout the state will be out in force, patrolling our State roads, with the view of curbing accidents and the detecting of any Traffic Violations, so motorists be on the lookout and keep yourself within the Law.

Remember Easter is a time for all the family to get together and enjoy themselves, don't mar your Easter by driving carelessly and getting yourself or your family involved in an accident. We will be on the lookout through out the St. Marys district, to see that drivers do not break the Traffic Laws, and also to assist the motoring public.

Just keep in the back of your mind that over this Easter, you do not intend to do anything stupid while at the wheel, this way you will protect yourself and your loved ones.

It is expected that over the Easter holiday period, traffic will be fairly heavy in this area, and in particular on the Esk and Tasman Highways, so if this assumption is correct, local drivers will have additional hazards to be on the lookout for. Such as vehicles towing caravans, boats and trailers and I feel that special care is necessary on some sections of our local roads, particularly on some of our bends when overtaking or passing a vehicle towing caravans or boats, so I ask all motorists to be especially careful over Easter, drive carefully enjoy your leisure hours and have a Happy Easter.

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## FISHING NEWS

The good news this week comes from the game fishing world. Hector Berwick from Scottsdale (a member of St. Helens Game Fishing Club) was fishing from "Maybe" last Saturday and he boated an Albacore tuna which weighed 37 lbs, caught on a 30 lb line. This is 3 lb better than the existing Australian record which was established 3 years ago at Eaglehawk Neck, An application for recognition of the record has been sent to the Game Fishing Association of Australia. This fish was caught between 20 and 30 miles out from St. Helens, past the edge of the Continental Shelf in over 1800 ft. of water which showed a temperature of 56 degrees F. Other trips by "Maybe" and "Miss Behave" have also been very successful. One party led by Hans Gratzler boated 65

Continued next column

tuna, the first one being caught by a lady member, Mrs. D.E.C. Scott of Scamander. Last Sunday a club team on "Maybe" finished the day with 63 tuna, the largest being a 21 lb albacore boated by Wes Stone. Wes had another fish on the way in when a seal took it from him and in doing so, got hooked. Unfortunately Wes was unable to get this on board and his line parted. Ken Jenkins finished with 18 tuna and will be handicapped on future trips - he will be made to take off his wooden leg. Club Secretary, Bob Jackson, was using two rods at various times and always hooked a fish on the one he was not using at that time - ask his mates about it.

On Easter Saturday and Sunday, the St. Helens Club will do battle with the Game Fishing Club of Northern Tasmania and if the weather is good, there should be some large catches. For the benefit of the uninitiated, the fish are not wasted. Any that are not wanted by the angler are taken to the factory for processing. As most of them are under 40" long, we presume that a certain University professor would say that the mercury level is safe. Weighing in this contest will be on the main wharf at St. Helens each afternoon around 4-30 pm Surf news is also bright - my spies tell me that there were some nice blackback caught at Wrinklers following the re-opening of the Scamander River. Weights of around 4 lb were reported and also some good hauls of flathead. As the next contest is on Good Friday, we hope that there are a few left. Scamander Angling Club will be fishing at Wrinklers Beach from 3pm to 9 pm and visitors will be welcome. Members are reminded that on April 6th, there will be an inter-club contest with St. Helens at the Gardens from 2 pm to 7 pm.

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VALLEY VOICE is printed and published in St. Marys every alternate Friday by an honorary staff as a community effort.

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THE INVISIBLE INGREDIENT IS  
KNOWLEDGE..... IN ALL  
MATTERS OF HEALTH AND BEAUTY  
IT PAYS TO ASK YOUR .....  
GUILD  
FAMILY  
CARE  
CHEMIST

A Himalayan Sunrise by Joan Smith

Having been told it would be well worth our while to see the sun rising over the Himalayan mountains from a village some 18 miles from Katmandu, we decided to make the effort. This meant being woken at 4.30 am, and after a hurried cup of coffee we were off half an hour later in a Land Rover heading for Nargotkot.

The road, like most others in Nepal, was awful, and entailed a rise of about 3,000 ft. and as we bumped along in the dark it was a shock to see men walking off to their daily work - no wonder everyone seemed so sleepy by midday!

In the greenlight before sun-rise we finally reached the hill-side village of Nargarkot where there is a military station, a couple of guest houses to which prospective visitors bring their own blankets and food. There were also a few small tents placed in depressions on the edge of the escarpment, whose occupants were roaming round in warm coats and blankets waiting for the big moment. From the edge of these green grassy hills the land falls away to the beginning of a long valley which ends in the great panorama of mountains which rose up along the horizon line as far as one could see from left to right, with Mt. Everest not looking much different from the rest.

Shivering with excitement and cold we watched as the sun first touched the highest tips with a soft warm flamingo pink on the Eastern sides. Gradually as the sun rose higher it coloured the snowy peaks a rich orange, then yellow, and shadows changed from black to inky blue. By this time breakfast boxes had been handed round and a group of ragged children had gathered to watch each mouthful being eaten, so naturally they shared our meal, for begging is the custom there. We came to the conclusion they were not hungry as any food not smashed to crumbs in the big grab was stuffed into ragged pockets; some of these children spoke good English, so it seemed they probably had a teacher who was proficient in the language.

The driver took us back to Kathmandu by another road, stopping in the very ancient, dirty and crumbling village of Batgaon where I wish we had had a guide for the real treasures of architecture need to be shown for in those small twisting streets exploring takes so long. The Nyatpola Pagoda in the town square is most imposing as it stands on 5 brickwork tiers, and has 5 tiers of roofs, it was built in 1708. Nine miles from Kathmandu we passed through Timmi where I would gladly have stopped had I known the name of the little village in time for this is where most of the pottery is made, they are sun-baked very large pots, and are made on floor level kick wheels set in holes in the ground. Next day we had another early start as we set off for our trek into the foothills.

GARDENING NOTES

April is a good month to plant trees and shrubs for windbreaks and shelter belts. In a small block one wants to be sure one doesn't plant a tree, which gets too big, so don't plant blue gums unless you have a good deal of room; they grow high and wide. There are smaller gum trees, also quite a lot of other Australian natives which could make a screen and you could plant under cover plants which like shade in summer and encourage the birds. Which is very desirable as they keep garden pests down quite considerably.

What about getting some Australian natives for your garden this year? "Sydney Wattle" *Acacia longifolia* is a quick grower, bright green leaves and golden scented rods in spring. Grows 15 - 25 ft. high. Cootamundra Wattle *Acacia Baileyana* is a small tree 15 - 20 ft high and about 10 - 15 ft. wide. Flowers are out about July and the tree is silvery green. It is fast growing.

Grevilleas are good near fences and flower in July there are quite a few varieties which will grow in Tasmania. Grevilleas Rosemary is a good hedge plant and flowers in the winter, red spider flowers, are most attractive to honey eaters.

Banksias are slower growing but well worth waiting for. There is Banksia ericifolia which is a good foliage shrub, grows 5 - 12 ft. high, 6-8 ft. wide and has lovely apricot cones, doesn't like it too hot and dry, so water in summer.

Banksia marginata This is one of our Tasmanian banksias and is hardy, suited to most places except very wet or cold areas. Is variable in size, usually small, 4-8 ft high and 3-4ft wide, but if it is in a favorable place could grow to 30 ft. high.

Hakea laurina is the pincushion hakea and flowers May-July, is very good for honey eaters, and flower arrangements. It is frost tender when young. Doesn't like wet soils grows 8 -20 ft. high.

Hakea rostrata the beaked hakea grows in Tasmania, one of our natives, 3-6 ft. high. White flowers in spring. It likes reasonably dry soil and is frost hardy. The seedcase has the beak turned back.

There was once a girl, she was so pure,  
She couldn't say the word 'manure'.  
That lady is a gardener now  
And has broadened out her views  
somehow.  
She squashes greenfly with her  
thumb  
And knows how little flowers come.

HEALTH NOTES

Only bees can make honey. Scientists have analysed honey and learned its composition, but they cannot make it synthetically.

Honey is a fast-acting energy booster. This is because the sugars present in honey are simple sugars which are absorbed almost immediately into the bloodstream. This also makes honey a heart stimulant.

Honey helps to maintain a balance as it is potentially alkaline. Fruit, vegetables and milk are alkaline foods, while meat, fish, fats, eggs and cereals are acid.

Honey is antiseptic and an antibiotic. It kills bacteria, because it deprives micro-organisms of their vital moisture. It also appears to promote tissue growth in cuts and wounds.

A favourite old-time remedy for coughs and respiratory troubles is a glass of honey and hot milk or honey and lemon juice.

Today scientists know that cane and beet sugars in the mouth form harmful acids which cause tooth decay. As it is an antibiotic and potentially alkaline, honey acts as a mouth disinfectant.

Tests carried out in the Soviet, Switzerland, Germany and USA have shown that children who were given honey instead of sugar developed better physically and were more resistant to the usual children's diseases.

Honey Cake

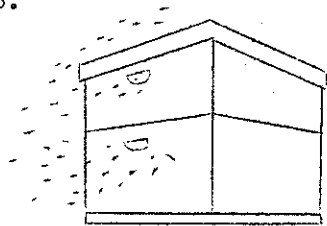
1 cup milk  
2 cups wholemeal flour  
2 tablespoons honey  
1 tablespoon marmalade or honey  
1 teaspoon bicarb of soda  
sultanas, nuts if you like.

Add milk to flour and mix. Mix jam, honey and baking powder until it begins to fizz. Add it to flour and milk. Mix well. Put in greased tin and bake at 350 degrees for 1 hour. Sultanas throughout or nuts sprinkled on top make a nice addition. Beautiful with butter!

HONEY  
CLOVER & GUM

NOW AVAILABLE IN 5LB AND  
2 LITRE TINS.

G. GILLIES,  
GRAY ROAD,  
ST. MARYS.



THE TASMANIAN ARTS COUNCIL  
PRESENT

Lorrae Desmond

IN

A LITTLE BIT  
OF WHAT YOU FANCY

(A ONE WOMAN THEATRICAL, CABARET REVUETTE)

with ERIC GEORGE at the piano.

ST. MARYS COMMUNITY HALL, TUESDAY 8TH APRIL, 8 pm.

BOOKINGS AT THE CRAFT SHOP, TODDS HALL, ST. MARYS

ADULTS \$3.00 PENSIONERS & CHILDREN \$1.50

GOLF NOTES

Golf Day Bicheno - Opening of Golf Season  
18th March, results.

A Grade Gross Mrs. Headlam  
Nett Mrs. H. lmes  
B Grade Gross Mrs. Nolan Nett Mrs. O'Neal  
C Grade Gross Mrs. Dawson Nett Mrs. Davern  
Electric Mrs. Alomes  
Nearest the pin Mrs. Glen  
Least putts Mrs. Lamb  
Hidden Hole Mrs. Slattery  
Limit marker Mrs Austin  
Most Putts Mrs. Webb  
Special Trophy Mrs. Herring

About 40 associates enjoyed a warm sunny days play. Six trophies went to St. Marys also the raffle was won by Mrs. Davern, Visiting associates came from Swansea, Ben Lomond, Orford and St. Marys.

Glamorgan Centenary - Ambulance Brigade  
Bicheno Branch ran a Golf Day to help their funds.

Gross Ray Bennett 17.79  
Nett K. Leedham 18.63  
First 9 hole nett K. Spilsbury 10.33  
Second 9 hole nett C. Furley 9 $\frac{1}{2}$ .32 $\frac{1}{2}$   
Nearest to pin A. Holtzelaw 2 ft.  
9 hole electric D. Martin 26  
Hidden hole T. Wardlaw 8  
Putting Comp. J. McDonold 31  
Most putts R. Spilsbury 45  
Associates Gross 18 hole J. Ruddle 14.89  
Nett B. Park 32.70

18 Hole Stroke

First 9 holes nett L. Furley 17.33  
Second 9 holes nett G. Holmes 8 $\frac{1}{2}$ .33 $\frac{1}{2}$   
9 hole electric G. Dawson 28 $\frac{1}{2}$   
Hidden Hole H. Webb 8  
Nearest to pin M. Herbert, 1ft.  
Putting Comp Mary O'Neal 33  
9 hole mixed foursome  
Gross E. Bennett and M. O'Neal 42  
Nett A. & M. Holtzelaw 35

BASKETBALL NOTES

As the 1975 Basket ball season continues, it is very pleasing to see the formation of a further two mens teams, now making a Mens competition possible. Owing to the late formation of these two teams, it was decided to disregard results of the first round held on March 5th.

March 12th saw four very close matches.  
Match Results.

Reds defeated Bluebirds by 26 pts. to 25 Points; Reds - G. Gray 8, S. Richards, J. Chapple 6, M. Davis, L. Sulzburger and S. Riley 2.  
Bluebirds - D. Coleman 10, C. Bailey 7, E. Krushka 6 & C. Spencer 2.  
Bombers defeated Yellows 21 points to 14  
Bombers - S. Richards 8, Ismet 6, K. Blair 4 and M. Tucker 1.  
Yellows - A. Clifford 6, S. Bailey 4, S. Denman & J. Salter 2.

Basketball Notes ..Continued

Villian defeated Pacemakers 18 points to 16.  
Villians - 1. Kohl 8, D. Crosswell & R. Coker-Williams 4, L. Dakin 2  
Pacemakers- C. Kowlings 6, K. Mock 4, J. Blades, C. Broadley and E. Riley 2.  
Whites defeated All Blacks 34 points to 32.  
Whites - M. Gray 22, P. Davis 12.  
All Blacks - M. Blair 16, R. Krushka 6, J. Bevan 4, M. Jaffray, W. Rowlings and T. Treloggen 2.

March 19th

Reds defeated Villians 23 points to 6.  
Reds - S. Richards, J. Chapple and L. Sulzburger 6, G. Gray and S. Riley 2, M. Davis 1.  
Villians - L. Kohl, D. Crosswell and R. Coker-Williams 2.  
All Blacks defeated Yellows 35 points to 8  
All Blacks - M. Blair 14, W. Rowlings 11, M. Jaffray 6 and T. Treloggen 4.  
Yellows - S. Denman 6, J. Salter 2  
Bluebird defeated Pacemakers 14 points to 10 after being drawn at full time.  
Bluebirds - D. Coleman 6, C. Bailey & C. Spencer 4.  
Pacemakers - K. Mock 8, C. Rowlings 2  
Whites defeated Bombers 21 points to 17.  
Whites - M. Gray 7, P. Davis 6, T. Crosswell 4, D. Strochnetter and M. Felmingham 1.  
Bombers - S. Richards 6, R. Donald 5 Ismet 3, D. Coker-williams 2, K. Blair 1.

TENNIS NOTES

Last Saturday St. Marys tennis players journeyed to St. Helens for a social match. The tennis was of a high standard and was enjoyed by all, we all look forward to many more matches between the two centres.

A Tennis Tournament for the Junior Members of the St. Marys Tennis Club will be held on Saturday 5th April commencing at 10 am, at the school courts. All junior members are invited to take part.

LETS LAUGH

Wife to husband: "Charlie, I'm warning you about your hours. The night before last you came home yesterday, last night you came home today. This evening if you come home tomorrow, I won't be here".

A S T R O L O G Y

Esoteric astrology, popular Astrology, deals with our personalities, day to day events, happenings concerning money, friends, relatives, travel, sorrow, death, health, creativity, the home, children.

The position of the moon indicates the way we appear to other people. The Sun sign shows the way we think of ourselves, and the Ascendant indicates our true character.

A person with Moon in Aries may appear impulsive and aggressive. With Sun in Libra he/she thinks of him/herself as peaceloving, balanced, gentle. If Scorpio is rising, he/shs is actually very intense, passionate, persistent, determined to reach a goal, powerful. So there is more to Astrology than the newspaper columns explain.

'You are going to have success in business deals today, and the 16th is good for socializing.' Because these columns only deal with Sun Signs, they are predicting for one twelfth of the population of the world. The world consists of only Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces people.

'Let your hair down on the 20th', they advise a starving Biafran. 'Finances could be a bit tight this week', they tell Aristotle Onassis - 'Be careful with spending.' The true use of Astrology is for spiritual enlightenment. Astrology says that the horoscope of humans consist of certain basic elements - planets, signs, houses - arranged in different ways. So even our thoughts are of a certain type, corresponding to one of twelve basic types - we are not so different from each other. Astrology tells us that we are, every one of us, absolutely essential in the scheme of things - without Leos we should be short of inspired leaders. Without Pisceans there would be much less art and theatre; without Librians, less harmony and music; without Virgos, less service, less people who care for the ill and weak.

The planets reflect our lives because with them and with other elements we form the organism we call the Universe. As above, so below.

Without them we die, without us they die. So do not imagine them up there radiating force to us 'down here'. They are inside and outside us, as we are enveloped in and enveloping them. If you think you are merely inside your body you miss the point. 'I am here and you are here and we are here and we are all together.....'

Cont'd next column.

Astrology Contd.

(Beatles: I am the Walrus). We read our own patterns from the stars, similarly you could read from faces, from hunches, from tealeaves, numbers, or your own big toe. It is all written, you just have to learn the code.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

TOUCHE

Local correspondent was observed recently in the window of a certain shop in Launceston "Having a bash" at playing an electric organ. Her lips were seen to be moving but it is not known if she was singing..... The salesman's face appeared to be a shade pinker than what is considered normal. Pity the local golfer who could be up for extra insurance premiums as he could, perhaps, in the near future, be subjected to an organ recital each morning.

Young gentleman who misread column in Valley Voice turned up late to a meeting, most surprised when he asked how things were going to be informed his meeting was for next month.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

ROSE HIP SYRUP

The hips should be fresh, fully ripe and deep red. Crush and put at once into boiling water, allowing 3 pints to 2lbs hips. Bring back to boiling point, set aside for 10 minutes. Strain through a jelly bag, and when it ceases to drip, return the pulp from bag to pan with a further 1½ pints boiling water. Bring back to boiling point, leave 10 minutes then strain as before. Mix the two extracts and reduce by boiling until juice measures 1½ pints. Add 1 lb sugar and stir till dissolved. Bottle and sterilise.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

FOR ALL YOUR DUPLICATING REQUIREMENTS

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# STAR PROBE

By Pegasus

Fortnight beginning March 28th.

ARIES March 21 - April 20

Be the leader with people now, but first settle domestic affairs. An old friend should not be neglected. Arrange for a social meeting. Best days 28th, 3rd & 8th.

TAURUS April 21 - May 20

Something that has puzzled you will suddenly become clear. It will relieve your mind. A favorable time to make income plans. Best days 31st, 1st & 9th.

GEMINI May 21 - June 20

Time devoted to one who fails to appreciate it is wasted. Conserve your energy for the deserving. Read, study and learn. Best days 2nd, 6th & 10th.

CANCER June 21 - July 22

You can develop a better and friendlier atmosphere with your co-workers. Make plans for personal progress. Invite an old friend out. Best days 29th, 30th & 4th.

LEO July 23 - August 22

A social event might lead to a better business association. Inspiration runs high. Carry out a dearly held ideal. Best days 2nd, 5th & 7th.

VIRGO Aug. 23 - Sept. 22

A very social time. Expect the unexpected with friends and relatives. Pay particular attention to appearance. Someone is observing. Best days 28th, 29th & 7th.

LIBRA Sept. 23 - Oct. 22

Saving money through a woman's advice should be appreciated. Your success in attaining a wish will make you happy. Time for a new romance. Best days 30th, 4th & 5th.

SCORPIO Oct. 23 - Nov. 22

A public function may be the scene of you making a new friend. A good time to plan a trip or do paper work and catch up on letter-writing. Best days 31st, 1st & 6th.

SAGITTARIUS Nov. 23 - Dec. 21

A disappointment may change your mood. Seek consoling company. This is a good time for business. Take care of practical matters. Best days 3rd, 8th & 9th.

CAPRICORN Dec. 22 - Jan. 19

A good time for enjoying your personal hobby. You may receive good news from a very unexpected source. Share your pleasure with others. Best days 10th, 2nd & 3rd.

AQUARIUS Jan. 20 - Feb. 18

Be prepared for last minute changes in your social arrangements. Have another plan ready. Keep out of an emotional controversy. Best days 28th, 1st & 5th.

PISCES Feb. 19 - March 20

Read advertisements to find new methods or machines that will lighten your task. An inspiration may just be the thing to get you a promotion. Best days 29th, 6th & 7th.

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Long Skirts from \$10- \$50  
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Childrens nighties and Mens  
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WE DON'T KEEP THE BEST.....

WE SELL IT!!!

PH. 76